

SAMPLE COUNTY ADULT DETENTION CENTER POLICY AND PROCEDURE

Approved by NMC Detention Affiliate Oct. 3, 2019

CHAPTER F: DETAINEE PROGRAM

SECTION 13: BREASTFEEDING AND LACTATION

1. REFERENCES:

NM 2019 Senate Bill 124

2. POLICY:

The purpose of this policy is to establish a procedure to ensure that detainees who are lactating while incarcerated will be able to express breast milk for their infants in a manner that maintains breast milk supply, and/or safely provides breast milk for the infant.

3. PROCEDURE

All women who are booked and not immediately released shall be asked if they are lactating and their answers documented on the medical intake form. Within [48] hours medical staff will explain the facility lactation program to detainees who report that they are lactating.

Medication Assisted Addiction Treatment

Detainees who are lactating will be continued on medication-assisted addiction treatment, and, if prescribed by a medical provider, medication-assisted addiction treatment may be initiated.

Milk Expression

Detainees who wish to express their breast milk for storage, transport, or disposal will be placed in _____ [insert clean room] _____ that is reasonably private consistent with security considerations. The detainee will be given access to an electric breast pump with storage supplies and will be provided with sufficient time to express the milk. The frequency of detainee's milk expression will be determined by the detainee and medical staff.

Detainees who wish to express their breast milk for disposal may be given the option of using a manual pump in their cell.

Detainees may also be authorized to use a manual pump in their cell to express milk for storage and in such case will be provided with supplies and expressed milk will be collected for refrigeration within 4 hours.

Breastfeeding

Subject to medical approval, a detainee who is actively engaged in medication-assisted addiction treatment or who has had a negative drug screen may be given the opportunity to breastfeed her child during breastfeeding visitations (two times per week) and will be subject to security check for contraband. For detainees engaged in medication-assisted addiction treatment, testing positive for buprenorphine, naltrexone, or methadone does not disqualify them from participation.

INSERT DETAIL OF HOW AND WHERE

A detainee may lose the ability to breastfeed for violation of facility rules as determined by detention administrator. Loss of contact visitation privileges does not disqualify the detainee from continuing to pump and store or dispose of breast milk.

Cessation of Lactation

Medically appropriate support and care related to cessation of lactation will be provided if preferred by the lactating detainee. If the detainee develops more than mild to moderate discomfort and/or engorgement, security staff will arrange for detainee to see medical staff. If a lactating woman is detained for less than 24 hours, medical staff will offer instruction on hand expression and/or provide a manual pump to relieve symptoms of engorgement.

Contract for participation delineating responsibilities?

Storage and Delivery of Breast Milk

1. Subject to medical approval, detainees who are actively engaged in medication assisted addiction treatment or who have a negative drug screen may be authorized to express and store her breast milk for delivery.
2. Bags of expressed milk must be sealed and labeled by the detainee with the detainee's name and the date and time the milk was expressed.
3. Expressed milk will be stored in a refrigerator in the Medical Unit and maintained at temperatures of less than 40 degrees as recommended by the CDC.
4. Temperature of each refrigerator will be monitored by digital thermometer and logged by medical staff once a day.
5. The detainee must have a person who is willing to pick up and transport the breast milk regularly and may provide to the HSA the names of up to two people who are authorized to pick up her breast milk.
6. Medical staff will confirm that the authorized individuals are willing to pick up and transport the milk.
7. Milk may be picked up no more frequently than daily and no less frequently than every 3 days. Expressed milk that is not picked up will be disposed of on the 4th day.
8. Milk pick up:
 - a. To pick up the breast milk, the authorized persons must go to the front desk and identify themselves by showing picture ID.
 - b. The person picking up the milk is responsible for bringing a cooler bag and

- ice packs.
- c. Medical staff will bring the expressed milk to the front desk.
 - d. The person who picks up the breast milk shall inspect each bag of breast milk, to confirm the label correctly matches the name of the detainee. The authorized person will sign a receipt accepting responsibility for the milk, and medical staff will log the transfer.
 - e. If the authorized person does not pick up the milk as scheduled, detainee may be able to continue to pump and store the expressed milk. Expressed milk will be stored for up to 3 days before it is discarded.

4. RESPONSIBILITY:

The requirements and processes described in this document apply to the Health Services Administrator (HSA), health care staff, and security staff. The HSA is responsible for maintaining documentation, monitoring compliance, and ensuring that staff members are trained on this policy.

Administrator

Date