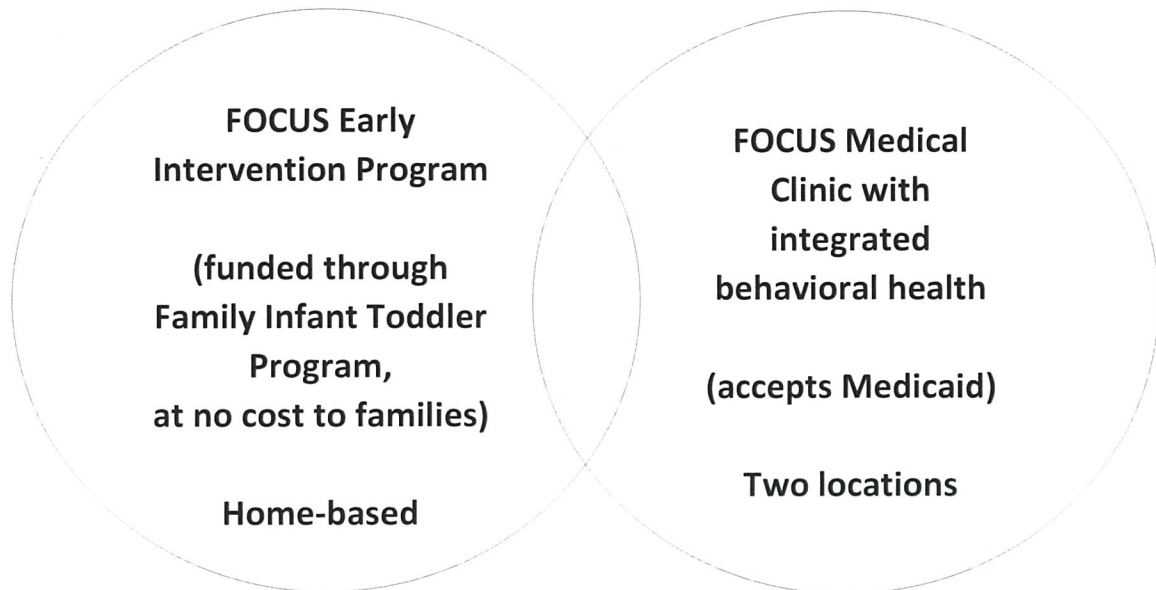


FOCUS Program

University of New Mexico

Two-Generation Model: Unique Inter-Disciplinary Collaboration



- UNM Southeast Heights Clinic, 8200 Central Ave SE
- UNM North Valley Clinic, 3401 4th St NW
- FOCUS Medical Clinic phone number (for patients or providers): 505-250-6423

Who we serve:

- The FOCUS Program specializes in care of families with substance use history and complex trauma, most infants referred have prenatal substance exposure.
- We accept referrals for any children age 0-3 with developmental delays or risk for developmental delay due to prematurity, prenatal exposure to drugs or alcohol, parental mental illness, family substance use, or family violence.

How are families referred to the FOCUS Program?

- Many families are referred to the FOCUS Program from the **hospital** where the infant was born.
- Other **providers** may also refer children and families to the FOCUS Program and families can **self-refer**.
- All families seen in the Medical Clinic are also offered Early Intervention Services. The FOCUS Early Intervention Program serves families in Bernalillo, Sandoval, and Valencia counties.

Collaborative Two-Generation Care

- **Early Intervention**
 - Developmental assessment, including occupational therapy and speech/language therapy
 - Feeding support
 - Parenting interventions and support
 - Case management and social work services, community referrals
- **Behavioral Health Services**
 - Trauma-informed care
 - Infant and Early Childhood Mental Health (Child Parent Psychotherapy and Circle of Security)
 - Adult Behavioral Health (individual and group options)
 - Perinatal Psychiatry
- **Family Medical Home**
 - Primary Care for the whole family (child and caregivers/siblings) provided by family medicine physicians and pediatricians
 - Medication for opiate use disorder
 - Reproductive healthcare
 - Coordinated care across FOCUS program
 - Bridging access to specialty clinics

The FOCUS program works to improve family well-being by:

- ❖ partnering with parents in recovery from substance use disorders
- ❖ co-locating medical and behavioral health services
- ❖ incorporating home-based early intervention services into the child's primary care

This interprofessional approach reduces barriers to accessing care

- Social workers are embedded in the Early Intervention team and behavioral health team in the medical clinic. They support families and connect to other community resources to help families to access housing, food, transportation, and child care. They also help address child safety, relapse prevention, and set goals for recovery.

Contact information:

Peggy Maclean, PhD, FOCUS Program Director-

pcmaclean@salud.unm.edu

Kate McCalmont, MD, FOCUS Clinic Medical Co-Director-

kmccalmont@salud.unm.edu

Heather Pratt-Chavez, MD, FOCUS Clinic Medical Co-Director-

hpchavez@salud.unm.edu