LEGISLATIVE FINANCE COMMITTEE

November 20, 2024

Emily Kaltenbach ALTSD Cabinet Secretary Designate



AGENCY OVERVIEW

PROGRAMATIC AREAS



Adult Protective Services: Investigating abuse, neglect and/or exploitation



Aging Network (AAA's, Employment, Healthy Aging, Meals & Nutrition, Transportation)



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Consumer & Elder Rights: Assisting elders, persons with disabilities and caregivers to find the services and resources they need.

Long-Term Care Ombudsman Program: Advocating for long-term care residents' rights and ensuring they receive the care they deserve.



Long-Term Care Services: Providing caregiver, care transition, Alzheimer's & dementia, and veteran's services

Agency Mission

To provide accessible, integrated services to older adults, adults with disabilities, and caregivers, to assist in maintaining their independence, dignity, health, safety, and economic wellbeing, thereby empowering them to live independently in their own communities as productively as possible.

NM - GAINING MORE OLDER Adults who are living longer

New Mexico's 65+ age category is projected to have **the greatest growth of any age group**, increasing by more than 80,000 between 2020 – 2040.

Catron, **Harding**, and **Sierra** Counties have the highest percentages of adults 60+.

Currently **410 centenarians live here**, a **44% increase** from 2010 (284 centenarians).

9% of New Mexico seniors have an annual income of **less than \$10k**.

In 2021, **10%** of NM adults aged 60+ self-reported they have difficulty living independently; for example, doing errands alone such as visiting a doctor's office or shopping.



NEW MEXICO'S CAREGIVING LANDSCAPE*

270,000 caregivers provided 250 million caregiver hours = \$3.8 million in economic value**



20%

provide regular

care to a friend or

family member

with a health

problem or disability







10% provide care for someone with dementia or Alzheimer's Disease



21% provide 40 or more hours of care a week



53% helped another manage personal care (e.g. giving medications, feeding, nothing)

* Behavioral Risk Factor Surveillance System Survey Data, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, with New Mexico Department of Health ** Reinhard, Susan C., Selena Caldera, Ari Houser, and Rita B. Choula. Valuing the Invaluable 2023 Update: Strengthening Supports for Family Caregivers. Washington, DC: AARP Public Policy Institute. March 8, 2023.

NEW MEXICARE

Providing financial assistance and training to caregivers who are assisting friends or family members with daily activities due to physical or cognitive limitations.

The goal of the program is to allow older adults to thrive in their homes and communities and reduce nursing home placements and emergency department visits.



\$1,332,988 in direct care services to date.



CONFERENCE ON AGING 2024

A full-day conference featuring interactive workshops, engaging activities, and valuable resources.

The conference forges meaningful connections, educates seniors and Native elders, providers, and caregivers from around the state.



CONFERENCE ATTENDEES BY COUNTY











PERFORMANCE MEASURE HIGHLIGHTS

CONSUMER & ELDER RIGHTS

•Received over 10,000 calls, representing an over 2,000 call increase since the 3rd quarter (average of 165 calls per day).
•Satisfactorily resolved 94% of calls in a single contact, exceeding our target of 90%.
•Constituents who accessed referred services within 30 days remained steady at 100%, exceeding the target of 90%.

ADULT PROTECTIVE SERVICES

•Over FY24, APS conducted 437 outreach presentations, vastly exceeding the target of 180 presentations for the year •Achieved the 99% target of face-to-face contact with alleged victims for priority two investigations

LONG-TERM CARE OMBUDSMAN PROGRAM

•During the 4th quarter of FY24, 99% of residents remain in the community for six months following a nursing facility transition, exceeding the goal of 90%.

•46% of long-term care facilities were visited by members of the long-term care ombudsman program, exceeding our target of 40%.

•100% of complaints were resolved within 60 days

AGING NETWORK

•20% of older New Mexicans with high nutritional risk received meals through aging network programs, 3% over the target of 17%
•Over 220,000 hours of caregiver support provided through volunteer programs during FY24, exceeding the target of 167,000 hours.

BUDGET REQUEST TOTAL: \$5,692,200 (8%+)



CONSUMER & ELDER RIGHTS DIVISION \$892,200 (200) \$300,000 (300)

Fund (5) unfunded full-time ombudsman & additional (5) full time ADRC staff, permanently

Contractual services - call center



AGING NETWORK DIVISION \$400,000 (400) \$3,100,000 (400)

Federal match for the AmeriCorps Volunteer Program, including supports for tribal elders.

To strengthen direct services to Aging Network to increase participation & attendance at senior centers, including a targeted investment for elders of Tribes, Pueblos, and Nations.



LONG-TERM CARE DIVISION \$1,000,000 (200)

Re-activate the Long-Term Care Division.

STRATEGIC ALIGNMENT OF DEPARTMENT SERVICES

Problem: The aging population in New Mexico is growing, institutional care beds are decreasing and there is a strain on and lack of personal caregivers.

Purpose: The Division shall administer home and community-based long-term care programs. Section 9-23-9(D) NMSA 1978.

Requested Alignment: The LTC Division to administer caregiverbased programming and support not otherwise provided or administered by the Health Care Authority.

$APS \longrightarrow LTC$

- Move 8 Care
 Transition Specialists FTE and its funding of \$400.0 GF, \$400.0 interagency funds (Medicaid reimbursement).
- Move the federally funded
 Veterans Service program of \$503.5.
- Move New MexiCare program and its \$5,000.00 GF and 2 FTE.

$AND \longrightarrow LTC$

 Move 2 FTE and Alzheimer's program funding of \$1,090.8 general fund.

*In addition to the \$1,000.0 in new funding.

SPECIAL BUDGET REQUEST TOTAL: \$22,600.00



KIKI SAAVEDRA SENIOR DIGNITY FUND \$20,000,000

To address high-priority services for senior citizens in New Mexico, including transportation, food insecurity, physical and behavioral health, case management and caregiving.



INFORMATION TECHNOLOGY \$500,000

To consolidate, modernize, and maintain customer-focused, effective and innovative information technology systems.



MARKETING & OUTREACH \$1,500,000

For an appropriate marketing strategy and educational outreach to connect the aging population and their caregivers to available resources.



EMERGENCY PREPAREDNESS \$600,000

Emergencies, disaster preparedness and urgent supplemental programmatic needs.

FOCUS MOVING FORWARD

Internal Strategic Alignment

To ensure continuity of care for our elders and adults with disabilities – Prevention, Intervention, and Long-term services and supports.

Commitment to Caregiving

Continued expansion of New MexiCare.

Expansion of Senior Services

Setting the goal to serve 30% of eligible seniors.

Protecting Elder Rights

Continued growth of the Ombudsman program.

Increased Investment for Elders of Tribes, Pueblos & Nations

Elevating the Aging Lens

across state agencies.

THANK YOU!

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