

2018-2019

# NDI NEW MEXICO



teaching  
children  
excellence

**THE HILAND**  
4800 Central Avenue SE | Albuquerque, NM 87108 | P 505.872.1800

**THE DANCE BARN**  
1140 Alto Street | Santa Fe, NM 87501 | P 505.983.7646 | [ndi-nm.org](http://ndi-nm.org)

# OUR MISSION:

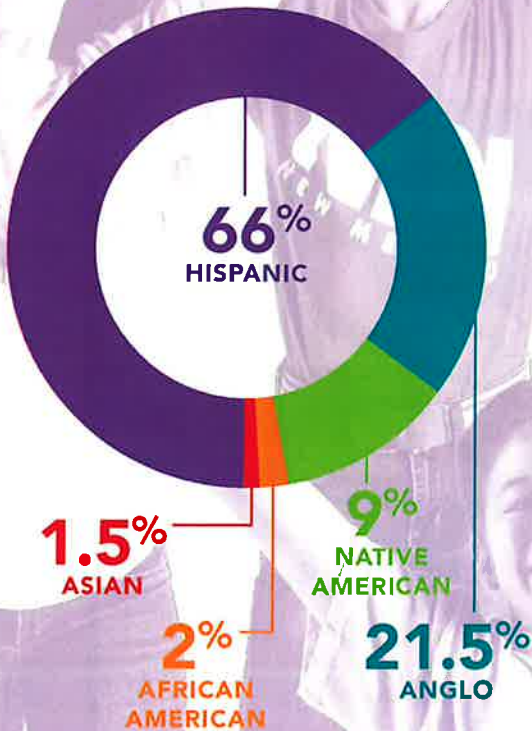
NDI New Mexico is founded with the knowledge that the arts have a unique power to engage and motivate children. The purpose of our distinctive programs is to help children develop discipline, a standard of excellence, and a belief in themselves that will carry over into all aspects of their lives.





# WHO WE SERVE

Demographics of NDI New Mexico Students



NDI New Mexico Students Qualifying for the Federal Free or Reduced Cost Meal Program

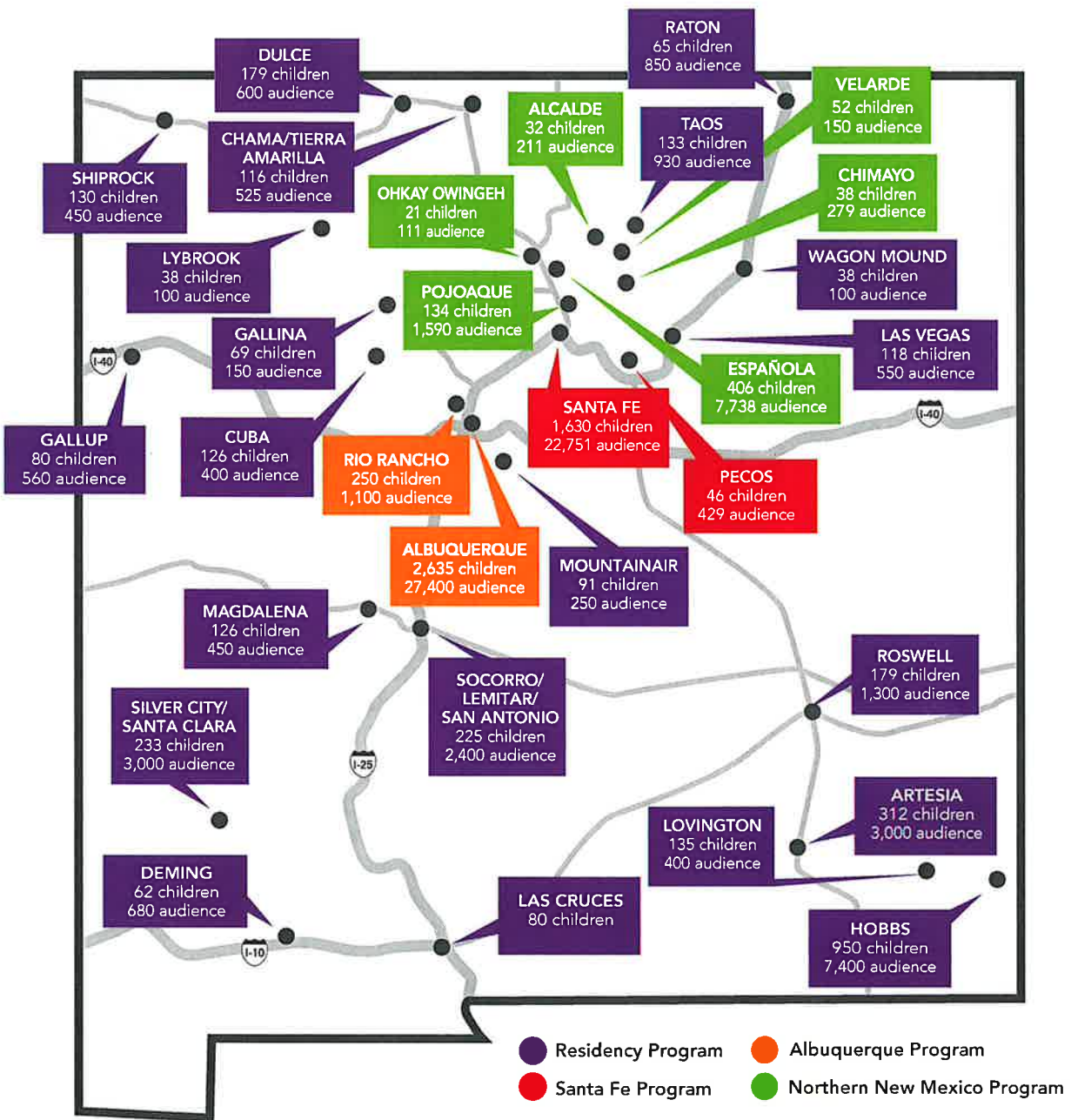


Guided by our belief in children, NDI New Mexico is committed to social responsibility, sustainability, and financial integrity.

Serving a diverse population of children in schools and communities, NDI New Mexico is committed to serving those with the greatest need throughout the state. Our after-school programs create opportunities for children to participate in and benefit from extracurricular high-quality arts education.

We believe every child holds the capacity to learn how to work hard, never give up, and strive for excellence by always doing their best – in a team, on their own, or while working towards a goal. All children are offered the opportunity to experience success in achieving goals through hard work, thereby learning essential leadership skills that will carry over into all aspects of their lives and change the picture of New Mexico's future.

# STATEWIDE IMPACT







“NDI New Mexico gets children moving, and motivates them to try their best, never give up, and work toward their goals.

- Larry Martin  
Burney Parent

# SINCE 1994

NDI New Mexico has served over **100,000 CHILDREN** throughout New Mexico

## IN 2018-19 NDI NEW MEXICO WILL REACH:

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### 3,317

Children in elementary schools in Albuquerque, Rio Rancho, Santa Fe & Northern New Mexico

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### 3,057

Children through Statewide Residencies

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### 1,370

Children through dance and performing arts at The Dance Barns and The Hiland

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### 996

Children through After-School Advanced Training Teams in Albuquerque, Santa Fe & Northern New Mexico

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### 380

Children through Community Partnership Programs and Teacher Training



# Measurable RESULTS

NDI New Mexico's culture of assessment and evaluation ensures that programs and instructors have a deep positive impact on children.

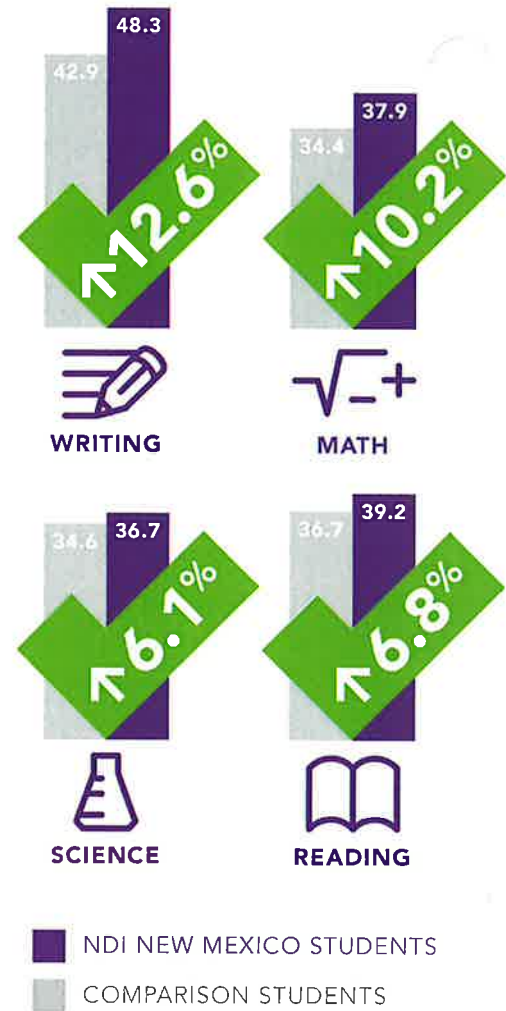
After more than ten years of independent, scientific evaluations, NDI New Mexico has a strong body of data documenting the positive effects of our programming. Data shows that, on average, NDI New Mexico students' GPAs are 30-40% higher than those of their peers.

NDI New Mexico continually evaluates the impact of its programs and holds a respectable body of results from data collected from students, alumni, parents, classroom teachers, and principals. The outcomes consistently show that NDI New Mexico programs are positively affecting the development of executive function skills such as focus, paying attention, perseverance, self-control, setting and achieving goals and planning and prioritizing.

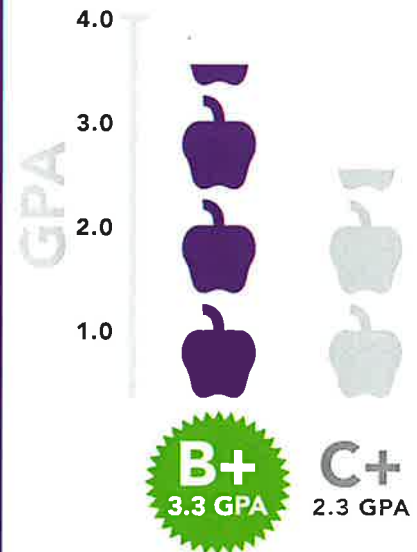
Our instructors play a major role in achieving these outcomes. To best measure the factors that contribute to engaging students and helping them develop skills and behaviors for success in school and life, we discovered the work of Dr. Joan Duda, Ph.D., the sports psychology consultant to the U.S. Women's Gymnastics Olympic team which won the gold medal at the Atlanta 1996 Games.

NDI New Mexico has been exploring the possibility of working with Dr. Duda and her colleague Erin Sanchez, who feel NDI New Mexico has a unique setting – one in which individual effort and development, teamwork, and a commitment to personal excellence define engagement with dance. The philosophical connections of Dr. Duda's research along with our body of research could be investigated to understand how NDI New Mexico's programs are impacting young people's psychological well-being.

## NDI students show higher SBA test scores in all 4 areas of core curriculum



## NDI New Mexico students receive up to one grade higher than other students in their district



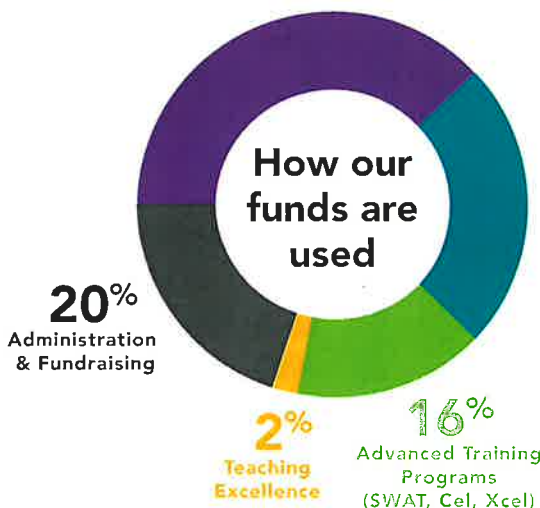




Every donation makes a difference that can last a lifetime to a child.

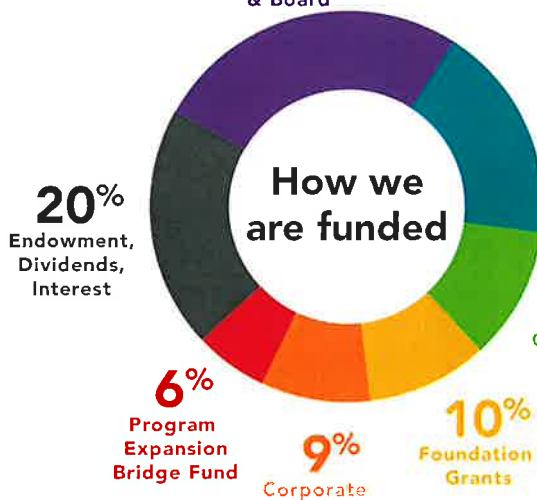
Your generous support helps NDI New Mexico teach children perseverance, confidence, and discipline. Making an immediate gift, pledging to give over time, or deferring your gift to leave a legacy will create a brighter future for the children of New Mexico.

**38%**  
In-School Programs & Residencies



**24%**  
Dance Barns & Hiland After-School Programs

**26%**  
Individuals & Board



**18%**  
Earned Income

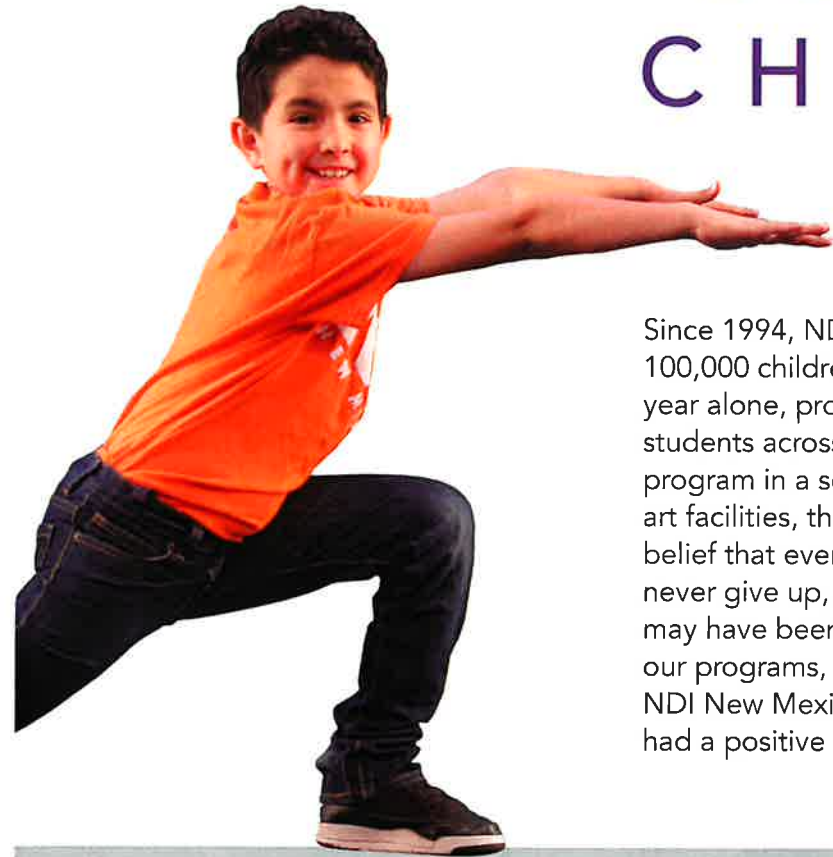
**11%**  
Government

# NDI

## NEW MEXICO

PROGRAMS HAVE IMPACTED OVER

**100,000**  
CHILDREN



Since 1994, NDI New Mexico programs have impacted over 100,000 children across New Mexico. In the 2017-2018 school year alone, programming was made available to almost 9,500 students across the state. Whether a student experienced our program in a school's cafeteria or at one of our state-of-the-art facilities, their trainings embodied NDI New Mexico's core belief that every child has the capacity to learn, work hard, never give up, and ultimately experience success. This year may have been a student's first and only year to participate in our programs, or one of many years they have danced with NDI New Mexico. Either way, their experience most certainly had a positive and lasting impact.





# OUTREACH PROGRAM

In NDI New Mexico Outreach programs, classes are taught at public elementary schools during the school day as part of the curriculum. In-School classes serve an entire grade (3<sup>rd</sup>, 4<sup>th</sup>, or 5<sup>th</sup>) including children with special needs. A majority of children in our state don't have access to extra curricular arts and youth development programs, an opportunity gap that is the driving force of our outreach work. By bringing students enriching experiences in their schools through the NDI pedagogy of dance, music, and high-energy instruction – self-confidence, teamwork, and tenacity are built in our youth.





Children in Albuquerque, Rio Rancho, Santa Fe, Pecos, Pojoaque, and the Española Valley receive weekly classes through 15 or 30-week programming, and all finish with extraordinary culminating performances! Our dancers are given an exciting opportunity to demonstrate their knowledge and efforts in front of enthusiastic audiences made up of families, peers, teachers, principals, elected officials, business leaders, program supporters, and community members. All NDI New Mexico Outreach classes are free of charge to children and their families due to the incredible support we receive from the broader community.

## Spotlight on PABLO ROYBAL

NDI New Mexico is celebrating its 20<sup>th</sup> year at Pablo Roybal Elementary School – a commitment made possible by our supporters, school teachers, principals, and staff. When we began classes there in 1997, some of our first classroom teachers, Angela Martinez and Jennifer Lopez, were a little skeptical at first about the benefits of giving up curriculum time for a dance class. After witnessing the tremendous impact NDI’s program had on their students, they worked hard to ensure their school prioritized this enrichment for the many years that have followed.

Angela says, “NDI New Mexico is a huge part of our school’s culture. Every year has been a standout for us because NDI gives our students the experience of being successful.”

Angela and Jennifer appreciate that the arts offer a different learning environment for their students to feel successful, especially those struggling with traditional academic learning or special needs. Touchstone moments for them come in seeing these children rise to the occasion to joyfully give NDI their very best effort.







# RESIDENCY PROGRAM

To bring our Outreach experience to children in communities all over the state, we have dedicated instructors and musicians who travel to rural towns as far north as Raton, as far south as Deming, and everywhere in between! This year we served 25 communities through our Residency Program, with 1-, 2-, or 3-week formats, some culminating in assemblies at their school for peers and families, and some with full theater shows with costumes, lights, and a full band. Classes in the Residency program are held daily, which leads to remarkably fast learning; our audiences are always blown away to see how quickly their children can come together as a team, learn something so challenging, and put on a great show!





In several Residency communities we go beyond the In-school program and also offer SWAT, Celebration Teams, Tiny Tots (for Kindergarteners) and Parent-Teacher dances! Many students in small towns in our state have extremely limited access to arts programming, and the NDI New Mexico experience becomes something that the school community looks forward to year after year. The community gives a warm welcome to the instructors and musicians upon their arrival, and is eager to learn about the new theme and experience their turn in the spotlight.



# Spotlight on MAKI KIMURA

Maki Kimura has dedicated 10 years to the children of New Mexico since becoming NDI New Mexico's Residency Music Director in 2008! After receiving her Master of Music degree, with honors, in Piano Performance and Collaborative Piano from the University of New Mexico, she became an award-winning soloist and chamber recitalist. Her performances have spanned three continents, and her compositions have been purchased for broadcast use by clients all over the world. For the last ten years, she has traveled around the state providing inspiration to NDI New Mexico students through her remarkable musicianship, and has also directed and conducted some of our most sophisticated performances – including a chamber orchestra for The Hiland's Winter Dance Escape. We are honored and grateful to have Maki on our team, and thank her for her incredible decade of service and leadership on our Residency Program, bringing joy and inspiration to thousands of children across the state. "This organization treats each child as a lead cast member in its productions. I am very proud to be a part of the NDI New Mexico team and to support children in New Mexico." -Maki Kimura







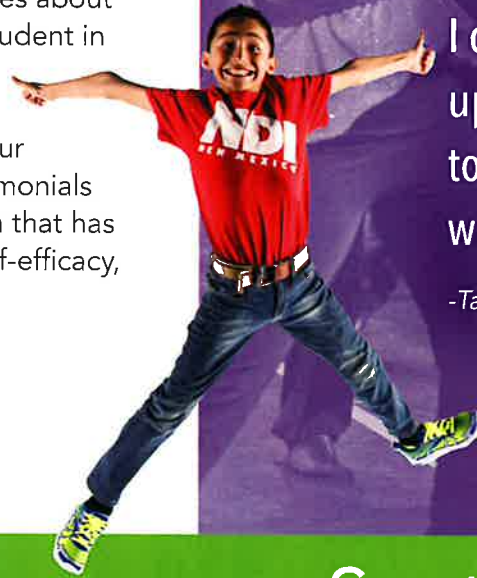
# ADVANCED TEAMS

Many students who are exposed to NDI New Mexico in their public schools demonstrate extraordinary motivation and enthusiasm for the effort and energy the pedagogy requires. These students are invited to audition to join our Advanced Teams, offered in 10 communities throughout the state. Advanced Training starts in the 4th-grade with SWAT (Super Wonderful Advanced Team). Dancers who wish to continue to more rigorous training and commitment in middle school can audition to advance to the Celebration Team. These teams meet outside of normal school hours for training and rehearsals which are offered at no cost to their families. These students learn challenging choreography, the foundation of jazz and tap technique, and are mentored on goal-setting,



leadership, and developing teamwork. Advanced Team dancers are also invited to participate in the Summer Institute workshops in Albuquerque and Santa Fe, a scholarship-based summer intensive where dancers explore a variety of themes and in-depth dance techniques.

Participation on a SWAT or Celebration Team and Summer Institute deepens students' sense of belonging, and increases positive attitudes about physical fitness. An Advanced Training student in 4th- through 8th-grade receives up to 945 hours of after-school and summer programming, most of it at no charge. Our evaluations and student and parent testimonials reflect that this is an enrichment program that has deep and lasting impact on children's self-efficacy, self-confidence, and perseverance.



No matter what happens to me on any day - whether good or bad - I know that I did my best. I worked the hardest I could, never gave up on what I wanted to do, or where I wanted to go.

*-Tamara Zera, Graduate*

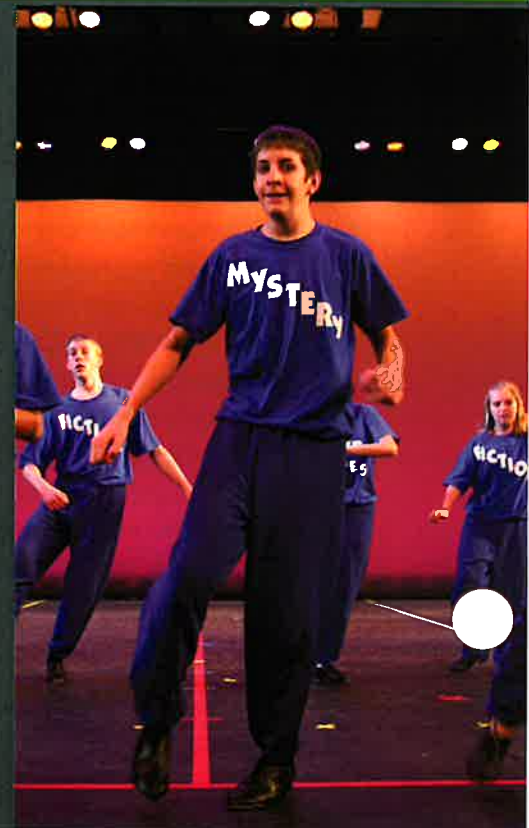
## Spotlight on MATTHEW ORTIZ

For Matthew Ortiz, dancing with NDI New Mexico was a family affair. Dancing from the ages of 3 to 18, Matthew's siblings, and even parents, were often dancing alongside him. Having his family at The Dance Barns truly created a home away from home - one where he made lifetime friends in conjunction with life-affirming experiences.

"NDI New Mexico helped me build my confidence and the lifelong belief that if I worked hard, I could achieve anything."

Matthew took the strong work ethic that he learned through years of dancing and applied it to his schooling - raising his expectations of himself and what he could achieve. He excelled in his professional career in healthcare, and is currently the Assistant Nurse Manager on the Inpatient Oncology Unit in Spokane, Washington.

"I still apply the Core Four - Work Hard, Never Give Up, Do My Best, Be Healthy - to my daily life and the care I give to my patients. I owe a great deal to NDI New Mexico and their inspiring and energetic staff for helping me build, at an early age, a foundation of excellence that has stuck with me into adulthood."





# ● AFTERSCHOOL

## THE DANCE BARN & THE HILAND

At The Hiland Theater in Albuquerque, and The Dance Barns in Santa Fe, NDI New Mexico offers dance training for children and teens, ages 3-18. These programs are directed by masterful teachers with prestigious professional dance backgrounds, who lead a faculty of highly-qualified instructors to provide training in ballet, jazz, tap, modern, hip hop, theater, and voice. Tuition for these programs is offered on a sliding scale, ensuring that every child has the opportunity for an enriching after-school experience. Our facilities are diverse community centers serving a true representation of the cities where we live and work.

Whether a child is dabbling with their first experience in dance, taking classes for creative expression, or if they have their sights set on a career in the performing arts, our after-school programs build a sense of achievement in a nurturing and non-competitive atmosphere. For our most dedicated students who desire a pre-professional track, NDI New Mexico has performing companies: Junior Company, Apprentice Company, XCel Too!, and Company XCel. Dancers on these companies receive outstanding training and choreographic experiences from faculty and guest artists for our winter concerts – an abundance of free programming hours that are funded by outside resources. These dancers also have access to national auditions for summer intensives, which we host, so that they can expand their horizons as artists and explore opportunities for prestigious out of state training.



# TEACHING EXCELLENCE®

the power of  
**DANCE**

TEACHING EXCELLENCE®  
TEACHER TRAINING

Prior to being hired to work in the NDI New Mexico Outreach program, instructors must complete our two-week Teaching Excellence® teacher training workshop, followed by a minimum of a one-year apprenticeship with a master teacher. The Teaching Excellence® workshop is a powerful and hands-on training of our teaching methodology, developing teachers' skills in order to lead highly motivational, fast-paced, and structured classes. Teachers from around the country join us in New Mexico to participate in this workshop. Our instructors take the workshops at the beginning of their training to become immersed in the pedagogy, and again after completing a year of apprenticeship to fine-tune their new skills before they teach on their own. Participants in this workshop learn step-by-step how to motivate children to Work Hard, through joyful challenges, Do Their Best, through inspiring commitment, and Never Give Up, through encouragement and praise.

**This training has been invaluable for my career - teaching me structure, discipline, and an effective teaching methodology for young developing students and experienced professionals.**

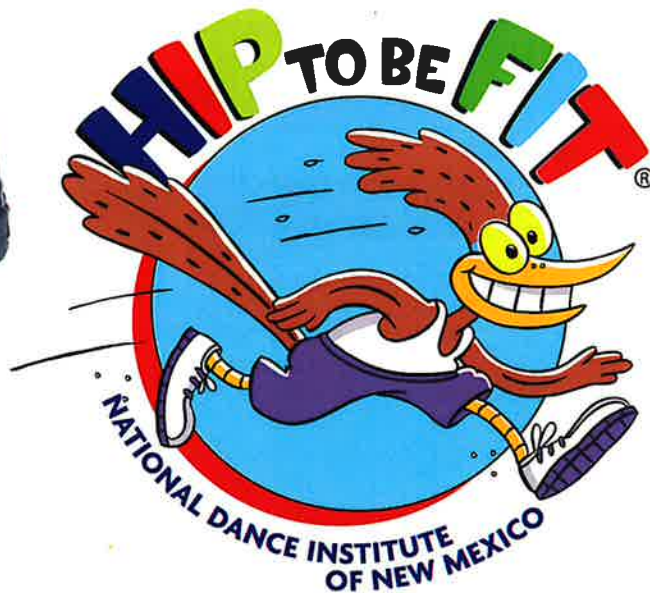




# HIP to

# Be Fit®

The "Be Healthy" component of our Core Four is critical. New Mexico as a state struggles with ensuring positive health outcomes for our children. At NDI New Mexico we have developed a curriculum around teaching children the importance of leading healthy lifestyles, and inspiring them to find fun in physical fitness and good nutrition. Our HIP to Be Fit® curriculum is embedded in our classes in the public schools. We channel children's natural energy to help them build stamina and strength and inspire them to make healthy lifestyle choices. We also make an impact on health outcomes for students around the state through Train the Trainer, a professional development workshop for classroom teachers which provides tools for teaching academic content through engaging physical activities.



# NDI NEW MEXICO TIMELINE



1990-1993

Jacques d'Amboise

and National Dance Institute (NY) host residencies in Santa Fe



1994

1st Year-long Programs in Santa Fe

501(c)(3)

Founding Artistic Director Catherine Oppenheimer incorporates NDI New Mexico as a 501(c)(3) nonprofit



1997

Northern New Mexico Program begins

Albuquerque Program begins

1998

The Pink Church

at Eubank Elementary



NDI New Mexico moves into The Pink Church in Santa Fe

1999

Teaching Excellence® Teacher Training

is created to train and certify teachers in the NDI New Mexico methodology

2003



Grand Opening of The Dance Barns

Children Served



Coming Up Taller

NDI New Mexico receives the Coming Up Taller Award

2005

HIP to Be Fit®

\$1.3M federal grant establishes comprehensive evaluation and HIP to Be Fit® nutrition curricula and classroom teacher training



Children Served



2015

The Wallace Foundation

NDI New Mexico is honored by The Wallace Foundation for creating exceptional arts programming for teens and tweens



2012

1000

Children Served



2010

The Hiland Theater opens

Children Served

