

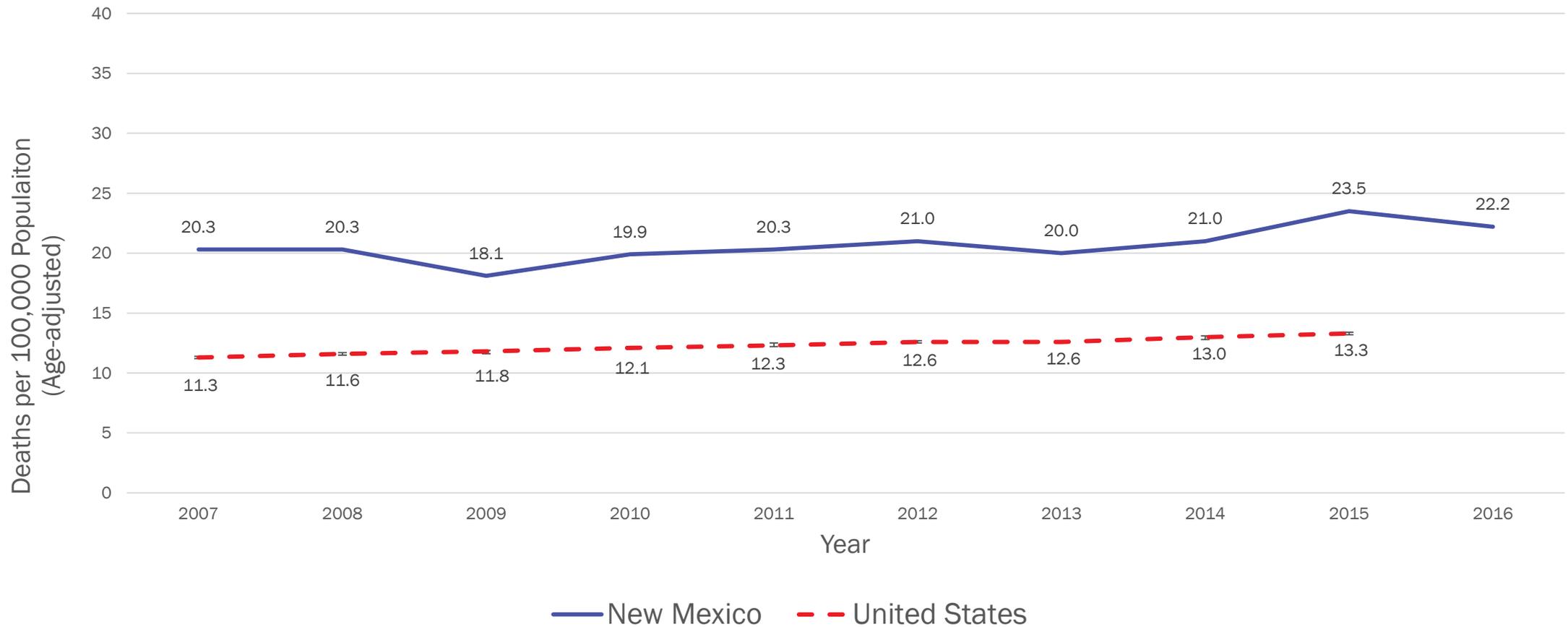
SUICIDE BY AMERICAN INDIAN YOUTH IN NEW MEXICO

CAROL MOSS, MS

MENTAL HEALTH EPIDEMIOLOGIST
EPIDEMIOLOGY AND RESPONSE DIVISION
NEW MEXICO DEPARTMENT OF HEALTH

SUICIDE

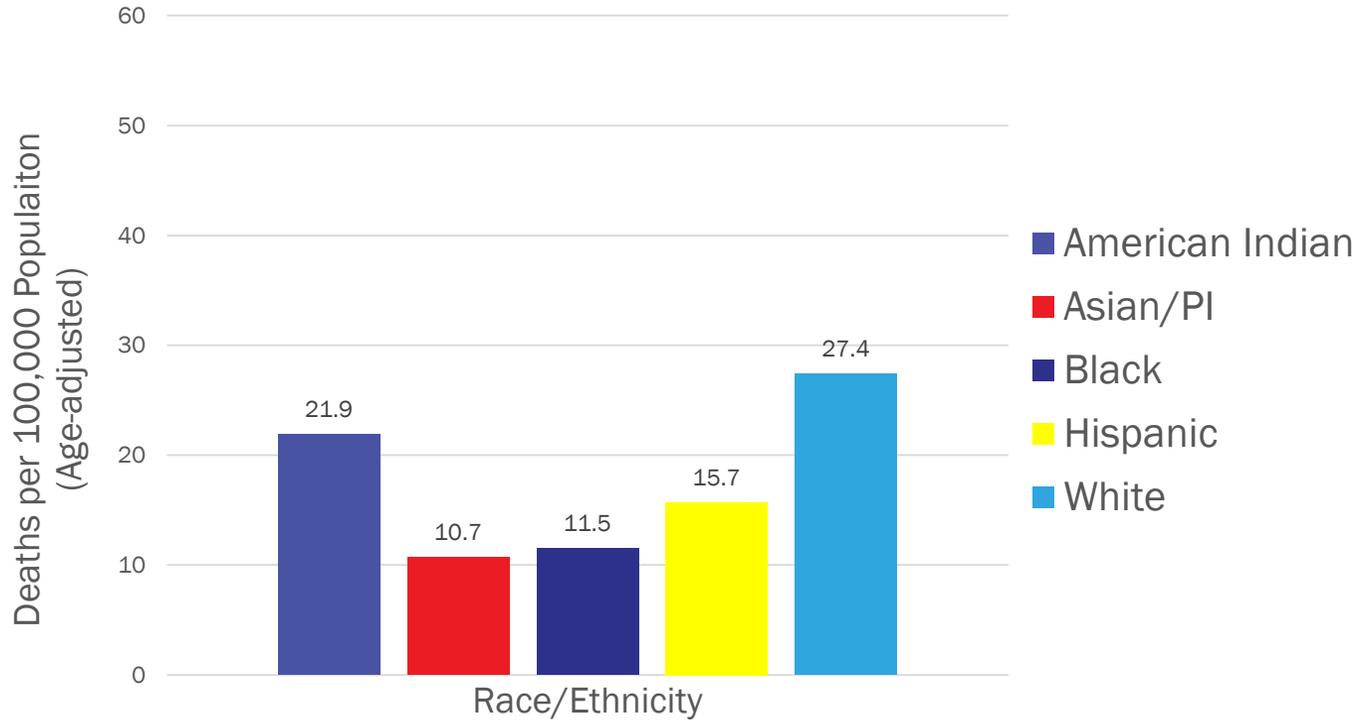
By Year, New Mexico and U.S., 2007-2016



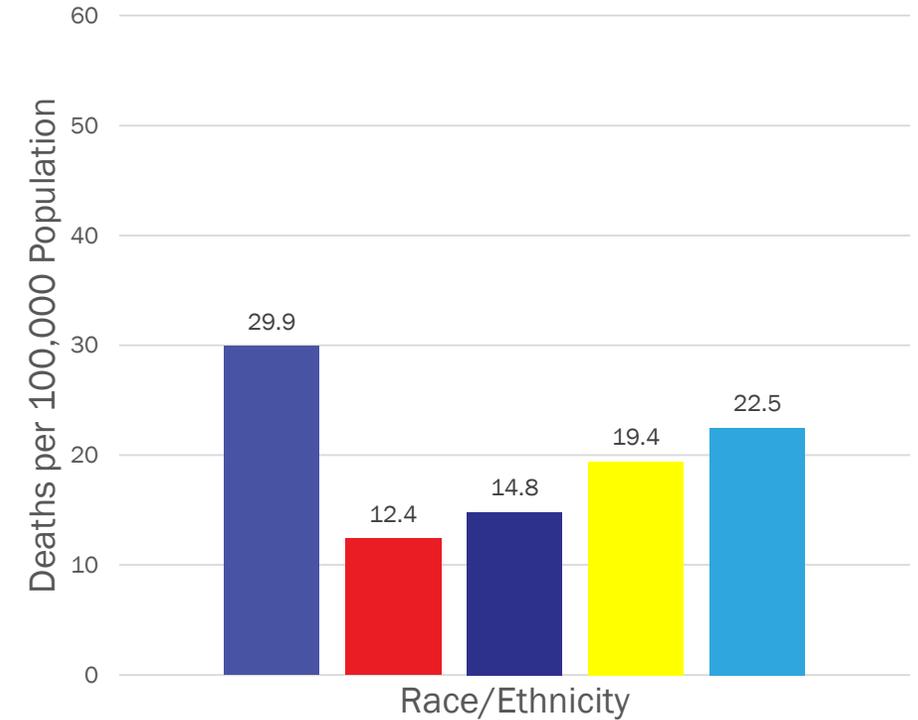
SUICIDE

By Race/Ethnicity, All Ages and 15-24 Years, New Mexico, 2012-2016

ALL AGES

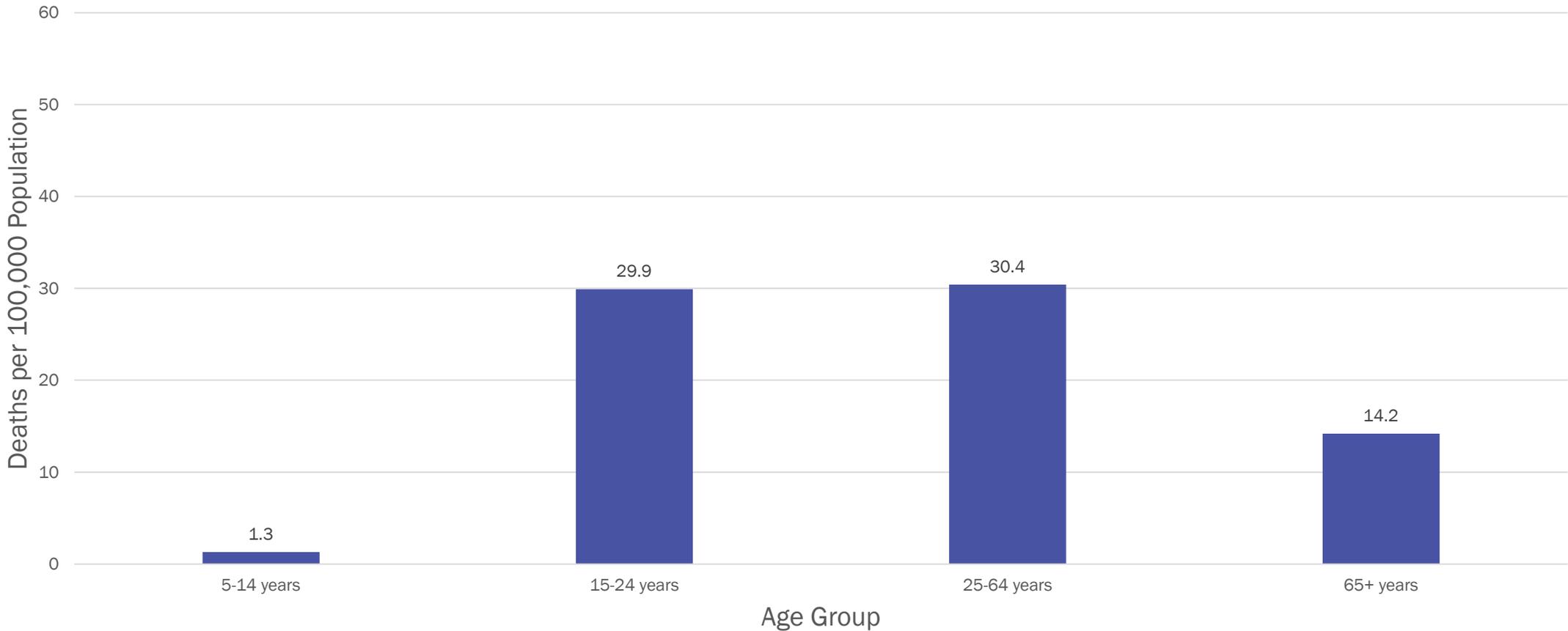


YOUTH



AMERICAN INDIAN SUICIDE

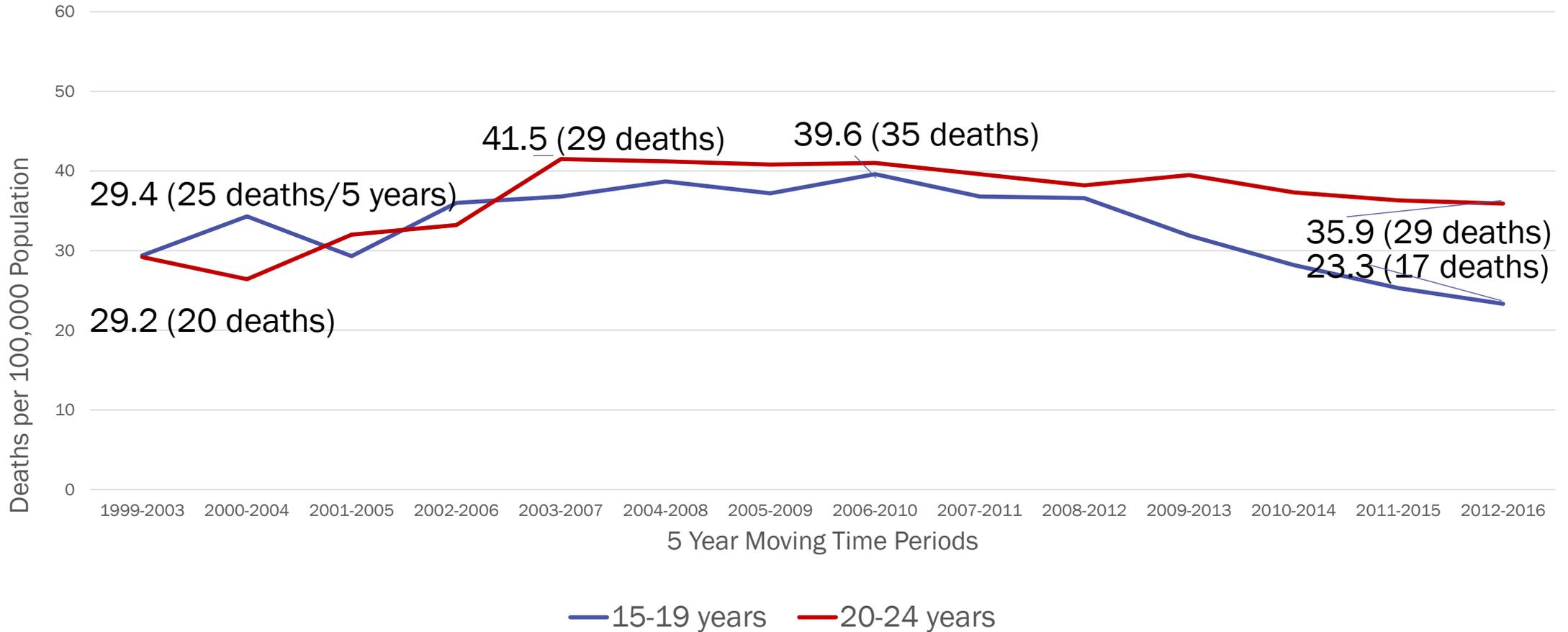
By Age Group, New Mexico, 2012-2016



Sources: NMDOH BVRHS death files and UNM-GPS population files. Retrieved on October 23, 2017, from New Mexico Department of Health's Indicator-Based Information System for Public Health website: <http://ibis.health.state.nm.us/>.

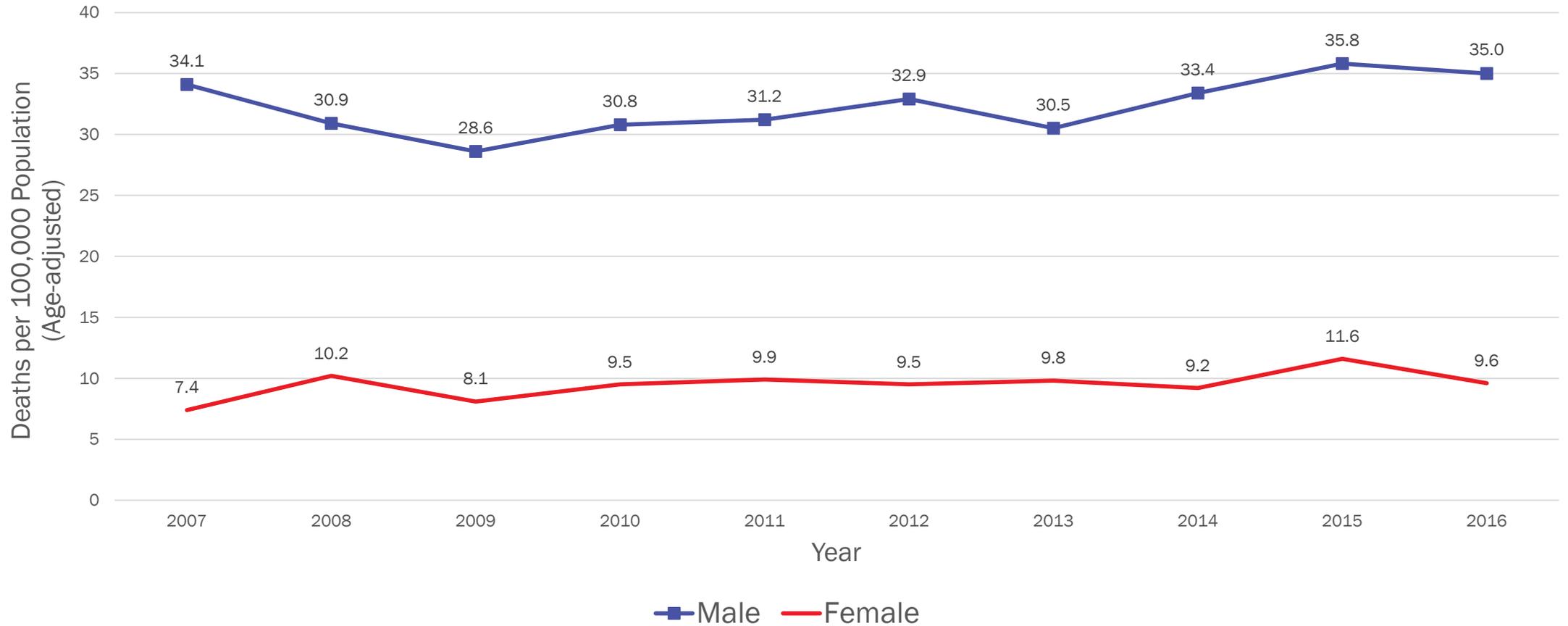
AMERICAN INDIAN YOUTH SUICIDE

By 5 Year Moving Time Period, 15-24 Years, New Mexico, 1999-2016



SUICIDE

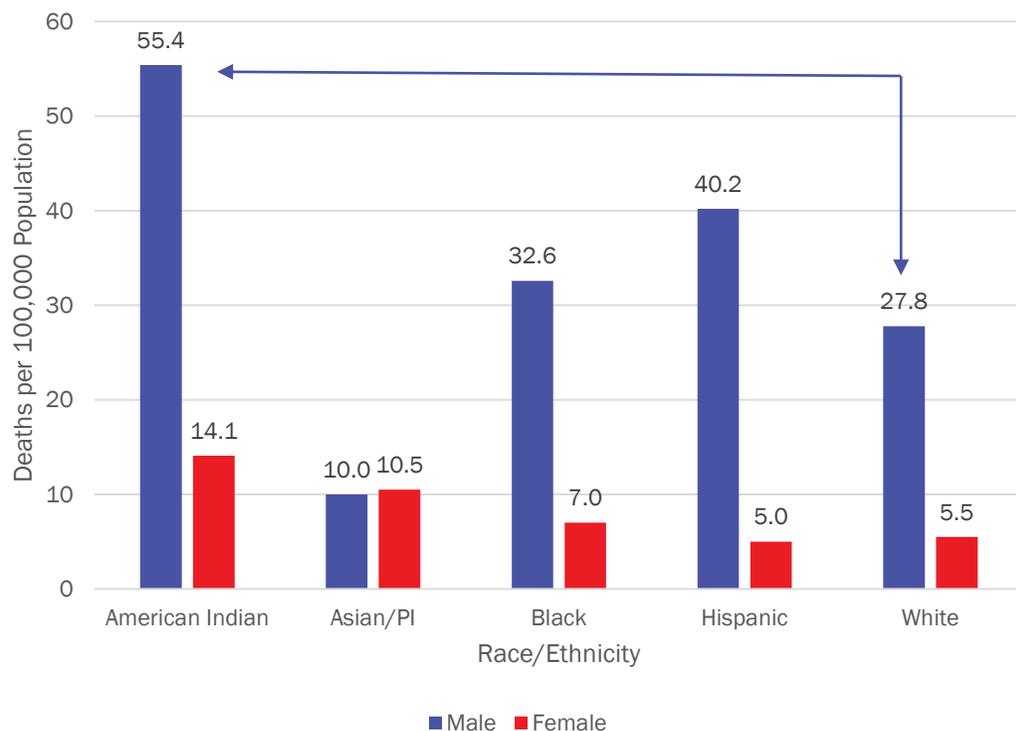
By Year and Sex, New Mexico, 2007-2016



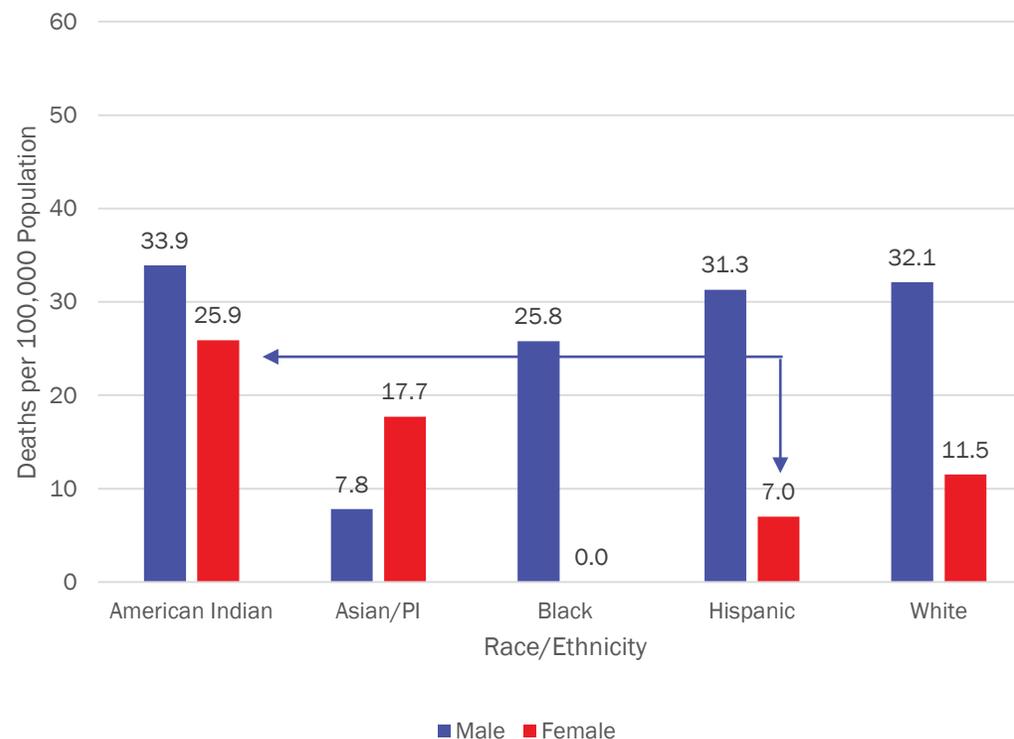
YOUTH SUICIDE

By Race/Ethnicity, Sex and Two Time Periods, 15-24 Years, New Mexico

2002-2006

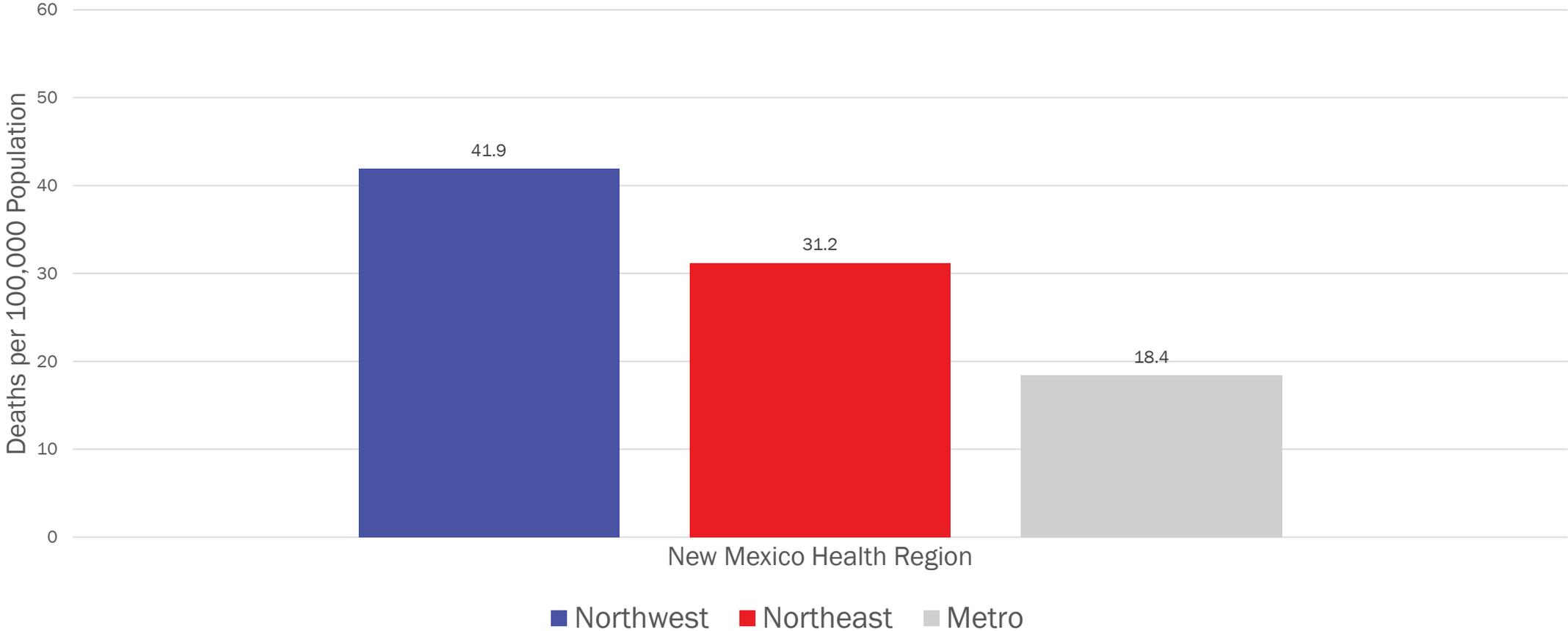


2012-2016



AMERICAN INDIAN YOUTH SUICIDE

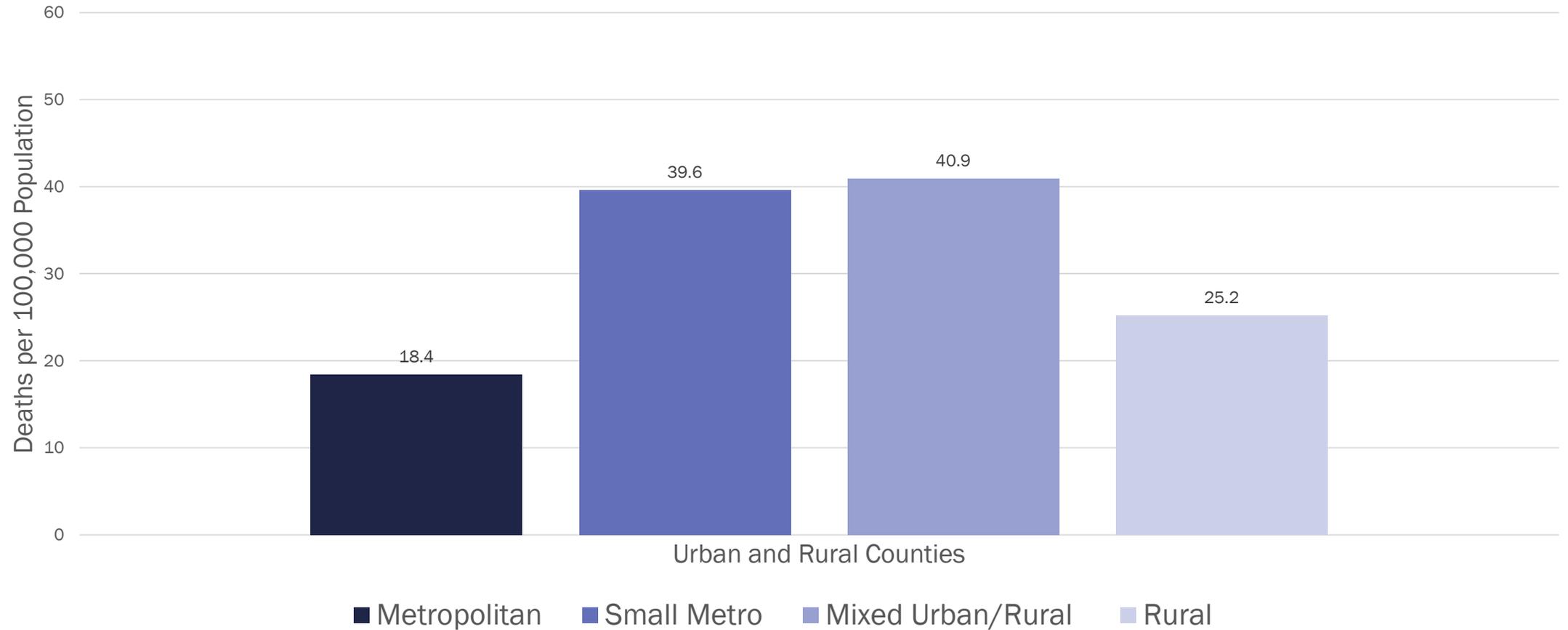
By Three Health Regions, 15-24 Years, New Mexico, 2002-2016



Sources: NMDOH BVRHS death files and UNM-GPS population files. Retrieved on October 23, 2017, from New Mexico Department of Health's Indicator-Based Information System for Public Health website: <http://ibis.health.state.nm.us/>.

AMERICAN INDIAN YOUTH SUICIDE

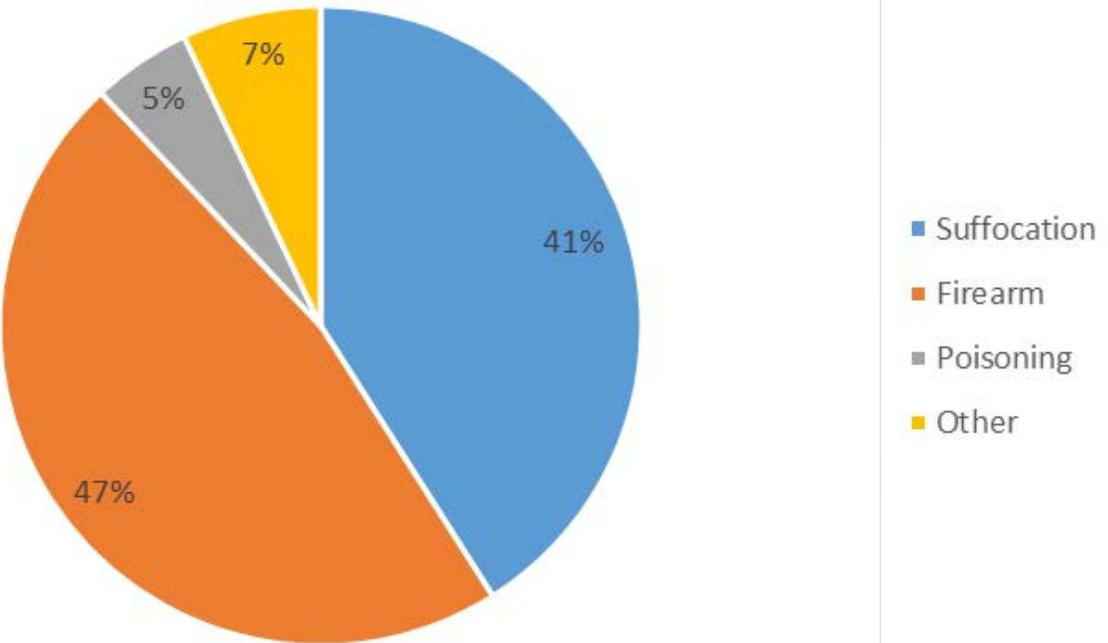
By Urban and Rural Counties, 15-24 Years, New Mexico, 2002-2016



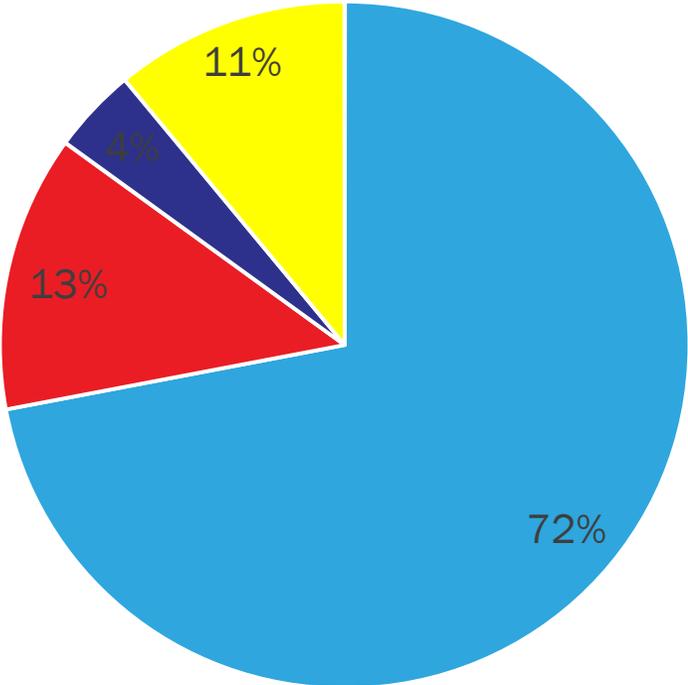
YOUTH SUICIDE

By Method of Death, 15-24 Years, New Mexico, 2012-2016

All Youth



American Indian Youth



Sources: NMDOH BVRHS death files and UNM-GPS population files. Retrieved on October 23, 2017, from New Mexico Department of Health's Indicator-Based Information System for Public Health website: <http://ibis.health.state.nm.us/>.

EVIDENCE-BASED SUICIDE PREVENTION PROGRAMS

Community Interventions

- Gatekeeper Training (*ASIST, Garret Lee Smith*)
- Crisis intervention (*National Suicide Prevention Lifeline*)
- Reduce access to lethal means among persons at risk for suicide (hot spots, safe storage, *ED-CALM*)
- Parenting skill and family relationship programs (*The Incredible Years, Strengthening Families*)
- Community engagement activities (Greening vacant urban spaces)
- Postvention (*StandBy Response Service*)
- Safe reporting/messaging about suicide (Media guidelines)

Clinical Interventions

- Treatment for people at risk of suicide (*IMPACT, CAMS, DBT, ABFT, TIDES*)
- Treatment to prevent re-attempts (*ED Brief Intervention with Follow-up Visits*)

School-based Interventions

- Peer norm programs (*Sources of Strength*)
- Social-emotional learning programs (*Youth Aware of Mental Health, Good Behavior Game*)

Organizational Interventions

- Safer suicide care through systems change (*Zero Suicide*)
- Organizational policies and culture (*Together for Life, USAF Suicide Prevention, Correctional suicide prevention*)

Policy Interventions

- Strengthen household financial security (Unemployment benefits, Other income supports)
- Housing stabilization policies (*Neighborhood Stabilization Program*)
- Coverage of mental health conditions in insurance policies (Mental health parity laws)
- Reduce provider shortages in underserved areas (*Nat'l Health Service Corps, Telemental Health*)
- Community-based policies to reduce excessive alcohol use (Alcohol outlet density)

Lead Sector

 Public Health

STRATEGIES AND APPROACHES TO PREVENT SUICIDE USING BEST AVAILABLE EVIDENCE

Strategy	Approach/Program, Practice or Policy	Currently Implemented in NM
Create protective environments	Reduce access to lethal means among persons at risk of suicide	
	<i>Intervening at suicide hot spots</i>	
	<i>Safe storage practices</i>	Am. Fdn. for Suicide Prevention (AFSP)/Nat'l Shooting Sports Fdn pilot
	<i>Emergency Department Counseling on Access to Lethal Means (ED-CALM)</i>	
Promote connectedness	Peer norm programs	
	<i>Sources of Strength</i>	
	Community engagement activities	
	<i>Greening vacant urban spaces</i>	
Teach coping and problem-solving skills	Social-emotional learning programs	
	<i>Youth Aware of Mental Health Program</i>	
	<i>Good Behavior Game</i>	PAX Good Behavior Game pilot - BHSD/OSAP
	Parenting skill and family relationship programs	
	<i>The Incredible Years</i>	
Identify and support people at risk	<i>Strengthening Families 10-14</i>	
	Gatekeeper training	
	<i>Applied Suicide Intervention Skills Training (ASIST)</i>	Question, Persuade, Refer (QPR) - DOH/OSAH
	<i>Garrett Lee Smith Suicide Prevention Program</i>	
	Crisis intervention	
	<i>National Suicide Prevention Lifeline</i>	New Mexico Crisis and Access Line (NMCAL)
Lessen harms and prevent future risk	Safe reporting and messaging about suicide	
	<i>Media Guidelines</i>	

CURRENT NMDOH RESPONSE

- Train community members in evidence-based suicide prevention programs
- Follow safe reporting and messaging about suicide
- Initiate syndromic surveillance of Emergency Department (ED) admissions for self-inflicted injury
- Conduct community-based data presentations
- Hire Suicide Prevention Coordinator to support development and implementation of prevention strategies for communities having elevated risk of suicide attempts



THANK YOU FOR YOUR INTEREST!

Carol Moss, MS
Mental Health Epidemiologist
505-476-1440
Carol.Moss@state.nm.us

