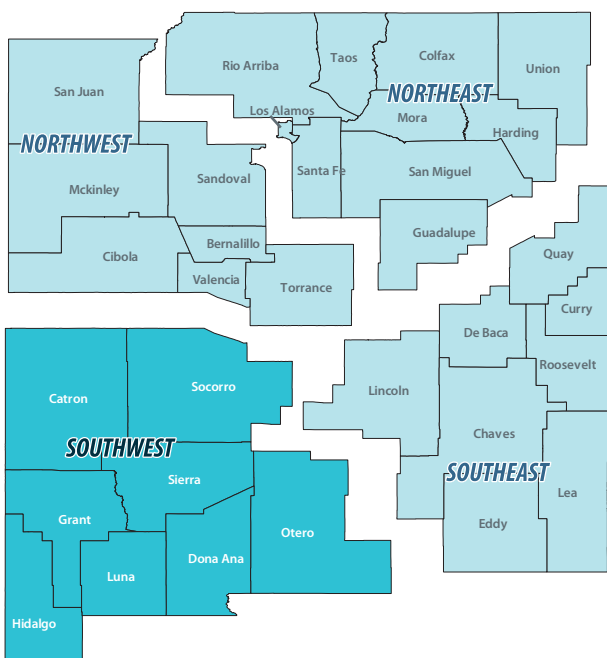


# PUBLIC HEALTH

## in the SOUTHWEST REGION

FISCAL YEAR 19

## SUBSTANCE MISUSE



SW Region **RANKED 4TH OUT OF 5** New Mexico Public Health Division (PHD) Regions for Drug Overdose Death Rate in 2017 with **20.9 DRUG OVERDOSE DEATHS** per 100,000 population.

### WHAT IS PUBLIC HEALTH IN THE SW REGION DOING ABOUT IT?

- The Harm Reduction Program distributed 1,656 doses of Naloxone to 571 trained individuals, 173 (30%) of which were new clients to the program, while collecting 545,586 used syringes and distributing 617,500 clean syringes.
- The Southwest Pathways Program (SWPP) medically treated 221 primarily Opioid Use Disorder clients, with prescribed Suboxone and counseling therapy from Sierra, Dona Ana, Lincoln, Otero and Luna Counties. Region expansion continues using telemedicine with the goal of having full MAT services in Las Cruces, Alamogordo and Truth or Consequences. Sharing Protocols and programming has happened with La Clinica De Familia and the MMU Family Residency Program to expand local capacity.
- The Office of Border Health (OBH) has led the binational work group which created the Binational Substance Abuse Committee (BSAC). OBH has led bi monthly meetings with border leaders including 3 summits focused on battling Substance Abuse and Mental Health disorders.
- Health Promotion Staff in partnership with Office of School and Adolescent staff have been trained on QPR and provided 17 trainings in 8 different communities totaling 227 community members trained.

## TEEN BIRTHS/DELAYED PREGNANCY

In 2017, the SW Region had the **2ND HIGHEST BIRTH RATE TO 15-19 YEAR OLD FEMALES** among the five NM PH Regions.  
Birth Rate (15-19) was 32 births per 1,000 females.

### WHAT IS PUBLIC HEALTH IN THE SW REGION DOING ABOUT IT?

- In FY 2019, 5585 clients were seen for all clinical services in 10 local public health offices in the Southwest Region. Teen clients (ages 15-19-year-old) totaled 755 clients out of the 5585. The clinical team includes nurse practioners, nurses, clerks and disease prevention specialist.
- Extensive education outreach on Sexual Health and Family Planning took place in the region through clinical staff providing presentations to over 553 high school students, 204 Middle School students and to 26 parents.



# CHRONIC DISEASE



The SW Region had the **2ND HIGHEST PERCENTAGE** (11.5% respondents) of all 5 NM PH Regions respondents with doctor-diagnosed diabetes during 2017.

## WHAT IS PUBLIC HEALTH IN THE SW REGION DOING ABOUT IT?

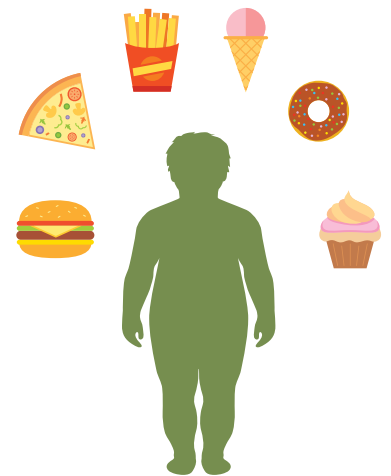
- SW Region WIC program promotes and supports 575 breastfeeding mothers while reducing the risks of chronic disease for both mom and baby.
- Six (6) SW Region staff have been trained on the Pathways to Health Chronic Disease Prevention Program and providing 7 – 6 weeks classes to roughly 75 community members Region-wide.

# OBESITY/FOOD ACCESS

The SW Region had the **2ND HIGHEST PERCENTAGE** (16.3% of respondents) of all 5 NM PH Region respondents of **FOOD INSECURE HOUSEHOLDS** for 2017.

## WHAT IS PUBLIC HEALTH IN THE SW REGION DOING ABOUT IT?

- SW Region WIC services 10,000 participants, provides individual and group nutrition education to families. During the 2018 Farmer's Market season, WIC participants generated \$24,680 for the regions local Farmers.
- The Las Cruces Safe Routes to School Program continues to have wide success with all 25 elementary schools participating in the Annual Walk to School Event in October and with over 29,923 students, parents, staff and volunteers participating in the 2018-2019 school year.
- The CMS Nutritionist counseled 830 CMS participants/families with nutritional concerns during specialty clinic visits; also, during scheduled appointments with families, via phone, and correspondence upon reviewing their assessments for nutritional concerns.



# ACCESS TO CARE

**ALL SW REGION COUNTIES** are either designated as **FULL OR PARTIAL** county **HEALTH PROFESSIONAL SHORTAGE AREA (HPSA)**.

## WHAT IS PUBLIC HEALTH IN THE SW REGION DOING ABOUT IT?

- Children's Medical Services (CMS) hosted 57 Outreach Specialty Clinics, which 568 visits occurred at our Endocrine, Genetics, Metabolic, Nephrology, Cleft Palate, Asthma, Neurology, Gastroenterology and the Carrie Tingley Orthopedic Clinics. CMS provides case management services to an average of 645 children with special healthcare needs with over 1200 client encounters, providing approximately \$150,000 in revenue from the SW Region.
- The Families First program served over 760 clients in the SW Region by providing access to medical, social, and education services that foster positive pregnancy outcomes and promote healthy infants and children.
- SW Region WIC provides services in 10 Satellite clinics serving 780 clients in rural areas.
- Multiple staff members from different disciplines have assisted with medical services to over 3,236 Asylum Seekers who were present in Dona Ana and Luna counties between March and August 2019.

For more information contact: Dawn Sanchez, SW Region Director at (575) 528-5174 or dawn.sanchez@state.nm.us.

- Sources:
- Bureau of Vital Records and Health Statistics (BVRHS), New Mexico Department of Health
  - Behavioral Risk Factor Surveillance System Survey (BRFSS) Data, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention
  - Centers for Disease Control and Prevention, Division of Nutrition, Physical Activity, and Obesity
  - U.S. Census Bureau
  - US Department of Health & Human Services, Health Resources and Services Administration