

Overview of Building a Continuum of Supports for Behavior and Mental Health

RISD is creating a comprehensive approach to student well-being. We're integrating evidence-based frameworks to support all students.

Together, we'll build a system that addresses behavior and mental health needs.

 **by Arlo Menchaca**

RISD - Behavior Intervention Specialist



Key Frameworks for Comprehensive Care



MLSS - Multi-Layered Systems of Support

Multi-Layered Systems of Support provides differentiated assistance based on student needs.



PBIS - Positive Behavior Intervention & Supports

PBIS is a multi-tiered behavior system that provides a collective approach to data-based decision making and the implementation of evidence based practices.



ISF - Interconnected Systems Framework

ISF is an emerging framework building a single system of SEB supports in schools. Integrating PBIS and school mental health, the ISF also brings community partners and families into one multi-tiered structure.

Public health model emphasizes prevention to reduce pressure on intensive services.



Establishing Baseline

School Mental Health Quality Assessment - District Version (SMHQA-D)

Completed Annually

Measures comprehensiveness of school mental health systems across the Tiers of Support.

Identify priority areas for improvement

Tiered Fidelity Inventory (TFI) School Level Measurement

Completed 2x's a year in conjunction with each schools PBIS training schedule.

TFI assesses all three tiers – Generally, any tier scored at 70% or higher will start to produce positive outcomes for students.

Data-driven decisions start with accurate measurement of our current state.

Building a Robust Data Infrastructure



Devereux Students Strengths Assessment (DESSA)
(Universal Screener)

Early identification of risk factors allows for faster intervention.

School Wide Information System (SWIS)

Redesigned Office Discipline Referral system captures objective data at building, classroom, and student levels. Helping schools self evaluate Tier 1 initiatives.

School Counselor Use of Time Analysis (SCUTA)

Tracks counselor time allocation to ensure focus on Tier 1 and 2 supports.

BHWORKS - Mental Health Electronic Health Record

Streamlines screening, care coordination and outcome reporting for Tier 3 mental health services.

These systems work together to provide a complete picture of student needs and implemented supports across providers and the layers of support.



Strategic PBIS Training Plan

1

Year 1

Foundation building and Tier 1 supports

- PBIS basics
- Data systems introduction

2

Year 2

Tier 2 interventions

- Targeted support strategies
- Group intervention protocols

3

Year 3

Tier 3 specialized support

- Intensive intervention methods
- Crisis response protocols

4

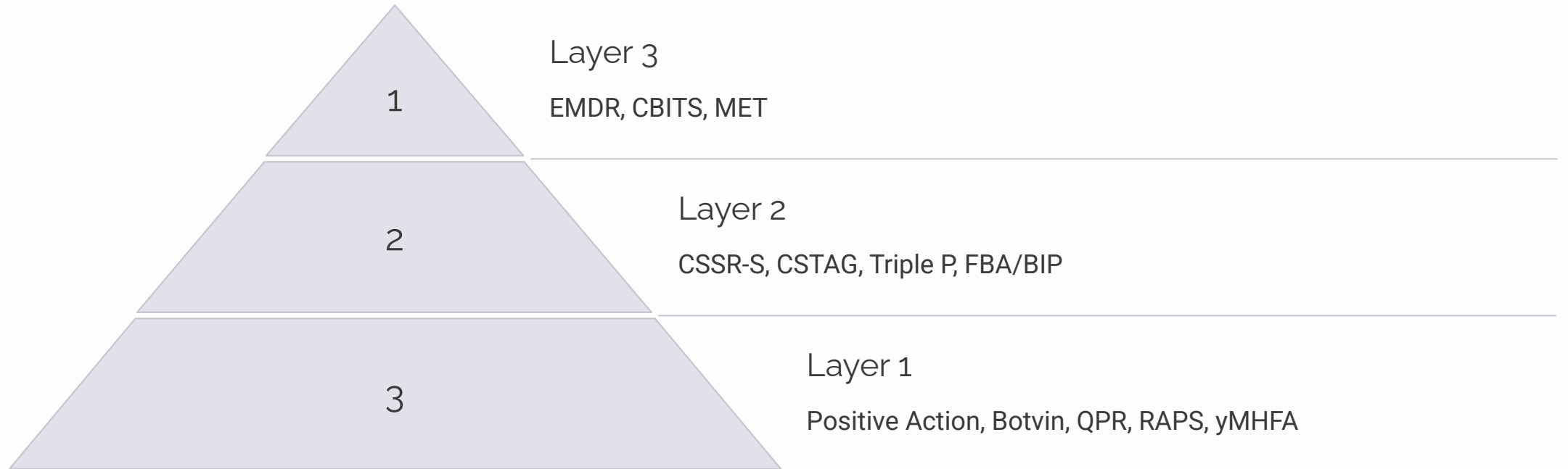
Year 4

Sustainability and refinement

- Data-driven decision making
- Systems integration

Our 4-year PBIS training cohort gradually builds capacity at each school.

Evidence-Based Practices Across Layers/Tiers



We've adopted research-validated programs for each level of support.

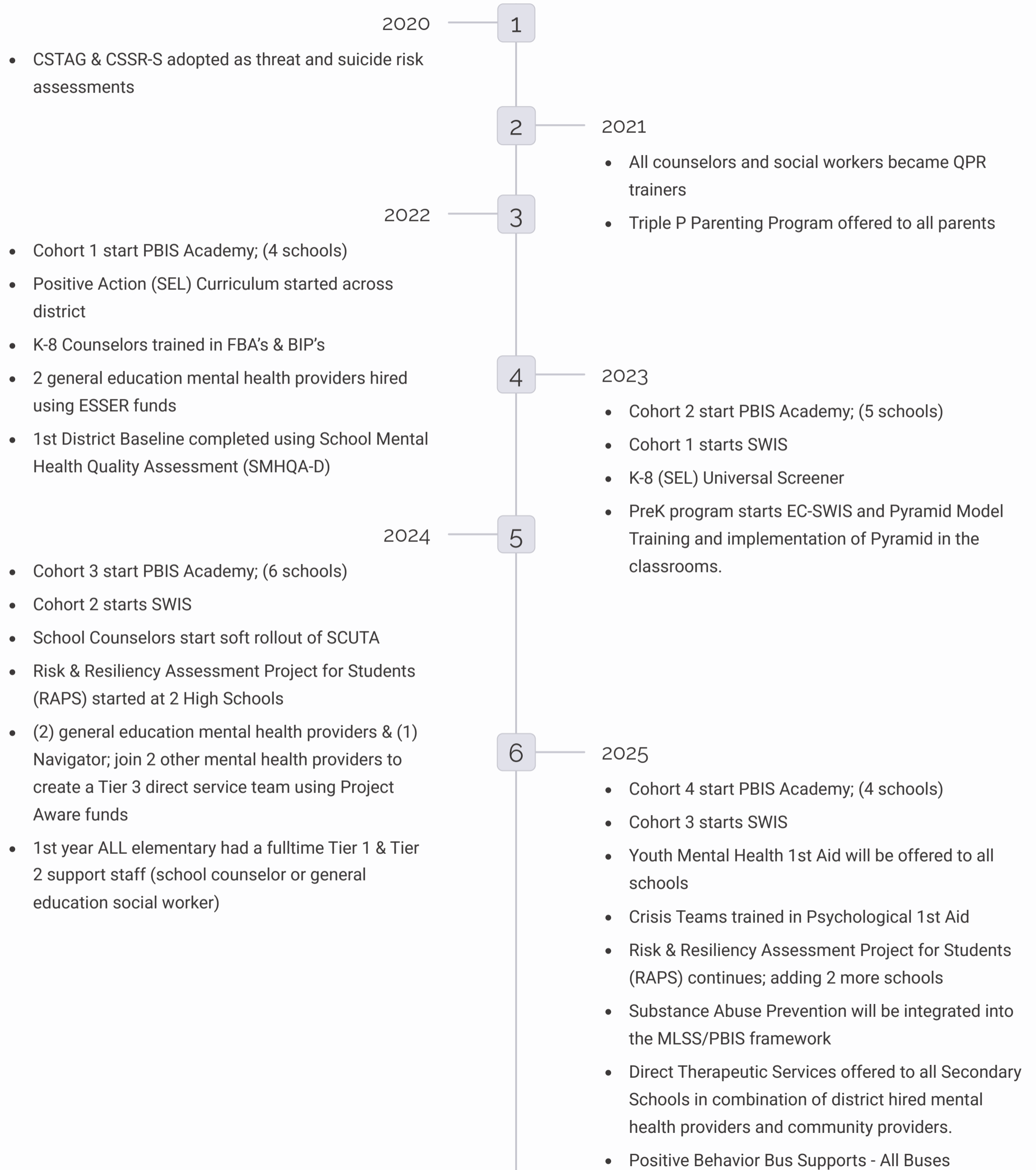
From universal prevention to intensive intervention, our curriculum choices are strategic and complementary.

Funding Integration Strategy

Curriculum, Platforms, Screeners, Initiatives	Funding Sources
Positive Action SEL Curriculum	ARP, ESSER, Title 1
DESSA - Universal Screener	RLIS, Title 1
PBIS Training	RLIS, Title II
Mental Health Providers	ESSER, SAMSHA/Project Aware Grant
Wellness Rooms (Tentative)	SAMSHA Project Aware, Community Schools, State funds
Triple P Parenting	IDEA, RLIS

Strategic blending of funding streams maximizes our resources. We align grants with programs to ensure sustainability.

Implementation Journey: Building Our Behavior & Mental Health Infrastructure



Our systematic implementation approach ensures sustainable growth of behavior & mental health supports. Each year builds on previous successes while introducing new capabilities.

Key Endorsements and Best Practices

Six National Associations' Joint Statement

Six national associations collaborated to release an executive summary and joint statement, focusing on two overarching topics:

- Policy recommendations
- Best Practices



AMERICAN
SCHOOL
COUNSELOR
ASSOCIATION



NASRO
National Association of
School Resource Officers



NATIONAL ASSOCIATION OF
SCHOOL PSYCHOLOGISTS



naesp National Association of
Elementary School
Principals



School Social Work
Association of America



nassp
national association of
secondary school principals

U.S. Secret Service Statement

The U.S. Secret Service issued a statement emphasizing the critical importance of Multi-Tiered System of Supports (MLSS) and Positive Behavioral Interventions and Supports (PBIS).



NATIONAL THREAT ASSESSMENT CENTER
U.S. SECRET SERVICE
U.S. DEPARTMENT OF HOMELAND SECURITY
March 2021

Challenges and Improvement Plan

Current Barriers

- High School counselor-to-student ratios
- Secondary counselors competencies focus on academic advisement not prevention
- Fragmented community support services

Strategic Improvements

- Create unified service delivery model
- Align evaluations with NMAC standards
- Require outcome data from community providers

By integrating services and standardizing evaluations, we'll create a more efficient system.

Our goal: reduced duplication and improved outcomes through coordinated care.

Deliberate integration of mental health and other community partners into the multi-layered Positive Behavior Interventions and Support (PBIS) System in schools is intended to ensure education and mental health structures interact in the most efficient and effective manner.

We Don't Like our Food to Touch

