

## SERVICES

ist individuals in creating and healthy lives through our which focus on mental wellness, personal growth. Our practical ple at their current situation and oport for each step of their journey.

### NSELING

o therapy and tailored to the unique it s

### TIENT

therapy for those struggling to continue living at home and fe ose who need support but do tient program

### NT

velop life skills, secure mployment ng resources and navigating

Is to overcome challenges and cess

## JUSTICE INVOLVED SERVICES

- Peer-led recovery classes in the Eddy County Detention Center
- Inmates learn recovery skills to help transition back into daily life
- Provides transitional case management and support after release

## RESIDENTIAL TREATMENT

- For persistent substance use challenges
- Safe, structured environment for healing and creating a new, healthy way of living
- Personalized action plans with a dedicated care team
- Life skills development and counseling (individual & group)
- Access to primary medical services

## SOBER LIVING

- A supportive transitional housing environment where residents work toward independence and maintain a substance-free lifestyle
- Homes are overseen and managed by a peer support worker
- Residents meet regularly with peer support workers both individually and in groups

## MEDICALLY MONITORED DETOX

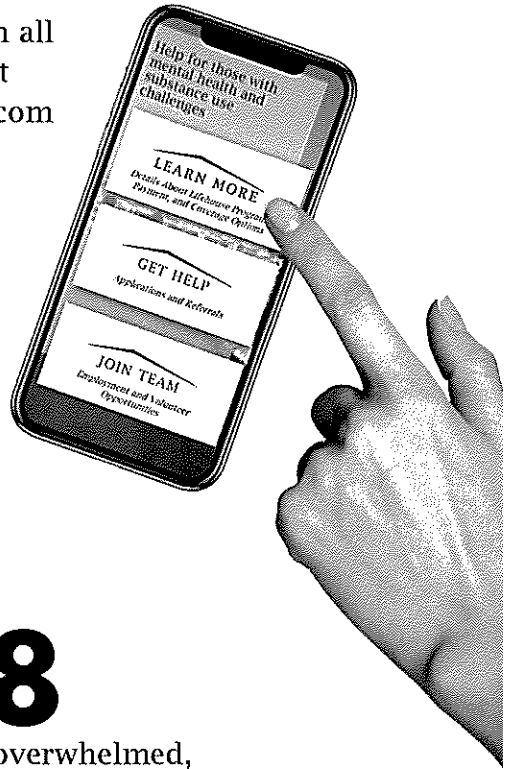
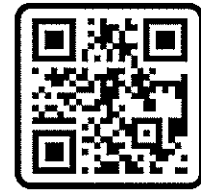
- Safe withdrawal made as comfortable as possible
- Medical professionals monitor physical and mental health continuously

## COMMUNITY RESPONSE TEAM

- 24/7 mobile crisis services across Eddy County
- In-person responses and referrals based on individual needs

For more information on all Lifehouse programs visit [www.lifehousecarlsbad.com](http://www.lifehousecarlsbad.com) or scan the code below.

Scan Here



# CALL 988

if you are feeling hopeless, overwhelmed, or struggling with substance use, mental health, trauma, or loss.

## WE ARE HERE FOR YOU

- 575-725-5552
- 1900 Westridge Rd, Carlsbad, NM
- [www.lifehousecarlsbad.com](http://www.lifehousecarlsbad.com)
- [carlsbadlifehouse@gmail.com](mailto:carlsbadlifehouse@gmail.com)
- @carlsbadlifehouse
- @carlsbad\_lifehouse
- @carlsbadlifehouse
- [linkedin.com/company/carlsbad-lifehouse](https://www.linkedin.com/company/carlsbad-lifehouse)

## MENTAL HEALTH FIRST AID

Mental Health First Aid gives you the skills to **recognize** when someone is struggling, **respond** with confidence, and **connect** them to the right support just like CPR, but for mental health. It's **practical, lifesaving training** that empowers you to step up and make a real difference.

## THE SEVEN CHALLENGES®

Lifehouse utilizes The Seven Challenges® curriculum in **Intensive Outpatient Therapy (IOP)** groups for **adults and adolescents**. This program offers support without judgment. It helps individuals make informed decisions, address substance use issues, and build a successful future.

## MEDICATION ASSISTED TREATMENT

Our Medication-Assisted Treatment (MAT) program supports individuals with **persistent substance use challenges** through long-acting injectable medications, providing **consistent care without daily dosing**.

## FAMILY EMPOWERMENT PROJECT

For **family members and loved ones** of individuals struggling with substance use challenges.

## ASSERTIVE COMMUNITY TREATMENT

Assertive Community Treatment (ACT) provides personalized, community-based support for **individuals with serious mental health needs** through a multidisciplinary team. This comprehensive care includes **therapy, medical treatment, and daily living assistance**, aiming to reduce hospitalization, homelessness, and incarceration while **empowering clients toward stability and independence**.

## TO ACCESS LIFEHOUSE SERVICES

CALL

575-725-5552

VISIT

[lifehousecarlsbad.com/gethelp](http://lifehousecarlsbad.com/gethelp)  
or scan the code above

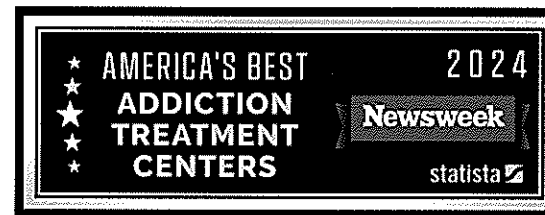
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# LIFEHc

HELP FOR THOSE  
MENTAL HEALTH & SUBSTANCE  
CHALLENGE



## NEW MEXICO'S TOP RANKED ADDICTION TREATMENT CENTER