Creating a Healthier New Mexico A Youth Perspective on Change

Andrea Gouripaga & Jackson Simpkins

Cuba High School & Eldorado High School

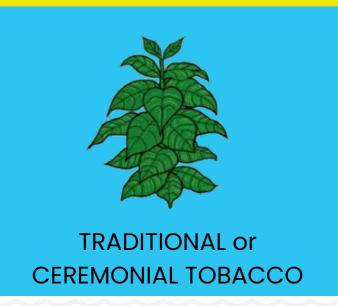


Evolvement is a statewide youth engagement movement funded by the Nicotine Use Prevention and Control (NUPAC) Program



4,400+ high school youth trained since 2010

TRADITIONAL VS COMMERCIAL





In Evolvement, we focus on commercial tobacco control.

1 in 4

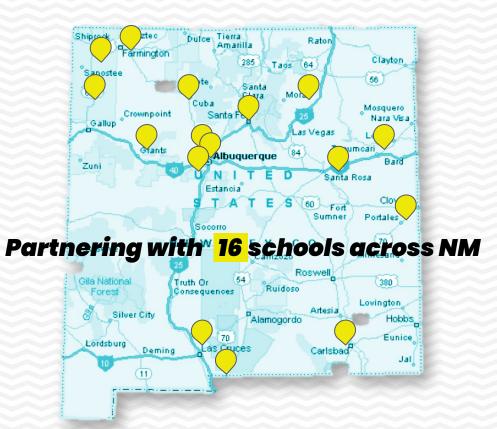
High Schoolers in NEW MEXICO report using E-Cigarettes



Of nicotine addiction starts BEFORE THE USER IS 18



OUR IMPACT







HOW IT WORKS



Evolvement Member Training

Campaign Events





Leadership Team Training Key
Decision
Maker
Meetings



HOW WE DO THIS WORK



OUR FOCUSED EFFORTS IN EVOLVEMENT





WE FOCUS ON EDUCATING

AND WORK TOWARDS POLICY CHANGE



NO MINOR SALE

An educational and advocacy campaign with a goal to: reduce the sale of nicotine products to minors.





NO MINOR SALE (§) (§) (§)









The Issue: Predatory Marketing and Flavors

Tobacco use is the leading cause of preventable death in New Mexico, and new waves of local youth are becoming addicted to nicotine-based products due to appealing flavor options.

According to the 2024 National Youth Tobacco Survey (NYTS), of the more than 1.63 million youth who currently use e-cigarettes, almost 9 out of 10 use flavored e-cigarettes. Popular flavors include: fruit, candy, desserts, other sweets, mint, and menthol.*









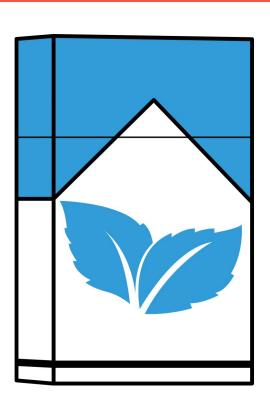


9 out of 10

youth e-cigarette users use flavored e-cigarretes.

*According to data from the 2023 National Youth Tobacco Survey (NYTS).

KEY STATISTICS



- Menthol is the last remaining flavor to be sold in combustible cigarettes.
- Menthol cigarettes are harder to quit than non-menthol cigarettes.

HEALTH EQUITY AND MENTHOL



- Over 80% of Black individuals who smoke reported using menthol cigarettes (CDC, 2024).
- 36% of LGBTQ+ people who smoke use menthol cigarettes compared to 29% of straight people who smoke (CDC, 2024).
- Over 40% of middle school and high school students who smoke reported using menthol cigarettes (CDC, 2024).

FDA REGULATIONS

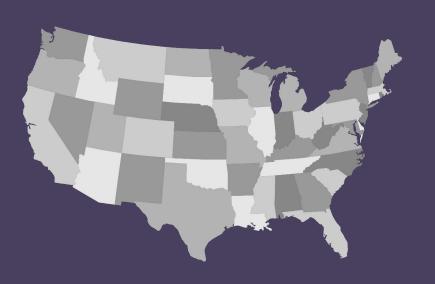


In April 2022, the FDA submitted rules to restrict the manufacturing, distribution, & sale of all menthol-flavored cigarettes & all flavored cigars.

However, the White House has officially withdrawn this rule, so we still need <u>SUPPORT for change</u>.



NICOTINE FLAVOR RESTRICTION



7 states and over 390 local governments throughout the US have addressed this issue by restricting flavored nicotine products to protect youth from the tobacco industry's predatory marketing tactics.

We can also take steps to protect our community and make a difference!*

*Campaign for Tobacco-Free Kids



CAMPAIGN EFFORTS







Community Partner Presentations



3 City Council Meetings

24/7 CAMPAIGN

Helping New Mexico schools be TRULY TOBACCO-FREE 24 hours a day, 7 days a week



New Statewide Rule

As of November 2023, there are new requirements for 100% tobacco-free policies in NM Schools

Rule 6.12.4.9 applies to 129 school districts covering 854 schools and 322,000 students, and 21,000 staff.



OUR PROGRESS



17,700+ school assessments & support cards

Met with 200+ Principals





Hosted hundreds of schoolbased events Helped 17 actively comprehensive school districts prior to the state rule





Spoken at 200+ School Board meetings

Statewide policy victory with NMPED



Partnered with the NMSBA in 2025 on updating nicotine policies

New Statewide Rule

Requirement of 100% tobacco-free policies



Main updates in requirements:

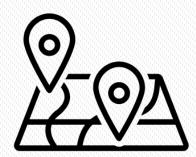
- ★ Covers all commercial nicotine & tobacco products
- ★ Applies to everyone on school property or school events.
- ★ Progressive and supportive disciplinary action.



24/7 CAMPAIGN

HOW WE SUPPORT





Helping **DISTRICTS** adopt **PED** standard tobacco-free policies





Helping individual SCHOOLS communicate & enforce tobacco-free school environments



FREE RESOURCES TO DISTRICTS

FREE BILINGUAL TOBACCO-FREE SIGNS

FREE 24/7 TOOLKIT

FACULTY TRAINING

CESSATION RESOURCES







STUDENT LEADERS SPREAD AWARENESS







Principal Meetings

School Board Meetings

Events

LOOKING AHEAD

JUUL SETTLEMENT FUNDS

- Can allow for <u>growth</u> in the Evolvement program
- A focus on elementary and middle school prevention efforts
 - Utilizing stanford curriculum and
 Evolvement members to conduct
 presentations in their communities



THANK YOU!