

Bernalillo County Metropolitan Court DWI Recovery Court Program

Participant Handbook

MY RECOVERY COURT INFORMATION

My Probation Officer's name is: _____

My Probation Officer's number is: _____

My Probation Officer's Email address is: _____

My Therapist's Name is: _____

My Therapist's Phone Number is: _____

My Therapist's Email address is: _____

My Attorney's Number is: _____

Drug Court Sessions are held every other Wednesday in Courtroom 700
at:

401 Lomas Blvd NW, Albuquerque NM 87102

My First Drug Court Session is on _____ at _____ p.m in
Courtroom # _____

My Drug Court Judge is: _____

Welcome to the Bernalillo County Metropolitan Court Recovery Court Program. First and foremost we would like to acknowledge your choice to begin your life long journey towards full and lasting recovery from your dependence on alcohol and/or drugs. As a participant in Recovery Court, you will be evaluated by the Recovery Court Team to ensure that you receive proper treatment. You will also be closely monitored until you have reached your recovery goals. You have made the choice to give yourself a new beginning and we will support you in that decision.

MISSION STATEMENT

The mission of the **DWI Recovery Court** is to utilize best practices in specialty courts in order to enhance public safety through reductions in criminal recidivism by supporting recovery from alcohol and other substances of abuse to improve the quality of life for the participant, their families and our community.

QUALIFICATIONS FOR THE PROGRAM

- You must have been found guilty of at least two or more DWI's.
- You must **not** have any violent felony convictions in your criminal history.
- Pending cases in any other jurisdiction will be evaluated on case by case basis.

*Program Fees will be determined based on a sliding scale.

WHAT DOES RECOVERY COURT INVOLVE

You will have frequent meetings with your Probation Officer and treatment provider to develop, manage and update your treatment plan.

Your treatment plan is a roadmap to your recovery.

The Recovery Court consists of four (4) phases which are:

- Phase 1: Stabilization and Engagement
- Phase 2: Treatment
- Phase 3: Beginning of Maintenance
- Phase 4: Transitional Care and Maintenance

The Phase requirements are outlined in this manual. In addition to meeting with your Probation Officer and treatment provider, you must also attend Recovery Court sessions with your fellow participants and the Recovery Court Judge. It is required that you appear on time and are able and willing to share your progress with the group. You will also be closely monitored for drug and alcohol use. Testing is one of the ways that you can demonstrate to us and to yourself that you are committed to remain alcohol and drug free. It is also imperative that you maintain your sobriety for the good of the community. Together we will develop a treatment plan to assist in your recovery. Together we will help you become alcohol and drug free and avoid future involvement in crimes. We will expect a lot from you and you can expect a lot from us.

HOW TO PROGRESS IN THE PROGRAM

The Recovery Court Program operates on a point system of progression. The program is a minimum of one year and consists of four phases. A participant must accumulate 130 points in each phase to advance in the program. Failure to complete weekly program requirements may result in no points awarded for that week.

In the last phase of the program, Transitional Care, a participant must complete 12 weeks of aftercare in order to be eligible for graduation.

Incentives and sanctions are an integral part of the program. Point accumulation is the biggest incentive for participants, as well as high praise from the Judge, Probation Officer, and treatment provider.

Phase 1: Stabilization and Engagement

- Report to your Probation Officer in person as directed
- Attend substance abuse counseling and/or group sessions as directed by the treatment provider and/or Probation Officer
- Submit to random urinalysis and/or breath alcohol screenings for drugs and alcohol as directed by treatment provider or Probation Officer a minimum of twice a week or more frequently as directed.
- Attend Recovery Court every two weeks
- Attend at least one 12-step community based support group meeting per week and provide written verification as directed by your Probation Officer
- Obtain a sponsor and meet with them at least once per week for a minimum of one hour (or two half hour sessions) and provide written verification as directed by your Probation Officer. You are required to obtain a sponsor within two weeks of signing your Recovery Court contract
- Complete a total of eight Mindful Based Stress Reduction sessions as directed by the provider
- Have an Ignition Interlock installed on ALL vehicles within 72 hours of signing your Recovery Court contract.
- The falsification or forging of any documents is automatic termination from the Drug Court program
- As directed by your Probation Officer, all “Rights of Passages” must be completed and passed prior to advancing onto the next phase
- A substantial effort to pay all Co-Pay fees prior to advancing onto the next phase
- Upon transition onto the next phase of the program a “phase change” appointment must be scheduled with the treatment provider to ensure all new requirements have been fully explained.

Phase 2: Treatment

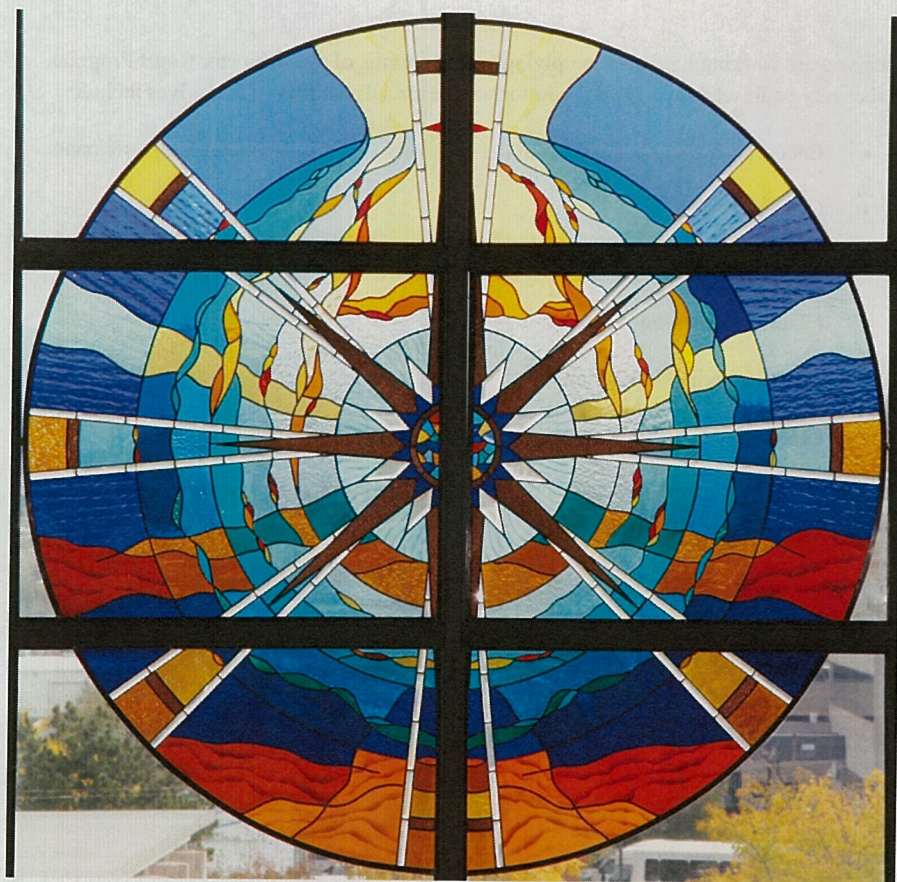
- Report to your Probation Officer in person as directed
- Attend substance abuse counseling and/or group sessions as directed by the treatment provider and/or Probation Officer
- Submit to random urinalysis and/or breath alcohol screenings for drugs and alcohol as directed by treatment provider or Probation Officer a minimum of twice a week, or more frequently as directed by your Probation Officer
- Attend Recovery Court every four weeks
- Attend at least one 12-step community based support group meeting per week and provide written verification as directed by your Probation Officer
- Obtain a sponsor and meet with them at least once per week for a minimum of one hour (or two half hour sessions) and provide written verification as directed by your Probation Officer.
- Complete 24 hours of community service or as mandated by law
- An ignition interlock device will be installed on ALL vehicles within 72 hours of signing your Recovery Court contract
- The falsification or forging of any documents is automatic termination from the Recovery Court Program
- As directed by your Probation Officer, all "Rights of Passages" must be completed and passed prior to advancing onto the next phase
- A substantial effort to pay all Co-Pay fees prior to advancing onto the next phase
- Upon transition onto the next phase of the program a "phase change" appointment must be scheduled with the treatment provider to ensure all new requirements have been fully explained.

Phase 3: Beginning of Maintenance

- Report to your Probation Officer in person as directed.
- Attend substance abuse counseling and/or group sessions as directed by the treatment provider and/or Probation Officer.
- Submit to random urinalysis and/or breath alcohol screenings for drugs and alcohol as directed by the treatment provider or Probation Officer a minimum of twice a week, or more frequently as directed by your Probation Officer
- Attend Recovery Court every four weeks.
- Attend at least one 12-step community based support group meeting per week and provide written verification as directed by your Probation Officer.
- Obtain a sponsor and meet with them at least once per week for a minimum of one hour (or two half hour sessions) and provide written verification as directed by your Probation Officer.
- Complete 24 hours of community service or as mandated by law.
- An Ignition Interlock device will be installed on ALL vehicles within 72 hours of signing your Recovery Court contract.
- The falsification or forging of any documents will result in automatic termination from the Drug Court Program.
- As directed by your Probation Officer, all “Rights of Passages” must be completed and passed prior to advancing onto the next phase.
- A substantial effort to pay all Co-Pay fees prior to advancing onto the next phase
- Develop a plan to gain long-term, stable and consistent employment, including but not limited to furthering your education.
- Upon transition onto the next phase of the program a “phase change” appointment must be scheduled with the treatment provider to ensure all new requirements have been fully

Phase 4: Transitional Care and Maintenance

- Report to your Probation Officer in person as directed until your sentencing hearing.
- Twelve transitional care groups are required for the completion of the Transitional Care phase. You will attend this group once weekly until all twelve groups have been completed. Your absence from this group will not be allowed.
- Submit to random urinalysis and/or breath alcohol screenings for drugs and alcohol as directed by the treatment provider or Probation Officer a minimum of twice a week, or more frequently as directed by your Probation Officer
- You will attend one Drug Court session a month while in Transitional Care.
- Attend the Victim's Impact Panel and provide verification of attendance to your Probation Officer
- Attend at least one 12-step community based support group meeting per week and provide written verification as directed by your Probation Officer.
- Continue to meet with your sponsor at least once per week for a minimum of one hour (or two half hour sessions) and provide written verification as directed by your Probation Officer.
- Attend **ALL** required groups, appointments, and UA's for every week that you are in transitional care. If you fail to meet any program requirements during this time, you **Will Not Receive Credit** for the week in which they were missed.
- You will continue to be monitored by your Probation Officer until the sentencing hearing has taken place. During this period of time, you will remain under the jurisdiction of the court.
- Develop an after-care plan, including applying for treatment vouchers if applicable



INCENTIVES

When you are working hard and complying with the terms of the Recovery Court Program, the recovery court team will reward you for your efforts. Examples of incentives include:

- Encouragement and praise from the Recovery Court Judge and other participants
- Gift Cards
- Less restriction on travel
- Priority scheduling
- Progression in the program
- Graduation Ceremonies

Bus passes and gas cards may be available to help participants comply with program requirements.

SANCTIONS

Sanctions are court imposed consequences. Sanctions can vary and include:

- Increased program requirements
- Increased time in phase
- Written presentation to the Recovery Court group
- Being called last at Recovery Court sessions
- Community service
- Incarceration

CONCLUSION

The Recovery Court Program is a voluntary program. The program has been developed to help you achieve total abstinence from drugs and alcohol. The Recovery Court team consists of the Recovery Court Judge, Probation Officer, Therapists, Prosecutor and Defense Attorney. The entire team is here to support you in your efforts to change your life and in turn ensure a safe community. The Judge, Court staff, and the treatment team will guide and assist you, but the final responsibility is yours. You must be committed to a better life.



