

## Family Connects New Mexico

Family Connects New Mexico, is an evidence-based program modeled after Duke University's Family Connects. **Family Connects New Mexico** is a community-wide nurse home visit program for families of newborns, regardless of income or socioeconomic status. Our mission is to increase child well-being by bridging the gap between family needs and community resources. Nurses will be assessing 13 domains of wellness and provide a warm hand off for families who wish to receive more long-term support at no-cost to the family. Phase one of implementation will support all residents with a newborn in 87105-Community of Albuquerque with incremental increases to eventually cover all births in New Mexico.

### HOW DID THE NEW MEXICO DEPARTMENT OF HEALTH (NMDOH) GET HERE?

The NMDOH is the recipient of an early childhood planning grant from the Thornburg Foundation. This grant supports planning for implementation of the evidenced based program Family Connects, in New Mexico. The NMDOH, through the Public Health Division, is seeking collaborative planning partners to expand community utilization of existing resources for families whose needs cannot be met within the 1 to 3 home visits completed through the Family Connects model. For these families, referrals will be equitably made to existing services in the early childhood home visiting community.

To learn more about how you can become a collaborative partner in the development of Family Connects New Mexico you can.

- Visit our website [Family Connects New Mexico](#)

- Scan QR Code



Point your smart phone camera [here](#) (then click on pop up).



- Email: [Familyconnectsnm@gmail.com](mailto:Familyconnectsnm@gmail.com)

Some of the supports provided to families through the service include education and guidance regarding:

- Newborn Care
- Breastfeeding Promotion/Support
- Parent-Child Bonding and Attachment
- Home and Personal Safety
- Positive Parenting Practices
- Childcare Selection
- Identification and Coping with Postpartum Depression,
- Parent Support for Dealing with Social Isolation, or New Family Dynamics
- Other Topics as Needed by Child and Guardian

Thank you for your consideration in partnership. Individually we all make a difference, together we can shift the paradigm for early childhood outcomes for the children of New Mexico

### PUBLIC HEALTH DIVISION

1190 St. Francis Dr., Suite 1050 • P.O. Box 26110 • Santa Fe, New Mexico • 87502  
(505) 827-2389 • FAX: (505) 827-2329 • [www.nmhealth.org](http://www.nmhealth.org)

