

1 A MEMORIAL

2 DECLARING MARCH 14, 2013 "WORLD KIDNEY DAY" IN THE SENATE.

3
4 WHEREAS, March 14, 2013 marks the eighth anniversary of
5 world kidney day, an event jointly sponsored by the
6 international society of nephrology and the international
7 federation of kidney foundations; and

8 WHEREAS, in 2013, the celebration of this day will be
9 focused on the often overlooked role that kidney dysfunction
10 plays in premature heart disease; and

11 WHEREAS, the main functions of kidneys are to filter
12 toxins and wastes out of the blood, maintain body fluid and
13 composition and secrete hormones to assist in red blood cell
14 production; and

15 WHEREAS, kidneys play a central role in regulating blood
16 pressure by balancing important electrolytes that help
17 maintain the heart's rhythm; and

18 WHEREAS, properly functioning kidneys are essential to
19 life; and

20 WHEREAS, chronic kidney disease is becoming more common,
21 with a significant increase in its prevalence in the United
22 States over the last twelve years, resulting in one in ten
23 people suffering from chronic kidney disease; and

24 WHEREAS, individuals with kidney disease are three times
25 more likely to suffer from heart disease, heart attack or

1 stroke as a result of a buildup of waste products leading to
2 uncontrolled high blood pressure; and

3 WHEREAS, many people suffer a heart attack or stroke
4 before they become aware that they have kidney disease; and

5 WHEREAS, healthy lifestyle choices, including not
6 smoking or the cessation of smoking, maintaining blood
7 pressure, cholesterol and blood sugar at appropriate levels,
8 maintaining a healthy weight through diet and exercise and
9 drinking plenty of water and fluids, help to reduce the risk
10 of kidney disease; and

11 WHEREAS, with early detection and treatment, kidney
12 disease can be slowed down before it progresses to kidney
13 failure or heart disease; and

14 WHEREAS, according to an article in the *Albuquerque*
15 *Journal*, New Mexico's rate of end-stage renal disease is
16 higher than that of other states because Hispanics and Native
17 Americans are genetically at greater risk for diabetes, which
18 combined with high blood pressure is responsible for seventy
19 percent of chronic kidney disease; and

20 WHEREAS, the intermountain end-stage renal disease
21 network reports that there were two thousand seven hundred
22 seventy-four active dialysis patients in New Mexico as of
23 December 31, 2011; and

24 WHEREAS, four hundred thirty New Mexico dialysis
25 patients died in 2011; and

1 WHEREAS, while Native Americans make up nine and
2 four-tenths percent of New Mexico's population, they comprise
3 thirty-one percent of active dialysis patients in New Mexico
4 and twenty-three percent of those New Mexico dialysis patients
5 who died in 2011; and

6 WHEREAS, there are two transplant centers in New Mexico,
7 both located in Albuquerque, where, in 2011, seventy-eight
8 renal transplants were performed; and

9 WHEREAS, approximately fifteen percent of these
10 transplants were from a living related donor, five percent
11 were from living unrelated donors and nearly eighty percent
12 were from deceased donors; and

13 WHEREAS, the department of health currently has no
14 programmatic effort dedicated to the prevention of chronic
15 kidney disease or to promoting public awareness of the dangers
16 of kidney disease and its relationship to heart disease; and

17 WHEREAS, recognition and support of world kidney day
18 will help raise awareness among the general public and
19 government health officials about the dangers of kidney
20 disease, especially chronic kidney disease;

21 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE
22 STATE OF NEW MEXICO that March 14, 2013 be declared
23 "World Kidney Day" in the senate; and

24 BE IT FURTHER RESOLVED that copies of this memorial be
25 transmitted to the secretary of health and to New Mexico's

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Indian nations, tribes and pueblos. _____