



NM Office of Indian Elder Affairs

Serving American Indian Elders

New Mexico has two state Planning & Service Areas designated specifically to serve our Native American Indian populations and tribal service providers. These are PSA 5, which consists of the Navajo Nation, and PSA 6, which consists of the nineteen pueblos and two Apache tribes in New Mexico. The designated area agency on aging for PSA 5 is the Navajo Area Agency on Aging and the designated area agency on aging for PSA 6 is the Office of Indian Elder Affairs, which is housed in the Aging & Long-Term Services Department. These area agencies on aging provide technical assistance, program development and oversight for tribal providers and others serving American Indian elders. The Office of Indian Elder Affairs advocates on behalf of all Indian elders in the state in a coordinated and effective manner and works with tribal providers, statewide, to strengthen their capacity to deliver a wide range of services. The Office's Director serves as a tribal liaison and works in collaboration with other state health and human services departments.

These area agencies on aging also conduct outreach at the community level to identify American Indian elders eligible for assistance under the Older Americans Act and other programs, both public and private, and inform them of the availability of assistance. Outreach efforts include the availability of multilingual staff and training materials in culturally and linguistically appropriate formats, as well as activities to increase American Indian elders' access to all aging programs and benefits provided by the Department. These outreach efforts place special emphasis on reaching older individuals with the greatest economic or social needs, with particular attention to those with low incomes.

In general, New Mexico's nineteen Pueblos, two Apaches tribes and the Navajo Nation can be described as rural and predominantly isolated from urban areas. This isolation impacts the tribes' abilities to access services and resources for their elderly populations. Each tribe has its own government, many of which are traditional in nature, particularly in the Pueblos, where the Governor may be appointed by the religious leaders of a tribe or elected by the members of the tribe.

Communal living and decision making by consensus are two of the primary characteristics of Indian tribal life in New Mexico. Daily living is tied to a religious calendar, which emphasizes ceremonial activities to mark the seasons of the year. Traditionally, Indian elders have occupied an important, revered position in tribal life. Age has been equated with wisdom and experience.

Most Indian elders wish to remain at home and in the community, regardless of their degree of frailty; many live with several generations of their family under one roof. There are strong and compelling religious and cultural reasons for this choice. The role of the elder at the center of the family is of critical importance in the culture. In most cases, families want to care for their elders at home. The vast majority of frail Indian elders live at home, cared for by family members. These families are in need of respite services, to support them in their care giving role. As tribes develop their health systems as sovereign nations, they are increasingly looking for models of care which are consistent with the desires of their elders and which cohere with their unique cultures. This most often means care that is based in the home. There is a cultural imperative to keep elders at home and in the community. Several tribes have developed adult day care programs to address this need; such programs are currently functioning at Zuni Pueblo, Isleta Pueblo. A majority of the Tribes and Pueblos have also developed family caregiver respite programs. Some of the traditional ways are changing due to influences outside of tribal life, however, as the impact of change becomes more prevalent, new issues are created that must be solved.

Over the past four years, funding has reduced approximately 11%. Essentially, programs are being impacted negatively by these cuts and inflation and it is becoming increasingly more difficult to provide the current level of services. Tribal elders are concerned about the need to develop and support long-term care services on tribal lands, using available federal, state and tribal resources. Most tribal elderly programs have access to Title VI funding A, B, C, NSIP (Nutrition Services Incentive Program), and NM state funding. They also rely heavily on tribal in-kind support and fundraising efforts such as bake sales and raffles. Financial support in the form of cash, goods and services is provided by various tribal organizations.

The list of concerns of New Mexico's Indian elders is in many ways similar to the list of concerns of the general elderly population throughout New Mexico. It includes chronic illnesses, long-term care, housing, disability, frailty, prevention of elder abuse, neglect & exploitation, support for caregivers and adequate nutrition. The major concerns of Indian elders in New Mexico fall into four categories: transportation, nutrition, long-term care and social support services. These needs were identified by the NM Indian Council on Aging and the NM Title VI Coalition, as well as through the results of the Administration on Aging OARS study. Our public hearing process has confirmed these priorities, and also the need for increased funding. In addition, Indian elders in New Mexico are specifically concerned about the role of the Indian Health Service in providing long-term care and geriatric care.

It has become increasingly apparent that the need for a coordinated system of health and social services to meet the health-related needs of Indian seniors is paramount. The current system consists predominantly of meal sites, transportation services, limited social services and home delivered meals. This system needs additional funding to meet increasing home health care needs and intensive long-term care needs. This system must be accessible, affordable, and culturally sensitive, it must focus on ensuring independence and not increasing dependency. Gaps in service delivery and their related barriers are numerous and complex for tribal elderly programs. Isolation, distance from health and support services, limited

transportation, state and federal regulations, lack of adequate funding, language barriers, cultural and racial prejudice, and buildings in need of repair are some of the major issues effecting the service delivery system for Indian elders in New Mexico. Additional long-term care services, both home and community-based; access to adequate medical care and transportation; legal services to address issues of elder neglect, abuse or exploitation; and adequate housing are other critical needs. Preliminary research has identified gaps in addressing the housing concerns of at-risk Indian elders, and additional funding has been requested from the NM State Legislature to address this need.

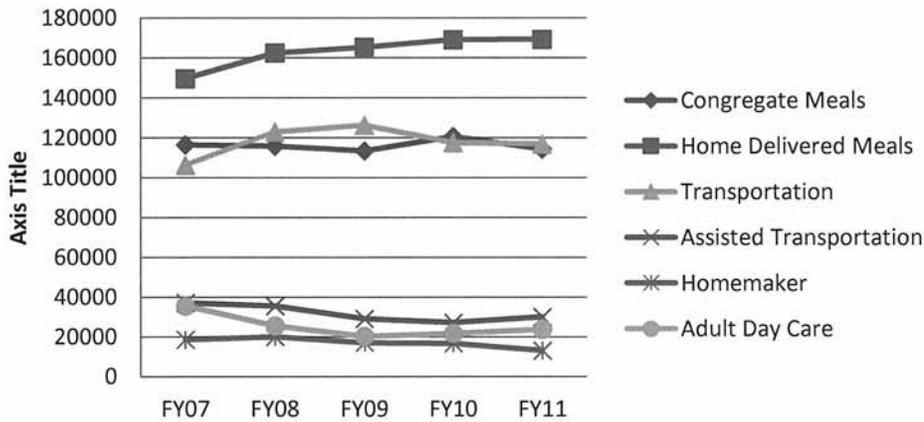
The Department is addressing these needs and issues by promoting and supporting tribal programs that serve Indian elders in their own communities.

Budget reduction summary for PSA-5 and PSA-6 FY2009-FY2012

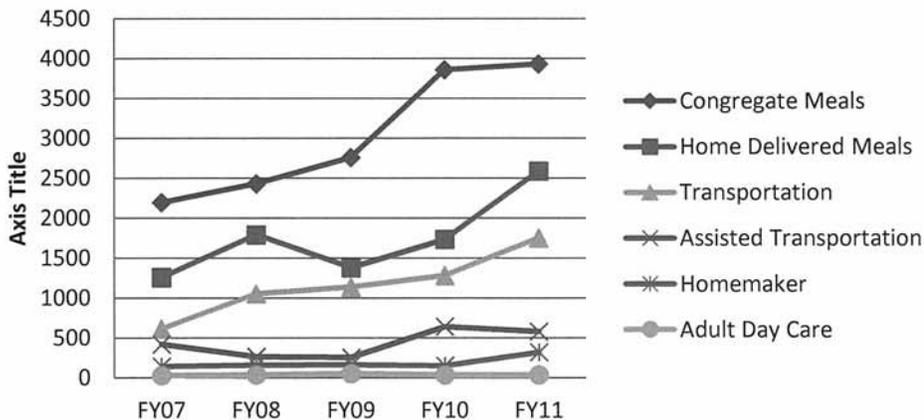
CONTRACTOR	2008/2009	2.25%	2009/2010	2% Red.	Revised 09/10	5.61%	2010/2011	1%	2011/2012	TOTAL REDUCTIONS
	Budget	Reduction	Budget	Dec 2009	Budget	Reduction	Budget	Reduction	Budget	
Acoma	\$ 113,287.00	\$ 2,549.00	\$ 110,738.00	\$ 2,215.00	\$ 108,523.00	\$ 6,088.00	\$ 102,435.00	\$ 1,024.00	\$ 101,411.00	\$ 11,876.00
Cochiti	\$ 128,258.00	\$ 2,886.00	\$ 125,372.00	\$ 2,507.00	\$ 122,865.00	\$ 6,893.00	\$ 115,972.00	\$ 1,160.00	\$ 114,812.00	\$ 13,446.00
Isleta	\$ 173,728.00	\$ 3,909.00	\$ 169,819.00	\$ 3,396.00	\$ 166,423.00	\$ 9,337.00	\$ 157,086.00	\$ 1,571.00	\$ 155,515.00	\$ 18,213.00
Jemez	\$ 126,965.00	\$ 2,857.00	\$ 124,108.00	\$ 2,793.00	\$ 121,315.00	\$ 6,512.00	\$ 114,803.00	\$ 1,148.00	\$ 113,655.00	\$ 13,310.00
Jicarilla	\$ 85,942.00	\$ 1,934.00	\$ 84,008.00	\$ 1,680.00	\$ 82,328.00	\$ 4,619.00	\$ 77,709.00	\$ 777.00	\$ 76,932.00	\$ 9,010.00
Laguna	\$ 136,059.00	\$ 3,061.00	\$ 132,998.00	\$ 2,660.00	\$ 130,338.00	\$ 7,312.00	\$ 123,026.00	\$ 1,230.00	\$ 121,796.00	\$ 14,263.00
Mescalero	\$ 99,439.00	\$ 2,237.00	\$ 97,202.00	\$ 1,944.00	\$ 95,258.00	\$ 5,344.00	\$ 89,914.00	\$ 899.00	\$ 89,015.00	\$ 10,424.00
Ohkay Owingeh	\$ 121,525.00	\$ 2,734.00	\$ 118,791.00	\$ 2,376.00	\$ 116,415.00	\$ 6,531.00	\$ 109,884.00	\$ 1,099.00	\$ 108,785.00	\$ 12,740.00
San Felipe	\$ 155,787.00	\$ 3,505.00	\$ 152,282.00	\$ 3,046.00	\$ 149,236.00	\$ 8,372.00	\$ 140,864.00	\$ 1,409.00	\$ 139,455.00	\$ 16,332.00
Santa Clara	\$ 223,717.00	\$ 5,034.00	\$ 218,683.00	\$ 4,374.00	\$ 214,309.00	\$ 12,022.00	\$ 202,287.00	\$ 2,027.00	\$ 200,260.00	\$ 23,457.00
Santo Domingo	\$ 108,692.00	\$ 2,446.00	\$ 106,246.00	\$ 2,125.00	\$ 104,121.00	\$ 5,841.00	\$ 98,280.00	\$ 983.00	\$ 97,297.00	\$ 11,395.00
Taos	\$ 102,360.00	\$ 2,303.00	\$ 100,057.00	\$ 2,001.00	\$ 98,056.00	\$ 5,501.00	\$ 92,555.00	\$ 926.00	\$ 91,629.00	\$ 10,731.00
Tesuque	\$ 77,000.00	\$ 1,733.00	\$ 75,267.00	\$ 1,505.00	\$ 73,762.00	\$ 4,138.00	\$ 69,624.00	\$ 696.00	\$ 68,928.00	\$ 8,072.00
Zuni	\$ 282,306.00	\$ 6,352.00	\$ 275,954.00	\$ 5,519.00	\$ 270,435.00	\$ 15,171.00	\$ 255,264.00	\$ 2,553.00	\$ 252,711.00	\$ 29,595.00
Five Sandoval	\$ 181,322.00	\$ 4,080.00	\$ 177,242.00	\$ 3,545.00	\$ 173,697.00	\$ 9,744.00	\$ 163,953.00	\$ 1,640.00	\$ 162,313.00	\$ 19,009.00
Eight Northern	\$ 220,861.00	\$ 4,969.00	\$ 215,892.00	\$ 4,318.00	\$ 211,574.00	\$ 11,869.00	\$ 199,705.00	\$ 1,997.00	\$ 197,708.00	\$ 23,153.00
IAAA- Contractors	\$ 2,337,248.00	\$ 52,589.00	\$ 2,284,659.00	\$ 46,004.00	\$ 2,238,655.00	\$ 125,294.00	\$ 2,113,361.00	\$ 21,139.00	\$ 2,092,222.00	\$ 245,026.00
Navajo AAA	\$ 1,669,628.00	\$ 37,567.00	\$ 1,632,061.00	\$ 32,641.00	\$ 1,599,420.00	\$ 89,727.00	\$ 1,509,693.00	\$ 15,096.00	\$ 1,494,597.00	\$ 175,031.00

PSA - 6					
Units of Service	FY07	FY08	FY09	FY10	FY11
Congregate Meals	116143	115553	113031	120325	114055
Home Delivered Meals	149360	162254	165113	168883	169039
Transportation	106021	122657	126085	117228	116561
Assisted Transportation	36916	35342	28902	26969	29833
Homemaker	18351	19762.75	16822.25	16509	12900.75
Adult Day Care	35480	25343	20109	21564	23693
Unduplicated Count	FY07	FY08	FY09	FY10	FY11
Congregate Meals	2191	2427	2753	3853	3925
Home Delivered Meals	1251	1785	1373	1727	2583
Transportation	611	1052	1134	1278	1749
Assisted Transportation	413	259	249	636	574
Homemaker	138	153	157	147	316
Adult Day Care	22	31	48	29	30

PSA - 6 Units of Service



PSA - 6 Unduplicated Consumers





**New Mexico Aging & Long-Term Services Department
State-Tribal Collaboration Act
Annual FY-2011 Agency Report**

I. EXECUTIVE SUMMARY

In 2001 The Aging and Long-Term Services Department (ALTSD) established a history of collaborating with New Mexico's Tribes, Pueblos and Nations. ALTSD consultation and communication policies and procedures have created a foundation that fosters an environment of communication that focuses on the needs of Native American Elders, one that meets both the spirit and intent of the State Tribal Collaboration Act.

The ALTSD Office of Indian Elder Affairs (OIEA) was created in 2004 to manage the efforts of the N.M. Indian Area Agency on Aging (IAAA) and to support the efforts of the Navajo Area Agency on Aging with Ray Espinoza as Director. The Office of Indian Elder Affairs, which is housed in the Aging and Long-Term Services Department, advocates on behalf of all Indian elders in New Mexico in a coordinated and effective manner which includes collaborations with tribal program health providers, to strengthen their capacity to deliver a wide range of services. The Office's Director serves as a tribal liaison and works in collaboration with other state health and human services departments.

The ALTSD's Office of Indian Elder Affairs, through its management of the Indian Area Agency on Aging and its collaboration with the Navajo Area Agency on Aging, has worked closely with New Mexico's 22 federally recognized tribes to support their elderly programs and services. Through these endeavors we have made a significant impact on reducing or eliminating the significant funding reversions that were occurring in the past. Through ardent management initiatives, the OIEA and the IAAA have worked together to ensure, to the greatest extent possible, that appropriations are being fully utilized to the benefit of New Mexico's Indian elders.

Additionally, in March of 2008, the Office of Indian Elder Affairs assumed contract management and reimbursement oversight responsibilities for the Navajo Area Agency on Aging. Up until this change, the Navajo Area Agency on Aging had reverted an unacceptably high percentage of their General Fund appropriations. This new working relationship has shown positive results as reflected in significantly lower reversion rates,

for the periods between FY-08 and FY-10. In FY-11 they reverted less than 4% of their contracted amount. The Indian Area Agency on Aging has had no significant reversions dating back to FY2002.

ALTSD through its Office of Indian Elder Affairs participated as a member of the pilot group that developed the Health and Human Services State-Tribal Consultation Protocol in 2005. This was a joint effort of five executive agencies and along with the Pueblos, Tribes and Nations. The state pilot group consisted of Aging and Long-Term Services Department, Children, Youth and Families Department, Department of Health, Human Services Department and the Department of Indian Affairs.

II. AGENCY OVERVIEW/BACKGROUND

BACKGROUND - HHS-TRIBAL Consultation Protocol Document

The New Mexico Aging and Long-Term Services Department is dedicated to promoting the independence and dignity of elders and individuals living with a disability. ALTSD manages state and federal funds to provide services. In addition, they manage state funded capital outlay projects and capital outlay funding for senior programs; the Coordination of Long Term Services and the Personal Care Option→ Note these programs were moved to Human Services Department at the end of FY-11 as the result of legislative budget related concerns; the Traumatic Brain Injury Program; the Aging and Disability Resource Center; and support of the Aging Network through, services delivered through the four Area Agencies on Aging (AAA) comprised of six Planning Service Areas (PSA's).

Our Strategic Plan focuses on eight strategic priorities. Collectively these priorities support lifelong independence and healthy aging. These priorities include access to home and community-based services; support of caregivers; support of an individual's self-direction of their long-term care services; zero tolerance for adult abuse, neglect and exploitation; empowerment of active and healthy lifestyles; support of geriatric behavioral health needs; advocacy for economic security-food, housing, transportation, employment; and promotion of civic engagement.

The Department's Mission is to promote the independence and dignity of adults and persons living with disabilities, and their families, by offering services that support prevention and intervention, autonomy, health, safety, economic well-being, cultural diversity, community involvement, and personal responsibility, thereby enabling them to live on their own terms in their own communities

HHS-TRIBAL Consultation Protocol Document

ALTSD along with the Department of Health, Human Services Department (HSD) and the Children, Youth and Families Department have an established history, dating back to

2002, in conducting Tribal-HHS Consultation Sessions with New Mexico's Tribes, Nations and Pueblos.

In 2005, at the annual Tribal-HHS Consultation Session, both the Tribes and HHS Secretaries agreed to the development of written consultation and communication policies that reflected both the Governor's Statement of Government-to-Government Policy and Executive Order 2005-004. To address this requirement we incorporated the Governor's Statement of Government-to-Government Policy as it pertains to Executive Order 2005-004 in our interactions with New Mexico's 22 federally recognized tribes. In collaboration with the other Health and Human Services (HHS) Departments we participated in creating a HHS-Tribal Consultation Protocol document which was considered the policy standard for tribal-state communication and consultation at that time. This document was used as a template for most NM state department protocols that exist today.

During 2006 and into 2007, the NM Tribes and HHS Secretaries identified a state-tribal work group to develop written consultation protocols and a process to facilitate direct and indirect government-to-government communication. The year-long work group process required Tribes and HHS work group members to review the documents with their respective leaders in the spirit of government-to-government consultation and communication.

III. AGENCY EFFORTS TO IMPLEMENT POLICY

In 2007, ALTSD joined five other state agencies and the 22 tribes in adopting the Tribal-State Consultation Protocols. This document defines and acknowledges a formal and informal method for Tribal-State Consultation and communication at ALTSD. In 2009, the ALTSD adopted a Tribal Collaboration Protocol which is based on the prior consultation protocol that was developed by the HHS Departments in 2007.

Our Goals for FY11 are to continue to provide enhanced technical support and program oversight. We have placed an emphasis on the programs nutritional component and reporting requirements. We will continue to reach out to Tribal programs to offer referral, information and assistance for Long-Term Care Services through our Aging and Disability Resources Center (ADRC).

IV. CURRENT AND PLANNED PROGRAMS AND SERVICES FOR AMERICAN INDIANS/ALASKA NATIVES.

- A. ALTSD has created and staffed an Office of Indian Elder Affairs. Currently the Office of Indian Elder Affairs manages the Indian Area Agency on Aging (PSA 6) and senior services grant contractual related components of the Navajo Area Agency on Aging (PSA 5) state elderly services grant.

- B. ALTSD has designated two Native American Planning & Service units, the Indian Area Agency on Aging and the Navajo Area Agency on Aging.
- C. For the past seven years and in conjunction with Institute of American Indian Arts and the Title VI Coalition, ALTSD-IAAA participates in the Native American Elder Awareness Conference as a co-sponsors along with Institute for American Indian Arts and Santa Clara Pueblo. The ALTSD has also participated and collaborated with the New Mexico Indian Council On Aging Elder Forums and quarterly meetings, these forums bring together seniors and aging related organizations to discuss senior concerns and issues as they relate to senior services in addition we attend public hearings, planning sessions and tribally related summits to keep abreast of current elder concerns and issues. The ALTSD in collaboration with other state and federal agencies has conducted outreach and training to Tribal Elderly programs concerning Medicaid, Medicare and Social Security.
- D. Native American Elderly Program Contractor Funding Amounts.

Native American Elderly Programs	FY12-Grant Award
Acoma Pueblo	101,411
Pueblo de Cochiti	114,812
Isleta Pueblo	155,515
Jemez Pueblo	113,655
Jicarilla Apace Nation	76,932
Laguna Pueblo	121,796
Mescalero Apache Tribe	89,015
Ohkay Owingeh	108,785
San Felipe Pueblo	139,455
Santa Clara Pueblo	200,260
Santo Domingo Pueblo	97,297
Taos Pueblo	91,629
Tesuque Pueblo	68,928
Zuni Pueblo	252,711
5 Sandoval Indian Pueblos Inc.	162,313
Eight Northern Indian Pueblos Inc.	197,708
Navajo Nation AAA (PSA-5) Total	1,494,597
Totals for PSA-5 & 6	\$3,586,819

- E. ALTSD and the Indian Area Agency on Aging and its contractors, to hold periodic planning sessions to provide input for the four year area plan. In addition staff from the Office of Indian Elder Affairs attend a broad range of meeting concerning health care for seniors and Native Americans.
- F. ALTSD Traumatic Brain Injury Program produced a specialized video in 2009 for Tribal Community Health Programs entitled "The Critical Link".
- G. Through the ALTSD's Office of Indian Elder Affairs, Indian Area Agency on Aging and in collaboration with our Consumer and Elder Rights Division ALTSD has provided Health Insurance and Benefits counseling at local tribal elderly centers and health fairs.

V. TRAINING and EMPLOYEE NOTIFICATION.

Two key members were identified from ALTSD to participate in the State Personal Office (SPO) cultural sensitivity training. Our designated Native American Liaison will provide updates to the management team on SPO's progress in rolling out the training program, at this time the program is in stasis pending approval of a new curriculum by NM State Personnel Department. We will inform the appropriate staff and monitor required SPO staff training completion and certification as it relates to cultural competency and the requirements of the State Tribal Collaboration Protocol.

The ALTSD will identify and notify those staff members that work with Tribal communities of the requirement for them to complete SPO's cultural sensitivity training as soon as it is fully re-operational again. In addition the staff of the ALTSD Office of Indian Elder Affairs will conduct mini-trainings with staff until SPO is able to offer the training.

VI. Key Names and Contact Information.

ALTSD has assigned Ray Espinoza to serve as the Tribal Liaison, Rachel Rhoades is also available to assist tribal elderly programs with their requests, as well as DeAlva Calabaza concerning capital outlay issues.

Contacts:

Acting Director Office of Indian Elder Affairs, Indian Area Agency on Aging and Tribal Liaison, Navajo Area Agency on Aging Contract:

Raymond Espinoza
2550 Cerrillos Rd.
Santa Fe, NM 87505
Ph- 505-231-1228

Capital Outlay Contact:

DeAlva Calabaza
 2550 Cerrillos Rd.
 Santa Fe, NM 87505
 Ph 505-476-4876

Indian Area Agency on Aging and Navajo Area Agency on Aging
 Reimbursements, Statistical reporting and Prevention program support:

Rachel Rhoades
 2550 Cerrillos Rd.
 Santa Fe, NM 87505
 Ph 505-629-8544

Raymond Espinoza
 2550 Cerrillos Rd.
 Santa Fe, NM 87505
 PH. 505-231-1228

Tribe	Agency	Broad Activity	Agreement Name	Current Status	Contact Phone No.
19 Pueblos Apache Tribes and Nations. Navajo Nation	ALTSD-OIEA/IAAA	Contract Management, Technical Support, Tribal Liaison.	NA	Active	Ray Espinoza Ph 505-231-1228
19 Pueblos Apache Tribes and Nations. Navajo Nation	ALTSD-OIEA/IAAA	Contract Administration, Prevention Programs, Reimbursements and Stats.	NA	Active	Rachel Rhoades Ph 505-629-8544
19 Pueblos Apache Tribes and Nations. Navajo Nation	ALTSD-Community Advocacy Bureau	Benefit Counseling	NA	Active	Anthony Romero Ph 505-476-4936
19 Pueblos Apache Tribes and Nations. Navajo Nation	ALTSD-Fiscal, Division, Capital Outlay Unit	Capital Outlay Contracting, and Reimbursements	NA	Active	Bernadine Salazar & DeAlva Calabaza Ph. 505-476-4778

VII. Appendices.

A. Copy of Agency Tribal Collaboration and Communication Policy.