

A stylized, light-colored illustration of a plant with several leaves and a cluster of small, round buds or flowers, positioned on the left side of the slide against a dark brown background.

NEW MEXICO CLEARINGHOUSE FOR NATIVE AMERICAN SUICIDE PREVENTION

July 6, 2011

Interim Legislative Health &
Human Services Committee

Senate Bill 417, sponsored by Senator Lovejoy

- **Focus initially on development of a Clearinghouse for Native American Suicide Prevention**
- **Three additional pilot projects were recommended**
- **The bill was approved and signed at the end of March, with all related funding removed**
- **The UNM Center for Rural and Community Behavioral Health (CRCBH) agreed to be the initial coordinating site for the Clearinghouse**

Purpose:

Provide technical assistance and culturally appropriate suicide prevention, intervention and post-event assistance statewide to Native American individuals, families and tribes, nations and pueblos living with suicide, attempted suicide or the risk of suicide

Activities to Date

- **Developing a process to inform and engage tribes throughout the state of about the Clearinghouse**
- **Initiated a process to create a joint working group on suicide data collection**
- **Developing process to expanding outreach and information including website development**
- **Engaged stakeholders from across the State including the Pueblos of Zuni, Acoma, Kewa, San Felipe, Five Sandoval, the Mescalero Apache and Navajo Nations, the Albuquerque urban Indian community, IHS, and other state/local partners**

Additional Goals for Year One

- **Formally expand to allow for broader statewide collaboration with tribes and others throughout New Mexico**
- **Develop website and consultation line**
- **Provide on-site and televideo direct service, consultation, supervision, grant writing support, and training to tribal communities to develop responses to suicides, in order to prevent more deaths and loses**

Infrastructure/Funding to Date

- **Native American Suicide Prevention Task Force has become the initial core of the Clearinghouse**
- **Searching for funding with multiple partners, including New Mexico Congressional Delegation, to be able to build supportive clinical response**
- **Potential Vista Volunteer to work on clearinghouse efforts through the DOH Office of School and Adolescent Health**
- **Existing task Force contractor and CRCBH staff continue to coordinate present effort**

Learn more:

**UNM Center for Rural and Community
Behavioral Health**

**Native American Behavioral Health
Program**

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<http://hsc.unm.edu/som/psychiatry/crcbh/Native%20American%20Programs.html>



GRANT
PARTNERSHIPS
BETWEEN TRIBAL
PROGRAMS, STATE
PARTNERS, AND
CBHTR/CRCBH

New Mexico Consortium for Behavioral Health Training and Research (CBHTR)

- **To improve access for all New Mexico residents to behavioral health care prevention, early intervention and recovery services that are culturally and linguistically competent**
- **To develop behavioral health services research and evaluation capacity that addresses New Mexico's unique concerns**
- **To close the loop between science and practice through policy guidance and technical assistance to the state's leadership and practice communities, especially to serve recipients and their families**

Center for Rural and Community Behavioral Health (CRCBH)

- **Within the Department of Psychiatry at the University of New Mexico**
- **Provide community oriented services to underserved populations**
- **Engage in rural training and workforce development**
- **Strengthen the behavioral health services research capacity in New Mexico**
- **Faculty and staff have a variety of expertise including knowledge of rural mental health, Native American behavioral health, telehealth, family and community medicine, traumatic brain injury, child and adolescent mental health, co-occurring disorders, jail diversion, developmental disabilities, culturally competent, care, services research, and severe and persistent mental illness**

UNM Center for Rural and Community Behavioral Health (CRCBH) Mission:

To address health care disparities through:

- **Capacity building**
- **Training and workforce development**
- **Health services research and evaluation**
- **Increasing access to quality behavioral health services that are**
 - **holistic,**
 - **cost-effective and**
 - **provided with respect to the unique cultures within the communities of New Mexico**

CRCBH/CBHTR Partnerships with Tribal Communities

- **Community-driven grant writing**
- **Program development and systems consultation**
- **Program/Services Evaluation**
- **Training**
- **Direct Service, consultation, supervision training through Telehealth**

Santa Clara Pueblo

- **Targeted Capacity Expansion Strengthening Native Families Grant**
 - _ Development of Tribal behavioral health program
 - _ 638 status for this program
 - _ Working on Medicaid application
- **New Mexico Systems of Care Grant**
 - _ Partnership with the state as one of three anchor communities
- **Data Infrastructure Improvement**
 - _ Initiative to develop standardized MIS system across tribal programs

The Pueblo of San Felipe

- **Circles of Care Grant**
 - _ **Community Wide Needs Assessment**
 - _ **Development of Youth Leadership Group**
 - _ **System of Care Application**
- **Maternal-Child Home Visiting Grant**
 - _ **Provider home based services to new mothers**
- **SAMHSA Tribal Summit**
 - _ **Bring together New Mexico tribal communities to meet with SAMHSA's Child and Adolescent Mental Health Director**

Total Community Approach

- **Substance Abuse Prevention, Treatment, Recovery and Support in six sites across New Mexico**
- **Sites: Raton, Las Vegas, Crownpoint, Espanola, Hobbs and Lordsburg**
- **Crownpoint providers: Navajo Department of Behavioral Health Services, Indian Health Service, and Coalition of Healthy and Resilient Youth**
- **Programs selected and implemented by Local Collaborative 15 and Crownpoint providers and evaluated by a Navajo evaluator locally**
- **Project approved by Navajo Agencies, Chapter Houses, participating providers and the Navajo IRB**

Veteran's First Jail Diversion Project

- **Providing Jail Diversion services for people with mental illness and co-occurring substance abuse problems in New Mexico 13th Judicial District Court (Sandoval & Valencia Counties)**
- **Presbyterian Medical Services coordinates clinical services and CBHTR conducts the program evaluation**
- **Services will expand to San Juan and McKinley Counties**
- **Working with 5 Sandoval Indian Pueblos, Inc., Jemez Pueblo, and LC 16 to expand services to tribal communities in Sandoval County**

New Mexico Transformation Grant: Healthy Homes

- **Permanent Supportive Housing Program**
- **Located in Farmington and Santa Fe**
- **Total Behavioral Health is the Farmington Service Provider, serving mostly Native Populations**
- **Project has included the cultural adaptation of the Evidence Based Practice through community dialogues**
- **Project has been presented and approved by Navajo Agencies, Chapter Houses, the Navajo Housing Authority, Navajo DBHS, and the Navajo IRB**

Mescalero Apache Community Partnership

- **Began with IHS telebehavioral Health partnership**
- **Garrett Lee Smith Suicide Prevention Grant**
- **Mescalero Mental Health Prevention and Early Intervention Prevention Program (NIH grant)**
- **Mescalero Children's System of Care Grant**
- **Potential partnership with Mescalero School-Based Health Center**

Mescalero Tribal Preventive and Early Mental Health Intervention

Goal

Over 5 years, to develop a culturally responsive prevention intervention to reduce mental, emotional, and behavioral problems for Mescalero Apache youth/adolescents

Determine key mental, emotional, and behavioral issues Mescalero youth face (depression and suicide risk)

Mental Health Prevention and Intervention Program (MHPIP) Task Force of Mescalero community providers, members, and traditional cultural advisors

Modify intervention as needed based on results from pilot study

Culturally adapt screening tools/measures for disorders such as Post-Traumatic Stress Disorder (PTSD), depression, early signs of psychosis, and to explore assessment of the impact of historical trauma upon the youth

Pilot feasibility of the chosen/culturally adapted intervention

Assess cultural and social appropriateness of proposed interventions to address the identified issues

In Partnership:

Mescalero Apache Tribe

Mescalero Schools

Mescalero Apache School Based Health Center

Mescalero Youth Suicide Prevention Project

Tribal Health Services

Indian Health Services

Community members

Traditional/Cultural Advisors

CRCBH Team

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NM CARES HD

Funders:

National Institute of Health/
National Institute on
Minority Health and Health
Disparities

Center for
Rural and
Community
Behavioral
Health



NM CARES
Health Disparities





Telehealth Partnership with Indian Health Service

- Provide direct psychiatric services, training, and consultation over telehealth
- Current sites include Mescalero Hospital, Mescalero School Based Health Center, To'Hajiilee, Acoma-Canoncito-Laguna Hospital
- Rolling out services to Alamo school, Alamo behavioral health clinic, Five Sandoval Indian Pueblo
- Future plans include: use of telehealth to provide weekly training and case consultations with CMEs to primary care providers; consultation with nursing homes; liaison with Job Corps and BIA schools

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