

Aging and Long-Term Services Department
presentation to the

Legislative Finance Committee

November 21, 2013

Gino Rinaldi, Secretary



Partners in Lifelong Independence and Healthy Aging

Introductions

- Deputy Secretary and Acting Director
Myles Copeland
- Director, Aging Network Division
Lynne Anker-Unnever
- Director, Adult Protective Services Division
Kathleen Hart
- Director, Consumer and Elder Rights Division
Carlos Moya
- Director, Administrative Services Division
Jason Sanchez
- Chief Information Officer
Greg Rockstroh
- Policy and Planning Director
Fred Schaum

Why we are here

Endorsement and support for \$47.9 million in General Fund, a \$2.9 million increase to the Department's base budget, to maintain necessary service levels

Adult Protective Services – \$0.59 million increase to base

- Increase number of people provided in-home support services.
- Increase service hours per client to minimum protective levels.

Consumer and Elder Rights - \$0.4 million increase

- Achieve staffing levels for successful performance management, reduced call wait times, increased live-call connections and optimal client transitions.
- Allow Medicaid & Centennial Care client needs to be addressed in appropriate and timely manner.

Program Support – \$0.15 million increase

- Provide direct programmatic oversight of contracted dollars
- Provide financial and audit oversight of contracted dollars

Aging Network – \$1.8 million increase

- Meet needs of growing senior population with meals and in-home care to reduce costly facility placement.
- Build provider capacity for high-quality service delivery statewide.

What we do

Mission

The Aging and Long-Term Services Department provides accessible, integrated services to older adults, adults with disabilities, and caregivers to assist them in maintaining their independence, dignity, autonomy, health, safety and economic well-being, thereby empowering them to live on their own terms in their own communities as productively as possible.

Booming senior population

- 10,000 US baby boomers turning 65 daily
- # of US adults 65+ grows 36%, 2010-2020
- NM's 65+ population more than doubles by 2030
- 4th largest 65+ population % in the nation by 2030
- More people 65+ than under 18 by 2030

Challenges

- Healthy Aging
 - Chronic Conditions
 - Cardiovascular disease, Diabetes, Obesity, Alzheimer's
 - Erode quality of life & independence
 - Account for 75% of \$2.7 trillion US healthcare costs annually
 - 20% of U.S. workforce is 55+
- Senior Hunger
 - NM 2nd in the nation
 - 83,000+ NM seniors living with threat of hunger

Challenges

- Caregiving
 - 287,000 family caregivers in NM (care contributed = \$3.1 Billion)
- Ensuring safety of vulnerable elderly & disabled adults
 - 7.6% of seniors report being abused, neglected or exploited in past year
 - 68% of adult women w. disabilities reported abuse in the past year
 - 55% of men experienced physical abuse since disability

What we are doing about it

- **Healthy Aging**
 - Addressing modifiable risks
 - Helping navigate healthcare landscape (ADRC, Options Counseling)
 - Promoting independence & productivity:
 - Employment
 - Volunteer programs
 - Transportation
 - Meals
- **Senior Hunger**
 - 3.5 million meals to 49,000+ people (Area Agencies on Aging)
 - 92% of home-delivered meal recipients said meals allowed them to live at home

What we are doing about it

- Caregiving
 - Directing people to the resources they need (ADRC)
 - Respite (379,000+ hours by Area Agencies on Aging)
 - Senior Companions
 - Savvy Caregiver (Alzheimer's Association)
 - Meals
 - Transportation
- Ensuring safety of elderly & disabled adults
 - Adult Protective Services
 - Ombudsman

ALTSD Structure

Program Support

- provides fiscal, human resources, IT, legal, and administrative support

Consumer and Elder Rights

- single-point of entry to assist people in navigating complex long-term services system
- ensures nursing home residents' rights are protected 24/7
- assists residents who wish to re-integrate into communities

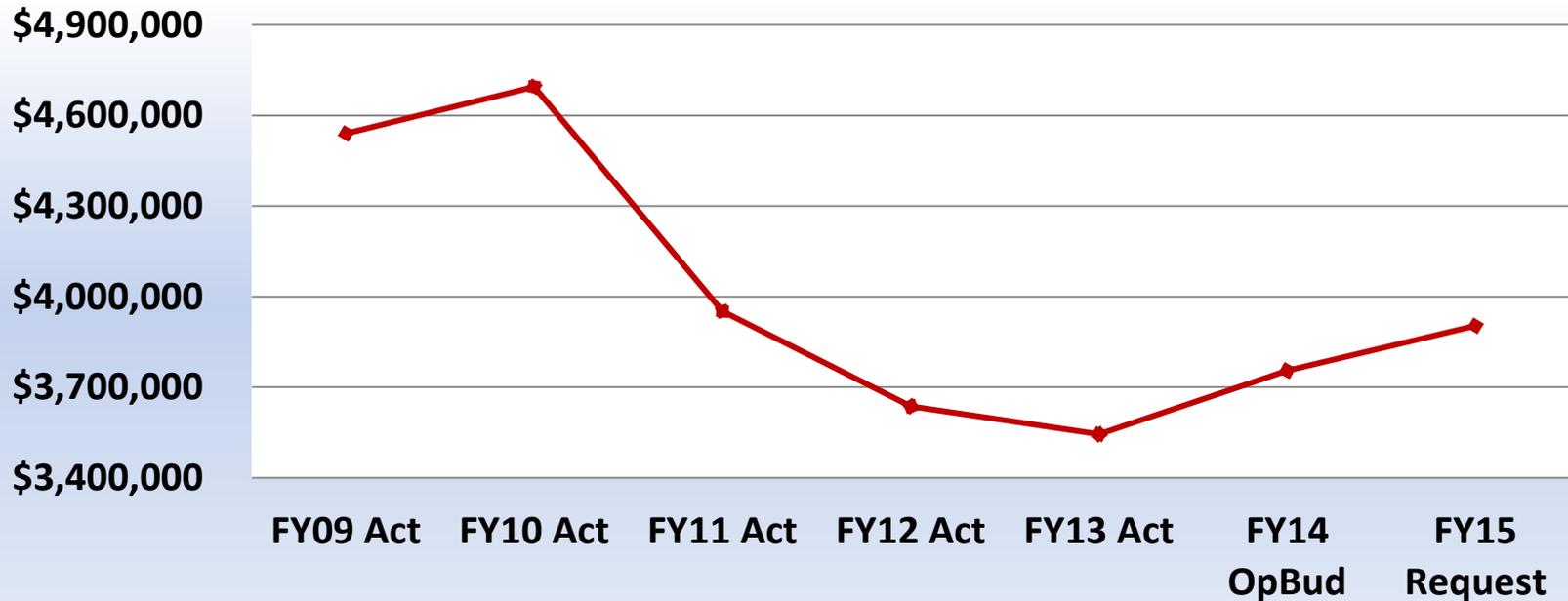
Adult Protective Services

- investigates reports of abuse, neglect, or exploitation of adults who are unable to protect themselves and provides a system of protective services to prevent continued harm to victims and repeat investigations

Aging Network

- ensures older adults have access to essential services such as food, transportation, and adult day care, and employment training and volunteer opportunities

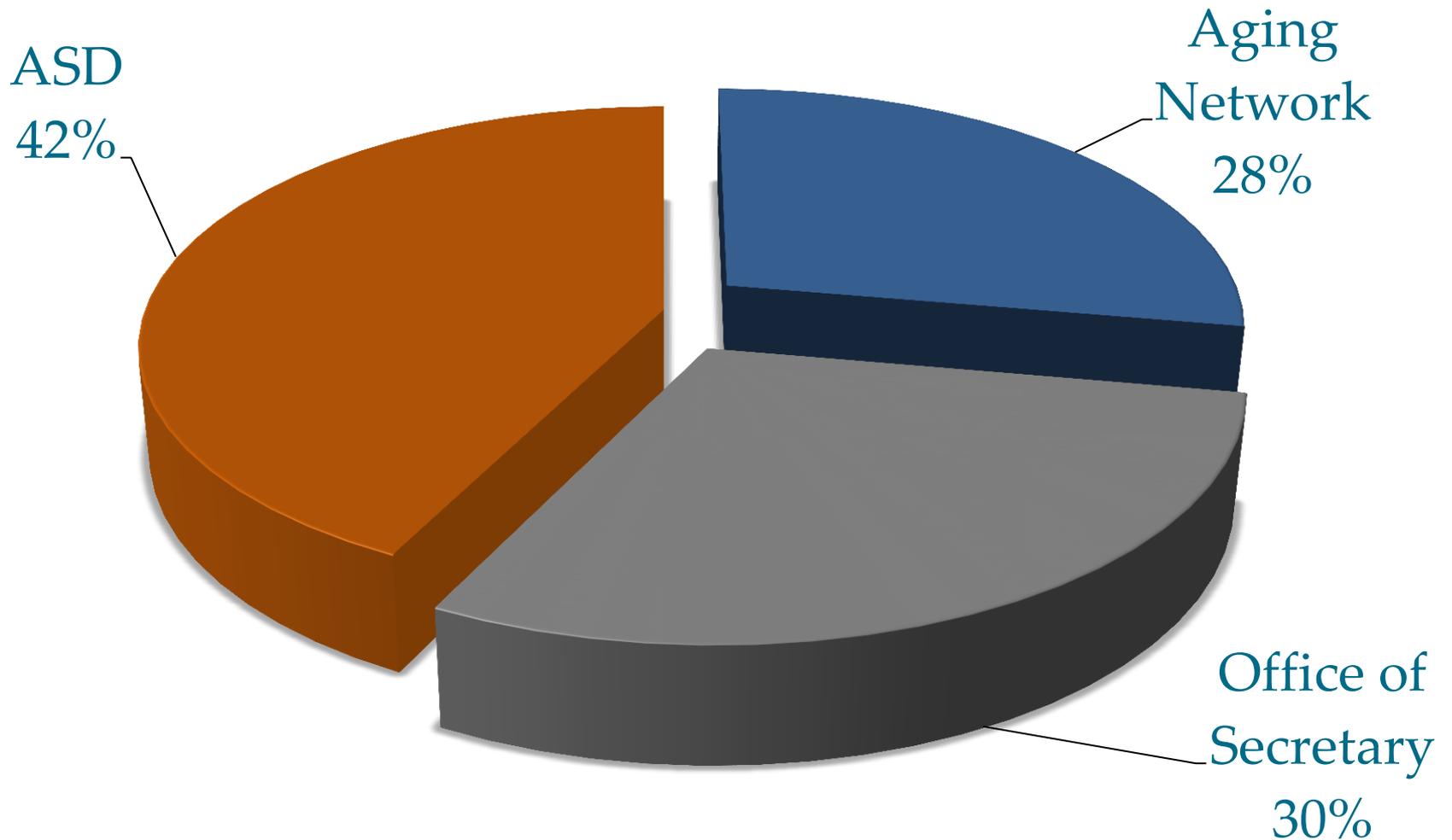
Program Support General Fund



Vacancy Rate 24%

- FY15 GF increase of \$.15 million or 3.8%
- Provide oversight of funds that the department administers
- Complete financial audits and meet federal reporting and program management requirements
- Reduce vacancy rate

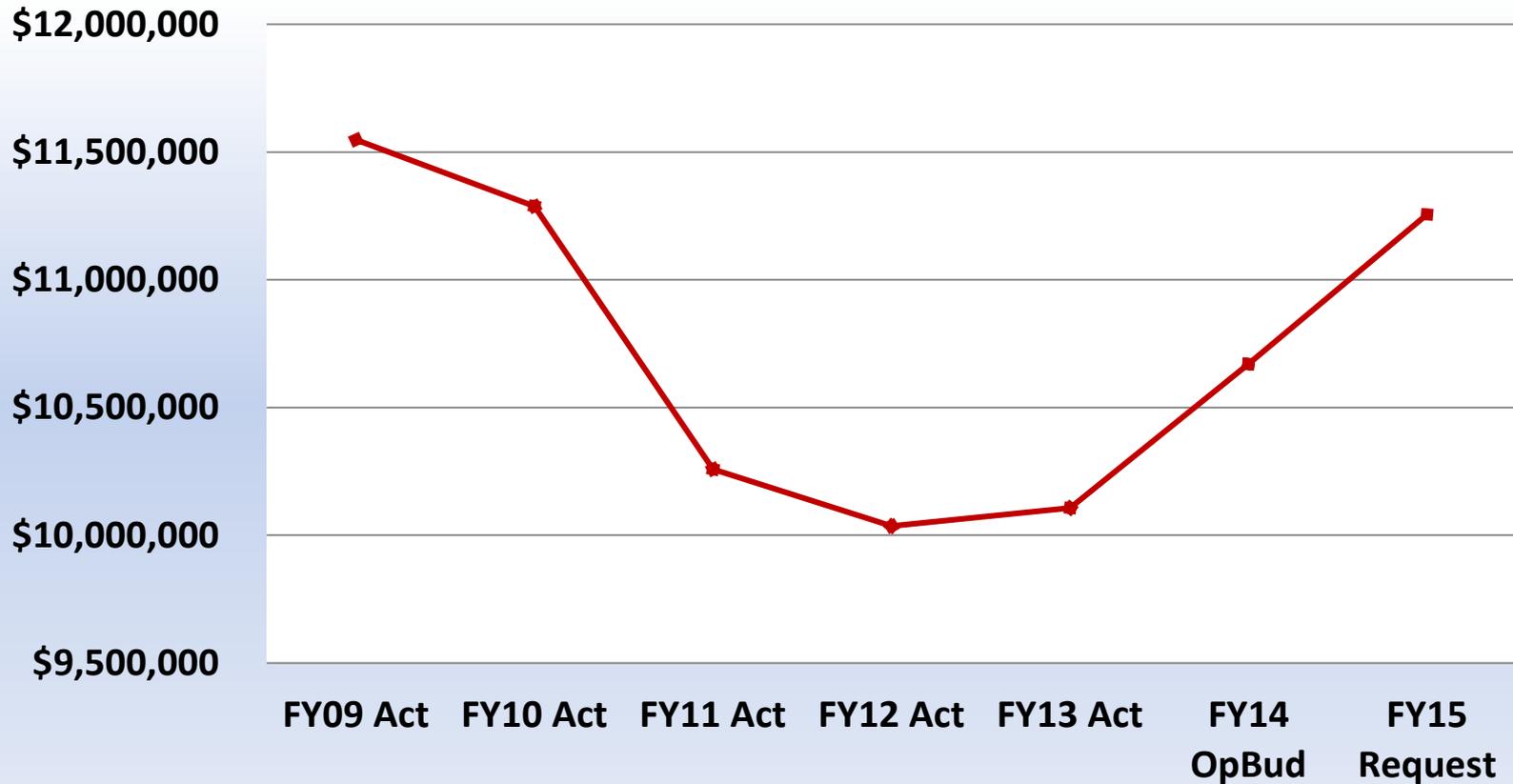
Program Support General Fund



Program Support General Fund

- Direct and indirect oversight of ALTSD dollars
- Direct contractual monitoring
- Ensure oversight/evaluation of more than 240 Senior Centers and service sites
- Direct oversight/evaluation of more than 75 additional service programs for Seniors

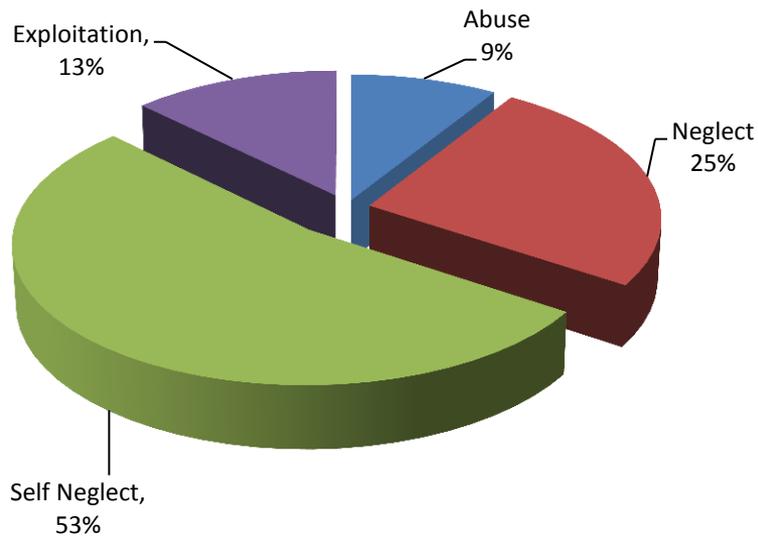
Adult Protective Services General Fund



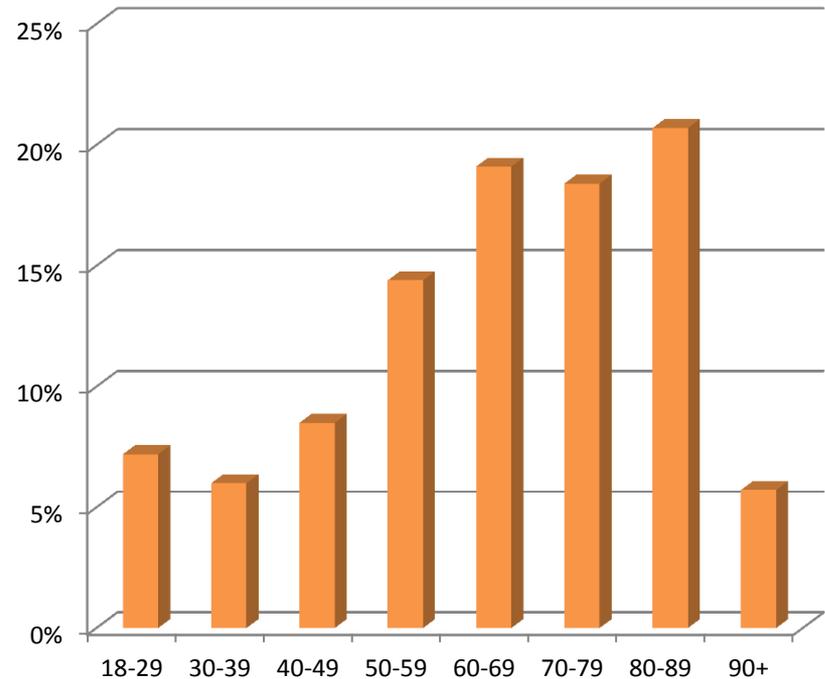
Vacancy Rate 12%

Adult Protective Services (FY13)

Substantiated Allegations



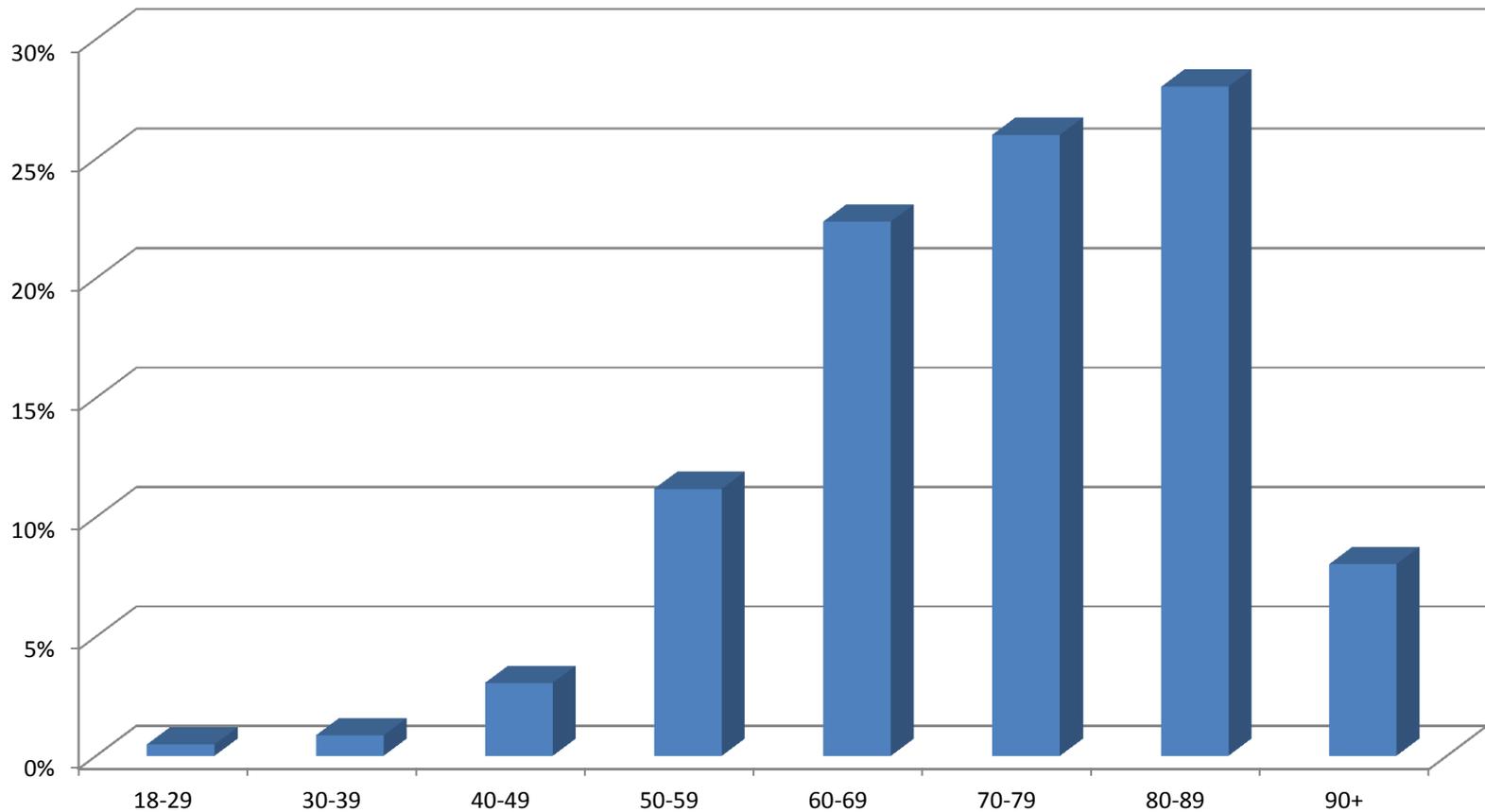
Age of Victims



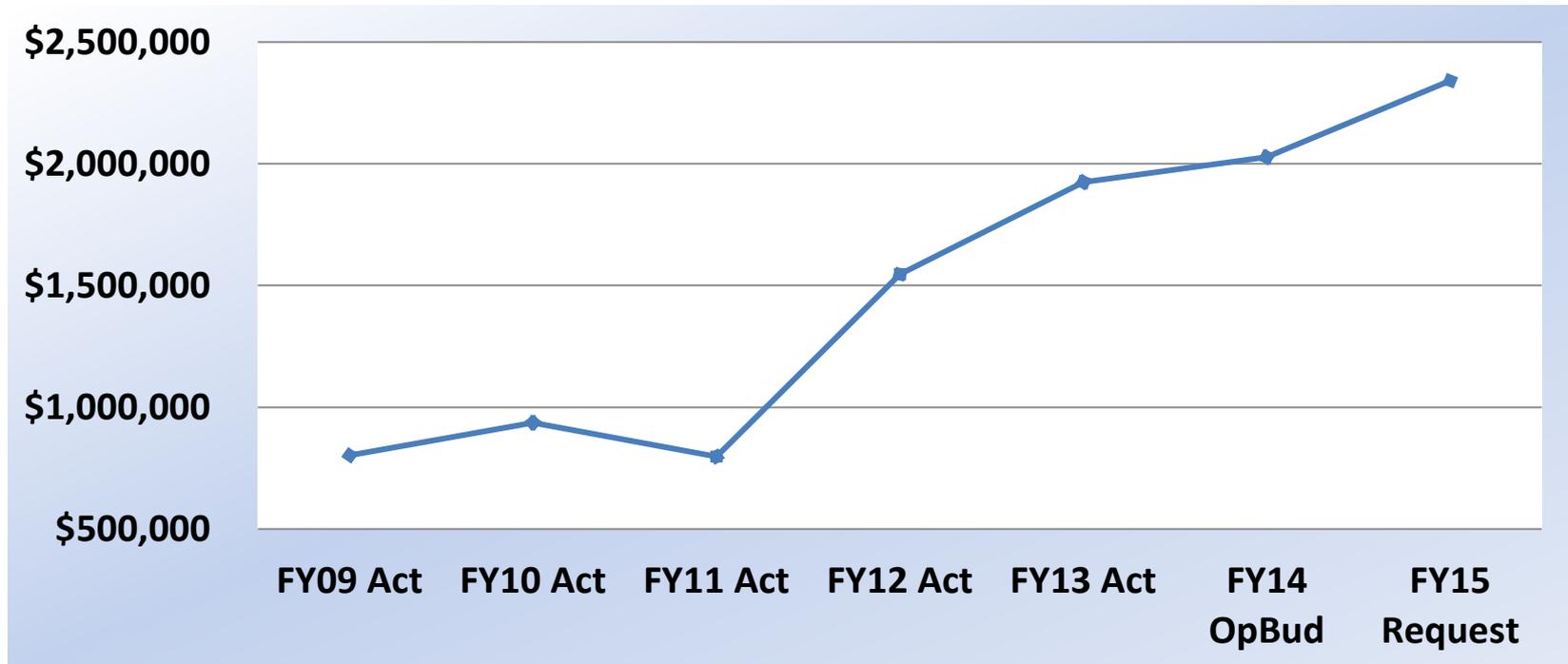
The most frequently encountered problem is self neglect and 64% of Adult Protective Service victims are over age 60. (FY 13)

Adult Protective Services

Age of Victims Receiving APS Home Care (FY13)



Consumer and Elder Rights Division (CERD) General Fund

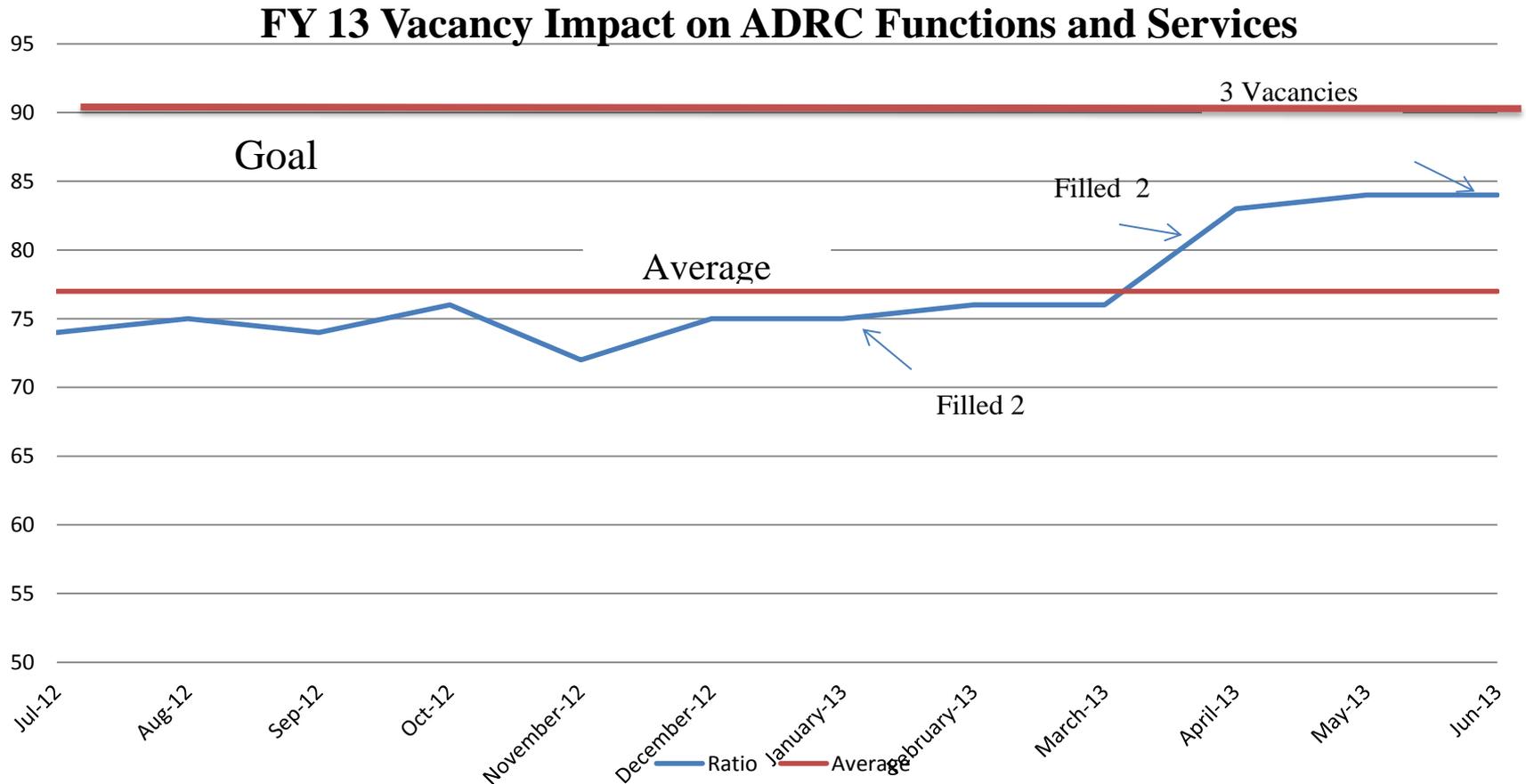


Vacancy Rate 8%

Funding directly impacts consumer's access to information and assistance on daily life needs and affects capability to provide services. Decreased funding results in potential increased costs to Adult Protective Services, Medicaid, health care and other services the State provides.

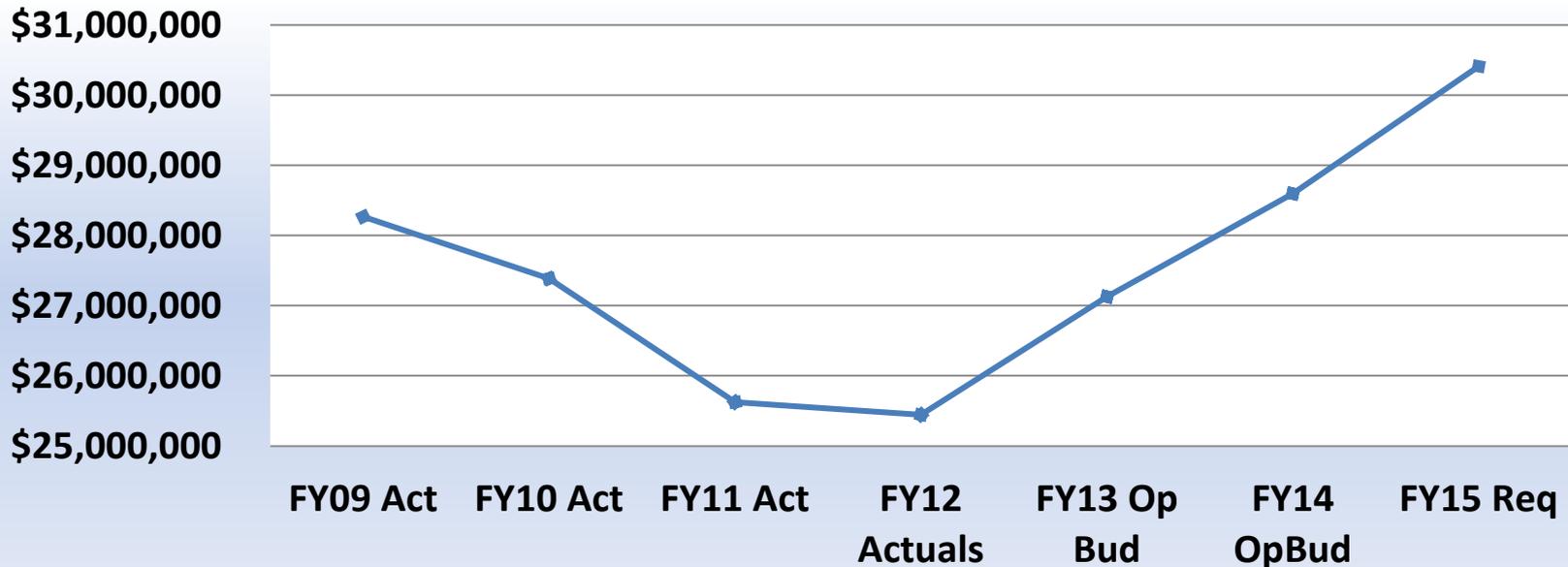
Aging and Disability Resource Center: 1-800-432-2080 (toll free in New Mexico)
Social Services Resource Directory: www.nmresourcedirectory.org

The Aging and Disability Resource Center (ADRC)



April 2013: The ADRC was able to fill all but 3 vacancies & improved its live call ratio to 83%. For FY 14, the performance measurement was increased to 90%.

Aging Network Division General Fund



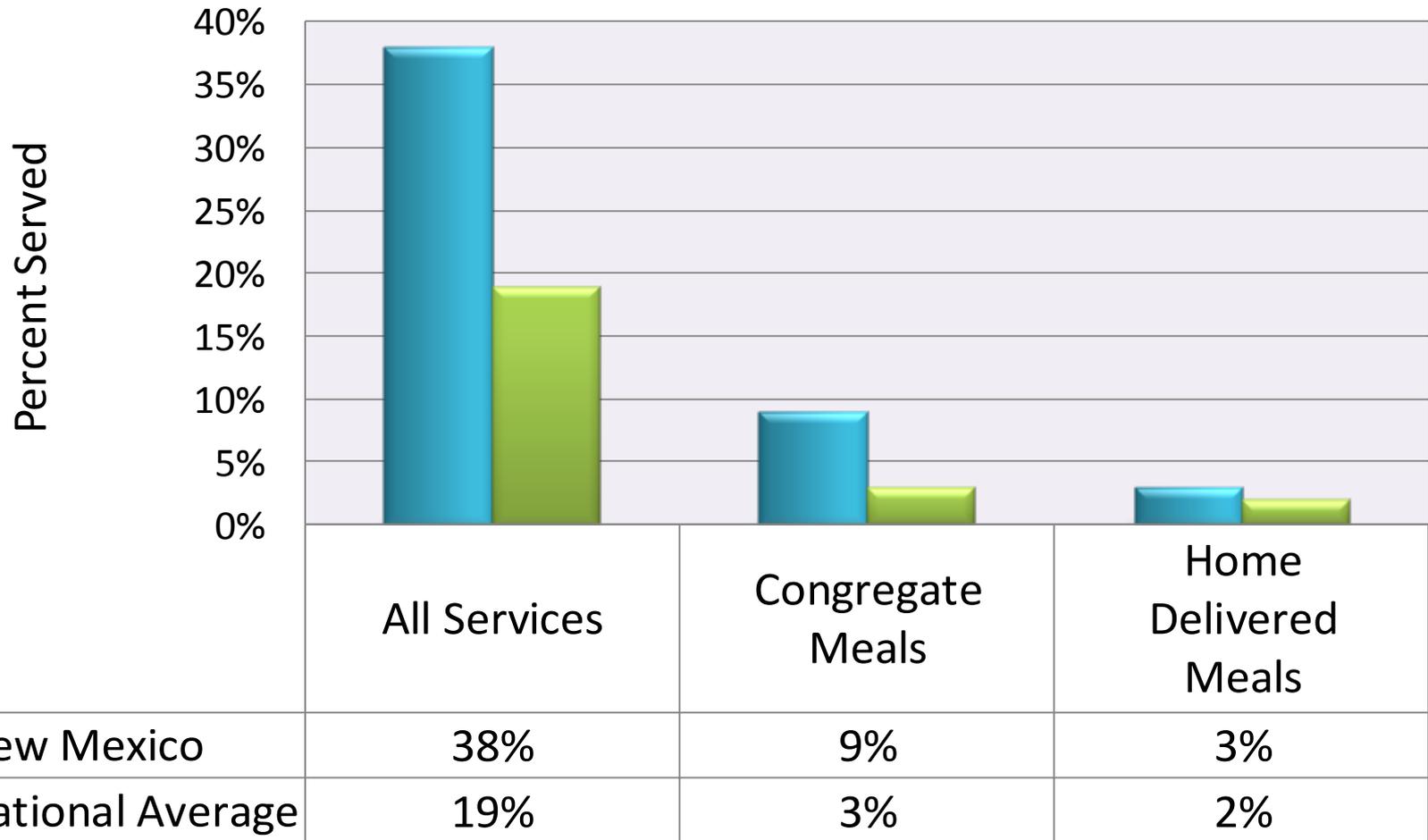
Increased demand, with level or decreased funding, leads to the likelihood of more homebound people not knowing when or how they will get their next meal; hunger and poor nutrition leads to a myriad of health issues and premature death.

The Department is New Mexico's federally-designated State Unit on Aging serving older individuals by entering into cooperative arrangements with local providers for the provision of supportive services, such as transportation, meals, caregiver support, etc., and multipurpose senior centers.

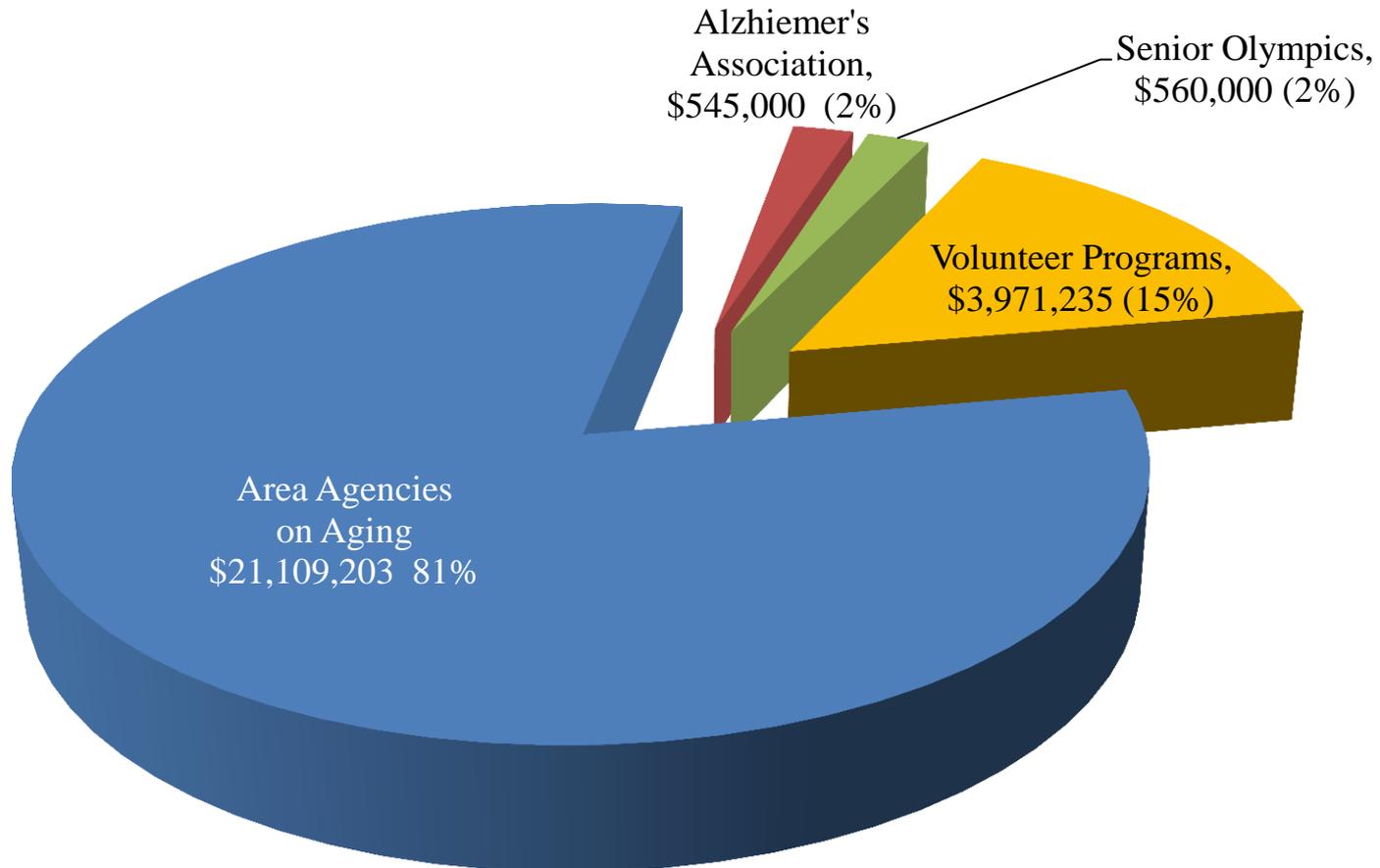
Services supported by the division include Volunteer Program, nutrition, transportation, caregiver support, health promotion, and employment training.

Aging Network Services

Percentage of population age 60 and older served
New Mexico vs. National Average



Aging Network FY14 State Funding Distribution



Aging Network Division

Nutrition Program

- More than 49,000 New Mexicans received meals in 33 counties and on all tribal lands

Caregiver Support Services

- More than 2,800 caregivers received more than 379,000 hours of respite care, 2,492 support groups and training sessions, and other supportive services

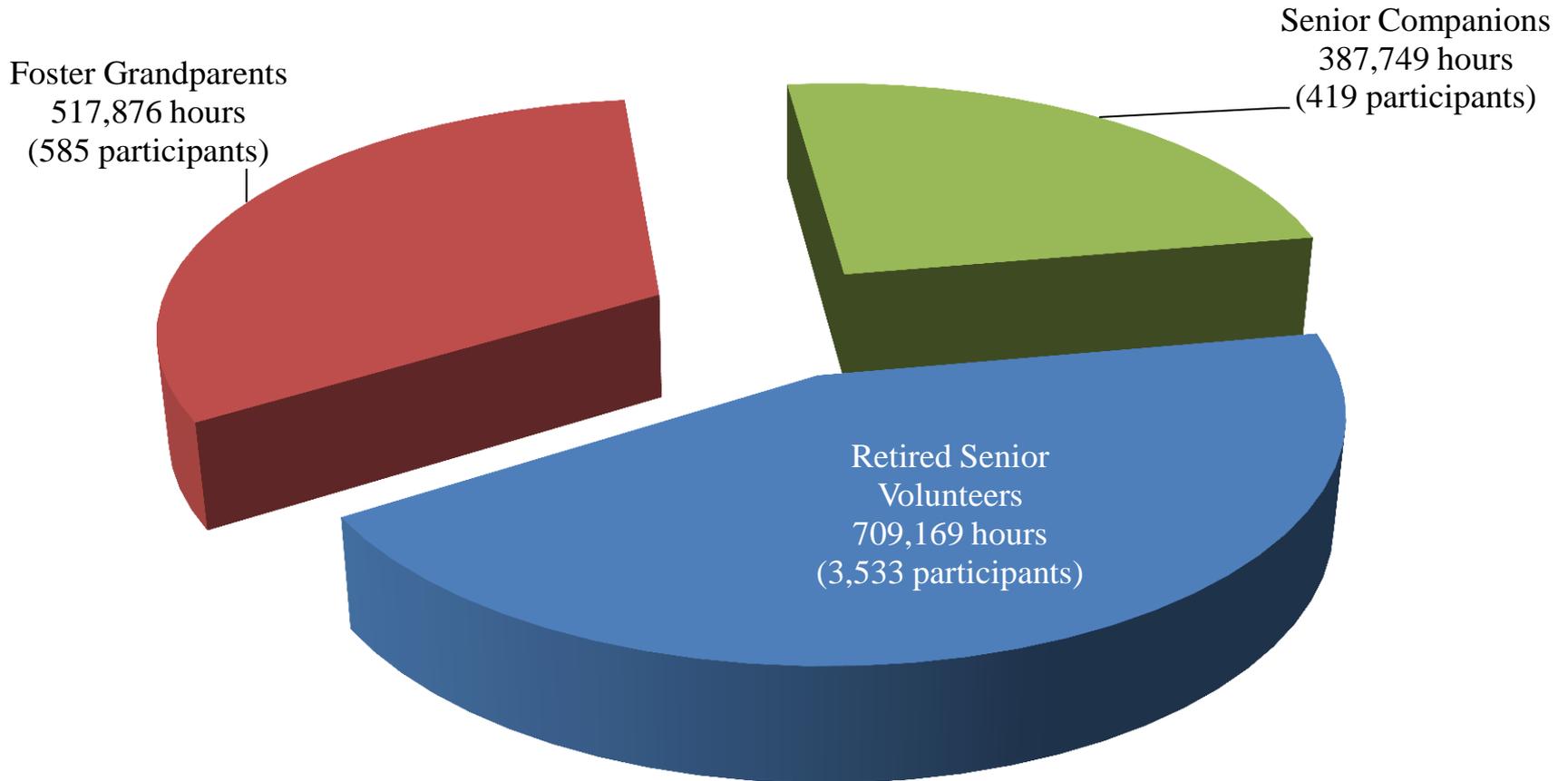
Older Worker Programs

- Provide training and subsidized employment opportunities statewide

50+ Employment Connection

- 6,151 job placement assistance opportunities

Aging Network Division Volunteer Program Participation



ALTSD Special Request

- \$350,000 for evidence-based health promotion and disease prevention initiatives, including:
 - EnhanceFitness
 - MyCD (chronic disease self-management)
 - Know Your Numbers, Change Your Numbers, Change Your Life
- \$200,000 to increase the number of dementia caregivers who receive evidence-based training:
 - Create 30 additional trainers for the evidence-based savvy caregiver program
 - 600 dementia caregivers will receive 7,200 hours of training
 - Public awareness to ensure caregiver access
- \$300,000 to ensure essential seniors services:
 - Funds will be used to purchase items for senior programs to ensure food delivery, transportation, social interactions, and fitness.

SUMMARY

- The FY15 General Fund request is \$47.9 million
- This is a \$2.9 million increase compared to the FY14 Operating Budget
- FY14/FY15 \$850,000 special request
- Additional funding provides necessary levels of service

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