# Legislative Health & Human Services Committee

Thursday, November 6, 2025



#### New Mexico Association for Home & Hospice Care

#### **Home Health Care**

Skilled care given be health care professionals such as nurses, physical, occupational, and speech therapists

The care must be ordered by a physician or a non-physician provider

Not quite 14,000 NM Medicare beneficiaries used home health benefit

72 Medicare certified home health agencies

#### Hospice

Addresses patient's physical, emotional, social, and spiritual needs

Helps the patient's family and caregivers

Emphasis is on caring, not curing

Care typically provided in the home

Not quite 11,500 NM Medicare beneficiaries use hospice benefit

53 Medicare certified hospice agencies

#### **Personal Care Services**

Medicaid community benefit for individuals with a nursing facility level of care determine

Assistance with some or all of activities of daily living

Purpose is to avoid institutionalization and/or to increase individual's ability to remain independent

Over 32,000 Medicaid personal care service members

#### Palliative Care is a Philosophy

Palliative Care:	Focuses on relieving symptoms and improving quality of life for people with serious, chronic illnesses.  Can be provided at any stage of illness — not limited to end-of-life care.
	Works alongside curative treatments.
Hospice Care:	Is a type of Palliative Care focused on comfort and support when an illness is terminal or at the end of life.
Saro.	Emphasizes care for both the patient and family during the final months of life.
Shared Philosophy:	Both use a team-based approach to support the physical, emotional, social, and spiritual needs of patients.
i intosopiny.	Prioritize comfort, dignity, and quality of life.

# Care in the Home is Patient Preferred & Saves Healthcare Dollars



AARP Public Policy Institute report that **90% of people 65 and older** would prefer to receive care in their homes for as long as possible.



Personal care services reduce costly nursing home placements and hospital readmissions. According to New Mexico Health Care Authority's Turquoise Care Waiver Renewal application, a nursing home placement costs the State over \$9,039/month; on average, Personal Care Services cost the State 3,582/month. Savings of over \$5,000/month



Access to home health, according to a study by the <u>Partnership for Quality Home Healthcare</u>, resulted in 34% lower hospital readmission rate. Additionally, patients receiving home health within 7 days of discharge saw substantially lower hospital readmission rates compared to those who went home without services.



Finally, according to <u>a study by NORC at the University of Chicago</u>, hospice saves an estimated **\$3.7 billion** in Medicare outlays for beneficiaries in their last year of life.

#### **National Landscape**

#### The Charlotte Observer

For this NC family, Medicaid cuts could force decisions on keeping care at home

By Nora O'Neill



**CMS Faces Flood of Comments Opposing 2026 Home Health Payment** 

By Morgan Gonzales | August 27, 2025



## Op-Ed: Home health helps families, so why is Washington trying to cut it?

By Terry Wilcox October 24, 2025

#### **Modern Healthcare**

Home health groups press for a piece of rural health funding



By Diane Eastabrook September 02, 2025 04:00 AM

#### 2026 Legislative Priorities

Personal Care Services reimbursement rate increases

Pediatric Palliative Care benefit

#### Mercer Study



Published December 9, 2024

# Agency Based Community Benefit Personal Care Service models

## Personal care consumer delegated

Member chooses personal care services agency and agency is responsible for ensuring that all services are delivered

## Personal care consumer directed

Members can oversee their own services delivery' works with the PCS agency as the fiscal intermediary

#### Mercer Findings

SFY2026 Modeled Wage Ranges						
Service	Lower Bound	Medium	Upper Bound			
Personal Care						
Consumer Delegated Personal Care	\$16.00	\$18.00	\$20.00			
Consumer Directed	\$16.00	\$18.00	\$20.00			

#### **Mercer Findings**

#### SFY2026 Modeled Rate Ranges

	Lower		Upper
Service	Bound	Medium	Bound
Personal Care Consumer			
Delegated	\$31.92	\$36.00	\$40.00
Personal Care Consumer			
Directed	\$25.48	\$28.35	\$31.23

#### NM Published Fee Schedule

#### **LOD 59: CB Recommended Provider Rates**

	Procedure		Recommended
Service	Code	Unit	Rate
Personal Care Consumer			
Delegated	T1019	15 min	\$5.10
Personal Care Consumer			
Directed	99509	Hour	\$17.20

#### New Mexico State Comparison

State	Personal Care reimbursement 1 hour	Minimum Wage
New Mexico	\$20.40	\$12.00
Arizona	\$34.80	\$14.35
Colorado- Denver (non-relative)	\$30.92	\$17.29
Colorado- Non Denver (non relative)	\$28.36	\$14.42
Oklahoma	\$21.04	\$7.25
Utah	\$24.76	\$7.25

Underfunded Program at a Breaking Point



#### Pediatric Hospice Care

More than 5,600 children in NM have a complex medical problem that limits their life expectancy

1 out of 53 NM hospices have a pediatric program

Palliative care is a bridge to create pediatric hospice access

# Pediatric Palliative Care Benefit



**Center for Health Policy** 

A partnership with the New Mexico Medical Assistance Division

### Medicaid Community-Based Palliative Care Benefit Proposal

GRACE CHUNG, PHD, MPH, CORY DINTER, MPH, MSC, AND AMBER DUKES, PHD, MPH
March 2024

#### Pediatric Palliative Care Data

881 children in NM eligible

Average PMPM pediatric costs are \$881

ROI on pediatric palliative care benefit ranges between \$2.1 & \$2.6 dollars for every dollar spent

#### 2026 Legislative Recommendations

Increase Personal Care Services reimbursement rates by 15%

Add pediatric palliative care benefit to the State Plan Amendment

#### Thank You





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