

### Regulatory Authority

- What does OSI regulate?
  - Individual commercial health plans
  - Small group commercial health plans
  - Large group health plans
  - Enforces consumer protections for public employees
  - Enforces consumer protections for blanket student health plans



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## Premium Rate Development

- How do insurance companies price their insurance premiums?
  - Past years' experience
    - Who was in the population of their risk pool? (sick, healthy, a mix?)
    - What did they pay out in claims? (lots of accidents, care trends)
  - Predict next year's experience
    - Changes in market competition?
    - New insurance mandates? Elimination of insurance mandates?
    - Changes in state or federal policy impacting profits/losses?
    - Expected enforcement actions



### Premium Rate Development

- 2018 Plan Year Uncertainty
  - ACA Repeal and Replace Uncertainty
  - Cost-sharing reduction funding uncertainty
  - Alexander-Murray legislation
  - Regulatory changes and executive orders
  - Individual mandate enforcement uncertainty



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#### Impact and Action

- What has been or will be the impact on consumers?
  - Financial assistance programs
  - Premium increases (or, conversely, decreases)
  - Essential Health Benefits



### How Does Financial Help Work?



- **Premium Tax Credits** can be used on monthly premium payments (or taken as a lump sum at the end of the year).
- Subsidies lower the costs you pay outof-pocket for health care services (CSRs)
- **Out-of-pocket Limits** how much you pay for In-Network services

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### Financial Assistance Eligibility

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Household	If you make above x amount	If you make less than y
size	per year/month	amount per year/month
1 person	\$16,400/\$1,367	\$47,550/\$3,963
2 people	\$22,100/ \$1,842	\$64,100/\$5,341
3 people	\$27,800/\$2,317	\$84,650/\$7,054
4 people	\$33,600/\$2,800	\$97,200/\$8,100
5 people	\$39,250/\$3,270	\$113,800/\$9,483
6 people	\$44,950/\$3,745	\$130,300/\$10,858

Consumers only get financial help if they buy coverage through the health insurance marketplace.

# Examples of Tax Credits for Family of Four (2016)

Percent of Income as Percentage of Poverty Level	Annual Income	Premium Contribution as a Percentage of Income	Monthly Maximum Premium Amount
138%	\$33,600	3.3%	\$92
150%	\$36,450	4.0%	\$122
200%	\$48,600	6.3%	\$255
250%	\$60,750	8.1%	\$410
300%	<b>\$72,9</b> 00	9.5%	\$577
400%	\$97,200	9.5%	\$770





### What's the Deal with Silver Plans?

- Silver plans on the Exchange are a good deal!
- If you have a lower household income, you may be eligible for financial help for your out-of-pocket healthcare expenses.
  - Income at or less than 250% of the federal poverty level
- This financial help is called a subsidy or COST SHARING REDUCTION

Household Size	Max Income Level for Subsidy
1	\$29,700
2	\$40,050
3	\$50,400
4	\$60,750
5	\$71,100



## Benefits Covered By Exchange Plans

Qualified Health Plans cover Essential Health Benefits which include at least these 10 categories

Ambulatory patient services	Prescription drugs	
Emergency services	Rehabilitative and habilitative services and devices	
Hospitalization	Laboratory services	
Maternity and newborn care	Preventive and wellness services and chronic disease management	
Mental health and substance use disorder services, including behavioral health treatment	Pediatric services, including oral and vision care	



### Health Plan Comparison Tool



### Health Plan Comparison Tool

- OSICompareHealthPlans.org
  - On- AND Off-Exchange Plans
  - Consumers
  - Agents and Brokers

- OnEx.OSICompareHealthPlans.org
  - On-Exchange Plans Only
  - beWellnm
  - Enrollment Counselors



## Grievances and Appeals

- For specific instances of claims denials, terminations, improper medical management application:
  - Call your insurance company FIRST and file a complaint:
    - Molina: 1-888-295-7651
    - New Mexico Health Connections: 1-855-7MYNMHC
    - Christus Health Plan: 1-800-659-8331
    - Blue Cross Blue Shield of NM: 1-866-236-1702
    - Presbyterian: 1-800-356-2219
  - OSI Managed Health Care Division (1-855-4ASK-OSI or 1-855-427-5674)
    - <u>http://www.osi.state.nm.us/consumer-assistance/forms/managed-healthcare.html</u>

