

New Mexico Legislative Finance Committee

Presentation

August 26, 2021

Taos Ski Valley

Taos County

Adult Substance Use Disorders &

Mental Health

Status Update

Introduction

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Recovery-Friendly Taos County

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About Rio Grande Alcoholism Treatment Program, Inc.

- Nationally accredited through the Commission on Accreditation of Rehabilitation Facilities (CARF)- Intensive Outpatient Treatment for Substance Use Disorders/Addictions
- Providing Substance Use Disorders and Co-Occurring Disorders Treatment for 43 years. Currently serving Taos and San Miguel Counties.
- Recovery-Friendly Taos County- Peer Support Program (Recovery Community Organization)

Taos County Demographics- Key Indicators

Categories	Taos County	New Mexico
Population	32,723	2,096,829
White alone	36%	37%
Hispanic/Latino	56%	49%
African American	1%	3%
American Indian	7.5%	11%
Sex & Age		
Female	51%	50%
Persons under 18	17%	23%
Persons over 65	28%	18%
Veterans		
Veterans 2011-2015	2,629	144,977
Unemployment		
Taos County	9.5%	7.7%
Income & Poverty		
Median Household Income	\$38,329	\$49,754
Persons in Poverty	18.2%	18.2%
Medicaid Recipients	44.8%	40%

Sources: U.S. Census Bureau, New Mexico 2020
 NM Workforce Solutions 2021
 Health Indicator Report of Medicaid Enrollment 2018

New Mexico Substance Use Epidemiology Profile

New Mexico Substance Use Epidemiology Profile- February 2021

Rates 2015-2019 (per 100,000)	*Taos County
Alcohol-Related Death	7 th
Alcohol-Related Chronic Disease Death	6 th
Alcohol-Related Chronic Liver Disease Death	9 th
Chronic Liver Disease Hospital Discharges	7 th
Alcohol-Related Injury Death	10 th
Alcohol-Related Motor Vehicle Traffic Crash Death	8 th
Drug Overdose Death	10 th
Opioid Overdose Related Emergency Department Visits	2 nd
Suicide Death	6 th
Adult Binge Drinking	7 th
Adult Heavy Drinking	2 nd
Adult Drinking and Driving (past 30 days)	3 rd
*Ranking per 33 in New Mexico Counties	

Pandemic Crisis- COVID-19

The combination of COVID-19, economic problems, racial protests, and political division in 2020 has resulted in:

- **Increase Mental Health Problems**
- **Increase Substance Abuse**
- **Increase overdoses**
- **Increased Suicides**

Taos County Major Public Funded Programs

Current Continuum of Care

Adult Substance Use Disorders and Mental Health Treatment

Early Intervention

- TeamBuilders (mental health)- As of August 1, 2021
- Rio Grande Alcoholism Treatment Program
- Presbyterian Medical Services (PMS)- Questa
- Human Resources Development Associates, (HRDA)
- El Centro Family Health- Taos & Peñasco
- Independent Therapist

Detoxification Center

- **No Services available in Taos**
- *Hoy Recovery- Espanola – waiting list & limited*
- *Santa Fe Recovery- waiting list & limited*
- *Turquoise Lodge- Albuquerque*

Residential Treatment (30 days to 90 days)

- **No Services available in Taos**
- *Hoy Recovery- Espanola- waiting list & limited*
- *Santa Fe Recovery- waiting list & limited*
- *Turquoise Lodge- Albuquerque- waiting list & limited*

Outpatient Treatment

- TeamBuilders (mental health)- As of August 1, 2021
- Rio Grande Alcoholism Treatment Program
- Human Resources Development Associates, (HRDA)
- Presbyterian Medical Services (PMS)- Questa
- El Centro Family Health- Taos & Peñasco
- Independent Therapists

Intensive Outpatient Treatment

- Rio Grande Alcoholism Treatment Program
- Golden Willow Counseling
- Pinwheel Healing Center

Crisis Stabilization Unit

- Holy Cross Hospital- very limited

Current Continuum of Care *Continuation...*

Medication Assisted Treatment- Suboxone (buprenorphine)

- Presbyterian Medical Services (PMS)- Questa
- El Centro Family Health- Taos
- Pinwheel Healing Center
- Private Physicians

Medication Assisted Treatment- Methadone

- **No Services available in Taos**

Peer Support Program

- Recovery-Friendly Taos County

Transitional Living Program

- DreamTree Project- 16 to 24 years of age only
- *Delancey Street Foundation- Ohkay Owingeh- (limited)*
- *Darrin's Place- Espanola*

Gaps in the Continuum of Care

- Strengthen Mental Health Services & Crisis Response
- Detox Center
- Crisis Stabilization Unit
- Residential Treatment
- Gender Specific Transitional Living

Strengthen the Continuum of Care

- Detox Center (Phase One) to open in near future
- Crisis Stabilization Unit (Phase Two)
- Residential Treatment Center
- Transitional Living Programs- Gender Specific

Increase Resources to Improve the Continuum of Care

- Detox Center: Reinstate \$300,000 perpetual operating funding lost when the center closed in 2015
- Address the workforce shortage of counselors and therapist thru incentives for recruitment and retention
- Expand evidence-based treatment programming

Collaborate Regionally- Continuum of Care

- Taos County
- Regional Tribal Entities
- Colfax County
- Union County
- Mora
- San Miguel

Proposed Timeframes

Short-Term (next 12 Months)

- Support TeamBuilders rebuild mental health services
- Funding for (Phase One) Detox Center
- Increase Medicaid billing technical assistance

Mid-Term (12-24 Months)

- Fully implement (Phase Two) Crisis Stabilization Unit
- Planning/Business Development: Residential Treatment Center and Transitional Living Programs

Long-Term (2 to 5 Years)

- Open Residential Treatment Center
- Open Transitional Living Centers- Gender Specific

Thank You

Questions and Answers

Contract Information

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