

**Rehoboth McKinley Christian Health Care Services (RMCHCS)**  
**Alcohol and Substance Abuse use Treatment Program**  
**May 11, 2018**

**Mission:** To provide counseling, support services, education and skill-building tools to maximize the opportunity for individuals in the Alcohol and Substance Abuse Treatment Program to maintain sobriety and to become gainfully employed thus improving the overall quality of life for themselves, their families, and the communities in which they reside.

**History:**

- 1986 began providing inpatient and outpatient mental health and addictions treatment services at the RMCHCS East Campus facility
- 2014 stopped accepting residential treatment clients and moved mental health counselors to RMCHCS' primary care clinic (College Clinic)
- 2015, under new administrative leadership, raised over \$450,000 in private donations to reopen Residential Addictions Treatment program.
- October 2015, accepted first 3 clients for a 30-day residential treatment program.
- 2016—Expanded program into a 90-day residential treatment program, increased number of residential beds and added inpatient and outpatient Work Services Program.
- 2017—continued to expand beds and develop programs, added a GED program.
- 2018—expanded to a 69-bed, 90-day program
- 2015-2018—ongoing improvement of facilities and development of inpatient and aftercare programs, including an indoor gym and outdoor exercise opportunities

**Programs and Services**

**1. Services:**

- Individual and group counseling, relapse prevention, anger management, social/life skills, case management, GED certification, education and skill building, resume building, financial counseling etc.

**2. Work Services Program:**

- Art Program, Culinary Arts Program, Pottery Enterprise Program, General Labor Services. Clients are paid \$8 per hour for their work.
- Inpatient clients can enter Work Services Program during the last 30-days of the 90-day program, working 20 hours per week. (20-20 Program).
- Upon graduation from the 90-day program, clients are eligible to work 40 hours per week, for 4 months in the outpatient component of the Work Services Program. Clients are to attend 2 NA or AA meetings and 1 counseling session per week. (120 Program).
- Work opportunities: group service projects for the City of Gallup, Gallup Housing Authority, RMCHCS and others. Employment opportunities with local businesses willing to take on clients and within various RMCHCS departments.
- Pottery Enterprise Program: Opportunity for artists to sell their products, learn entrepreneurial skills in conjunction with Work Services Program.
- Culinary Arts Training Program in partnership with Navajo Technical University Culinary Arts Department.
- Planting and tending a vegetable garden for health eating

- Developing a Woodworking Program

#### Statistics:

- In 2017 - 157 clients entered the program. 76% were Native American.
- In 2017, approximately 67% completed the 90-day residential treatment program
- 90% of clients in the residential program entered the 20-20 Work Services Program
- Of those who completed the 20-20 Work Service Program and graduated from the 90-day residential program, 90% entered the outpatient 120 Work Services Program.
- In 2017 65% completed the 120-day Work Services Program
- 16 clients graduated from the GED Program in 2017
- Currently 16 clients are in the GED program and expect to graduate on May 18, 2018

#### Finances: A Public-Private Partnership

Revenue	2015	2016	2017	2018 (1 <sup>st</sup> Q)	Total
NM State Falling Colors*	\$72,536	\$1,200,305	\$2,687,270	\$997,180	\$4,957,291
Behavioral Health Investment Zone (BHIZ)**		8,025	144,245	25,000	177,270
Private Donations	425,029	28,918	0	0	\$453,947
Work Projects/Contracts	0	0	26,158	0	26,158
Pottery Enterprise	0	0	227	978	1,205
<b>Total</b>	<b>\$497,565</b>	<b>\$1,237,248</b>	<b>\$2,857,900</b>	<b>\$1,023,158</b>	<b>\$5,615,871</b>

\*Optum/Falling Colors: \$250 per day per client during first 30 days; \$150 per day per client for days 31-90

\*\*Funding expected to end in 2020

Expenses	2015	2016	2017	2018 (1 <sup>st</sup> Q)	Total
Operations	\$153,139	\$1,182,300	\$2,270,367	\$716,486	\$4,322,292
Work Services Program*		23,547	132,026	62,075	217,648
Capital Expenditures	326,851	73,513	43,225	122,709	566,298
<b>Total</b>	<b>\$479,990</b>	<b>\$1,279,360</b>	<b>\$2,445,618</b>	<b>\$901,269</b>	<b>\$5,106,238</b>

\*includes salaries only

#### Our Request

- Continued NM State Falling Colors reimbursement for residential treatment services
- **\$2 million for renovations and start-up costs for a licensed adolescent residential treatment program and support for Work Services and Aftercare program**

#### Preparing for the future:

- Formed the Red Rock Initiative to collect data to compare success of our program with other programs, and to support what we are seeing anecdotally. Working on a more detailed intake and follow-up questionnaire to improve tracking at intake, during program and after program.
- Including health status of client on intake to track improvement of overall health
- Working on CARF certification—national certification for Residential Treatment facilities