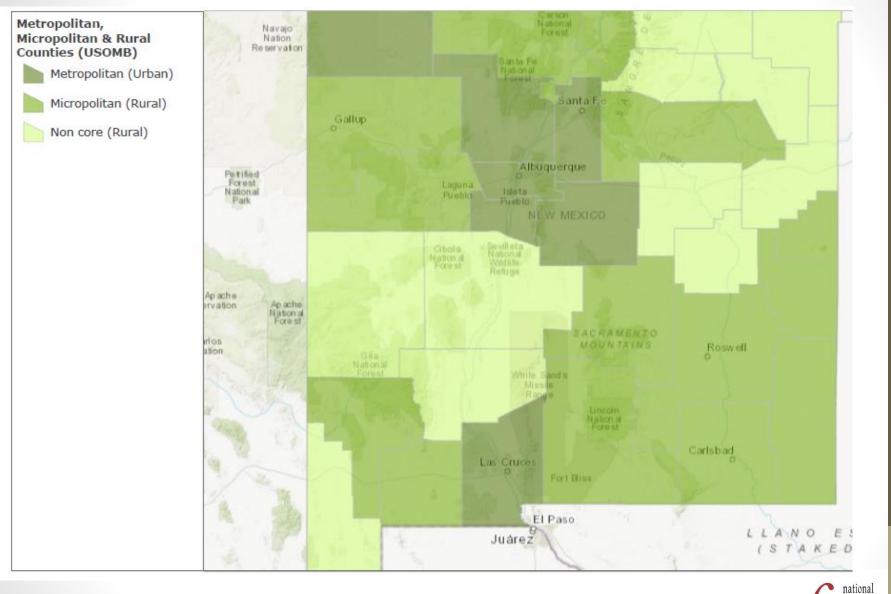


**Substance** Abuse **Prevention** in Rural and **Frontier New Mexico** 





national center rontier communities 2

NMDOH Opioid Prevention Counties

### 

OSAP Substance Abuse Prevention and Treatment (SAPT) Block Grant (Tribes)

OSAP Substance Abuse Prevention and Treatment (SAPT) Block Grant (Counties)

OSAP Partnerships for Success (PFS) Grant (Counties)

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OSAP Partnerships for Success (PFS) Grant (Universities)

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OSAP Strategic Prevention Framework -Prescription Drugs (SPF Rx) Grant

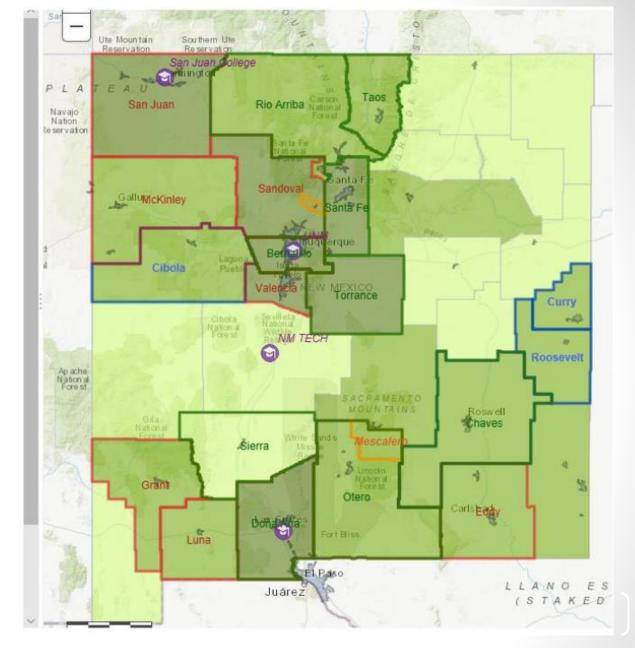
NM Urban Areas

Metropolitan, Micropolitan & Rural Counties (USOMB)

#### Source: NM Community Data Collaborative

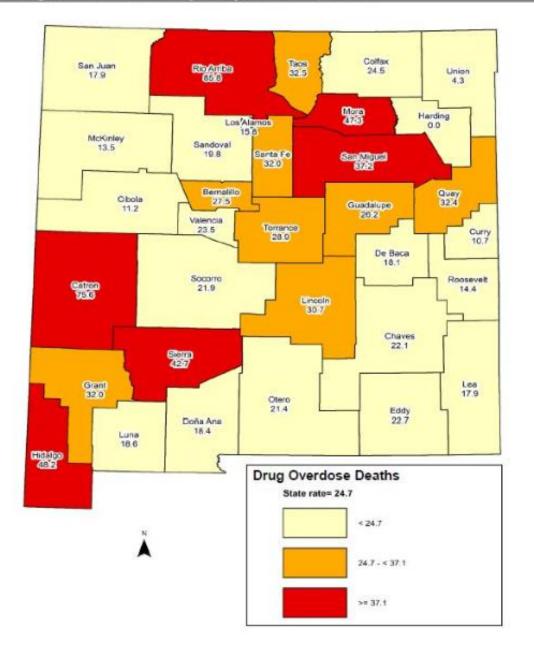
SUBSTANCE ABUSE PREVENTION FUNDING, NEW MEXICO, 2018

http://nmcdc.maps.arcgis.com/home/webmap/viewer.html?webmap=3fabd601d81a464c8698dd1c32db0d00



#### DRUG OVERDOSE DEATH (continued)

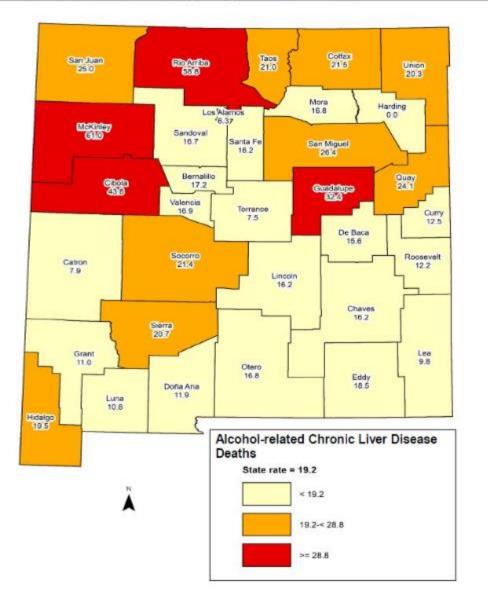
Chart 3: Drug Overdose Death Rates\* by County, New Mexico, 2012-2016



national center for communities

#### ALCOHOL-RELATED CHRONIC LIVER DISEASE (CLD) DEATH (continued)

Chart 3: Alcohol-Related CLD Death Rates' by County, New Mexico, 2012-2016

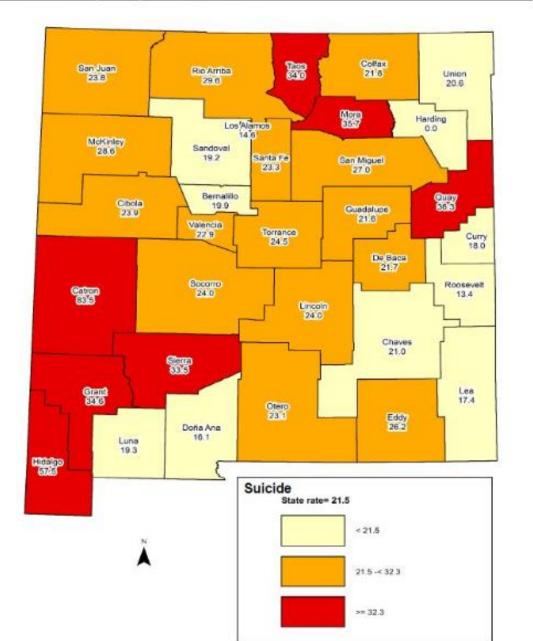




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#### SUICIDE (continued)

#### Chart 4: Suicide Rates\* by County, New Mexico, 2012-2016



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NM Age Adjusted Death Rate - Drug Overdose 2007-2016 Source: NM-IBIS	
	Deaths per 100,000 Population
Rural/Frontier	<mark>28.5</mark>
Mixed (Rural)	23.7
Small Metro	20.5
Large Metro	26.2
Total	24.3

# NM Age Adjusted Death Rate - Suicide 2007-2016

### Source: NM-IBIS

	Deaths per 100,000 Population
Rural/Frontier	<mark>27.2</mark>
Mixed (Rural)	22.3
Small Metro	19.6
Large Metro	19.6
Total	20.7

### **Behavioral Health Treatment Resources**



- Notably lacking in rural counties of New Mexico are psychiatric hospitals or residential treatment centers
- Statewide there are 13 facilities with 562 beds, but only 1 facility with 20 beds is located in a rural county.

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# Behavioral Health Care Licensed Providers

 Rural counties have 3.28 behavior health providers per 1000 population

Urban counties have 5.05 per 1000, a
54% greater rate



## Rural/Frontier Challenges:

- Isolation
- Stigma
- Transportation (lack of, cost, distance)
- Less stable data than rural communities
- Less access to treatment.
- Even less access to culturally appropriate care.
- More vulnerable



## **Solutions**

- Invest in prevention
- Reinvest in rural/frontier counties (SJM2)
- Statewide and regional multi-agency planning
- Funding criteria that considers more than population
- Rural/frontier funding set asides
- Support community driven initiatives and funding, like Total Community Approach
- Telehealth
- Flexible funding to cover transportation and other costs
- Urban and rural partnerships



### Contact

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