

Health Care and Medical Personnel in Corrections

David Jablonski, Secretary, Corrections Department

Inmate Health Contracts

- Centurion (Medical) Contract - \$42.6 million
 - Covers all medical care for inmates in state and private facilities, with the exclusion of Otero County
- MHM (Behavioral Health) Contract – \$2.2 million
 - Provides behavioral health care alongside state employees at Western New Mexico Correctional Center and Springer Correctional Center
- Boswell (Pharmacy) – \$11 Million Cap
 - FY 17 spent \$7.25 million

Hepatitis C Summary

- Collaboration with UNM Project ECHO
- Total inmates that have completed the treatment: 95
- Inmates currently receiving Hep-C treatment: 8
- 98% cleared with no viral load detected
- Total spent to date \$8 million
- National Commission on Correctional Healthcare Presentation

Hepatitis C Summary

<u>Costs</u>	<u>New Patients</u>	<u>Average Cost/Patient</u>
\$5.8 mil	66	\$88.4K (FY16)
\$2.2 mil	37	\$59,9K (FY17)

- In process of signing an LOA with Christus-St. Vincent's for collaboration for 340b pricing

Project ECHO Partnership

- NMCD established partnership with Project Echo to assess and treat inmates diagnosed with Hepatitis-C.
- NMCD and Project Echo has expanded their partnership to include effective treatment of our HIV population.

Inmate Initiatives

- Diabetes Wellness Program
 - An ongoing wellness education initiative
 - Inmates are educated on the importance of proper diet and exercise
- Lactation Pilot
 - Inmates will be able to express breast milk while incarcerated.
 - Working with advocacy groups for supplies, such as pumps, storage bags, etc.
- Sober Living Communities
 - Use of inmate mentors to increase program accountability and continuation of treatment.

Naloxone

- Naloxone provided upon discharge
- Educated by both Medical and Behavioral Health
- Approved overdose education on:
 - Causes of an Opioid Overdose
 - Recognition of an Overdose
 - Administration of Life Saving Techniques
 - Administration of Naloxone
 - How to Contact Emergency Services

Behavioral Health Services

Over 90% of our programming is evidence-based

- Personal Hygiene Psycho-educational Groups
- Healing Trauma
- DWI Groups
- Anger Management Groups
- Self-Esteem for Challenged Inmates Groups
- Social Skills for Challenged Inmates Groups
- Grief Support
- Use of various therapeutic modalities, such as Dialectical Behavioral Therapy (DBT); Cognitive Behavioral Therapy (CBT); and Trauma Informed.

Mental Health Treatment Center

- Inpatient Psychiatric Hospitalization
- Male MHTC (104 beds)
 - 20 Acute care beds
 - 20 Stabilization Beds
 - 64 Chronic Care Beds
 - 16 of those are part of a Therapy Dog Program
- Female MHTC (18 Beds)
 - 2 Acute Care Beds
 - 16 Continuing Care Beds

Residential Drug Abuse Program

- NMCD offers several evidence-based substance abuse programs.
- Provided in an residential living environment
- Curriculum includes components of:
 - Substance abuse
 - Criminal Thinking
 - Trauma Healing
 - Triggers
 - Anger
 - Self-care
- Last year, RDAP at NMCD showed a 10% recidivism which is below the National standard.

Other Substance Abuse Programming

- Intensive Outpatient Treatment
 - 100 Hours (3 -4 month)
 - Three days a week, three hours a day
- DWI program
 - 40 hour program
 - Provides offenders with education regarding the effects of DWI
 - Cognitive and Psycho-educational in nature

Treatment Snapshot – 632 inmates in Substance Abuse Treatment

Healthcare Services Oversight

- Contract in place with HealthInsight to provide nurse auditors for RN expertise in compliance reviews.
- Plan for direct hire of a Clinical Nurse/Auditor.
- Hiring a second internal compliance officer.