

Investing for tomorrow, delivering today.

#### FY22 TSROC Funding Request (same as FY21)

**Breast and Cervical Cancer Prevention: \$124,566** 

Hepatitis and Harm Reduction: \$283,800

**Tobacco Use Prevention and Control:** \$5,264,706

**Diabetes Prevention and Control:** 

\$693,056





The New Mexico Breast and Cervical Cancer Early Detection (BCC) Program

> Beth Pinkerton, Program Manager September 15, 2020

### New Mexico BCC Program

- Each year in New Mexico about 1,440 women are diagnosed with invasive breast cancer, and another 268 women die from breast cancer
- Treating early stage breast cancers found on screening mammography can prevent some breast cancer deaths
- The BCC Program provides high-quality, ageappropriate, accepted standard of care <u>breast and</u> <u>cervical</u> cancer screening and diagnostic services at no cost to eligible women in New Mexico

### New Mexico BCC Program

To be eligible for breast cancer screening services through the BCC Program, women must meet the following criteria:

- 40 years of age or older
- Income at or below 250% of federal poverty level
- No health insurance
- No Medicare Part B or full New Mexico Medicaid

Approximately 23,164 women in New Mexico are eligible for breast cancer screening services though the BCC Program

### NM Tobacco Settlement Revenue (TSR) Funds

Historically allocated for the provision of mammograms

Primarily for women 40-49 years of age

TSR funds allocated into FY20 provider agreements

- 16 providers statewide
- Mammography service providers located in each quadrant of NM
- Providers agree to accept Medicare reimbursement rates

#### New Mexico BCC Program

Fiscal Year	Appropriation	# Women Served with TSR funds		
FY10	\$184,200	2,105		
FY11	\$132,210	1,388		
FY12	\$128,600	870		
FY13	\$128,600	936		
FY14	\$128,600	752		
FY15	\$128,600	877		
FY16	\$128,600	876		
FY17	\$128,600	783		
FY18	\$128,600	958		
FY19	\$128,600	911		
FY20	\$124,566	717		
100% of TSR funds are used for direct clinical services <u>No</u> TSR used for overhead (staff, rent, supplies, etc.)				

#### *NM TSR Funds Help the BCC Program to:* Serve more women: 717 in FY20

 $\lambda$ 

The BCC Program is currently only funded to serve about 12% of the eligible population

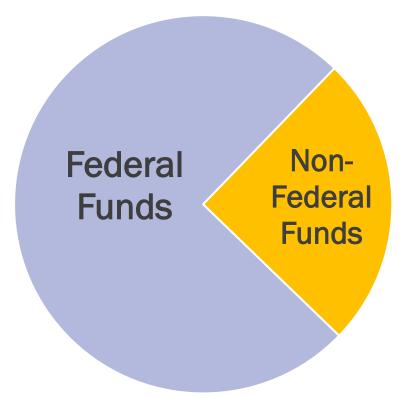
#### *NM TSR Funds Help the BCC Program to:*

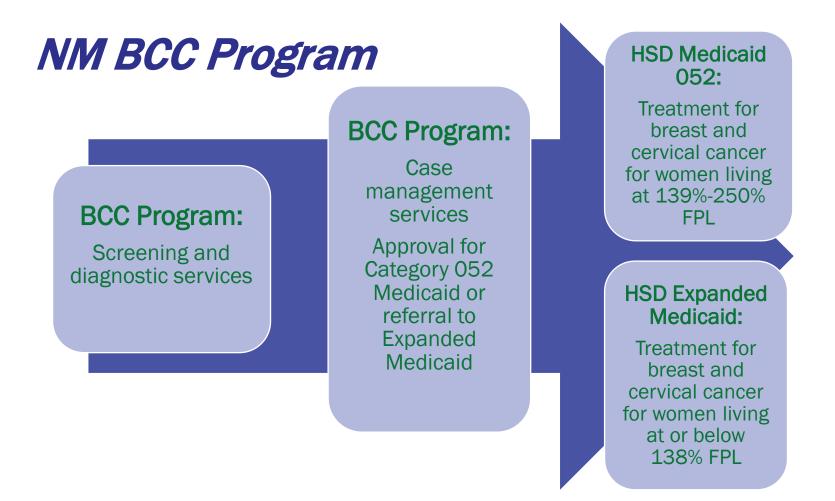
- Serve younger women
- CDC requires at least 75% of federal mammography dollars be used to serve women ≥50 years of age
- In FY20, 94.5% of TSR funds were used to provide breast cancer screening services to women <50 years of age</li>

\* 3 patients screened with TSR funds in FY20 were diagnosed with invasive breast cancer and none were diagnosed with in situ breast tumors

#### NM TSR Funds Help the BCC Program to:

Meet the 3:1 match required by CDC





The BCC Program Case Manager provides *presumptive eligibility determination* for a special category of Medicaid (052), which was created specifically to provide access to treatment for women diagnosed with breast or cervical cancer through the BCC Program, and is <u>only</u> available to BCC women.

### **Breast Cancer and Tobacco**

- Mounting evidence that both smoking and exposure to secondhand smoke increase the risk for breast cancer, especially in premenopausal women
- Increased risk is greatest for women who smoked between puberty and first giving birth
- Smoking increases the risk of dying among breast cancer survivors

All BCC women are assessed for tobacco use, and current users are referred to the NMDOH free tobacco quit services

### **Cervical Cancer Screening**

- Each year in New Mexico about 82 women are diagnosed with invasive cervical cancer, and another 24 women die from cervical cancer
- The goal of screening for cervical cancer is to catch cervical cancer or precancer early when these cases are more treatable and curable
- Cervical cancer screening tests result in decreased cervical cancer incidence and mortality rates

\* In FY19-FY20, the BCC Program diagnosed 8 women with invasive cervical cancer and another 132 with cervical pre-cancers

### **Cervical Cancer and Tobacco**

- Women who smoke are about twice as likely as non-smokers to get cervical cancer
- Tobacco by-products have been found in the cervical mucus of women who smoke
- Smoking makes the immune system less effective in fighting HPV infections
- Cervical pre-cancer among persistent high-risk HPV infected women was twice as high in heavy smokers compared to never smokers

All BCC women are assessed for tobacco use, and current users are referred to the NMDOH free tobacco quit services



New Mexico Breast and Cervical Cancer Early Detection Program

FY22 Request: \$124,566 (same as FY21)

Tobacco Settlement Funding will provide mammograms to women 40-49 years of age



## Thank you for supporting cancer screening services for New Mexico women



#### Tobacco Settlement Revenue Oversight Committee: HIV, STD and Hepatitis Section Activities

**Presenter: Joshua Swatek** 

September 15th, 2020

Program Contacts: Andrew Gans, MPH - HIV, STD, and Hepatitis Section Manager <u>Andrew.Gans@state.nm.us</u> Joshua Swatek – Hepatitis and Harm Reduction Program Manager Joshua.Swatek@state.nm.us

#### Harm Reduction and Hepatitis Program Support from Tobacco Settlement

	State fiscal year (SFY) 2019	SFY 2020	Request for SFY 2021
Hepatitis Program	\$43,400	\$43,400	\$43,400
Harm Reduction Program	\$249,600	\$240,400	\$240,400
Total	\$293,000	\$283,800	\$283,800

#### Hepatitis Program Accomplishments Overall Activities

- Public Health Offices (PHO) and contractual providers delivered the following services.
  - Over 4,600 laboratory tests for hepatitis B virus (HBV) and hepatitis C virus (HCV) were conducted in SF17.
  - Provided intensive HCV linkage to care services for 860 people
- Hepatitis C virus (HCV) testing fully integrated with HIV testing to increase volume. Positive antibody tests now are reflexed to confirmatory viral load tests that allow referrals into curative treatment options.

#### Hepatitis Program Accomplishments Hepatitis C Virus (HCV) Elimination by 2030

- Baseline work for HCV elimination in 2016 with release of <u>HCV in New</u> <u>Mexico: Statewide Comprehensive Plan and Profile of the Epidemic</u>.
- Elimination phase kicked off during July 2020 with National Governor's Association (NGA) consultation held in Albuquerque, with Governor Lujan Grisham as keynote speaker.
- Progress in developing systems to achieve international, national and statewide goal of eliminating HCV as a public health threat by 2030:
  - Partnership with New Mexico Corrections Department (NMCD) to use special appropriation and access to 340B drug discount to treat 2,400 inmates by SFY 2024.
  - Agreement to ensure access to medication for individuals with no insurance via the New Mexico Medical Insurance Pool (NMMIP).
  - Public Health Offices will start treatment as the safety net provider in some communities.

#### Harm Reduction Program Accomplishments <u>Overview</u>

- Statewide Syringe Services Program (SSP) activities are a fundamental and effective means of preventing the spread of HIV and hepatitis C virus (HCV).
  - Integrated approach for HIV and rapid HCV testing, including in correctional facilities, harm reduction outreaches, and community settings.
  - HCV rapid testing has been integrated into the HIV counseling, testing and referral services (CTRS) curriculum.
  - The SSP provides an access point for at-risk clients to navigation services into Hepatitis C treatment.
- The SSP provides access to at-risk clients for delivery of overdose prevention education and distribution of Naloxone (Narcan) for opiate overdoses.

#### Harm Reduction Program Accomplishments Syringe Services

- Collects syringes from any individual who uses syringes, including both participants in the program and other New Mexicans.
  - This includes syringes collected during in-person syringe service sessions, Public Health Offices, Contracted Community Partners, and syringes collected through community collection "dropboxes"
  - ◆ By removing used syringes from circulation, public safety is increased
  - Collection rates are up across the entire state at over 90%
- The number of participants served is growing quickly.
  - Just over 6,000 participants in SFY 2013
  - ♦ Over 16,000 participants with over 52,000 sessions in SFY 2019

Between 84% and 86% of participants reported not sharing syringes.

#### Harm Reduction Program Accomplishments Treatment Referrals and Overdose Prevention

- Each year, more than 2/3 of SSP participants (68 71%) make one or more attempts to get into other substance use treatment programs. Of these attempts, roughly 1/3 experience barriers or challenges in receiving treatment.
- The overdose prevention program is growing rapidly. In FY 2020 naloxone was distributed during approximately 9,300 overdose prevention educational sessions, more than five times the approximately 1,700 sessions with naloxone distribution in 2012.
- There were over 3,400 opioid overdose reversals reported to the program in FY19, where the person was "OK" afterwards. This is more than four times the 810 reported in 2016!

### FY22 Request

**\$283,800** (same as FY21)

#### Harm Reduction and Hepatitis Program

Thank you



# Tobacco Use Prevention and Control Program (TUPAC) Tobacco Settlement Revenue Oversight Committee September 15, 2020

## David Tompkins

Interim TUPAC Program Manager

# **Tobacco use is the single** largest preventable cause of disease, disability, and death

Source: CDC, Best Practices for Comprehensive Tobacco Control Programs—2014

# 2,802

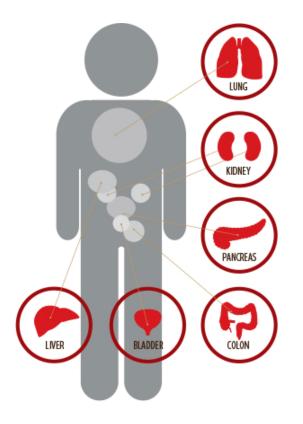
### smoking-related deaths in New Mexico annually



Source: Ma J, et al., Smoking-Attributable Mortality by State in 2014, US, Am J Prev Med 2018; 54(5): 661-670 and NM IBIS, 2018 death data

# 84,000+

New Mexicans suffer with smoking-related diseases



Source: CDC, Best Practices for Comprehensive Tobacco Control Programs—2014

# **Tobacco is an economic burden in New Mexico**

# \$1.4+ Billion

- Total annual economic burden of smoking in New Mexico
- \$775 tax burden per household



Source: CTFK—The Toll of Tobacco in NM fact sheet, 8/24/20

# Smoking adds to the cost of New Mexico's Medicaid Program

489,000

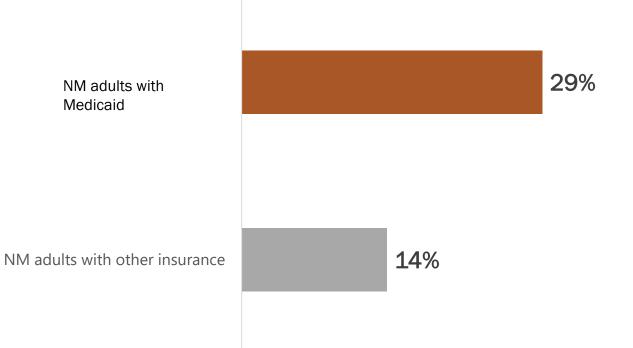
## New Mexico adults are enrolled in Medicaid (3 in 10 adults)

Source: NM Human Services Dept, May 2020 Medicaid Enrollment Report.

# 29%

#### of adults with Medicaid smoke cigarettes, compared to 14% of New Mexicans with other insurance

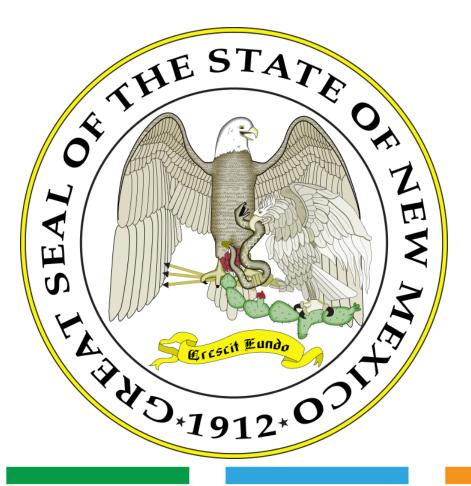
#### NM Adult Cigarette Smoking



Source: 2018 NM Tobacco Evaluation Survey

# \$222,800,000

### Annual New Mexico Medicaid costs caused by smoking



Source: <u>CTFK—The Toll of Tobacco in NM fact sheet</u>, 8/24/20

# **New Mexico communities** are using proven interventions to produce positive outcomes

### **Proven Interventions**

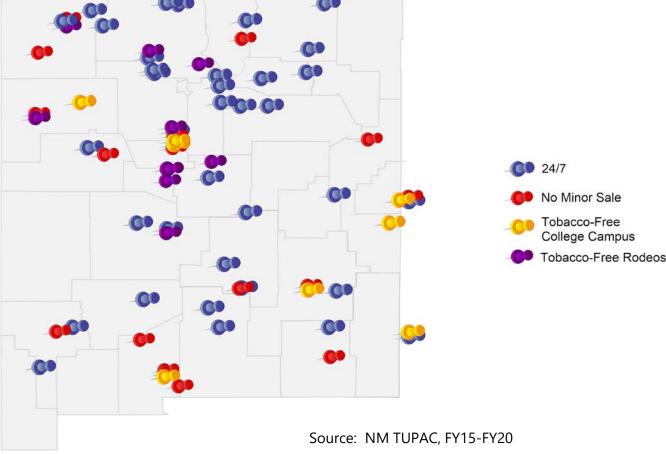
- 100% smoke-free policies, *including e-cigarettes*
- Access to nicotine addiction treatment services
- No access to tobacco by minors
- Tobacco price increases

Source: CDC, Best Practices for Comprehensive Tobacco Control Programs—2014; CDC Surgeon General's Report, 2016

### **TUPAC** partners with communities to prevent kids from starting to use tobacco



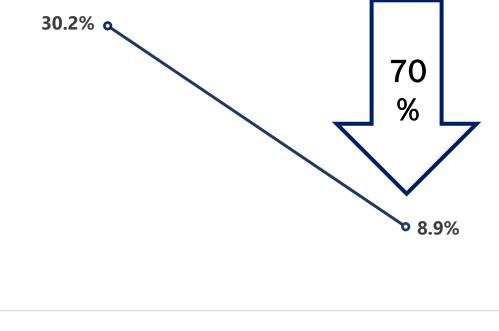
#### **Proven interventions prevent youth from starting to use tobacco**



# 70% decline in high school youth cigarette smoking

Cigarette smoking among New Mexico HS youth

# **25,300** fewer high school youth smoke cigarettes

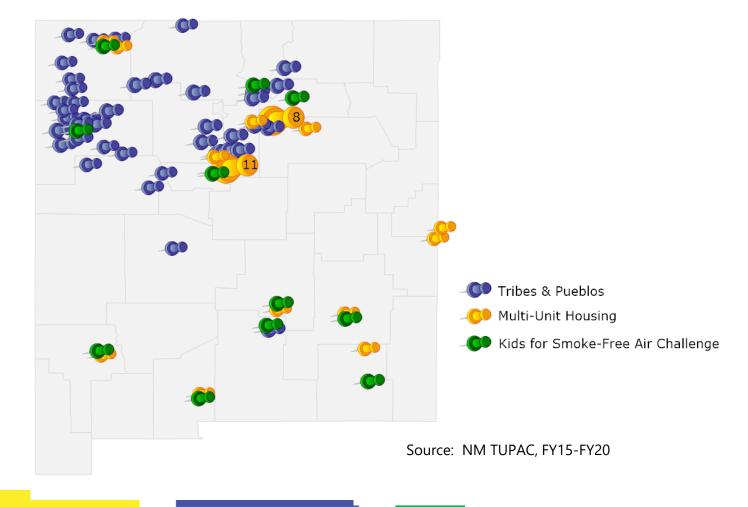


Source: 2003 and 2019 NM YRRS 2003 2019 1190 S. St. Francis Drive • Santa Fe, NM 87505 • Phone: 505-827-2613 • Fax: 505-827-2530 • nmhealth.org 40

### **TUPAC** partners with communities to reduce exposure to secondhand smoke and aerosol

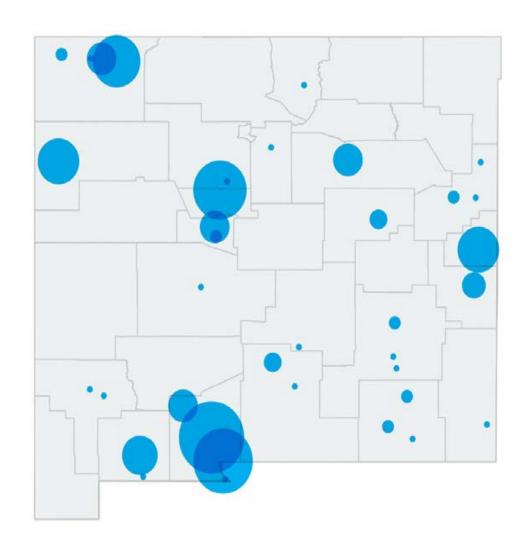


## **Proven interventions reduce exposure to secondhand smoke and aerosol**



#### **Success Story: JL Gray goes smoke- and vape-free**

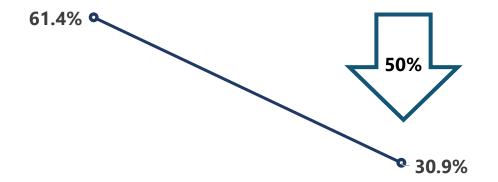
JL Gray Properties, New Mexico's second largest manager of multi-unit housing properties, is well on its way to certifying all 5,000 of its **units** smoke-free and vape-free by June 2021

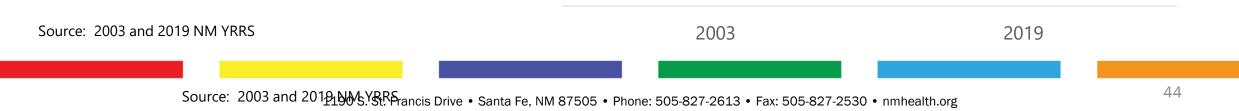


# 50% decline in high school youth secondhand smoke exposure

HS youth exposed to secondhand smoke

**37,700** fewer high school youth exposed to secondhand smoke indoors





### **TUPAC and community partners help people quit using tobacco**



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# Across the state, we offer these resources to promote quitting



**Comprehensive Nicotine Addiction Treatment Services** 

Source: NM TUPAC Program, FY20



Online Trainings for Health Professionals



Health Systems Change Training and Outreach Program

### 56% of adult smokers want to quit

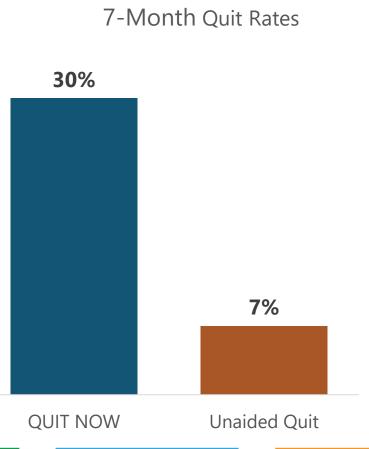
Seriously considering quitting 56%

Source: 2019 NM Behavioral Risk Factor Surveillance

#### **QUIT NOW improves smokers' quitting success**

- Nearly **1 in 3** QUIT NOW enrollees successfully **quits**
- Quitline counseling and FDAapproved nicotine medication
  more than triples quit rates



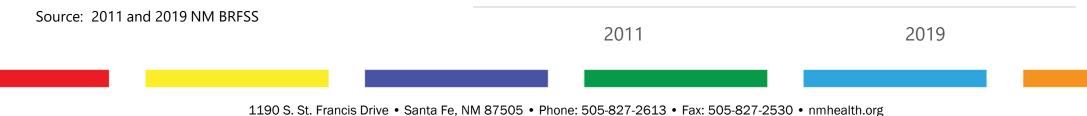


#### 26% decline in adult smoking

Smoking among New Mexico adults

## **77,300** fewer NM adult smokers

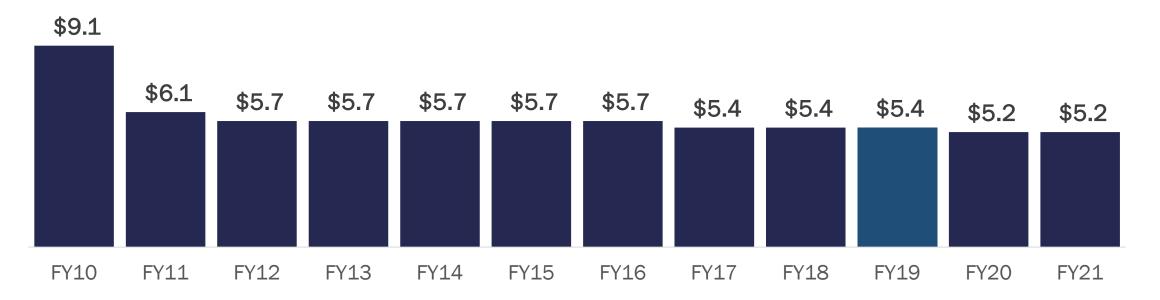




### New Mexico invests in tobacco use prevention and cessation

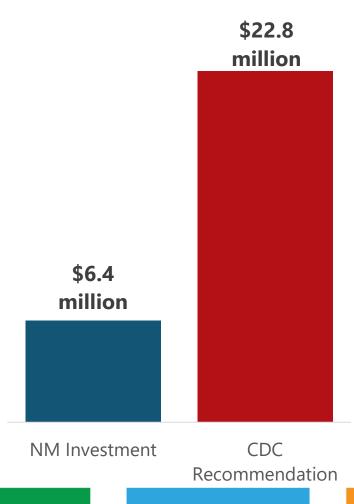
# State investments in tobacco prevention and control in NM

Tobacco MSA Funding to TUPAC Program



Source: NM TUPAC, FY21

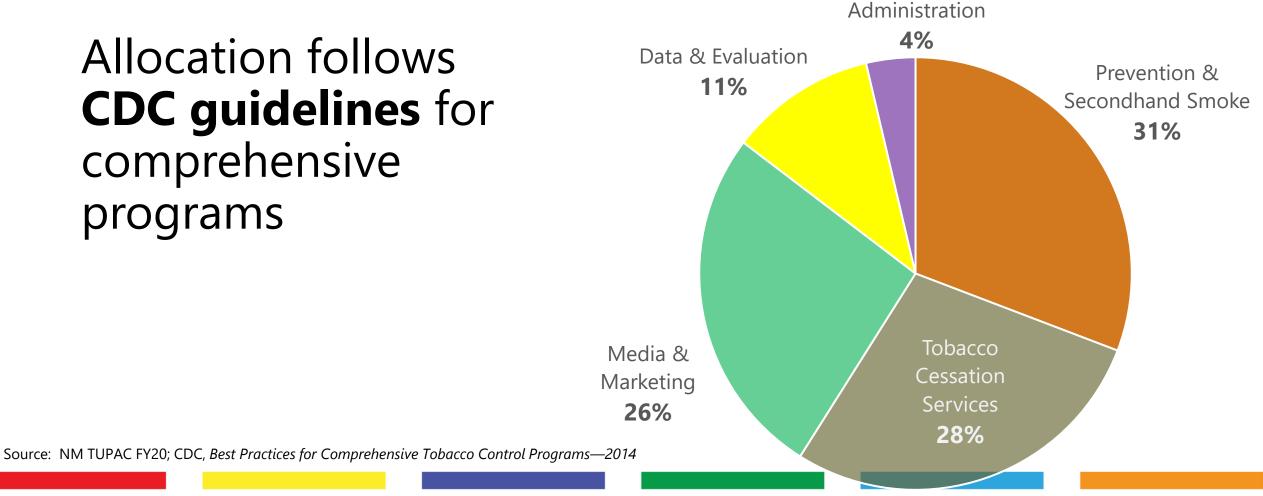
#### NM's total investment in tobacco prevention and control is 28% of CDC recommendation



Source: NM TUPAC, FY 19; CDC, Best Practices for Comprehensive Tobacco Control Programs-2014

#### Where TUPAC's MSA funding goes

#### Allocation follows **CDC guidelines** for comprehensive programs



### **Despite successes, we still** have work to do!

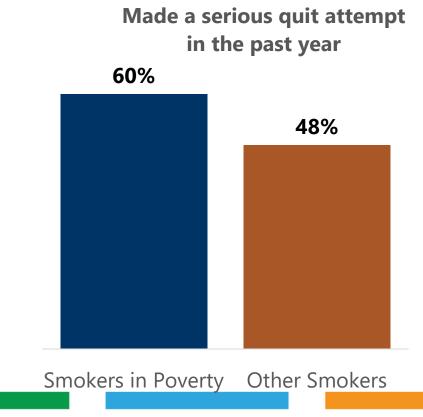
- Continued high smoking rates among people experiencing poverty
- High use of new tobacco products among youth and young adults

### More than half of remaining smokers are people experiencing poverty...

### ...representing over 159,000 New Mexicans

Source: 2018 NM BRFSS and 2018 NM IBIS population estimates

# Smokers in poverty are more likely to try to quit



Source: 2018 NM BRFSS

#### **TUPAC reaches smokers experiencing poverty**

- Systems change trainings focused on FQHCs
- Smoke-free policies in **low-income housing**
- Free quit coaching & free NRT via QUIT NOW
- **QUIT NOW promotion** to low-income smokers

### 60%

#### of QUIT NOW enrollees earn **less than \$25,000 per year**

Source: NM TUPAC Cessation Services Report, FY20

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%

# There's an opportunity to do more

Through QUIT NOW, TUPAC serves about **8,000** tobacco users per year...

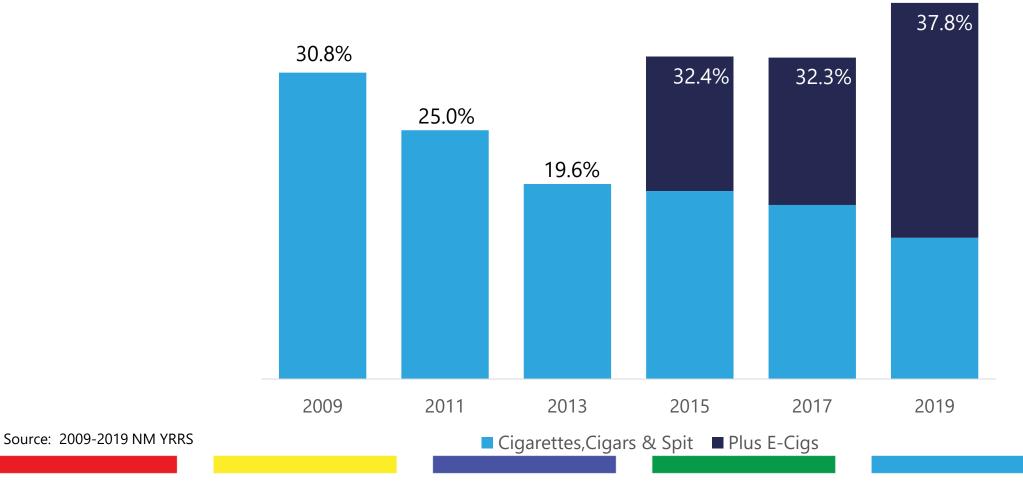
## ...but there are more than **145,000** smokers who are **interested in quitting**

Source: 2019 NM BRFSS, 2018 NM IBIS population estimates; TUPAC FY20

### **E-cigarettes have reversed our gains**

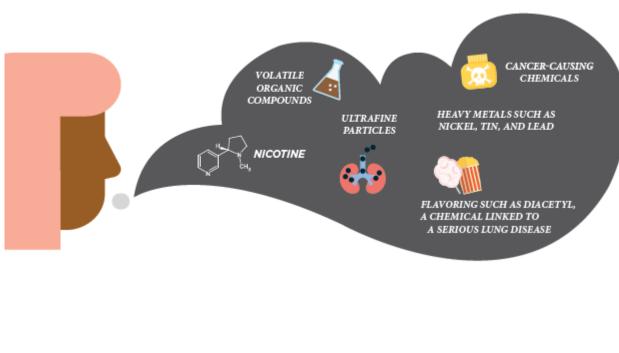
## **E-cigarette use has offset declines in conventional tobacco product use among youth**

Tobacco use among NM High School Youth



#### **E-cigarettes and other vapor products pose risks**

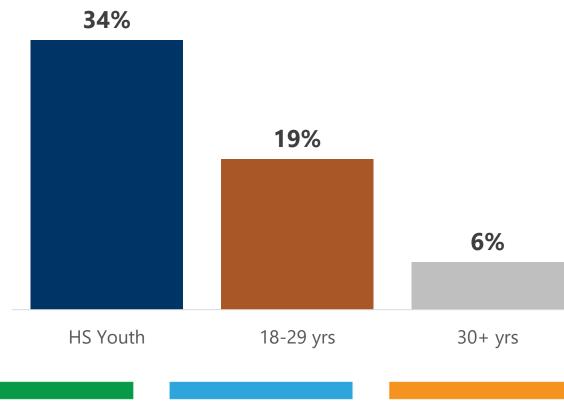
- Nicotine is **highly addictive** and can harm brain development through age 25
- E-cigarette aerosol is not harmless
- Young people who use e-cigs may be more likely to go on to use regular cigarettes



Source: <u>CDC Surgeon General's Report, 2016</u> and 2018 <u>CDC Factsheet</u>

# E-cigarette use highest among youth and young adults

- 1 in 3 NM high school youth use e-cigarettes
- High school youth vape (34%) at nearly FOUR times the rate they use regular cigarettes (9%)



Current E-Cigarette Use in NM

Source: 2019 NM YRRS and 2019 NM TES

### New products pose new threats requiring new investments and new policies

# **Recommendations of the Surgeon General**

- Raise and strongly enforce **minimum-age-of-sales laws** for all tobacco products, including e-cigarettes
- Incorporate e-cigarettes into smoke-free policies
- Reduce access to **flavored tobacco** products by young people
- Sponsor high-impact media campaigns to educate public on harms of e-cigarettes among young people
- Increase price of tobacco products, including e-cigarettes
- Require tobacco **retailer licensure**



Source: <u>CDC Surgeon General's Report, 2016</u>, <u>https://e-cigarettes.surgeongeneral.gov/documents/surgeon-generals-advisory-on-e-cigarette-use-among-youth-2018.pdf</u>

TUPAC, policy makers, and our partners can work together to combat the youth e-cigarette epidemic

#### **TUPAC FY22 Funding Request: \$5,264,706**

- The **GENERAL APPROPRIATION ACT OF 2020** transfers **\$5,435,200** from the tobacco settlement program fund for smoking cessation and prevention programs
- Actual Tobacco Settlement Funds received by TUPAC in FY20 was \$5,264,706, which resulted in a budget cut of \$170,494
- **TUPAC** is using FY20 Tobacco Settlement Fund actuals of **\$5,264,706** for planning FY21 expenditures (and has requested the same amount for FY22)
- Funding for TUPAC from TSROC has remained constant for the past several years. An **e-cigarette prevention media campaign** could positively impact the growing use of e-tobacco products among youth.

### Thank you for making tobacco control your priority!



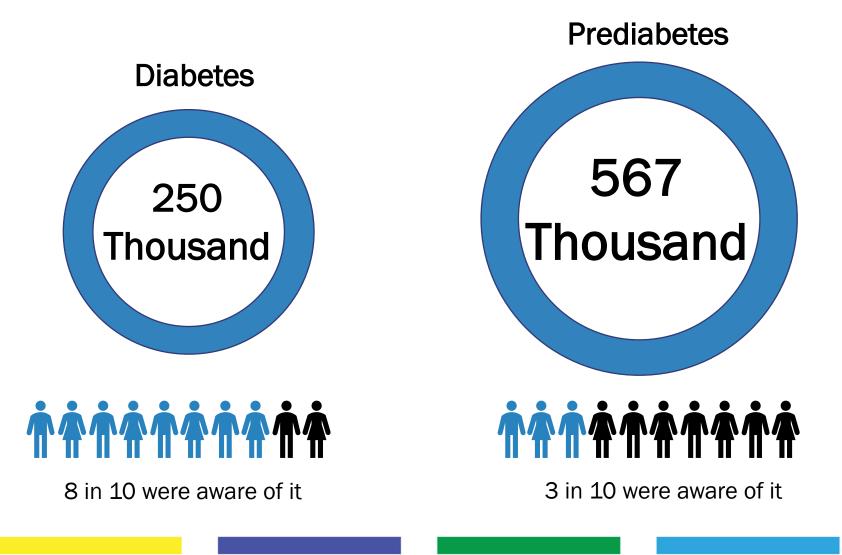
#### Presentation to the Tobacco Settlement Revenue Oversight Committee September 15, 2020

Judith Gabriele

Deputy Bureau Chief, Community and Population Health Bureau, and Acting Manager, Diabetes Prevention and Control Program, DOH

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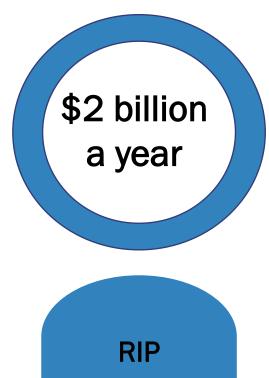
#### A Snapshot: Diabetes In New Mexico Adults



### **Diabetes** in New Mexico is costly in both human and economic terms



Estimated annual cost of diagnosed diabetes in NM

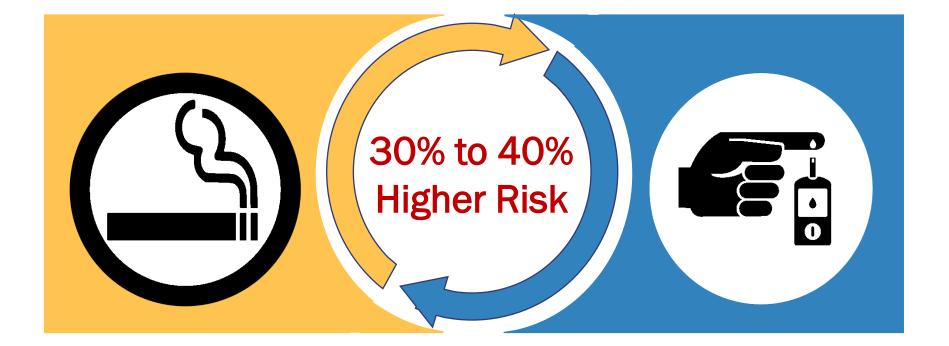


686



Number of deaths in 2018 with diabetes as the primary cause

# **Smoking and Diabetes**



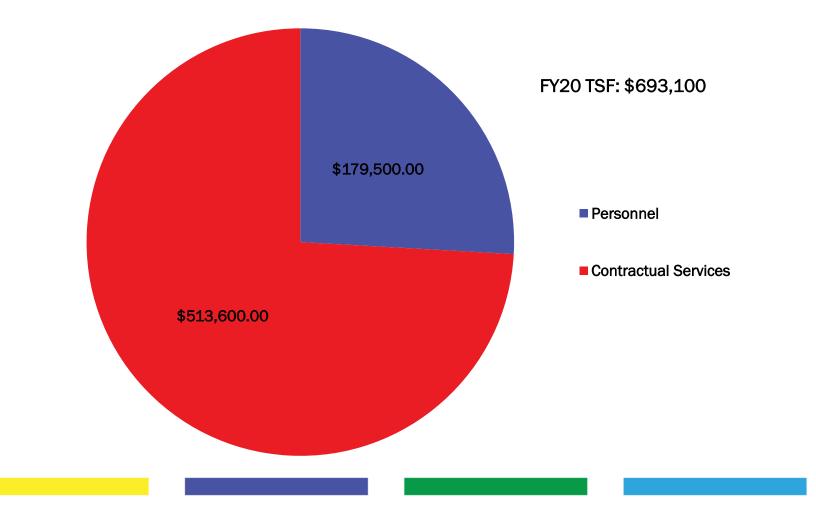
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#### **DPCP** Goals

1) Prevent or delay diabetes.

- 2) Prevent complications, disabilities and burden associated with diabetes and related chronic conditions.
- 3) Advance health equity to improve health outcomes and quality of life among all New Mexicans.

## How Tobacco Settlement Funds were Allocated in Fiscal Year 20



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#### **FY20** Achievements

Diabetes and Chronic Disease Self-Management Programs

#### Diabetes Self-Management

- English
  - 149 participants
  - 116 completers (78%)
  - 16 workshops

#### Chronic Disease Self-Management

- English
  - 69 participants
  - 48 completers (70%)
  - 9 workshops
- Spanish
  - 89 participants
  - 87 completers (98%)
  - 14 workshops

#### FY20 Achievements Kitchen Creations

- Number of cooking classes: 21
- Number of participants: 311
- Number of counties served: 21
- 99% of participants surveyed report satisfaction with Kitchen Creations

#### FY20 Achievements Marketing, Promotion and Referral





#### **CHWs**

"There are so many needs of patients that providers can't address in a clinical setting...It decreases the feeling of helplessness that providers have when community health workers can address the social determinants of health that have much more impact on their care."

#### Native Lifestyle Balance

"Part of the program's strength is helping people overcome their personal challenges to healthy living, like the coke cravings [she] battled. She learned how to start an herb garden and now grows mint that she adds to her family's water along with seasonal fruit."

## **FY20** Achievements:

#### **New Mexico Diabetes Advisory Council**

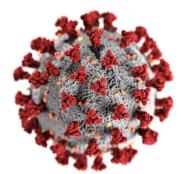
- Number of Trainings : 3
- Number of attendees: 219
- Percent of survey respondents who express overall satisfaction: 91%
- Percent of survey respondents who reported an increase in knowledge/skills: 86%
- Percent of attendees who receive continuing education units: 65%

#### **Other FY20 Achievements**

• Outreach and education in Native American and African American Communities.

#### • BRFSS – prediabetes and diabetes data

## COVID-19 Has Changed Everything...



- People with chronic conditions at high risk
- More people reached through virtual programs
- Reached individuals we haven't reached before
- More counties participating in programs

## What does the future hold?

- New program leadership and staff
- Integration with Heart Disease and Stroke Prevention Program
- Expansion of diabetes prevention and self-management education services via other methods such as telehealth.
- Continue to engage Community Health Workers and Pharmacists in diabetes prevention and control.

## FY22 Request

**\$693,056** (same as FY21)

The Diabetes Prevention and Control Program (DPCP) will continue to use the tobacco settlement funds as we have in the past, for two DPCP staff positions and diabetes and chronic disease management programs.



# **Thank You**

#### For more information contact:

Kenny Vigil Program Manager Heart Disease and Stroke Prevention Program Population and Community Health Bureau Email: <u>Kenny.vigil1@state.nm.us</u>

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