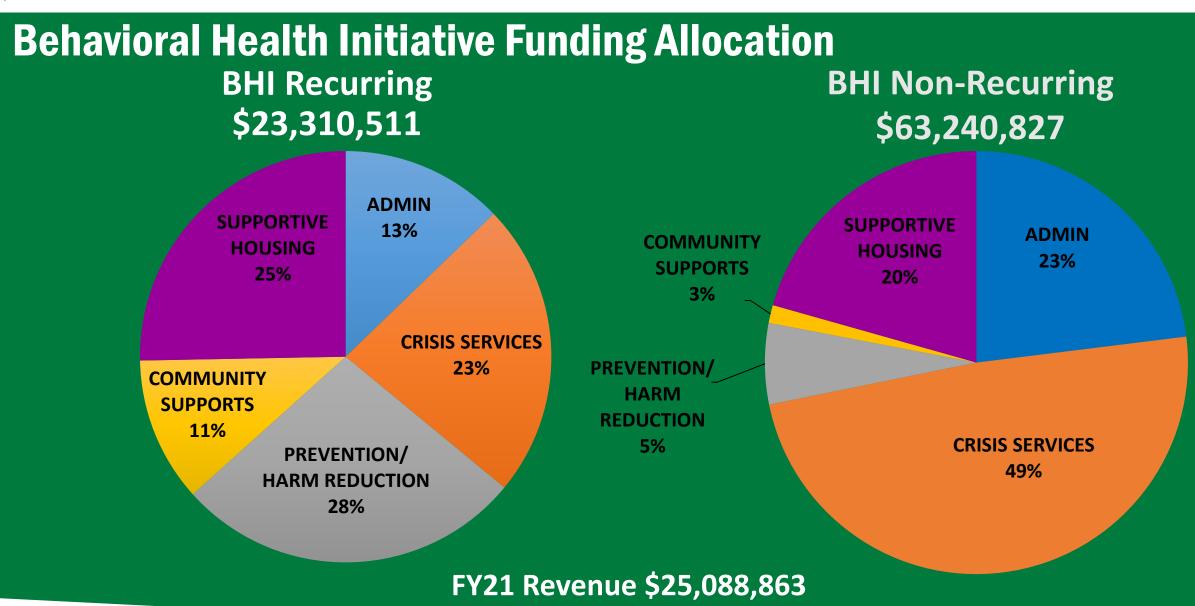


B E H A V I O R A L H E A L T H S E R V I C E S

Department Update & Legislative Priorities Bernalillo County Department of Behavioral Health Services

September 28, 2021





BHI Priority Areas and Projects

Crisis Services	Community Supports	Supportive Housing	Prevention, Intervention & Harm Reduction
Mobile Crisis Teams Fire Mobile Crisis Teams Resource Re-Entry Center Crisis Stabilization Svc LEAD	Peer Support Drop-in Ctr Peer Case Management Intensive Case Management- Emergency Shelter *Peer Supports for Aging Population *Living Room Model Program *Out Patient Clinic *Forensic Assertive Community Tx	Community Connections Youth Transitional Living Tiny Homes *Single Site (individuals) *Single Site (multi-Family) *Safe Home for Sex Trafficked Youth	Adverse Childhood Experiences Training and Education Bridging Behavioral Health Suicide Prevention Community Engagement Teams *Mobile School Based Health Ctrs

* Currently under development.



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Housing Priority: Single Site Housing Project



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Single site housing project provides housing for single adults ages 18+ who are homeless/precariously housed and who have a diagnosable behavioral or substance use and/or serious mental illness which is impacting their ability to live independently. Supports are intended for individuals requiring an increased level of service to maintain housing stability.

- 42 (405 ft²) ADA accessible one-bedroom housing units
- on-site services & community spaces
- Staffed 24-hours a day, including security
- Individuals may remain indefinitely or until they chose to live independently.
- Application period currently open!

Collaborative Partners :

City of Albuquerque, National Housing Trust Fund, Mortgage Finance Authority, and HopeWorks.





Housing Priority: Single Site (Multi Family) Housing Project



Proposal includes a 45-unit single-site permanent supportive housing community, including:

- 41-one bedroom, one bathroom units
- 4- two bedroom, two bathroom units
- Easy to maintain unit finishes/material and appliances
- Laundry appliances located in each unit
- Courtyard for community gathering centrally located & accessible

Easily access <u>on-site supports</u> include case management, medical and BH services, non-medical transportation, counseling, employment, family and education services, assistance with federal/state benefits.



Diversion Priority: Law Enforcement Assisted Diversion

Law Enforcement Assisted Diversion (LEAD): police officers exercise <u>discretionary</u> <u>authority</u> to divert individuals suspected of low level, non-violent crime driven by unmet behavioral health needs to community based health services.

- Collaboration between DBHS, Albuquerque Police Department, Bernalillo County Sheriff, District Attorneys Office, and Office of the Public Defender
- Working to establish housing supports for individuals referred who are precariously housed and unsheltered
- FY21 71 Referrals received, 28 completed intake. (49 were diversions, 22 were social referrals)
- **FY22** 24 active clients
 - **178** Referrals from program inception to date.



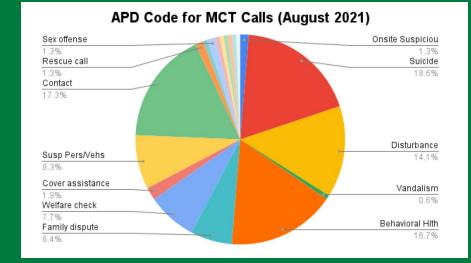


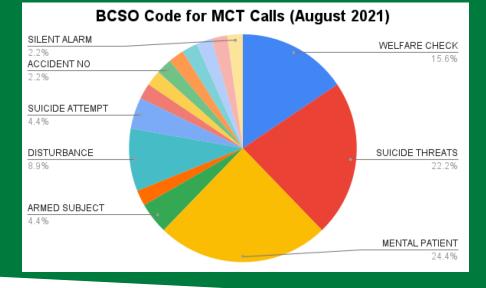
Crisis Support Priority: Mobile Crisis Teams

Mobile Crisis Teams (MCTs) respond to individuals, adults, adolescents, and their families, experiencing a nonviolent behavioral health crisis that necessitates a 911-response. MCTs are a collaborative effort between Bernalillo County and the City of Albuquerque.

- <u>6 MCT (4 APD, 2 BCSO) Law Enforcement teams</u> each consisting of a crisis intervention unit deputy paired with a masters level, behavioral health clinician
- <u>2 FMCT Non Law Enforcement teams</u>

each consisting of one behavioral health clinician and one Paramedic who respond to lower level, 911 crisis calls at the request of on-scene law enforcement. FMCT began in June 2021.







Crisis Prevention Priority: Community Engagement Team

Community Engagement Teams (CET) provide non-emergent, pre/post crisis intervention support to individuals living with mental illness and substance use disorder. CET is a peer-to-peer support system that is focused on enhancing the development of natural supports, as well as coping and self-management skills.

- Short term crisis outpatient services
- Engaged with a peer within 24 hours
- Service coordination, peer case management, family peer support and clinical services.
- Support individuals and their families in the comfort and familiarity of their homes and communities
- Selp individuals avoid the criminal justice system and emergency mental health systems whenever possible.





Crisis Support Priority: CARE Campus Crisis Triage Center-Crisis Stabilization Unit

The Crisis Stabilization Unit (CSU) is a specialized treatment facility designed for individuals experiencing a mental health crisis who do not need hospitalization but require stabilization services to return to an improved level of functioning. Additionally, it provides step-down services for individuals leaving inpatient services.

- 16 bed, semi private room-voluntary facility
- Maximum of 14 day stay
- Therapeutic supports
- Intensive Case Management supports
- Linkages to community based services







December 2019: Begin accepting clients

VIORAL

August 2020: August 2020:

Received permanent Crisis Triage Center licensure the State of NM Received a national 3-year accreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF)



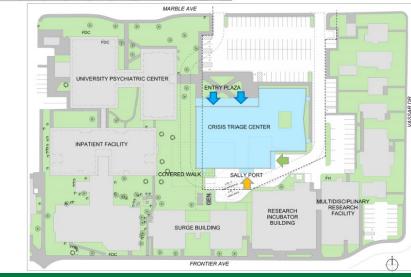
Crisis Support Priority: County/UNMH Crisis Triage Center

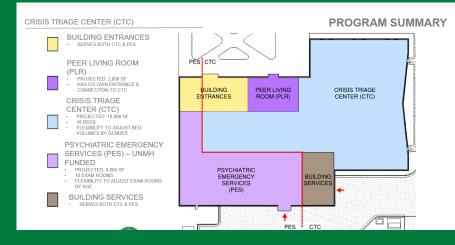
UNMH Crisis Triage Center (CTC) program is in development, for adults 18+ years, with a severe mental health and/or co-occurring diagnoses. The CTC provides support for individuals who do not meet the criteria for psychiatric acute inpatient placement but require active treatment necessary to appropriately address presenting psychiatric conditions, in order to maintain functional ability, and to prevent relapse or hospitalization.

- 16-bed/14-day
- Medical and Therapeutic supports
- Co-location of supports services (PES, Peer Based Living Room, UNMH, etc.)

<u> January 2020:</u>	\$20 million capital investment approved by BCC
<u>August 2020:</u>	Location Selected
<u>February 2021:</u>	Submission of RFPs for Architectural Design
<u>November 2021</u>	Construction costs/renovation timeframe expected













County/UNMH Crisis Triage Center Site Renderings





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Crisis Prevention Priority: Outpatient Clinic

The **Outpatient Clinic (OPC)** will provide evidence-based comprehensive dual diagnosis treatment to underserved residents of Bernalillo County utilizing a multidisciplinary treatment team approach. Through a collaboration with the University of New Mexico Hospital (UNMH), the clinic will support individuals 18 year or older with a behavioral health need who are having difficulty accessing services, maintaining treatment, or who have become disconnected from community supports.

Supports include:

- Assessment, treatment services, Crisis and discharge planning
- Clinical Therapist, Peer Support Worker(s), and Case Managers
- Medication Assisted Treatment
- Co-located to a Living Room Program

Outcomes include:

- Reduced use of emergency response & hospitalization services
- Reduced involvement in the criminal justice system
- Increased use of preventive medical and behavioral health services
- Increased quality of life, including social stability and housing retention/stability





2022 Legislative Priorities





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Legislative Requests: 2022 Legislative Session

- **1.** Increase access to Medication Assisted Treatment (MAT) services to include:
 - Modification to the Class B3 Drug Classification.
 - Increase Medicaid rates for MAT providers to incentivize services.
- 2. Create supports for youth to include:
 - Youth residential treatment and detox facilities.
 - Services for youth aging out of foster care and transition aged youth.
 - Increased funding for school based health centers (Capital-Mobile Units)
- **3.** Additional housing funding to support:
 - Permanent supportive vouchers and single site housing (Capital- Single Site Investment).
 - Comprehensive services for precariously housed and unsheltered individuals.
- 4. Create job opportunities and incentives for formally incarcerated individuals.
- 5. Increase NM health care professional workforce by advocating for:
 - Additional loan repayment, debt forgiveness, Service Corp and WICHE scholarship dollars to incentivize health professionals to come to NM.
 - Modification to the NM Healthcare Workforce "head count" to reflect a full-time equivalent count which accurately represents the workload capacity of healthcare workforce resulting in increased support based on the NM Health Progression Shortage Areas (HSAPAs) designation.



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Questions & Comments

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