### SFCC First Born ® Home Visiting

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# First Born® Program History

The First Born® program, provides high-quality home visiting services from prenatal to three to families.

- The program began in Grant County in 1997 and has expanded to 19 counties across the state.
- LANL Foundation supported growth & expansion
- In 2018 the program transitioned to SFCC
- 2018 Stats The program provided home visiting services to over 1,697 families correlating to 23,508 visits.



# **Program Overview**

- Prevention model based on regular home visits from pregnancy to three years old.
- Key areas of the program
  - Regular Visits
    - 40 visits in the first year
  - Promoting children's health & developmental outcomes
  - Supporting Family Goals
  - Screening and Referrals
  - Building parent confidence and skills
  - Use of core curriculum



#### Research

- RAND Corporation Conducted Independent Randomized Control Trial
  - Findings Include
    - Reductions in unnecessary hospital utilization
    - Reductions in child related accidents
    - Parents report improved parenting practices
  - Research Continued
    - Longitudinal Study continuing (RAND)
    - UNM CCPI How do families access services from referrals?
      - Study is in process but themes are emerging
  - HomVee process is in review



## Accomplishments in the first year

- The Challenge How do we support a diverse workforce?
  - Refresher Trainings
  - Swivel (Training Tool)
  - Linked training and credited course work to a certificate
    - Online Community Health Worker
  - Provide Supervision for programs in need
- Program refresh
  - New Website
  - Curriculum
- Continued Research
- Annual Report partnered with CYFD & UNM
- Meeting Community Needs (annual updates from the field)



## Where we are going

- Continued Training
  - Dual Credit
  - Micro Credentialing
  - Trainers on Trauma Informed Care with Dr. Bruce Perry's Organization
- Medicaid reimbursement expansion
  - Waiver 1115 stipulates language for expanding programs and CHW
    - Definitions for what is emerging evidence
    - Identify counties to expand
- Shared Services to Support Programs
  - HR
  - Finance
  - Benefits
- Data System
- Building Capacity Leadership



#### Recommendations

How can we continue to support families

- Expand Medicaid Pilot
  - Requires defining counties and emerging research
- Centralized resource and referral system
  - Support easy referrals by doctors, midwives, and nurses to a program the family chooses
- Messaging
- Innovation to support workforce



### What we want you to remember

# **Home Visiting Works!**

- Expand home visiting by blending Medicaid financing & State Funding
- State Goal How many families?
- Thank you for RPSP Support!



# First Born State Team Fall 2019 Attending Early Childhood Conference



### Thank you & Questions

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