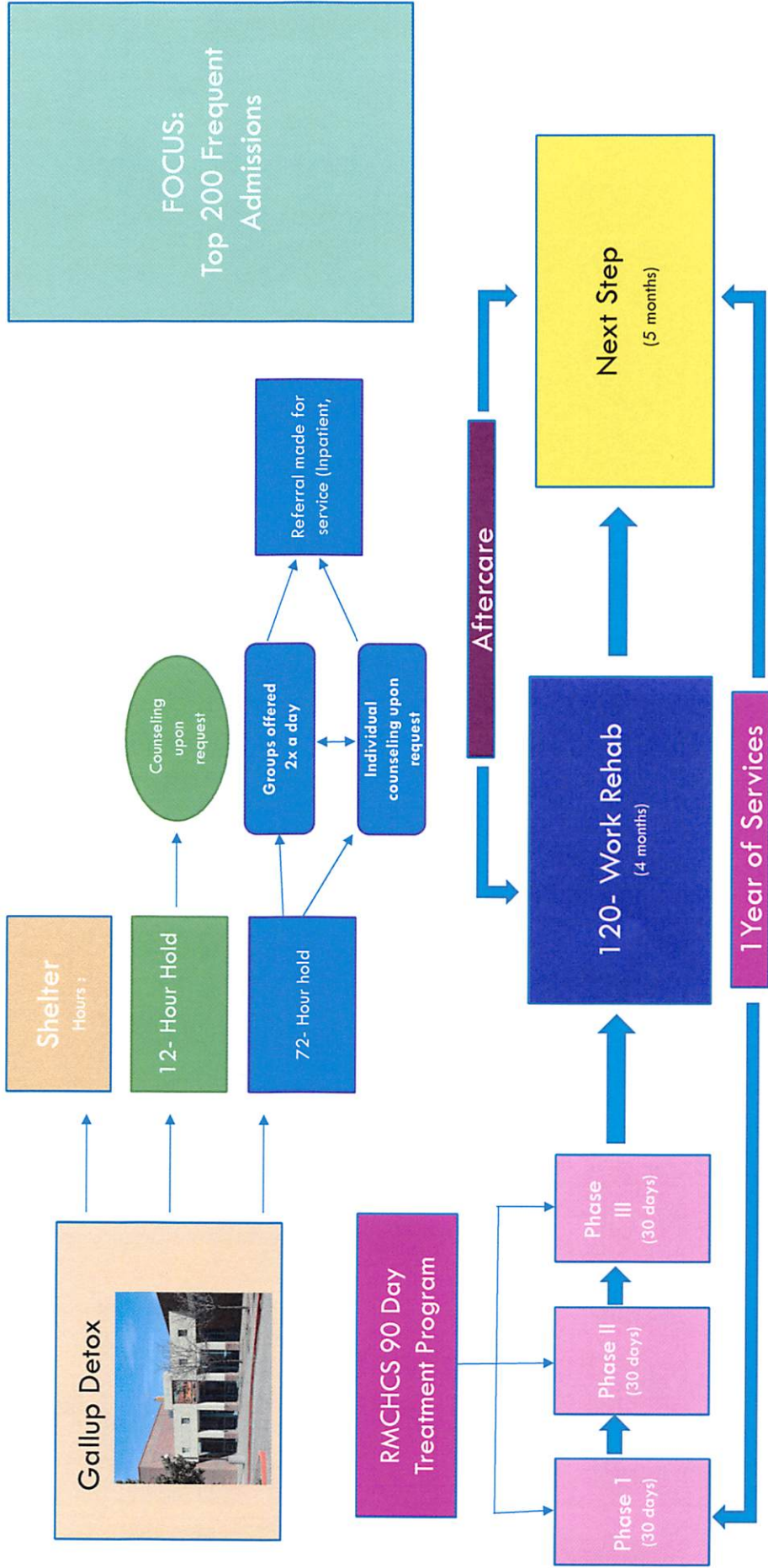


Behavioral Health Investment Zone FY17



FY17 BHIZ HIGHLIGHTS



1

PACKAGE LIQUOR SALES

The city was able to work with the governor and state legislators to pass a law that would prohibit package liquor sales from 7:00 a.m to 10:00 a.m.

2

SAMHSA GRANT

The BHIZ Core group was able to work together to submit a SAMHSA Grant.

3

NCI STAFF

NCI added 3 counselors and 1 case manager.

4

NCI GROUP THERAPY

NCI offers' relatives 2 various groups a day (stress reduction, substance abuse education, group therapy).

5

RMCHCS EXPANDED SERVICES

RMCHCS added the Next Step Program, GED, and expanded to 40 beds and soon 50.

6

STRATEGIC PLANNING

Funded and supported a strategic plan for the McKinley County-Gallup Behavioral Health Collaborative

7

DATA BASE

Purchased a database for both NCI and RMCHCS programs. Data sharing agreements have been signed. Program evaluator will track client progress.

8

RMCHCS AFTERCARE

Case management, aftercare and work rehab will be offered to individuals up to one year after completion of the inpatient residential services.

9

NCI AND GIMC COLLABORATION

NCI has begun meetings with IHS to potentially bring services to detox relatives.

10

WORK REHAB

RMCHCS has partnered with the Chamber of Commerce to create a job pool and work with local employers to hire clients out of the RTC. The City of Gallup has placed 7 individuals from the 20/20 work rehab in job internships and community enhancement positions throughout the City.



Behavioral Health Collaborative Strategic Plan

McKinley County Strategic Plan

In April the BHIZ hosted a strategic planning session for the 5 groups that form the Behavioral Health Collaborative. The five groups that form the Behavioral Health Collaborative are: Treatment, Prevention, Supportive Care, Education Resources, and Transition to Wellness. The planning session improved collaboration at a County level with multiple agencies that serve our population. In addition, the session provided a community developed plan with short, midterm and long term outcomes for addressing the substance abuse problems, collaboration and coordination of service issues faced by community members and providers.

Groups



#1

TREATMENT



#2

PREVENTION



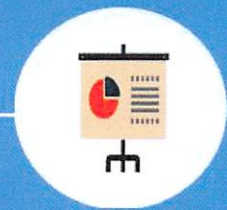
#3

SUPPORTIVE CARE



#4

TRANSITION TO WELLNESS



#5

EDUCATIONAL RESOURCES

Results



The planning session identified needs in the community for the groups as follows: Treatment group- collaboration, building local capacity and provide cultural and respectful treatment; Prevention Solutions, Transition to Wellness and Aftercare group- housing, education, and prevention (combined 3 groups). The supportive care group- homelessness, resource list, housing. The Educational Resource group: no one showed but the majority of the participants that would have attended had already attended the Prevention, Transition to wellness and aftercare group.

Groups identified needs



TREATMENT



Collaboration



Building local capacity



Cultural & respectful treatment



PREVENTION



Housing



Prevention



Education



SUPPORTIVE CARE



Housing



Prevention



Education



TRANSITION TO WELLNESS



Housing



Resource List



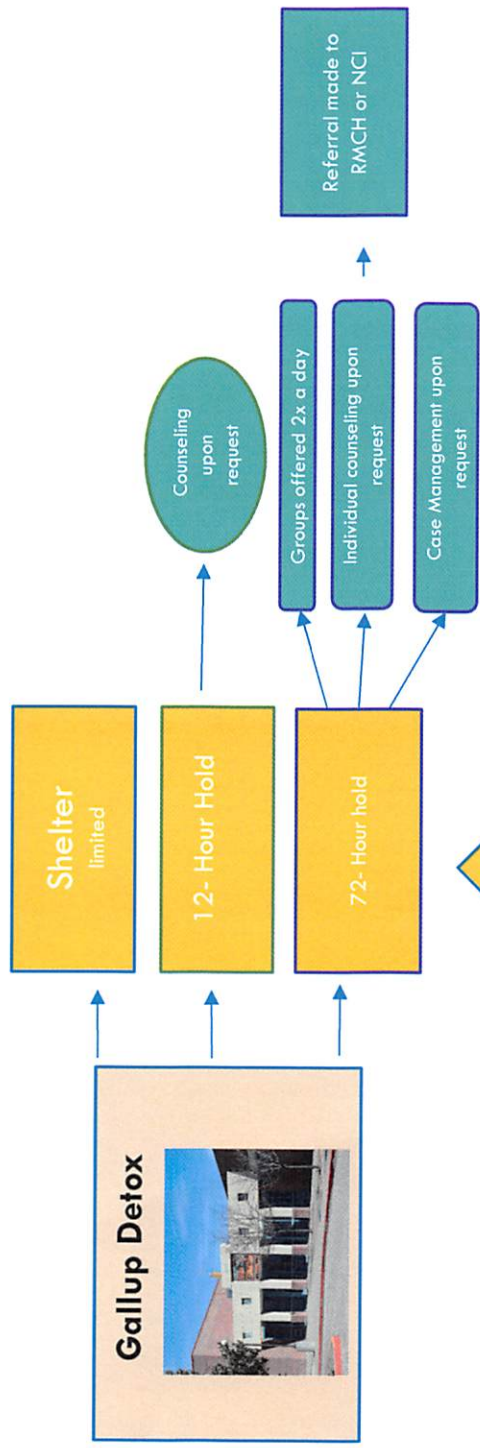
Homelessness



EDUCATIONAL RESOURCES

NO SHOW

NCI enhancements with PARD FUNDING



LET Funding and City General Fund \$835,475

BHIZ Funding \$241,125

PARD Funding \$1,305,890

High Risk Unit

Case Management

1st Step Program

Out Patient Counseling

24-Shelter



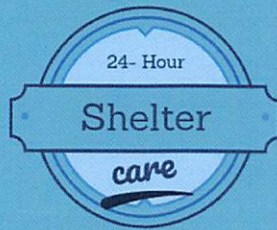
Preventing Alcohol-Related Deaths Grant

\$1,500,000



Transportation

- The City of Gallup Community Service Aides will provide secure safe transportation of intoxicated individuals from emergency departments, once medically cleared to the social detox NCI.



Currently, there is an average of 10 daily residents in the shelter. The expansion will allow for use of larger shelter space, thus allowing for up to 65 male beds and up to 25 female beds. The shelter will be made available to any community member after their 72 -hour hold or a 12 hold at NCI's social detox and/or sober walk-ins in need of shelter. Shelter residents will have access to individual counseling, group therapy, employment assistance, hot meals, transportation to medical appointments, and Case Management for a variety of social needs.

Case Management



This layout is great for a detailed explanation of one topic. NCI will implement a comprehensive case management led employment assistance program. Three Case Workers will be hired to help with job seeking skills and help them find employment. Case Workers will assist with obtaining identification cards, social security cards, calling employers, provide transportation to job interviews, assist with resume writing, videotape mock job interviews and assist with the completion of employment applications. The high-risk NCI Unit will be assigned to work closely with IHS and GIMC with regards to medical appointments to ensure that all clients have medical follow through.

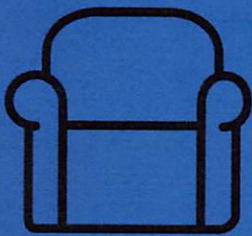
First Step Program



NCI will implement the First Step Program, a 90-day residential treatment program with three phases leading towards employment and a sober lifestyle. The program will have two Traditional counselors and one Certified Substance abuse Counselor with experience in Motivational Interviewing. The added counselors will allow for individual and culturally appropriate sessions, increased number of interventions with families; when client consent is obtained. In broad terms, the program translates into the availability of secure, uninterrupted behavioral health care, and social service delivery while in the transitional phase of living. This program is designed to continue the recovery phase post detox, by promoting sobriety through a 90-day 12 step program with attendance to AA/NA meetings within Gallup and surrounding areas. This program will complement the goal: "To reduce public intoxication"



Outpatient Therapy



A full-time Certified Substance Abuse Counselor will be hired to provide counseling to social detox clients who request the service. Motivational Interviewing (MI) will be used to assist clients to move through the stages of change when it comes to their substance use. Motivational Interviewing is culturally appropriate, well accepted, and based on a self-determined need for change. Based on the 12 core functions a treatment plan will be co-constructed with the client.

High Risk Unit



A full-time Registered Nurse and 3 certified Nurse Assistants will be hired due to the need for medical support, assistance with triaging medically complex patients, screenings, and coordination with GMC to ensure clients are keeping scheduled appointments. The Nurse and Nurse Assistants from NCI's High Risk unit will ensure that high risk patients discharged from the hospital to detox will receive access to their medications, monitor pills taken, remind relatives of their medication schedule, label and safely store all medications. Nurses and certified nurse assistants will provide counseling about the importance of taking their medication. Appointments will be arranged for patients through the partnership with GMC and transportation will be provided to scheduled appointments.

Summary of BHIZ Data January to June 2017

Overall information	Male	Female	Total
Top 200 72 hour hold visits to NCI (duplicates)	1862	208	2070
Case Load	Male	Female	Total
# of Relatives counseled from 200 list	32	14	46
# non-top 200 relatives received counseling	29	15	44
# Relatives you helped place in	Male	Female	Total
Residential treatment at RMCHCS			
Residential treatment at NCI-HBS	7		7
Residential treatment anywhere else			
# Relatives you helped place in	Male	Female	Total
Outpatient treatment	1		1
Group Therapy	Male	Female	Total
Number of Group Provided			118
Number of relatives that attended group			2,214
Crisis Intervention	Male	Female	Total
Assaults			
Suicide			
Sexual assaults			
Medical	12	1	13
Other:			
List of other incidents:			
Shelter care Referred for Shelter care	Top 200	Other	Total
# of relatives referred for NCI Shelter care	3	7	10

Summary of BHIZ Case Management Data January to June 2017

Number of relatives on case load -active relatives			
	Top 200	Other	Total
Males	16	9	25
Females	3	3	6
Case Management Plans Developed	Top 200	Other	Total
New Plans Developed	19	10	29
Services provided in each category	Top 200	Other	Total

Housing		1	1
Employment		3	3
Education (e.g. GED)	1		1
Family intervention (e.g. CYFD)		1	1
Medical	1	1	2
Financial (e.g. SSI)	1		1
Personal identifications	2	1	3
Legal			0
Treatment	7	1	8
Other			0

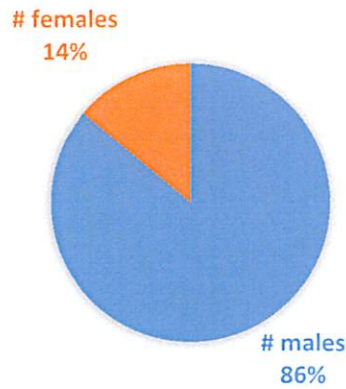
Shelter Care Referrals			
	Top 200	Other	Total
# of relatives referred for NCI Shelter-care	34	8	42

Summary of BHIZ Data July to December 2017

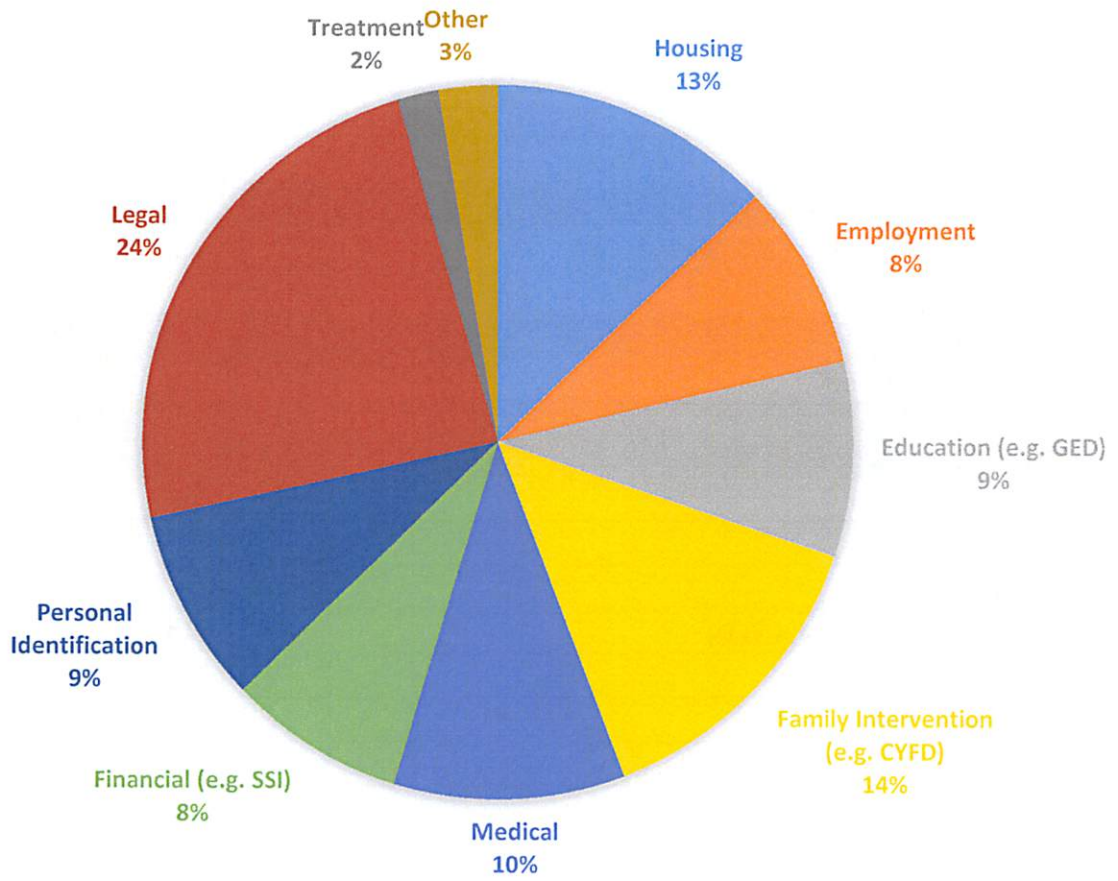
NCI	Total
Overall information	
T200 72Hr hold (Duplicates counted)	2087
Unduplicated # of top 200 relatives for 72 HR hold	575
# males	495
# females	80
Case	
# of relatives counseled from 200	138
# of Non-top 200 relatives received counseling	107
#Relatives you helped place in	
Residential treatment at RMCHCS	10
Residential treatment at NCI-HBS	8
Residential treatment anywhere else	2
# Relatives you helped place in	
Outpatient treatment	10
Group therapy	
Number of Groups Provided	122

Number of relatives (clients) that attended group	2462
Crisis Intervention	
Assaults	2
Suicide	2
Sexual assaults	1
Medical	7
Other	6
Shelter Care Referrals	
# of Relatives referred to NCI Shelter Care	13
RMCHCS	
Case Management Plans Developed	
New Plans Developed	119
# Case Management Services Provided (RMCHCS and NCI combined)	
Housing	287
Employment	190
Education (e.g. GED)	196
Family Intervention (e.g. CYFD)	313
Medical	235
Financial (e.g. SSI)	179
Personal Identification	197
Legal	532
Treatment	42
Other	60

**UNDUPLICATED TOP 200 RELATIVES AT NCI
FOR A 72 HR HOLD
GENDER BREAKDOWN**

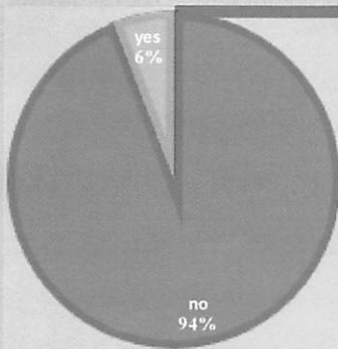


CASE MANAGEMENT SERVICES PROVIDED JULY TO DECEMBER 2017

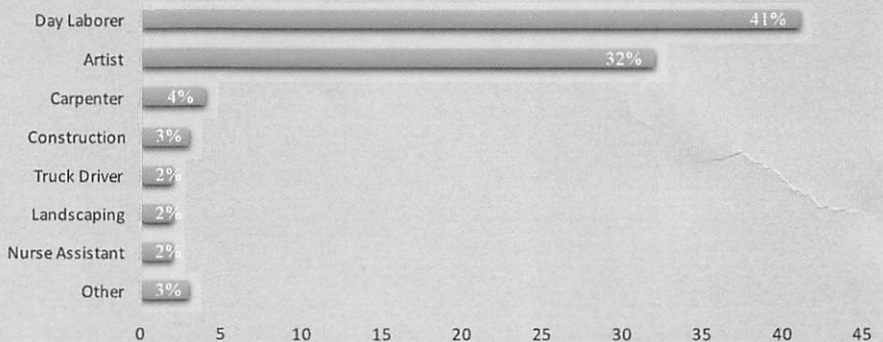


Summary BHIZ Quarter #2 NCI

PERCENT UN-EMPLOYED



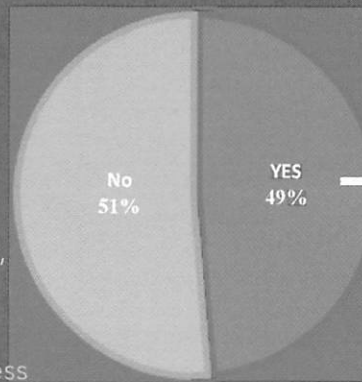
Type of Employment (%)



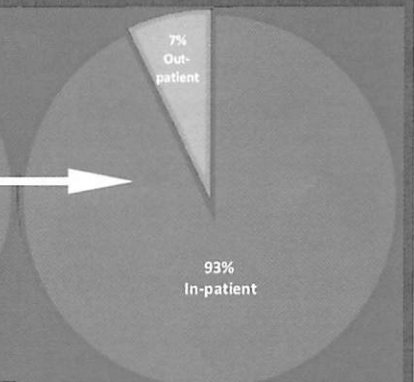
NCI Counseling Services

- ▶ 113 Duplicated Clients
- ▶ 84 Unduplicated Clients
- ▶ 26% Females: 74% Males
- ▶ 77% HS education: 10% College: 13% other
- ▶ 12% Married, 63% Never Married, 7% Divorced, 7% Common Law, 6% Widowed, 5% Separated
- ▶ 27% Self-Identified Homeless, 73% Not Homeless

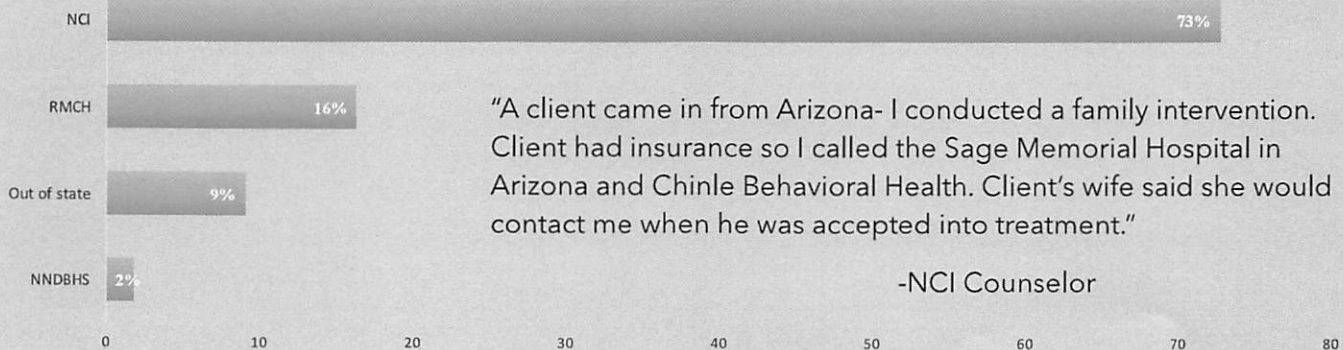
PERCENT INTERESTED IN TREATMENT



TYPE OF TREATMENT INTEREST



Agency Referrals Made (N=55)



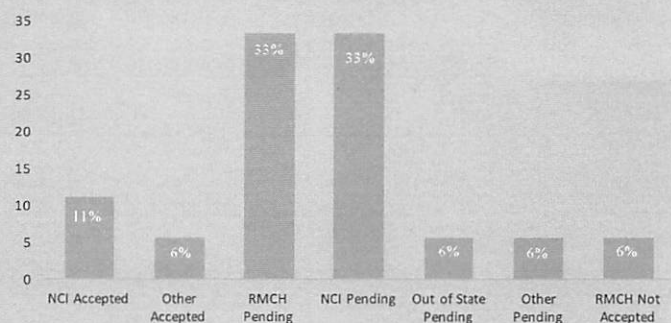
"A client came in from Arizona- I conducted a family intervention. Client had insurance so I called the Sage Memorial Hospital in Arizona and Chinle Behavioral Health. Client's wife said she would contact me when he was accepted into treatment."

-NCI Counselor

Case Management Services Provided

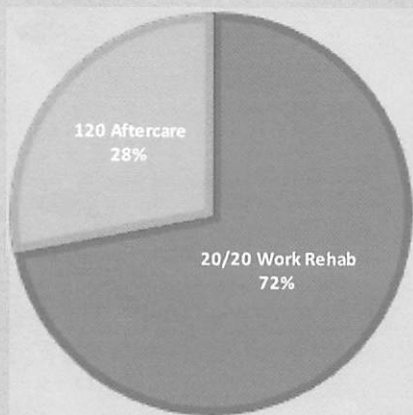
- ▶ Housing
- ▶ Family Interventions
- ▶ Medical Referrals
- ▶ Legal
- ▶ Treatment
- ▶ Employment
- ▶ Financial
- ▶ Identifications
- ▶ Education

Treatment Referral Status



Summary BHIZ Quarter #2 RMCHCS

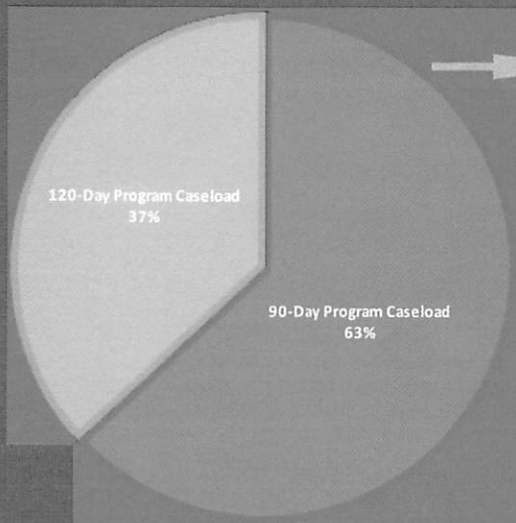
PERCENT OF ACTIVE CLIENTS PER PROGRAM



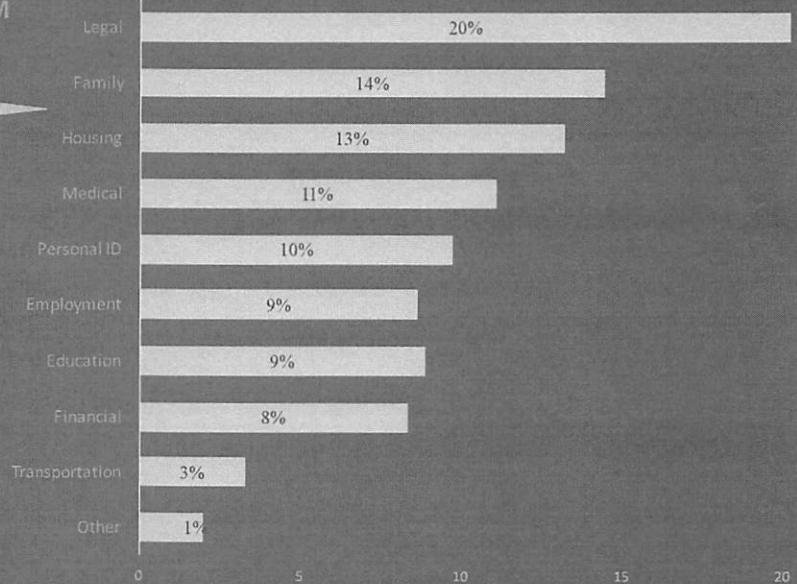
Skills Obtained in Aftercare Program

- ▶ Interviewing
- ▶ Budgeting
- ▶ Organization
- ▶ Excel
- ▶ Problem Solving
- ▶ Equipment operation
- ▶ Time Management
- ▶ Goal Setting
- ▶ Communication
- ▶ Inventory
- ▶ Interpersonal

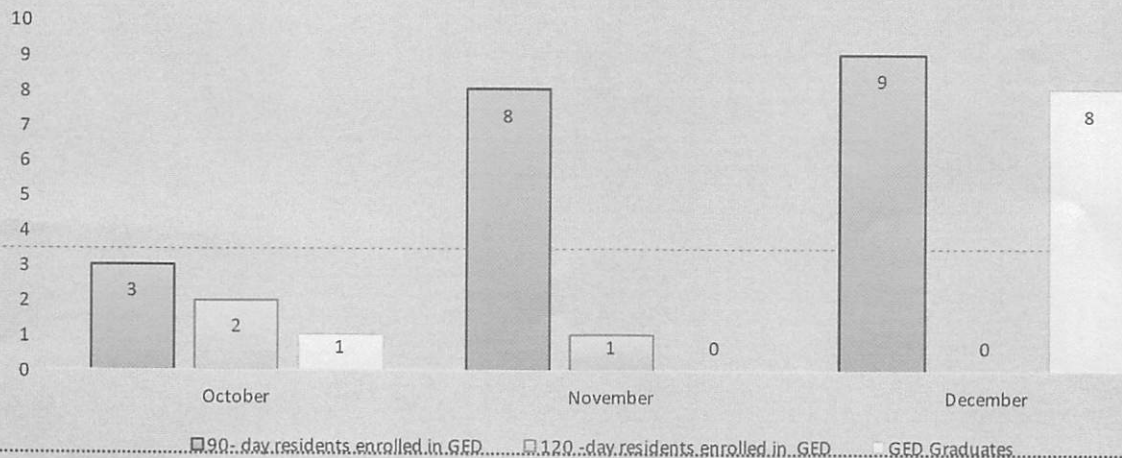
PERCENT OF CASE MANAGEMENT PER PROGRAM



Case Management Services



Clients enrolled in GED Program and Graduates



"I signed up quite a few people for college. I helped filling out a few Federal Financial Aid Applications and college applications. Central NM College and UNM Gallup"

-RMCHCS Case Managers