



NEW MEXICO

ALLIANCE FOR
SCHOOL-BASED
HEALTH CARE

Redefining Health for Kids and Teens

School-Based Health Centers

Addressing Child & Family Healthcare Gaps In Rural NM

August 23, 2023

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Our Discussion Today

- I. NMASBHC: Who We Are
- II. SBHCs: What and Where Are They
- III. SBHCs: The Care Being Provided
- IV. SBHCs: The Success Stories
- V. How Partnerships are Helping
- VI. Questions & Follow Up

NMASBHC: Who We Are

Mission: The New Mexico Alliance for School-Based Health Care represents school-based health centers (SBHCs) in New Mexico and collaborates with other partners to promote, facilitate and advocate for comprehensive, integrated, and culturally competent health care, including health education, in schools.

- Stand-alone 501(c)3 affiliated with national SBHA (www.sbh4all.org)
- NMDOH-OSAH Contractor for TA for School-Based Health Care field
- Creating and disseminating tools for the SBH field
- Providing leadership in policy and advocacy for the SBH field

SBHCs: What They Are

The SBHC Model

- Provide care in schools: a uniquely convenient and helpful access point
- Provide integrated primary and behavioral healthcare to children/youth
- Provide special expertise and resources to the school community
- Collaborate with school health partners, including nurses and social workers
- Improve health AND academic outcomes
- NMDOH provides multi-year contracts to SBHC sponsors via an RFP process. Contracts cover only 1/3 to 1/2 of operating costs. In 2022, about 70% of NM SBHCs were receiving this funding.
- DOH-contracted SBHCs provide care to students regardless of ability to pay.
- HSD/DOH receive a federal Medicaid match that is part of what is available for contracts to SBHCs.

SBHCs: Where They Are

SBHC Expansion for 2023-24 school year

*Additional funding from the 2023 legislative session provided for an expanded number of contracts between NMDOH and SBHC Operators.

*The number of schools with NMDOH-funded SBHCs, is increasing from 54 in the 2022-23 school year to 140 in the 2023-24 school year.

*The expansion includes new investments in telehealth, with 13 new telehealth sites, and mobile services, with 5 new mobile services.

*In an NMASBHC survey of schools, another 30 schools indicated a wish to have an SBHC.

Rural School-Based Health Care in New Mexico '22-'23



79
SBHCs in New Mexico

54
SBHCs funded by NMDOH OSAH

School-based health centers provide quality, integrated, youth-friendly and culturally responsive health care services to keep children and adolescents healthy, in school and ready to learn.

Rural vs Statewide SBHCs

- 31 of 48 in High Schools
- 5 of 11 in Middle Schools
- 2 of 4 in Elementary Schools
- 16 of 16 in Combined Grade campuses

What services do SBHC provide?

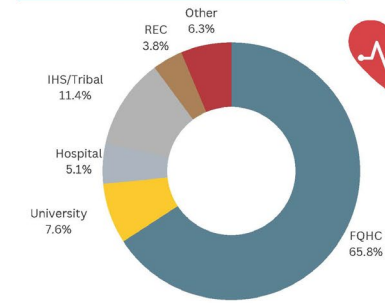
- Primary Care
- Behavioral Health
- Oral Health

“ We provide care to students and families who would not have primary or behavioral healthcare otherwise. We fill a large need. ”

54 Rural SBHCs in NM
“We are a rural community and most families lack resources. Our SBHC allows easy access to healthcare for families.”
-SBHC Coordinator



Who operates SBHCs?



Over 90% of SBHCs are located in Health Provider Shortage Areas (HPSAs) for primary care, behavioral health and/or both.

Over half of SBHCs are located on a community school campus



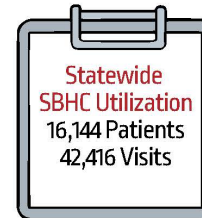
Over 75% of SBHCs are located at Title I schools

SBHCs: The Care Being Provided

Students say the following about the care they receive at SBHCs:

- 87%** of SBHC users report that SBHC providers listen to them and show respect for what the student has to say
- 90%** of SBHC users report it being easy to get an appointment
- 87%** of SBHC users report that SBHC providers explain things in a way students understand
- 85%** of SBHC users report they have made changes in their health-related behaviors as a result of receiving care at an SBHC

NMDOH Funded SBHC Data - 2021-2022



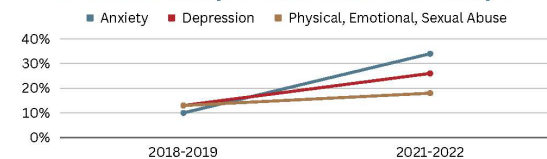
SBHCs Visits Include:

- Acute Care for Minor Illnesses & Injuries
- Chronic Disease Management (asthma, diabetes, hypertension, obesity, etc)
- Behavioral & Mental Health Care
- Comprehensive Wellness Exams (EPSDT)
- Immunizations
- Reproductive Health Care
- Telehealth
- Referrals to Other Services

SBHCs report the biggest challenges faced by kids and teens in their communities are...

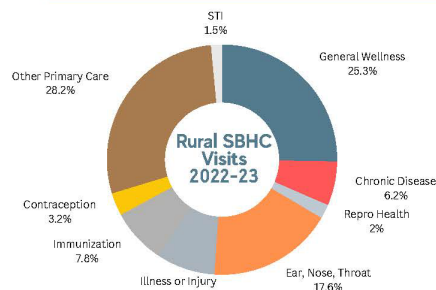
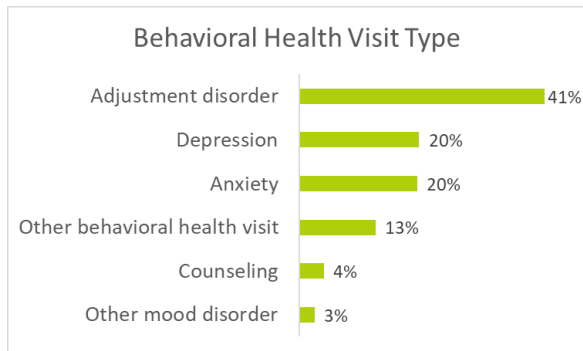
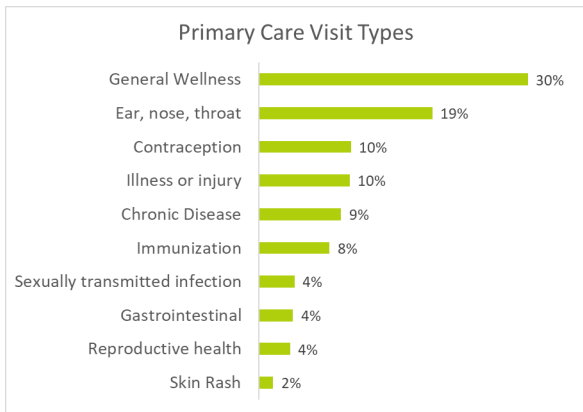


Anxiety, depression, and abuse have increased between the 2018-2019 school year and 2021-2022 school year



SBHCs: The Care Being Provided

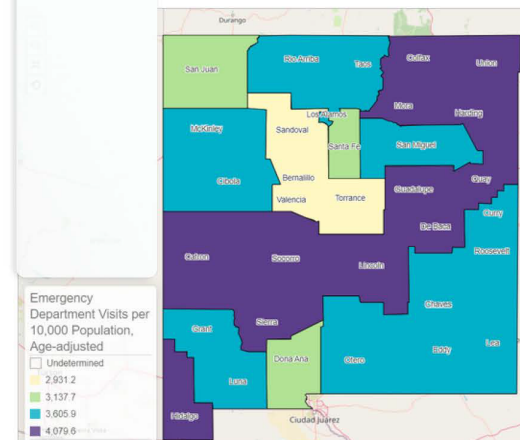
2022-2023 SBHC Challenges and Care



Rural SBHC Utilization
19,184 primary care visits in rural SBHCs

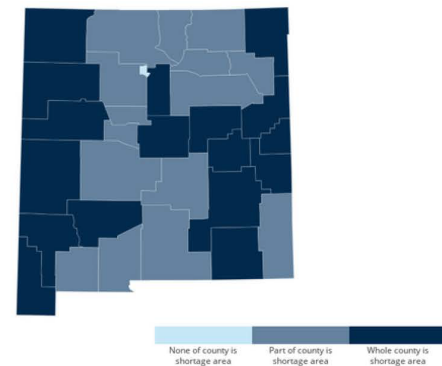
“ We are the safety net in our Community. ”
-SBHC Provider

Emergency department visits are higher in many rural communities where SBHCs could support regular preventative care and avoid emergency department utilization.



“ 18% of student/patients surveyed said that they have not used another place for healthcare (have only used the SBHC) ”

Health Professional Shortage Areas: Primary Care, by County, 2023 - New Mexico



Performance Measure Data

Well-Child Check	2022-2023		2021-2022	
	Site #	Site %	Site #	Site %
Well-Child Check Quantity (WCC) (age 0 to <21)	3,342	26%	3,032	25%

Diagnostic OR procedure codes in any position: Z00.110, Z00.111, Z00.121, Z00.129, Z00.00, Z00.01, Z01.110, Z01.111, Z00.8, 99381-99385, or 99391-99395. The denominator for this measure is 12,967.



Over 90% of SBHCs are located in Health Provider Shortage Areas (HPSAs) for primary care, behavioral health and/or both.

SBHCs: The Success Stories



"A senior in high school came to the SBHC looking to develop skills to manage anxiety symptoms and reduce substance use. It was identified the patient was also dealing with suicidal ideation. The SBHC therapist and patient made a safety plan involving family members and continued to develop coping skills to deal with anxiety and manage stressful situations. By graduation, the patient no longer reported anxiety symptoms or suicidal ideation's. The patient even reported doing well in school and starting a job"

- SBHC Coordinator



Providing Primary Care: During a comprehensive wellness exam, a 14-year old patient was identified as high risk for developing diabetes due to family history of diabetes and hypertension, and a BMI in the 99th percentile. Despite previous unsuccessful attempts to lose weight, the patient agreed to a BMI Care Plan. SBHC providers completed a dietary assessment and blood work, and assessed readiness for change and knowledge of food and nutrition. Counseling was provided specific to the patient's assessment results. The patient lost 9 pounds and 4 waist circumference inches and committed to continuing new healthy behaviors over the summer months.

- SBHC Provider



"A 13-year-old uninsured male came to the clinic for a sports physical. During the visit a heart murmur was noted. The murmur was very pronounced and, according to the father, was never evaluated. During the visit, the student was referred to cardiology and subsequently diagnosed with aortic stenosis. He was then scheduled for surgical intervention in Albuquerque, during which the cardiologist successfully repaired his heart. The student will be evaluated yearly by cardiology. Post surgery the student is able to participate in soccer freely and is living a healthier life."

- SBHC Staff



"The School-Based Health Center is a very important part of our rural community. Without their services it would be impossible for our children to be seen. We would need to travel 85 miles to Grants or 108 miles to Socorro to see a doctor. The Providers and staff treat our children as if they were their own. The SBHC is situated next door to the school and makes it convenient for my grandchildren to be seen on the days open for the kids. We hope that we can continue to rely on this integral part of our children's health needs."

Southwest NM Grandparent



How Partnerships are Helping

- HSD-Medical Assistance Division
 - Medicaid School-Based Services Expansion
 - EPSDT Rates
- NM Hospital Association
 - Workforce Solutions
 - SBHC Operations
- NM Primary Care Association
 - Workforce Solutions
 - Federal Funding for SBHCs
- NM School Nurses' Association
 - Assessing Gaps in Care
- Medicaid MCOs
 - Collaborating to Incentivize Quality
 - Innovation to Coordinate Care
- Community Funders
 - Filling Gaps in Supply Needs
- UNM ECHO
 - Filling Gaps in Training Needs
- NM – Public Education Department
 - Collaboration with Community Schools
 - Addressing Attendance Concerns

Questions & Closing

What questions do you have?

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THANK YOU FOR INVITING US TO BE HERE