

# COUNSELING COMPACT



The Counseling Compact is an interstate compact, or a contract among states, allowing professional counselors licensed and residing in a compact member state to practice in other compact member states without need for multiple licenses.

## INCREASED ACCESS

The Compact will increase access to specialized services to rural and underserved areas (i.e. trauma focused therapies, couples counseling, domestic violence counseling, substance abuse counseling, autism-informed care, grief counseling, anger management)



## ADVANCED ADAPTATION

New Mexico maintains agency in upholding high standards of practice and can adapt to advanced ways of accessing mental health care services

## MAINTAIN QUALITY OF CARE

Ensure maintainable continuity and quality of care when counselors or clients re-locate or travel out of state



## REDUCED WAIT TIMES

Significantly reduce wait times for New Mexicans needing emergent services and general mental health services; there is currently 1 therapist for every 1,000 residents of New Mexico



**37** STATES HAVE COUNSELING COMPACT LEGISLATION ENACTED AND **1** STATE + **DC** HAVE PENDING LEGISLATION

APPLICATIONS FOR COUNSELING COMPACT PRIVILEGES ARE EXPECTED TO OPEN **MID-2025**