

County & Tribal Health Councils

An Instrumental Function of Public Health in Service of New Mexico



Indian Affairs Committee

October 2nd, 2024 Zia Day School, Pueblo of Zia

MOBILIZING COMMUNITIES FOR HEALTH

Land Acknowledgement

The New Mexico Alliance of Health Councils humbly recognizes and acknowledges we are on unceded territory and ancestral lands of the original peoples of New Mexico's Pueblos, Apache Nations, and the Navajo Nation.

Together, we acknowledge the history of genocide, dispossession, colonization and ongoing systemic inequities, while strengthening and respecting relationships with Indigenous peoples.

We give thanks to the past, present and future stewards of this land and respect all tribal nation's sovereignty. In offering this Land Acknowledgment, we affirm Indigenous resiliency, self-determination, and self-governance of New Mexico's tribes and nations who are still here today.



MOBILIZING COMMUNITIES FOR HEALTH

PAVING THE WAY FOR A HEALTHY & THRIVING NEW MEXICO

THE CHALLENGE & OPPORTUNITY:

- NEW MEXICO, 47TH IN EDUCATION, 50TH IN HEALTH & SAFETY (Americas Health Ranking Study)
- NEW MEXICO, 50TH WORST STATE TO BE A CHILD (Annie E. Casey 2024)
- HEALTH COUNCILS: ADDRESSING PUBLIC HEALTH PRIORITIES AT THE LOCAL LEVEL AND SYSTEMS LEVELS

THE ALIGNMENT:

- CRITICAL FUNCTION OF PUBLIC HEALTH STATEWIDE (LOCAL & SYSTEMS)
- ALIGNMENT WITH GOVERNOR AND LEGISLATIVE PRIORITIES
- ALIGNMENT WITH NMDOH'S NORTH STAR
- ALIGNMENT WITH NM HEALTH CARE AUTHORITY'S GOALS

THE SOLUTION:

• SHORT AND LONG TERM STRATEGY: INVESTING IN COUNTY & TRIBAL HEALTH COUNCILS, THE LOCAL TRUSTED COMMUNITY-BASED HEALTH HUBS, FOR ADVANCING HEALTH EQUITY

Health Council Aligned with Governor Grisham's & Legislative Priorities, NMDOH, HCA and Other State Agencies

ALIGNMENT OF NMDOH AND HEALTH COUNCIL PRIORITIES & INITIATIVES

NMDOH MISSION

Promote Health and Well-Being

Improve Health Outcomes

Ensure Health Equity

Visit NM Health Website https://www.nmhealth.org/

NMDOH GOALS

Expand Equitable Access for all New Mexicans

Improve Health Status for all New Mexicans

Ensure Safety in NM Health

Care Environment

Support services for staff

KEY COMPONENTS

State Health Assessment

State Health Improvement Plan

Public Health
Accreditation Board

Quality Improvement

GOVERNOR GRISHAM

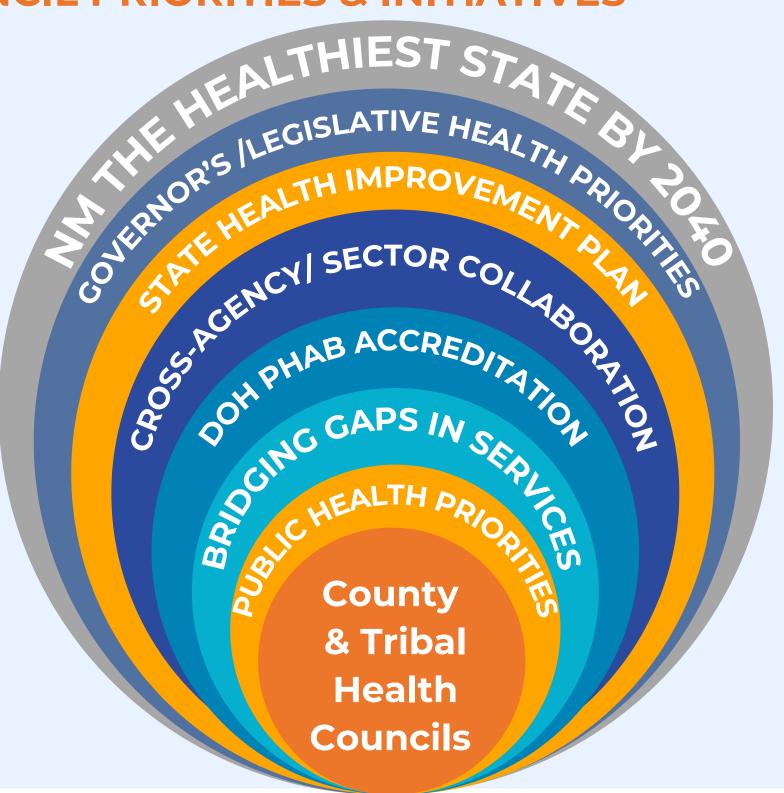
- BEHAVIORAL HEALTH
- AGING CARE & SERV.
- FIREARM SAFETY
- HOUSING/HOMELESS
- VACCINATION
- COMMUNITY OUTREACH
- FOOD ACCESS
- STRATEGIC WATER

NM HEALTH CARE AUTHORITY

- ACHIEVE HEALTH
 EQUITY: BY
 ADDRESSING
 POVERTY,
 DISCRIMINATION, AND
 LACK OF RESOURCES
- MEDICAID SERVICES
- FOOD IS MEDICINE RX
- SERVE AS EXTENTION TO FIELD OFFICES

SYSTEMS COLLABORATION

- STATE TRIBAL COLLABORATION ACT
- CLOSED LOOP REFERRAL SYSTEM
- STATEWIDE RESOURCE DIRECTORY: SHARENM
- COMMUNITY COLLABORATIVE FORUM
- STATEWIDE COLLABORATION DOC



33 County and 10 Tribal Health Councils

WHO THEY ARE:

County & Tribal Health Councils were established in 1991 by the New Mexico legislature, originally under Maternal and Child Care Act. The function of Health Councils was reaffirmed in 2019 by the County and Tribal Health Councils Act (HB 137).

THERE ARE...

COUNTY HEALTH COUNCILS

> TRIBAL **HEALTH COUNCILS** IN NEW MEXICO

Tribal Health Councils

Pueblo of Acoma

Pueblo of Cochiti

Pueblo of Nambe

Pueblo of Picuris

Pueblo of San Ildefonso

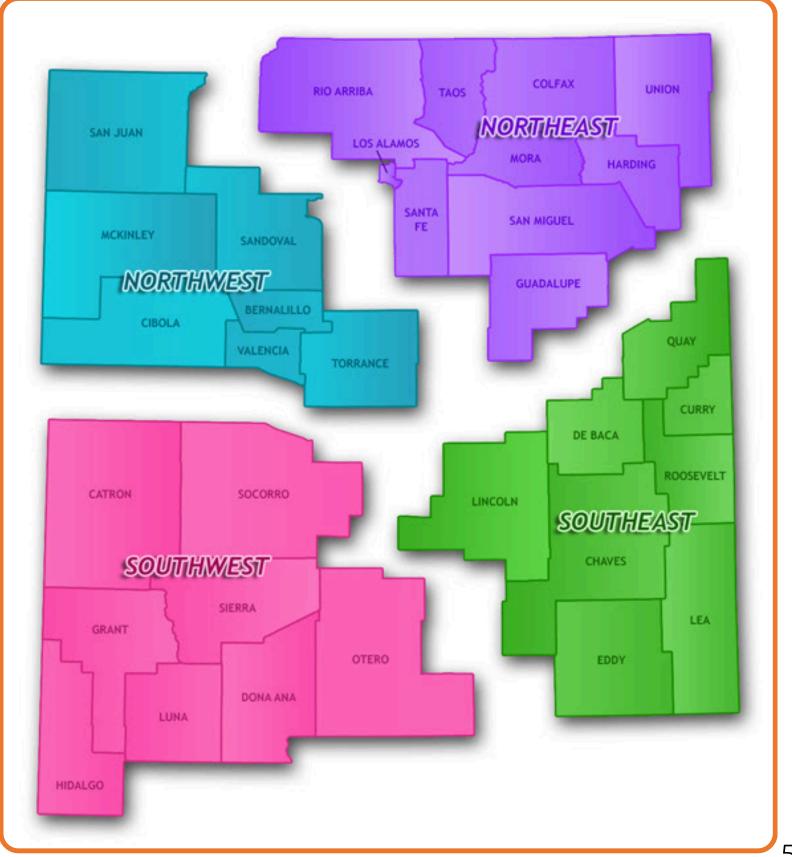
Pueblo of Santa Ana

Pueblo of Santa Clara

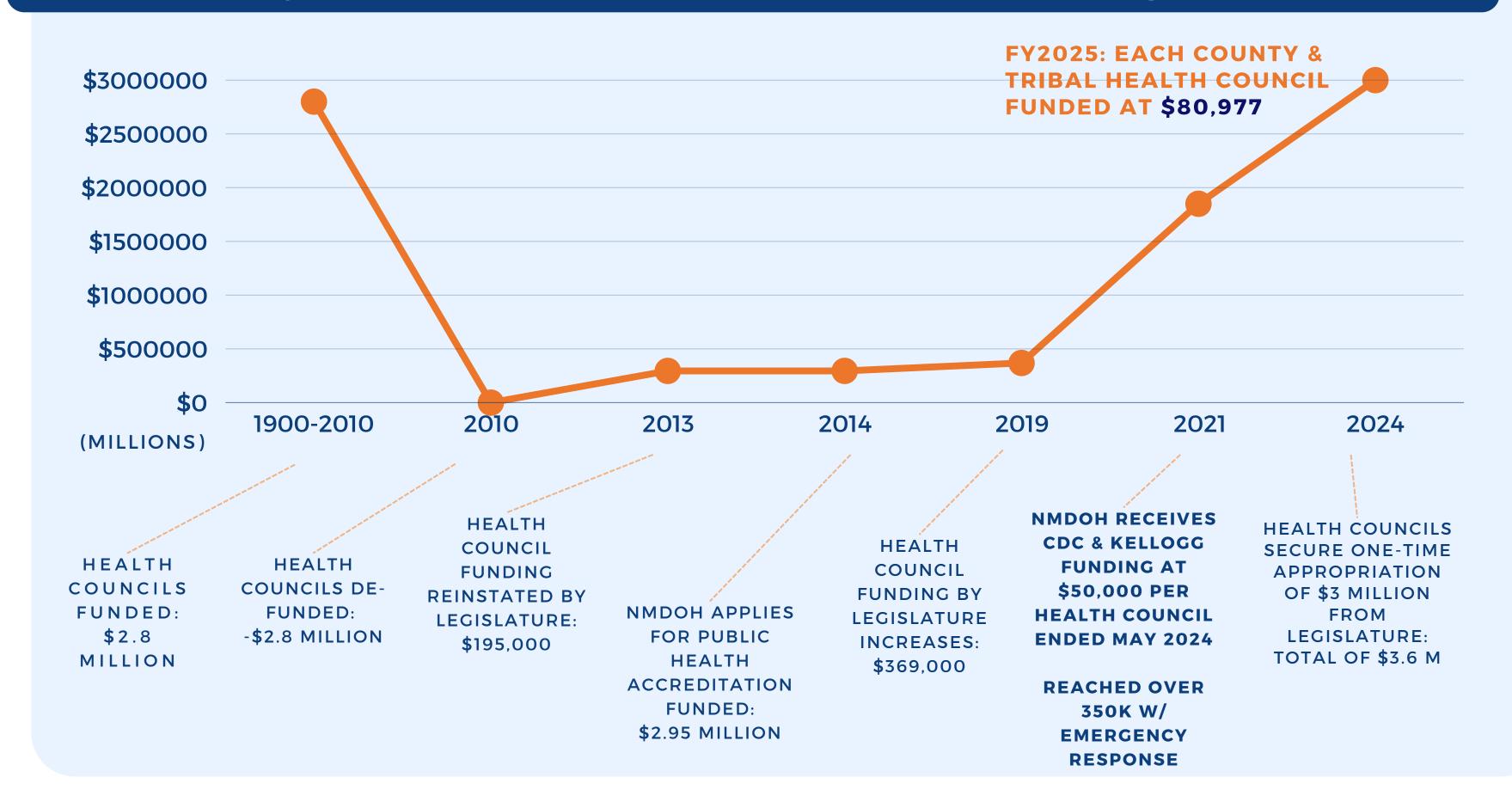
Pueblo of Santo Domingo

Pueblo of Tesuque

Canoncito Band of Navajos



NM County & Tribal Health Councils: Funding



Health Council Community Membership

Membership depends on the structure of the Health Council and is focused on engaging and centering community members. Each Health Council operates according to the Health Council bylaws that are specific to their governance structure.

To9 Statewide paid staff and Health Council members as of August 2024:

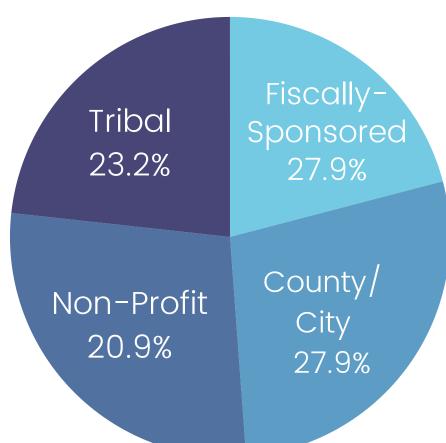
STATEWIDE:

- Total HC paid staff reported statewide = 96
- Average paid HC staff per Health Council = 2.67
- Total HC members reported statewide = 643++
- Average HC members reported per Health Council= 30.62

TRIBAL ONLY:

- Total Tribal HC paid staff reported = 15
- Average paid Tribal HC staff per health council = 2
- Total Tribal HC members reported statewide = 124
- Average Tribal HC members reported per Health Council=
 13.7

As of August 2024, these are the governance structures that makeup the network of County & Tribal Health Councils:



Each Health Council operates according to the recommendations from County or Tribal leadership and/ or related bylaws.

- 1.Tribal Government
- 2.County/City Government
- 3. Non-Profit Corporation
- 4. Fiscal Sponsorships/ Agents

Health Council Governance Structures

HEALTH COUNCILS ARE THE REPRESENTATION OF DIVERSE COMMUNITIES, INTIMATELY AWARE OF COMMUNITY NEEDS AND CRITICAL IN THE COORDINATION OF ESSENTIAL SERVICES AND SYSTEMS OF CARE. FOR OVER 30 YEARS, HEALTH COUNCILS HAVE SERVED AS THE LOCAL COMMUNITY-BASED HEALTH HUBS, LET'S LEVERAGE THEM FOR SUCCESS.

LEADERSHIP ROLE: HEALTH COUNCIL COORDINATOR

HEALTH COUNCILS: EXPERIENCE REQUIRED

- Organizational Management & Development
- Grants Sourcing, Management & Reporting
- Planning & assessment
- Data Collection & Reporting
- Outreach & Membership
- Facilitation & Project Mat
- Coordination of Services
- Marketing & Communications
- Knowledge of health issues
- Public Health Education
- Intervention & Prevention
- Community Engagement & Building

- Develop and support Health Council Leadership
- Community outreach for building Health Council Membership
- Lead Health Council member engagement, recruitment and retention
- Coordinate monthly meetings, location and facilitation
- Increase community awareness of Health Council role and function
- Represent the Health Council in local, County and statewide collaborations in service of communities
- Liaison with fiscal agent, meet reporting requirements and financials
- Collaborate with key partners in coordination of services and care
- Community health assessment, planning and implementation
- Drive Health Council capacity/development in addressing CHIP priorities
- Coordinate Health Councils activities such as community health events
- Lead public health education, prevention and intervention initiatives
- Progress reports to the Health Council's outcomes and impact
- Progress reports to the New Mexico Department of Health and NMAHC
- Evaluate and report on outcomes in partnership with NMDOH/NMAHC
- Collaborate in statewide advocacy efforts in support of County & Tribal Health Councils
- Collaborate/ inform statewide public health systems (CCF, CHNA, CLR)



Health Councils ~ Advocacy In Action! New Mexico Legislative Session 2024

Health Councils are the Voice of Community Members, who can inform policies to ensure equity and improve systems of care for New Mexicans.

Functions of Health Councils

2019 County and Tribal Health Councils Act House Bill 137

Health councils are mandated to identify community needs and priorities, identify and coordinate access to critical resources; evaluate the community's system of care with an equity approach; coordinate public health education, prevention and intervention efforts, and engage in advocacy efforts to improve community health. Health Councils are the representation of local communities and a strong voice for health equity.

Conduct county
or tribal
assessments and
inventory of
health resources

Identify health
priorities
determined through
community-based
planning

and
implementation of
strategies to
address health
priorities

Monitor health care programs and services to identify gaps and reduce duplication

Collaborate with other entities to develop programs, networks, partnerships, and coalitions

Advise the board in its jurisdiction and other entities regarding policies that affect health

Facilitate
communication
among local
jurisdictions, state
agencies, and other
entities

Identification of additional public and private resources to improve health

CHIP Process as of August 2024

NMAHC, 43 County & Tribal Health Councils, various Key Partners and NMDOH: (CHA + CHIPs = SHIP)

CONVENE

Conduct Community Health Assessments (CHA)

Identify Gaps/ Needs (Community Driven)

ASSESS

Community Health Improvement Plan (CHIP) priorities inform the SHIP (DOH).

- Goals
- Strategies
- Partners
- Data & Metrics
- Outcomes & Impacts

PLAN & **PRIORITIZE** Collaborate with key partners on strategies (prevention/intervent) Sept 2025 - July 2025 on), coordination of services, address local SDoH, & public health priorities

County & Tribal Health Councils will report on **NMDOH Traditional** Funding SOW FY 25 from

> **IMPLEMENT DATA + EVAL**

COLLAB

Final CHIPs were submitted February 2024. As of August 2024, Health Councils are currently in their CHIP implementation phase

State Health Improvement Plan (SHIP)

with NM Department of Health

Community Health Needs Assessment

(Sector Collaboration)



County & Tribal Health Council CHIP Priorities, as of September 2024

Overview of CHIP Priorities: County & Tribal Health Councils

Promoting Health Equity

Addressing Social Determinants of Health + Improving Population Health

56%

Behavioral Health Prevention

(Ongoing Mental Health & Substance Misuse Disorders)
21 Health Councils 16%

Mental Health & Suicide Prevention

6 Health Councils

13%

Substance Use Disorders & Misuse

5 Health Councils

11%

Access to Affordable Housing & Economic Stability

4 Health Councils

8%

Elder and Aging Care

3 Health Councils

8%

Chronic Disease Preventive Care

3 Health Councils

8%

Access to Quality Health
Care Services

3 Health Councils

6%

Access to Healthy & Nutritious Foods

3 Health Councils

3%

Violence Prevention & Firearm Related Injuries

1 Health Councils

Health Council
Strategies

Health Education; Prevention and Intervention; Coordinate Access to Services; Data collection and Analysis; Advocacy and Policy; Built Environment; Engagement and Partnerships; Funding Raising and Sustainability; Capacity Development; Workforce; Attitude and Beliefs; Prevention and Harm Reduction, Systems of Care, etc.

Tribal Health Council CHIP Priorities

Tribal Health Council CHIP Priorities

Promoting Tribal Health Equity

Addressing Social Determinants of Health

Improving Tribal Population Health

44%

Behavioral Health Prevention
(Ongoing Mental Health & Substance Misuse Disorders)
Substance Use Disorders & Misuse

33%

Chronic Disease Prevention Diabetes

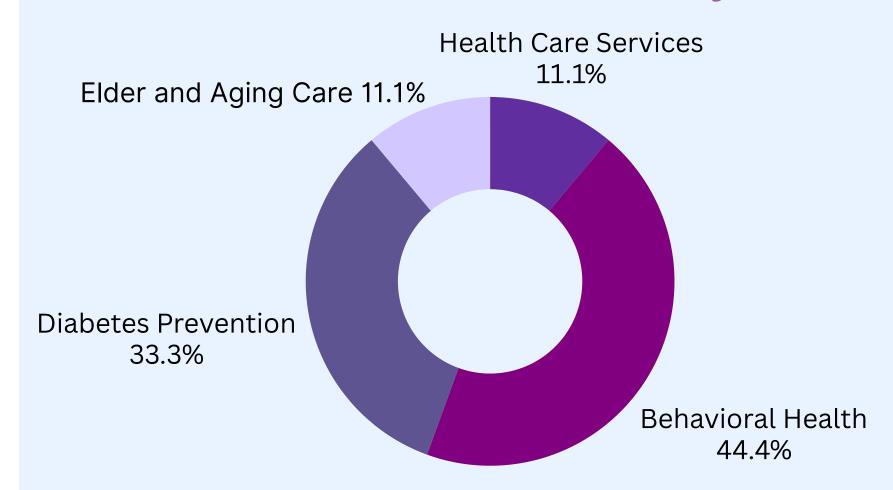
11%

Elder and Aging Care

11%

Access to Quality Health
Care Services

Tribal Health Councils Only

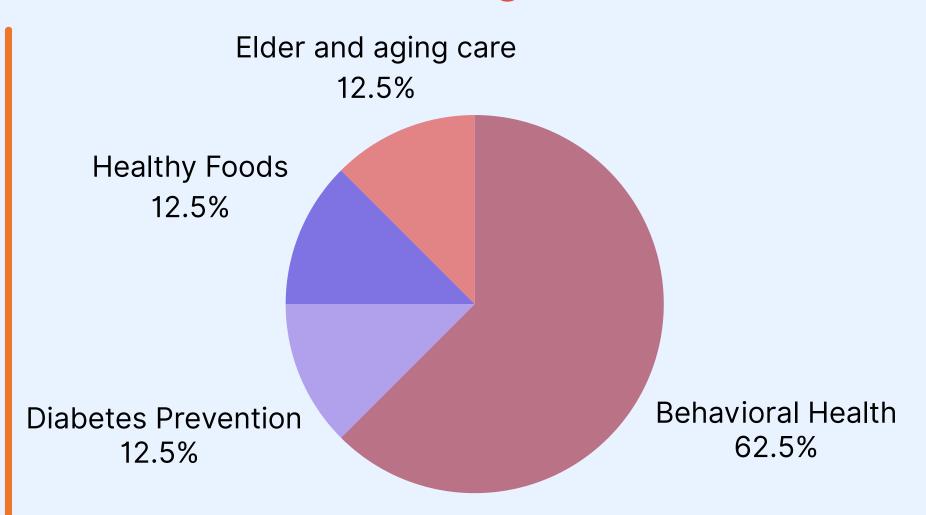


TRIBAL HEALTH COUNCILS

Acoma Pueblo
Cochiti Pueblo
Nambe Pueblo
Picuris Pueblo
San Ildefonso Pueblo

Santa Clara Pueblo
Santo Domingo Pueblo
Tesuque Pueblo
Canoncito Band of Navajos

Metro Region

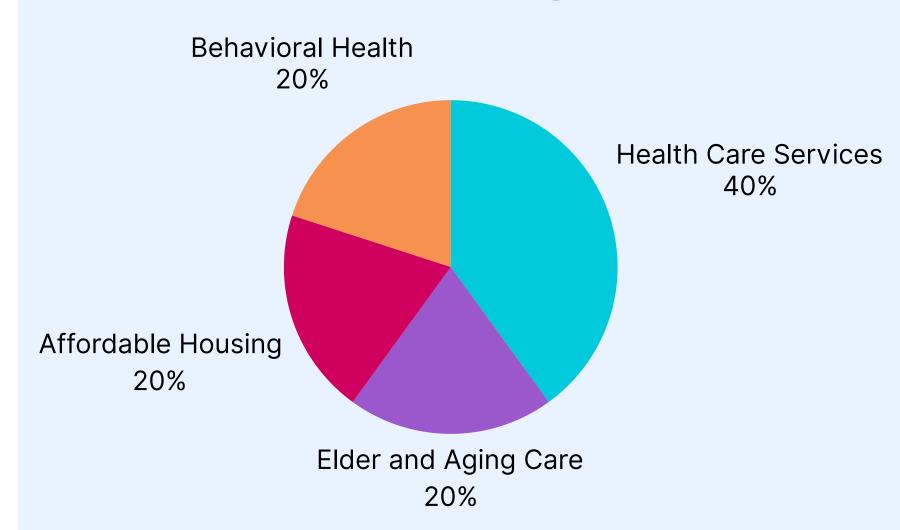


METRO HEALTH COUNCILS

Bernalillo County Sandoval County Torrance County Valencia County

Cañoncito Band of Navajos Cochiti Pueblo Santo Domingo Pueblo

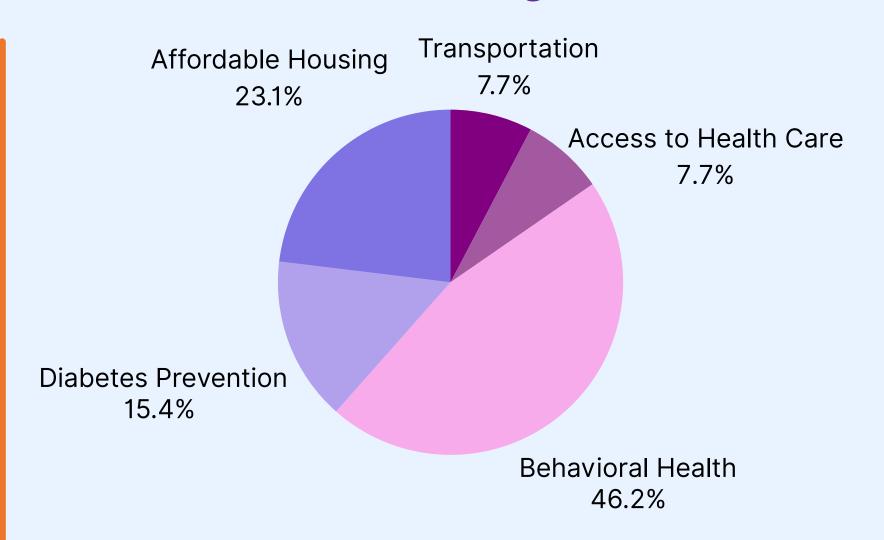
Northwest Region



NORTHWEST HEALTH COUNCILS

Cibola County
San Juan County
McKinley County
Acoma Pueblo

Northeast Region



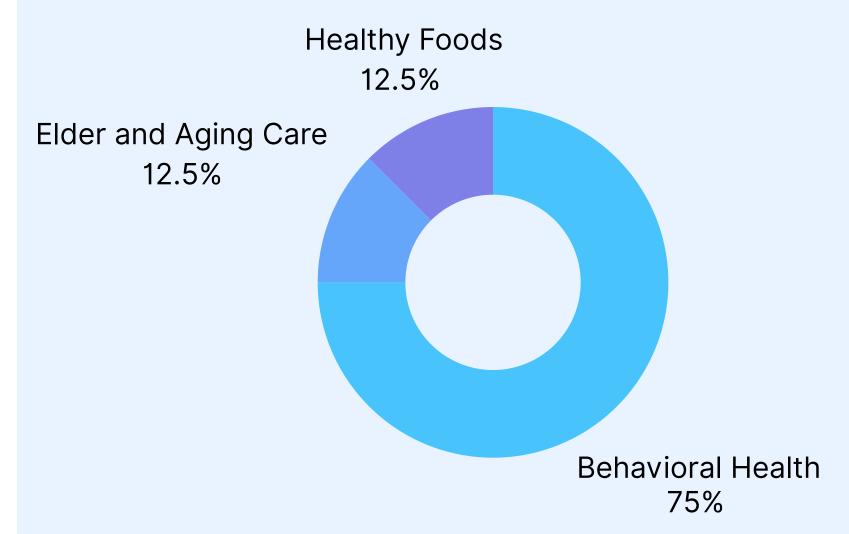
NORTHEAST HEALTH COUNCILS

Colfax County
Harding County
Los Alamos County
Mora County
Rio Arriba County

Santa Fe County
San Miguel Count
Guadalupe County
Taos County
Union County

Nambe Pueblo
Picuris Pueblo
San Ildefonso Pueblo
Santa Clara Pueblo
Tesuque Pueblo

Southwest Region



SOUTHWEST HEALTH COUNCILS

Catron County

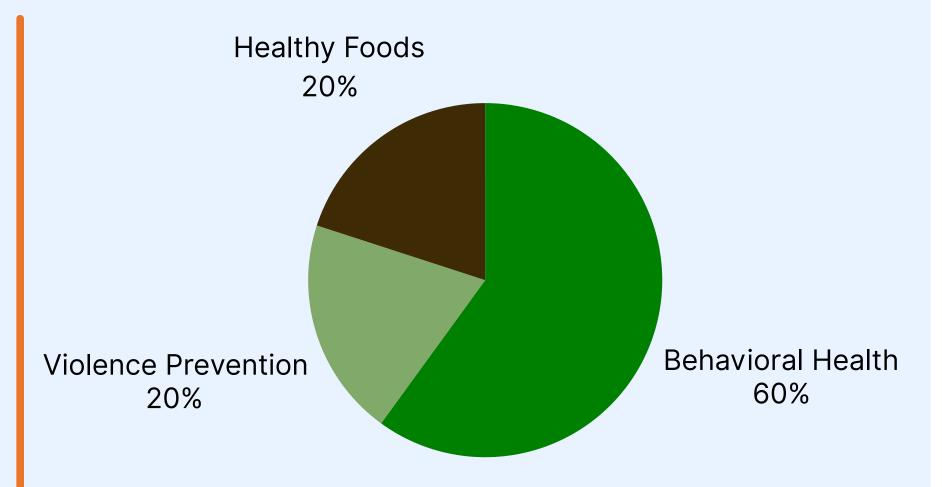
Dona Ana County

Grant County

Hidalgo County

Socorro County

Southeast Region



SOUTHEAST HEALTH COUNCILS

Chaves County

Curry County

De Baca County

Eddy County

Lea County

Lincoln County

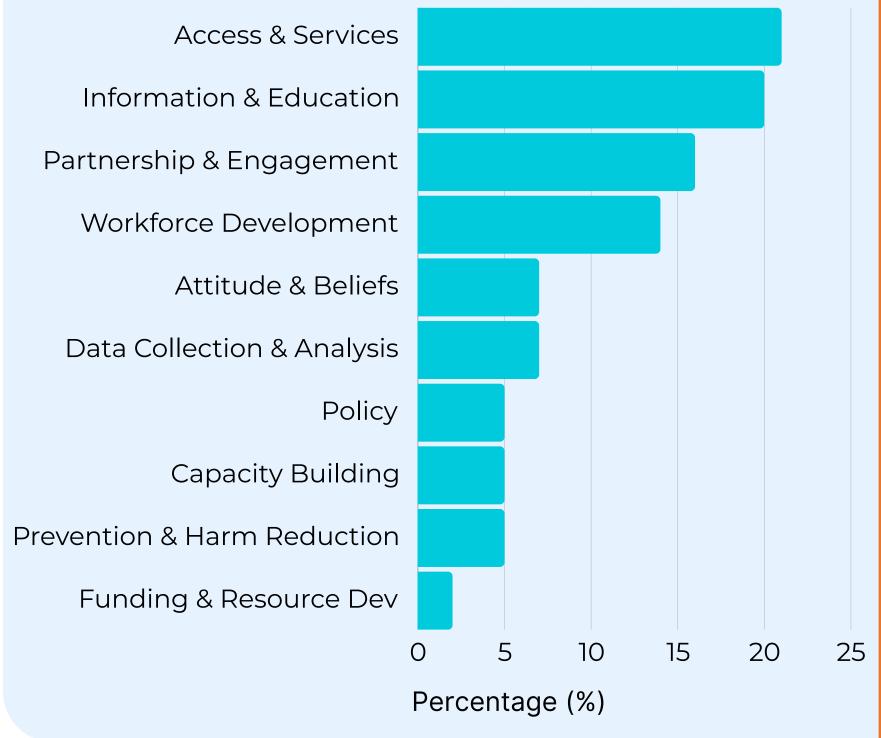
Quay County

Roosevelt County

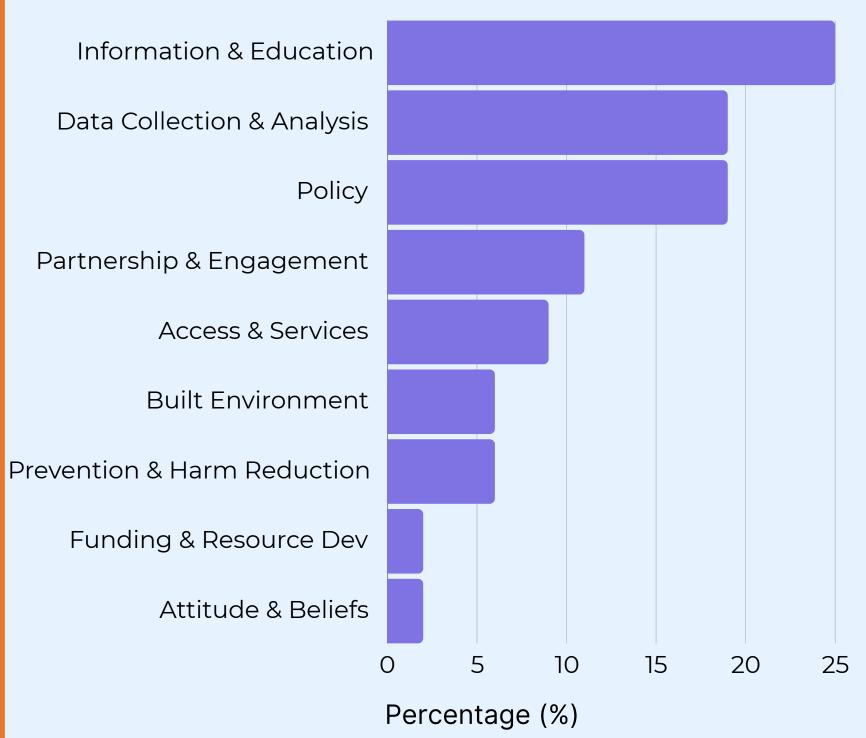
Community Health Improvement Plan & Strategies (CHIP)



County CHIP Strategies



Tribal CHIP Strategies



Impacts of County & Tribal Health Council CHIP Priorities and Efforts

Impacts of County & Tribal Health Councils' CHIP Priorities:

Behavioral Health, Mental Health, and Substance Use Disorders and Misuse
October 2023 - August 2024

4,647

Number of Narcan lifesaving kits distributed

statewide by County & Tribal Health Councils

1,840

Number of community members and partners trained on administering Narcan, trainings hosted by Health Councils 1,184

Number of community members and partners trained on Mental Health First Aid/ QPR, hosted by Health Councils 143

Number of communitybased mental health and substance misuse trainings for both youth, adults, and families on prevention

hosted by Health Councils

74

Number of Behavioral Health assessments and interviews completed for additional data conducted by Health Councils

1,260

Number of Behavioral
Health resource guides
distributed to households &
SHARENM Behavioral
Health resources shared by
Health Councils

2,025

Number of viewers reached on social media discussing prevention efforts on Behavioral Health by Health Councils 295

Number of community members reached with 988 resources and mental health awareness walks hosted by Health Councils

441

Number of statewide partners addressing Behavioral Health in collaboration with County and Tribal Health Councils 501

Number of drug testing kits and timed pilled boxes provided to community members by Health Councils

Impacts of County & Tribal Health Council CHIP Priorities and Efforts

Impacts of Priority:

Access to Affordable Housing & Economic Instability

August 2023 - August 2024

81

Number of community
Housing assessments
completed for
additional data
gathering conducted
by Health Councils

112

Number of community
members engaged
with Town Halls
discussing Housing
Instability concerns by
Health Councils

30

Number of pallet homes created by Health Councils for tent cities in partnership with County municipality

5,927

Number of community
members living in tent cities
supported with social servicerelated needs by Health
Councils

\$26,528

Amount of in-kind gift cards collected for food, gas, etc. provided to homeless or at-risk individuals by Health Councils

Impacts of Priority:

Access to Quality Health Care Services
October 2023 - August 2024

13,182

Number of community members reached with health promotion activities hosted by Health Councils

20

Average number of **community members who received transportation** monthly per
Health Councils

Impacts of Priority:

Access to Healthy & Nutritious Foods Fall 2023 - August 2024

248,519

Pounds of food distributed to community members by Health Councils

24,183

Number of food boxes distributed to households by Health Councils

Impacts of County & Tribal Health Council CHIP Priorities and Efforts

Impacts of Priority: Tribal Health Chronic Disease Prevention January - August 2024

392

Number of Tribal members educated about diabetes prevention and other related chronic illnesses by

Tribal Health Councils

Number of gunlocks distributed to community members by

Health Councils: October 2023-August 2024 4,928

Impacts of Priority: Elder and Aging Care
January - August 2024

416

Number of elder assessments and steady risk interview completed by elder

population

conducted by Health Councils 24

Number of dementia support groups hosted by Health councils

32

Number of caregiver and burnout support meetings hosted by Health Councils



Number of walk in showers installed by Health Council
for elder population

Focused on Workforce Development

(Dona Ana, Guadalupe, Union, Nambe Pueblo, +++)

52%

Addressing Substance Abuse (Opioid)

(Bernalillo, Catron, Colfax, Hidalgo, Curry, Luna, Torrence, Otero +++)

78%

Improving Access to Rural Primary Care

(Torrance, Catron, Los Alamos, Union, Luna, Valencia, Name Pueblo, Acoma Pueblo, Harding, Santo Domingo Pueblo, Canoncito Band of Navajos +++)

57%

\$12M RECURRING FUNDING REQUEST FOR NEW MEXICO's COUNTY & TRIBAL HEALTH COUNCILS (FY2026)

The New Mexico Alliance of Health Councils is advocating for **re-establishing recurring optimal funding** for New Mexico's County & Tribal Health Councils, per <u>HB137</u>.

Representative Liz Thomson has submitted a funding request in the amount of \$12 million.

- Of which \$11M will average to at least \$250,000 per County & Tribal Health Council to fund operational, administrative, and programming costs to fulfill all functions in service of their communities. This will leverage this critical function of public health in service of communities statewide.
- \$1M will fund a 501c3 to provide systems collaboration, ancillary service and advocacy in support of Health Councils statewide.

Prior to FY2025, Health Councils were funded at \$15,333 per County & Tribal Health Council.

- Thanks to HB67 co-sponsors and Legislative support, Health Councils statewide received a one-time appropriation of \$3 million to fund their operations and services to advance health priorities, averaging at \$80,977 per Health Council, including base funding at \$15K
- **Securing 109** Health Council Coordinator positions for one fiscal year, stabilizing the work achieved thanks to CDC funding.

The New Mexico Alliance of Health Councils is a 501c3 organization providing systems collaboration for collective impact, policy and advocacy, and ancillary services in support of New Mexico's 33 County & 10 Tribal Health Councils and community partners.



Valeria Alarcón

EXECUTIVE

DIRECTOR

NMAHC



Gerilyn Antonio, MPH
TRIBAL LIAISON
NMAHC



Heather Maxey

HEALTH COUNCIL &

PUBLIC HEALTH

SPECIALIST

NMAHC



Anthony Yepa

Tribal Member, Board of
Directors, New Mexico
Alliance of Health Councils
SANTO DOMINGO PUEBLO
HEALTH COUNCIL

new mexico of Health Councils **THANK YOU!**

Tel: 505-226-2133 || www.NMHealthCouncils.org Valeria@nmhealthcouncils.org || Gerilyn@nmhealthcouncils.org || Heather@nmhealthcouncils.org