

**Our vision** is for all New Mexicans to have accurate information and caring support to choose their end-of-life options in a system that honors those choices.

**Our mission** is to provide information and support for all end-of-life options, including medical aid in dying.

Our values compel us to demonstrate Compassion for others' experience, and be Inclusive of our state's diverse population, while showing Respect for each individual's end-of-life choices, supporting them in a Nonjudgmental manner, with steadfast Integrity.

# HELP US HELP OTHERS

# Support End of Life Options New Mexico

We are a New Mexico not-for-profit organization. Our services are free of charge thanks to generous people, like you, who share our values and a passion for this important work. Now is the time to:

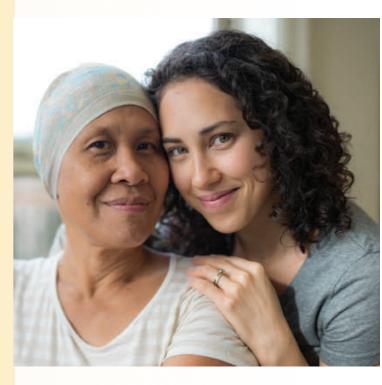
- Schedule an educational speaker
- Become a volunteer
- Make a donation

There is no better time than now to support our work. Your donation will provide the critical funds to grow and sustain a viable organization and give limited assistance to those who cannot afford the medications.



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Supporting End-of-Life Options for All New Mexicans

#### **Your End-of-Life Options**

EOLONM supports and educates about advance care planning so New Mexican's understand their rights and can consider all their options at the end of life:

- Forego or Cease Treatment
   Declining or stopping
   life-sustaining treatment
- Palliative Care
   Specialized care focusing on relief of symptoms and help with treatment decisions
- Hospice Care
   End-of-life comfort care, mostly
   in the home, focusing on quality
   of life and family support
- Voluntarily Stopping

   Eating and Drinking (VSED)

   Refusing any food or liquids to hasten death under medical supervision
- Medical Aid in Dying (MAID)
   Eligible adults requesting a prescription for life-ending medication from a qualified provider

## Elizabeth Whitefield End-of-Life Options Act

Judge Whitefield was a fierce advocate for medical aid in dying. Her difficult death in 2018 came prior to the passage of the Act that was later named in her honor.



Elizabeth Whitefield, JD

### Who's Eligible?

To qualify for aid-in-dying medication under the Act, one must be:

- · A New Mexico resident:
- · 18 years of age or older;
- Diagnosed with a terminal illness with 6 months or less to live;
- Mentally capable of making their own healthcare decisions, and,
- Capable of self-administering the medication.

Please visit our website or contact us to learn about the Elizabeth Whitefield End of Life Options Act. We'll respond quickly and professionally.

#### We Work to Help...

- Individuals and families with advance care planning, educational resources, referrals and support as they decide about their treatments and end-of-life options
- The public, community leaders and the media be informed about end-of-life issues
- Healthcare professionals access education and training, and support them so they can provide the care and services their patients want
- Healthcare systems & hospices as they support their patients' end-of-life choices
- Patients and families access the new medical aid in dying law



