



New Mexico School-Based Health Centers: October 2018 Update & Request for LHHS

Nancy Rodriguez, Executive Director

New Mexico Alliance for School-Based Health Care



Our discussion today

- I. NMASBHC and SBHCs: An Update
- II. SBHCs: Child Healthcare Needs & Services
- III. SBHCs: Child Healthcare Challenges & Opportunities
- IV. SBHCs: Responding to the Need
- V. SBHCs: Questions

NMASBHC and SBHCs: An Update

Our organization's mission:

- NMASBHC represents school-based health centers in New Mexico and collaborates with other partners to promote, facilitate, and advocate for comprehensive, integrated, and culturally competent health care, including health education, in schools.

The SBHC Model

- Provide integrated primary and behavioral healthcare to children/youth
- Provide care in schools: a uniquely convenient and helpful access point
- Provide special expertise and resources to the school community
- Improve health AND academic outcomes

New Mexico School-Based Health Centers

70 SBHCs in New Mexico

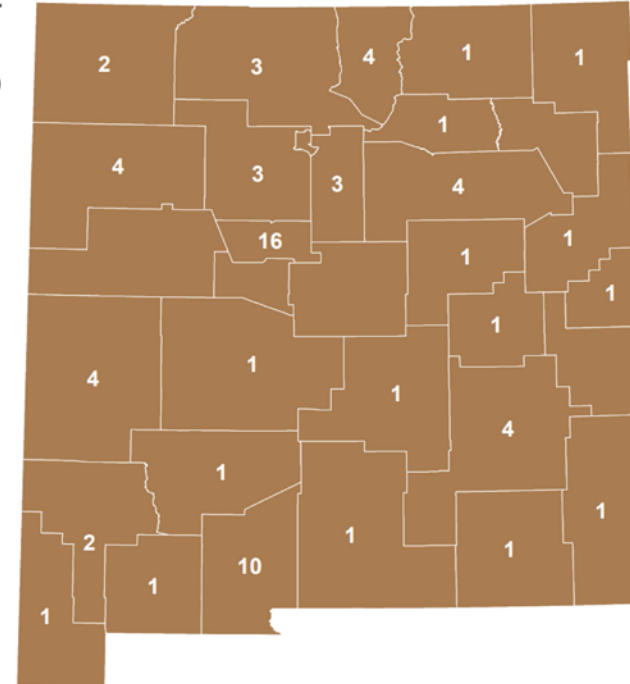


48 SBHCs funded by NMDOH

School-based health centers provide critical health services to students who may otherwise have little or no access to care. SBHCs keep kids in school and parents at work.

Where are SBHCs located?

- 43 high schools
- 9 middle schools
- 2 elementary schools
- 16 combined grade campuses



Child Healthcare Needs & Services 2017-2018

Who do SBHCs Serve?

- 100% serve any students at the host school regardless of ability to pay
- 74% serve school staff
- 55% serve students from other schools/districts
- 48% serve family/siblings of students
- 17% serve the broader community



What Services are Provided?



- Comprehensive wellness exams (EPSDT)
- Behavioral health care
- Acute care for minor illnesses and injuries
- Reproductive health care
- Prevention, diagnosis, treatment, and management of chronic diseases
- Immunizations



Who Sponsors SBHCs?

- FQHC (65.15%)
- IHS/Tribal (7.58%)
- University (12.12%)
- REC (7.58%)
- Other (4.55%)
- Hospital (3.03%)

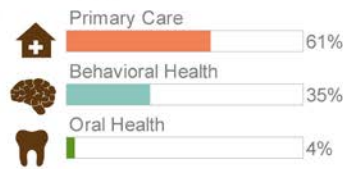
Child Healthcare Needs & Services 2017-2018

2017/2018 NMDOH-Funded SBHCs

SBHC Funding: FY06-FY18

	State General	Medicaid Match
FY06:	2,391,060	n/a
FY07:	3,065,000	\$114,200
FY08:	3,154,205	\$402,400
FY09:	3,529,000	\$342,000
FY10:	3,241,000	\$608,952
FY11:	3,068,200	\$330,930
FY12:	2,861,225	\$450,000
FY13:	2,613,100	\$480,000
FY14:	2,723,100	\$460,000
FY15:	3,208,400	\$367,142
FY16:	2,955,400	\$455,100
FY17:	2,647,500	\$666,450
FY18:	2,647,500	\$478,448

Types of SBHC Visits



Primary Care Visits



*73% of students who use a SBHC say that they miss less class time by going to the SBHC than going someplace else**

*based on data from those surveyed

Behavioral Health Care

23.3% 
 of all behavioral health visits at NMDOH SBHCs are for students seeking help with depression

72% 
 of SBHCs are located in Health Provider Shortage Areas (HPSA) for behavioral health

#1 SBHCs report that behavioral health, including substance abuse, is the number one issue faced by the kids they serve.

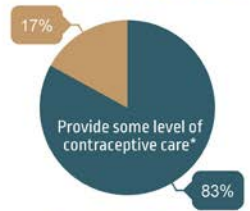
100% of SBHCs are committed to providing behavioral health services.
35% of all SBHC visits are for behavioral health.

50% 
 of SBHCs provide direct support for LGBTQ+ students through SafeZones, Gay Straight Alliances, behavioral health support groups, etc.

Reproductive Health Care

16.5%
 of all NMDOH SBHC visits are for reproductive health care

Contraceptive Care



*Condoms, birth control prescriptions, dispense birth control onsite, LARC, EC

LARC Insertion at NMDOH SBHCs



Most significant issues faced by kids visiting SBHCs



Behavioral Health

Over 50% of SBHCs reported that behavioral health, including substance use, was one of the most significant issue facing their kids.



Poverty

- The poverty rate in New Mexico is 30% (the highest in the nation).
- The American Academy of Pediatrics (AAP) considers child poverty in the United States unacceptable and detrimental to the health and well-being of children.



Lack of family support and stability

- Adverse Childhood Experiences (ACEs) increase the risk of poor health outcomes.
- Household dysfunction accounts for 6-10 of the identified ACEs.



Food Insecurity

- 97% of SBHC teams reported that the students they serve experience food insecurity/hunger.
- Hungry children are sick more often, and more likely to have to be hospitalized.
- Food was the number one supply SBHCs said they needed to best serve their students.



Basic Essentials

- Personal hygiene supplies were noted as one of the top needs of students served by SBHCs.
- According to a study done by Feeding America, the inability to afford needed household goods translates into heightened stress and stigma.

SBHCs:
Where We
Are

An
Emergency



Top Barriers to Providing Care at SBHCs

Billing/Reimbursement | Funding | Staffing/Provider Shortages

SBHCs: Child Healthcare

Opportunities and Challenges

- Challenge: Substance use and abuse rates are high in New Mexico generally and among youth
- Opportunity: SBHCs provide behavioral health/substance abuse screening and healthcare services in a convenient and youth-friendly structure with integrated primary and behavioral health care, utilizing SBIRT (Screening Brief Intervention Referral & Treatment) and Telehealth when possible.

#1

SBHCs report that behavioral health, including substance abuse, is the number one issue faced by the kids they serve.

- Challenge: High youth suicide rates are epidemic in New Mexico
- Opportunity: SBHCs are providers of behavioral health, referring suicidal patients for hospitalization when necessary. They also work in concert with school administrations to address the suicide crisis management (an unbillable service).

23.3%

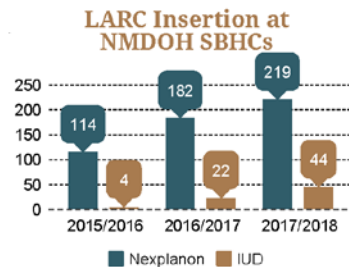


of all behavioral health visits at NMDOH SBHCs are for students seeking help with depression

SBHCs: Child Healthcare

Opportunities and Challenges

- Challenge: New Mexico has one of the highest rates of unintended teen pregnancy in the country
- Opportunity: Through community partnerships and collaboration with DOH and HSD, comprehensive reproductive health services including counseling, STD screening and LARC (long-acting reversible contraceptives) access and utilization is increasing in SBHCs



- Challenge: New Mexico schools struggle to address high truancy and dropout rates
- Opportunity: SBHCs provide care in a way that decreases missed class periods for healthcare appointments. Additionally, the behavioral health and social determinants of health needs addressed in SBHCs supports school attendance.


*73% of students who use a SBHC say that they miss less class time by going to the SBHC than going someplace else**

*based on data from those surveyed

SBHCs: Child Healthcare

Opportunities and Challenges

- Challenge: LGBTQIA+ students experience higher rates of healthcare inequity and risk
- Opportunity: SBHCs provide specialized services for LGBTQIA+ students including support groups, Safe Zones, Gay Straight Alliances, and other resources (Happy National Coming Out Day!)

50% 
of SBHCs provide direct support for LGBTQ+ students through SafeZones, Gay Straight Alliances, behavioral health support groups, etc.

- Challenge: State funding must address recent school equity lawsuit
- Opportunity: SBHCs can be a key remedy for the social and emotional health component of the suit



PreK, Extended Learning Time, and Social Services

12. Expand full-day New Mexico PreK to full capacity give the limitations of current infrastructure and workforce; invest in infrastructure.
13. Amend the K-3 Plus statute to mandate that the program is available to all K-5 eligible children and that districts have the opportunity to implement it for all eligible children; include transportation cost.
14. Mandate that social services and health care services are a part of a basic education in New Mexico.

SBHCs: Responding to the Need

Number of Clinics

- 1978 – First NM SBHC opens and numbers steadily increase in coming decades
- 2004 – Governor & Legislature double SBHCs from 34 to 68, with all receiving DOH funding
- 2012 – Due to recession-era funding cuts only 52 of 70 NM SBHCs receive DOH funding
- 2015 – 5 SBHCs funded by NMDOH have contracts cut
- 2017 – 2018 – DOH funds 48 SBHCs

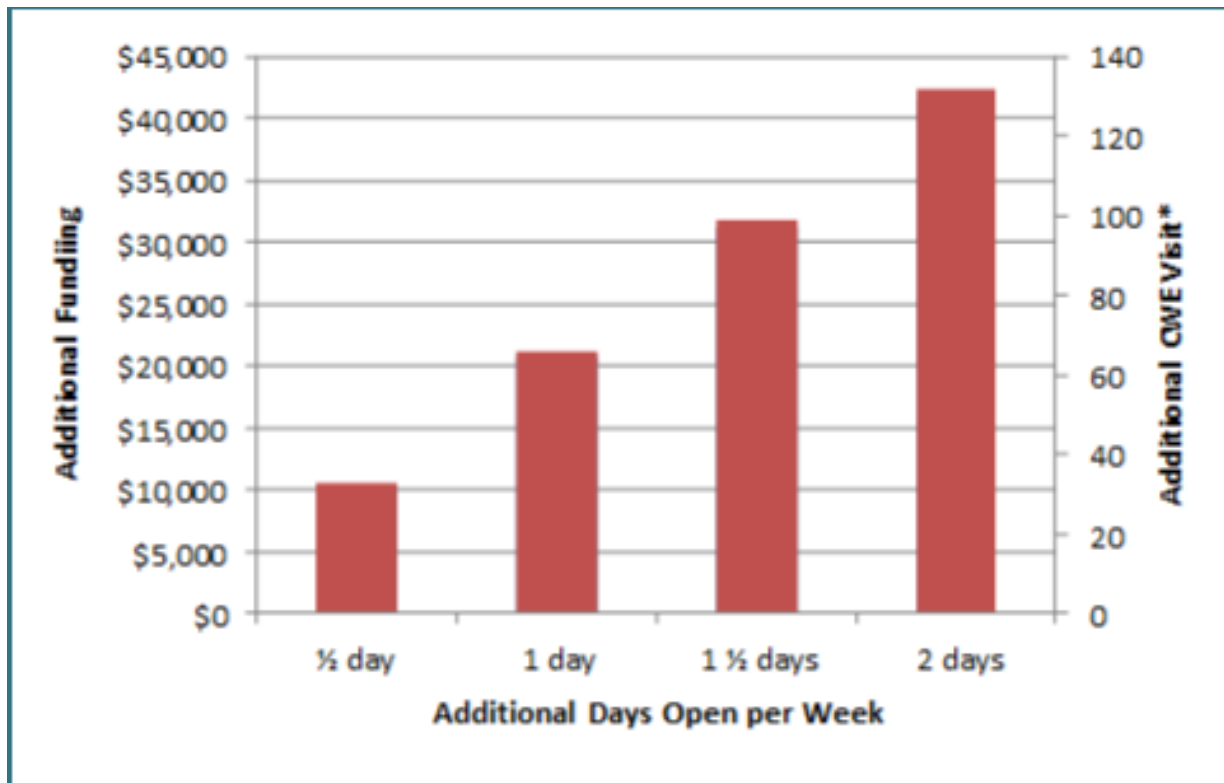
SBHCs: Responding to the Need

Funding & Care

- A \$380,000 decrease in DOH funding between 2010-2012 resulted in cuts to the SBHC program and a decrease of 19,000 youth visits
- FY15 billing analysis of 16 SBHCs showed: only 75% of claims dollars were reimbursed, 21% of services were for children with private insurance seeking confidential care and were not billed as a result, 9% of services were provided to uninsured youth
- In a sample review of 10 SBHCs in FY16, data indicates that an SBHC absorbs an average of \$38,201 each year for the care of the uninsured and the privately insured
- SBHCs provide services that are not billable to Medicaid or private insurance: care coordination with school personnel; providing health and health literacy education and teacher training, and responding to campus crises
- Every decrease in DOH funding for SBHCs results in a reduced federal Medicaid match

SBHCs: Where We Are Going

Dollars for SBHCs provide healthcare services for children that result in innumerable benefits to the state and its residents in both the short and long-term. NMASBHC strongly encourages the legislature to provide additional funds when possible and to always protect existing funding; there truly is no other way for this successful healthcare model to survive.



SBHCs: Capacity to Respond to the Need

Request for SBHCs

NMASBHC Advocates Budgeting of an Additional \$3.5M for School-Based Health Centers. This would finally bring SBHCs back to pre-recession funding levels AND provide for an increase in healthcare service hours for children in New Mexico's schools.

NMASBHC respectfully requests the endorsement of the LHHS of a bill to support this critical component of the healthcare delivery system and, most importantly, the children it serves.

Every dollar spent on SBHCs returns **\$7.01** to New Mexico!

Questions & Feedback

NMASBHC wants to hear from legislators about how we can help improve healthcare for New Mexicans:

What questions do you have for us?

What feedback do you have for us?

Can we count on your support?

Wrapping Up

Staying in Touch

Tools: www.nmasbhc.org or email NMASBHC

Nancy Rodriguez, nancyrodrigueznmasbhc@gmail.com

(505) 404-8059

THANK YOU FOR INVITING US TO BE HERE