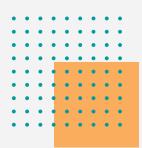


### Resident Presentation to the NM Legislative Health & Human Services Committee

August 30, 2023 Mingma L. Sherpa, M.D., M.S. Destinie Marquez, M.D. Emmeline Friedman, M.D.







### **UNM Hospital Residencies Per Class**





### MLandscape

Data: NM Workforce Data Report. Non-practicing providers excluded beginning in 2019.

- UNM is the only OBGYN residency program in NM.
- What we know: NM students that become NM residents stay in our state.
- Residency Only- 19.8%
- MD only-21.6%
- MD + Residency- 53.1%
- BA/MD+Residency- 61%

	2019	2020	2021
PCP's			
# in New Mexico	1,581	1,607	1,649
# below benchmark	336	328	334
OBGYN's			
# in New Mexico	230	229	219
# below benchmark	59	56	59
General Surgeons			
# in New Mexico	155	154	159
# below benchmark	11	10	10
Psychiatrists			
# in New Mexico	296	305	309
# below benchmark	106	117	119

Retention data: 2022 UNM Location Report

### What is a resident & what do we do?





### Why New Mexico? Why UNM?

- UNM is the only OBGYN residency program in the state
- 6 OBGYN residents per year
  - $\circ$   $\,$  Focus on student connection to NM  $\,$
- UNM fills OBGYN residency slots each year
- Why we came here. Why we stayed here.
- Rural training & rotations





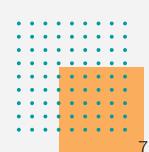
## Identifying Opportunities for Provider Recruitment & Retention

- 1. Social Supports for Patients Results in Support for Providers
  - 2. Strengthening Resident Opportunities Keeps Providers
    - 3. Key Recruitment Initiatives

# Expanding Social Supports for Patients

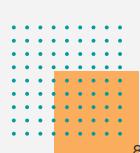
1. Insurance for All

- 2. Transportation Infrastructure
  - 3. Eliminating Food Deserts



## Keeping Residents by Establishing Community

Current Strengths
Resident pay- saving for a future in NM
More rural hospital partners for expanded experiences



## After Residency: What Will We Look For?

- 1. States with more social supports for historically marginalized communities
- 2. Communities that allow specialists to practice their full scope of care without judgement or political barriers
- 3. Competitive provider pay
- 4. Support staff
- 5. Childcare
- 6. Friendly leave policies
- 7. Loan forgiveness and downpayment assistance

## Takeaways:

- 1. Helping patients attracts providers
- 2. Providing living incentives makes NM competitive
- 3. Ensuring adequate staffing reduces burnout







## Recommendations: Legislation to Attract & Retain Providers



Recruitment Incentives

- Competitive pay
- Loan forgiveness
- Down Payment Assistance



Mental Health & Preventing Burnout

- Insurance for all
- Patient safety nets
- Safe & adequate staffing
- Gun safety legislation
- Support full scope of practice w/o political barriers



Home Life & Family Support

- Affordable housing (patients and residents)
- Paid Family Medical Leave
- Investment in childcare w/ institutional hours

