## What we offer

### For addiction and behavioral health

- Complete alcohol and substance use treatment
- Addiction medicine specialists involved in your care
- For opioid use disorder, we can start buprenorphine in the clinic or at UNM Hospital.
  We can start methadone at UNM Hospital, and work with the ASAP Clinic for ongoing methadone care during pregnancy
- Mental health services
- A plan of care based on your goals for recovery, your needs, your life story, and what you want
- Counseling
- Harm reduction and overdose prevention
- Tools for recovery
- Relapse prevention
- Case management
- Referral to psychiatric testing and treatment, if needed
- Managing medicines
- Work with FOCUS program at UNM for healthcare and addiction care for the whole family after the birth. Our goal is to keep your family together during your recovery.

## Medical care

- Prenatal care by Family Medicine experts
- Primary medical care
- Family planning birth control and outpatient vasectomy by doctors on the Milagro team
- Working with other high risk experts if needed
- Having your baby at UNM Hospital, where we will help you have your baby in your room after the birth and breastfeeding when it is possible
- Referral to childbirth classes
- Connection with other community resources









# Milagro

We provide excellent addiction services and prenatal care, to help make a brighter future for you and your baby

## What we do

The Milagro Program provides complete care for pregnant patients. You will get prenatal care from doctors and midwives at a family medicine clinic. Our doctors can be at your birth and care for your newborn at UNM Hospital.

Besides medical services, the Milagro Program provides counseling and helps with case management - helping keep track of all the services you might get in different places. We follow up with you often. Our staff of doctors, midwives, nurses and counselors work together as a team. We help you and your family go from being pregnant to having a new baby.

## Who can be in the program?

- We accept any pregnant patient who is using or has a history of substance use issues.
- If you are using or dependent on opiates, we might be able to help you with medicines that help treat addiction.
- Your team of doctors and midwives will follow you and your newborn during hospital stays. We will make a treatment plan for your specific needs.
- The Milagro Program works with community resources to make sure families keep getting complete treatment services after the baby is born.



#### Where we are

#### Clinics

## UNM Family Medicine Center

2400 Tucker NE (UNM North Campus) Albuquerque NM

UNM Southeast Heights Center for Family and Community Health 8200 Central SE Albuquerque NM

**UNM North Valley Clinic** 3401 4<sup>th</sup> Street NW Albuquerque NM

### **Phone**

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