NEW MEXICO DENTISTRY



New Mexico

DENTAL ASSOCIATION

Legislative Health & Human Services Committee September 11, 2025





- Much of what we talk about today is part of this strategic plan for oral health during this decade
- We are at the mid-point of the decade and have made some progress but there
 is still much to be accomplished
- The executive summary gives a good overview of these recommendations

New Mexico Dental Association



Focuses on programs to reduce dental disease in children by establishing dental homes and good habits

Tapping innovation and technology to improve practice and reach rural areas

Creating a more skilled and adaptive dental team

Developing pipelines for dental educators, improved diversity and skills-oriented training

Reforming dental insurance practices, overhauling Medicaid and caring for seniors

Prevention

- Objective 1: Development of programs to assist families to comply with school pre-entry requirements and improve dental practice pediatric and case management capacity.
- Objective 2: Implementation of a statewide incentive program for optimal community water fluoridation.
- Objective 3: Development and sanctioning for a collaboration of educators and health professionals to acquire, adapt or create an oral health curriculum for New Mexico students in grades K-5.

Opportunity

- Objective 1: Expansion of teledentistry as a rural resource
- Objective 2: Pioneer innovative practice models and oral health innovations to serve a more diverse population
- Objective 3: Improve the business environment for dental practices in New Mexico to attract quality practitioners and improve distribution

Workforce

- Objective 1: Focus on a skills-oriented rather than a certification-oriented career ladder for dental auxiliaries
- Objective 2: Encourage creation of specialized staff for management of unique patient populations (pedo, geriatric, special needs) by general dentists
- Objective 3: Recruit and develop a higher quality dental auxiliary workforce

Education

- Objective 1: Recruit and nurture a more diverse group of pre-dental and dental students with an emphasis to serve underserved communities
- Objective 2: Expand the UNM residency program with a new emphasis on dental research
- Objective 3: Evolve the emphasis of current staff training programs toward skills rather than degrees

Resources

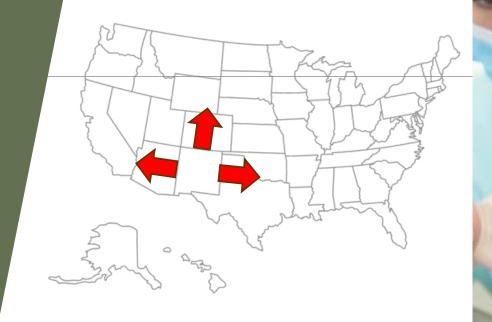
- Objective 1: Reform dental benefits plans toward health maintenance rather than resource management
- Objective 2: Develop a viable and appropriately funded senior care program
- Objective 3: Overhaul dental Medicaid with a completely new model oriented to restoring and maintaining overall health





DENTAL WORKFORCE TRENDS

NEW MEXICO IS LOSING DENTISTS



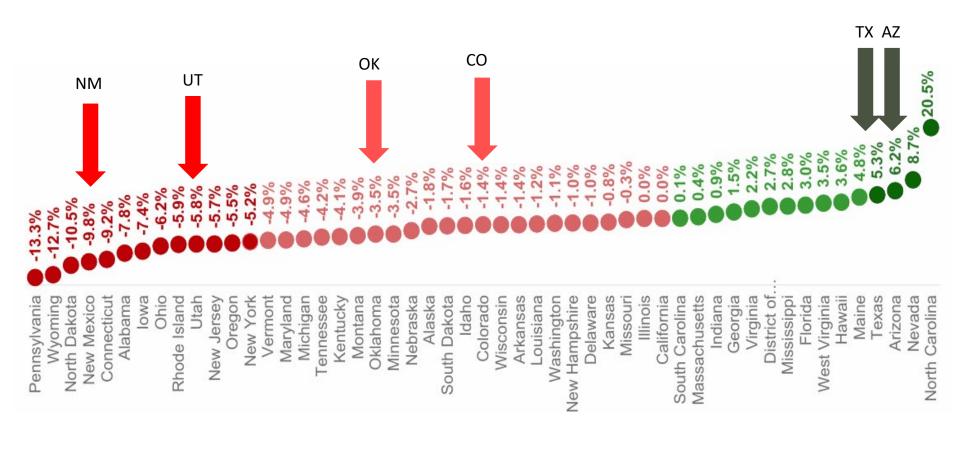
PER 100K 53.9

TOTAL 1130 52.3 51.4 50.9 1097 1080 1079 48.4 48.1 47.7 1025 1017 1008 46.8 997



*FROM 2014-17 NEW MEXICO GAINED 134 DENTISTS, OVER THE NEXT & YEARS WE LOST 133

CHANGE IN DENTISTS PER POPULATION 2014-2024



MIGRATION LOSS OF ALL DENTISTS WITHIN THE U.S. FROM 2019-2022

49. Louisiana -3.1% -3.5% 50. New Mexico 51. Massachusetts -3.8%

SECOND TO LAST IN THE NATION

- One of the highest migration rates in the country
- **Young dentists** are leaving because they don't have an investment in the state and don't find it an easy place to practice

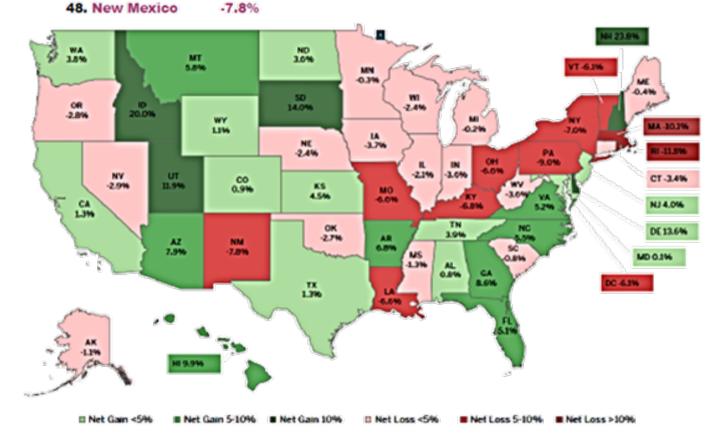
MIGRATION LOSS OF *NEW DENTISTS WITHIN THE U.S. FROM 2019-2022 5. Utah +11.9% +7.9% 8. Arizona 19. Texas +1.3%

+0.9%

22. Colorado

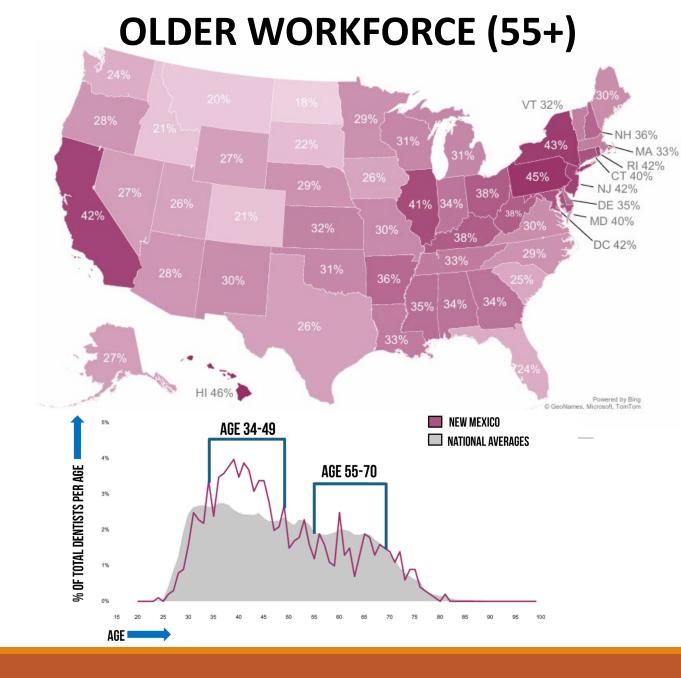
FOURTH LAST IN THE NATION

10 YEARS OF PRACTICE OR LESS

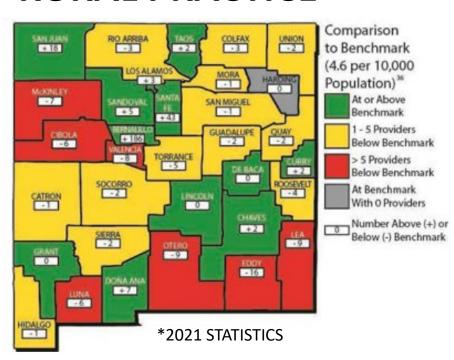


- That leaves us with a greater than average 55+ age group
- Unless something is done to attract and keep younger dentists we will see continuing drop off

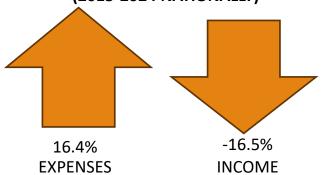
REGIONAL % 55+	
OKLAHOMA	31%
NEW MEXICO	30%
ARIZONA	28%
UTAH	26%
TEXAS	26%
COLORADO	21%



RURAL PRACTICE



EXPENSES VS. INCOME FOR RUAL DENTISTS (2015-2024 NATIONALLY)



COMMUNITY IMPACT



\$2.6 million

AVERAGE ANNUAL ECONOMIC INFACT
PER DENTIST PER YEAR

DENTAL OFFICES SUPPORT

13.9 thousand jobs in NEW MEXICO jobs EACH YEAR

EVERY JOB IN A
1.4ADDITIONA
OF THE ECONO

Dental Education

The best way to attract dentists to underserved areas is to grow them ourselves

Currently all dentists in NM are trained elsewhere

This limits our pool of potential students/

Touro is limited by the same factors as most of our contract schools, Texas Tech/El Paso has a limit on number of students



Woody L. Hunt School of Dental Medicine



Early clinical experience with innovative curriculum

Spanish language requirement

Border counties get in-state tuition

Contract students from other counties also receive in-state tuition

Emphasis on NM recruitment

Some NM faculty

Texas public university



Located in suburban New York city

Opening ABQ clinic May 2025

Class size of 200 students,

First 2 years in new York

Half of each class completes 3rd and 4th year in ABQ

International dentist program

Currently recruiting NM faculty

Private school

What we need to do to attract more dentists to rural areas

- BA/DDS
- Pre-clinical education in state
- Seek increased cooperation with regional schools
- Tuition subsidy

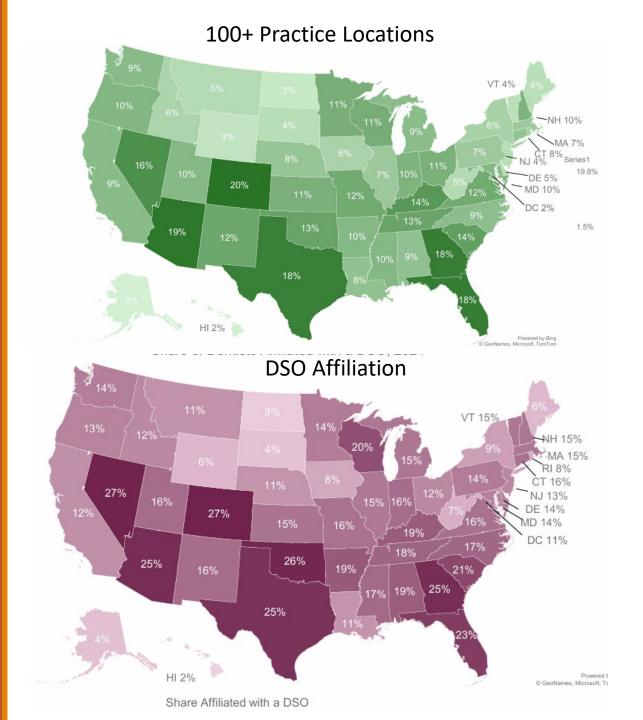




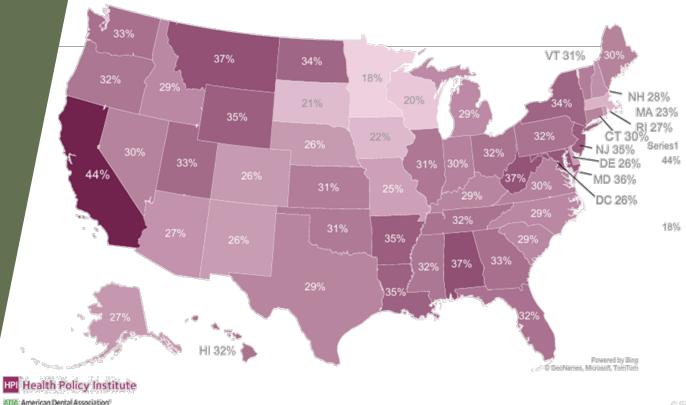
Changing Practices

Managed care is driving practices to find efficiencies through consolidation

Efficiency is good but discourages diversity and personalized care



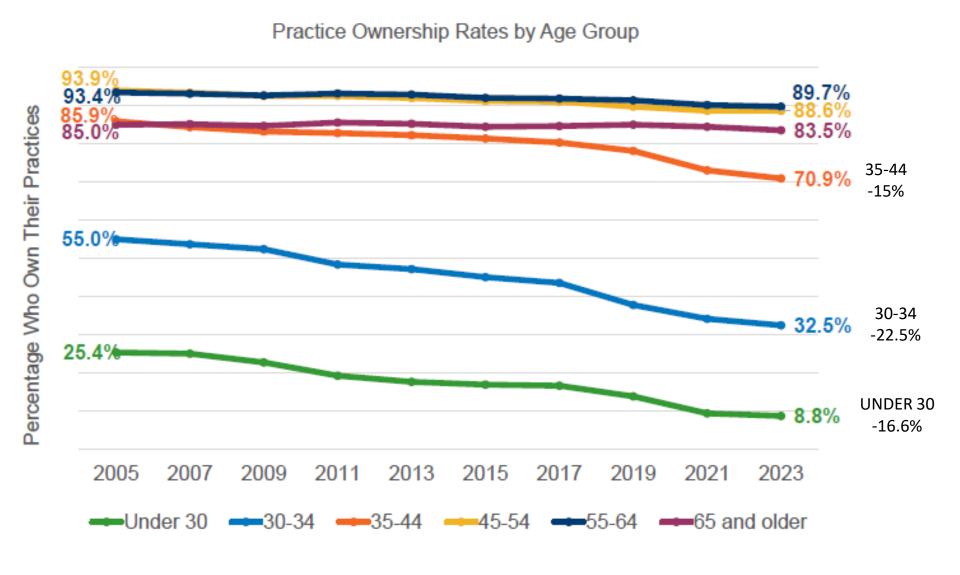
Solo practice is becoming increasingly rare



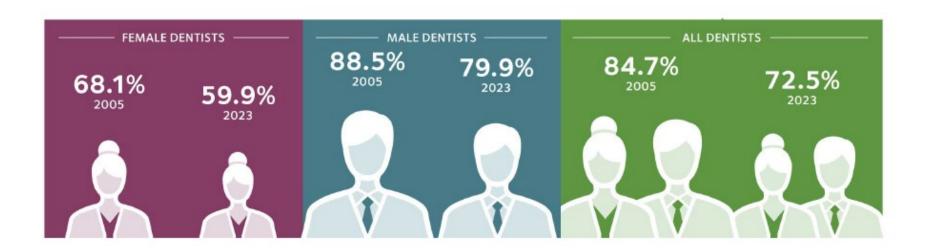
Prominence of Solo Practice Varies Across States

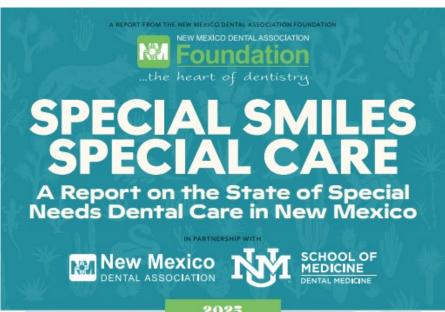
Share of Dentists in Solo Practice, 2024

DECLINING OWNERSHIP AMONG YOUNGER DENTISTS



DECLINING PRACTICE OWNERSHIP RATES



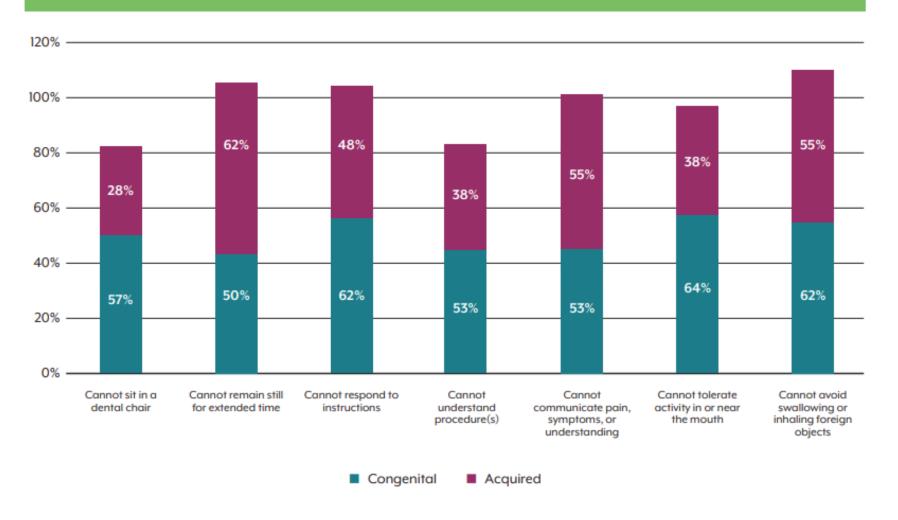




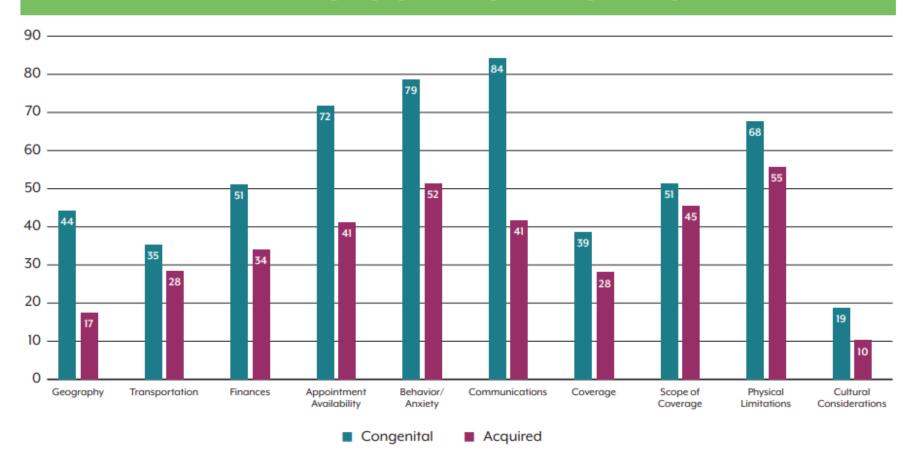
FINDINGS

- Need exceeds current resources
- Resources for adults are more limited than for children
- Lack of data limits good policy
- Providers are willing but poorly supported
- Most coverage comes from Medicaid but it is dysfunctional
- Both patients and providers suffer from lack of information
- There is an acute lack of some specialty care
- Institutional barriers to OR usage
- Lack of standardized records is a barrier to utilization

BARRIERS TO DENTAL TREATMENT



BARRIERS TO CARE AS A PERCENTAGE







RECOMMENDATIONS



Improve provider education both pre- and post-doctoral

Create new information resources

Standardize records

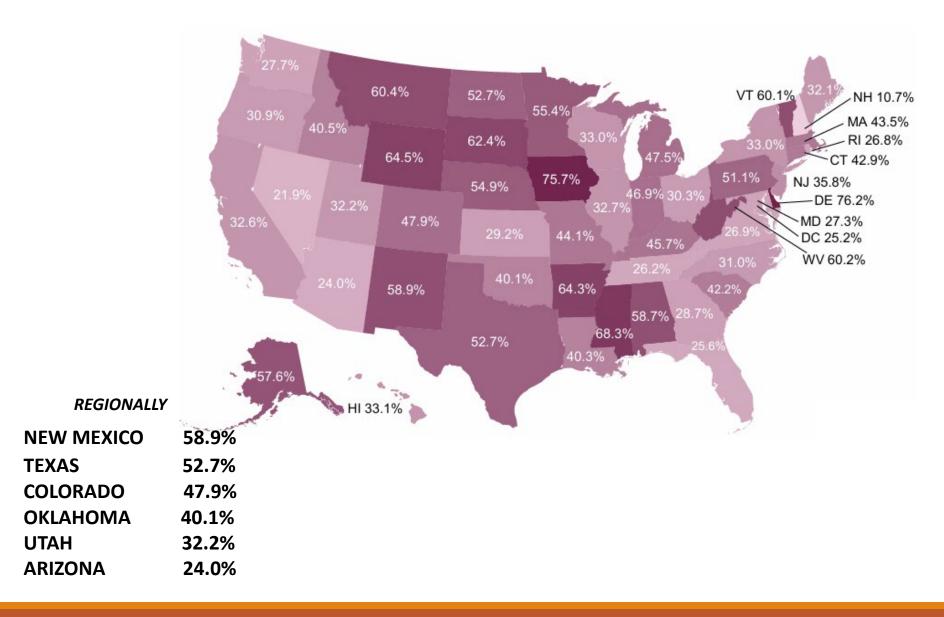
Improve surveillance of both needs and resources

Expand existing subsidized resources

Improve provider networking

Improve case management resources

SHARE OF DENTISTS ENROLLED AS MEDICAID PROVIDERS 2024





MEDICAID: COVERAGE

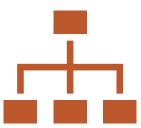
Pediatric coverage is mostly comprehensive with limits

Adult coverage while better than some states is still very limited

Limits on coverage make dental care less effective and more expensive

Poor dental care impacts many chronic diseases leading to more expensive care and poorer quality of life





MEDICAID: STRUCTURE

Patterned after commercial dental plans that discourage utilization

Provisions "punish" providers for providing essential care

Limitations discourage specialist care and referrals

Encourages "cherry-picking" by providers

Managed care companies often rely on secondary dental administrators





MEDICAID: REIMBURSEMENT



Is often less than the cost of providing the care

Is not indexed to any comparable fee schedules

Has not been meaningfully increased in almost 30 years

Relying on neighboring state analysis is inadequate because they are usually as dysfunctional as we are

We are on the verge of losing many long-time providers

Even a relatively large increase will not improve the current problems

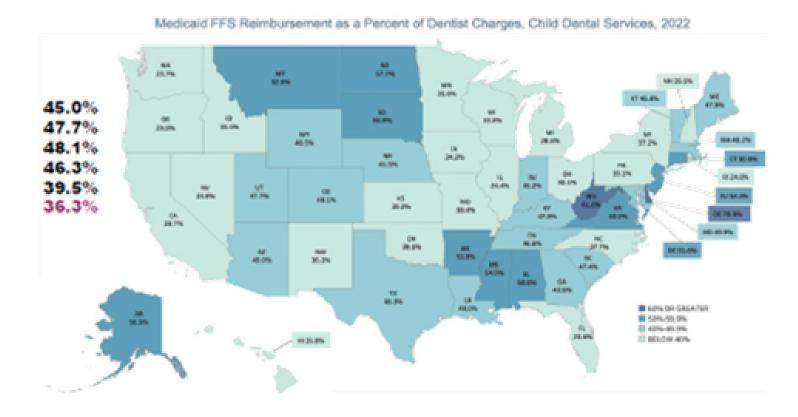
MEDICAID

MEDICAID FFS REIMBURSEMENT AS PERCENTAGE OF DENTIST CHARGES

- *50% OF OUR HEALTHCARE MARKETPLACE IS MEDICAID
- *38TH AMONG STATES IN MEDICAID REIMBURSEMENT
- *LOWEST IN THE REGION

Arizona Utah Colorado Texas Oklahoma

New Mexico







MEDICAID: CREDENTIALING

Credentialling is done by both the state and each managed care company

It cannot begin until licensing is completed and both are so slow that it takes many months

Delays impact the ability to provide care and provider's livelihood

Delays lead to people regularly abandoning the process

LICENSING

Delays are impacting new licenses and renewals

People are having to retake tests because credentials expire due to delays in processing

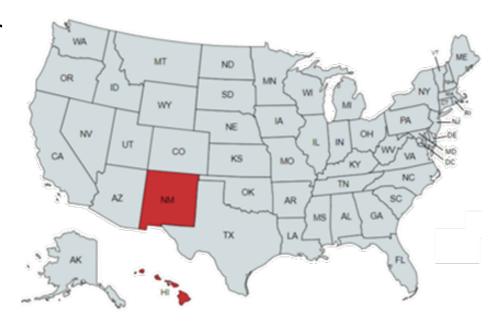
People do not receive feedback on failed applications

Joining the licensing compact would make NM a more attractive place to have a license

GROSS RECEIPTS TAX

NEW MEXICO IS ONE OF ONLY 2 STATES CHARGING GROSS RECEIPTS TAX ON DENTAL SERVICES...

- A dollar in NM buys less healthcare than in any other state
- This impacts dentistry more because there is less managed care and more patient out-of-pocket payments



LIABILITY REFORM

- Dentists are not included under the Medical Malpractice Act
- This is making it hard for dentists to get insurance under some circumstances
- Dentists become the "deep pockets" in cases involving multiple practitioners and are sometimes included for that reason





QUESTIONS?



New Mexico DENTAL ASSOCIATION





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