

Prescription Drug Prescribing,
Monitoring & Management/
Pharmacy Board Rulemaking on
Prescription Drug Abuse

Legislative Health and Human
Services Committee
September 10, 2012

Larry Loring, R.Ph.

- State Drug Inspector for 22 years
- Certified law enforcement officer 20 years
- PMP administrator since 2005
- Acting Executive Director of Pharmacy Board
 - Since August 1, 2012

PRESCRIPTION MONITORING PROGRAM

- **DEFINITION:**
 - **A secure, web-based centralized system to collect, monitor, and analyze electronically, for controlled substances, prescribing and dispensing data submitted by pharmacies and dispensing practitioners, of which the data is to be used to support efforts in education, research, enforcement and abuse prevention.**

PRESCRIPTION MONITORING PROGRAM

- **HISTORY:**
 - Started August of 2005
 - Manual processing of requests
 - Pharmacy data uploads every 30 days
 - Schedule II, III, IV drugs
 - Voluntary participation by practitioners

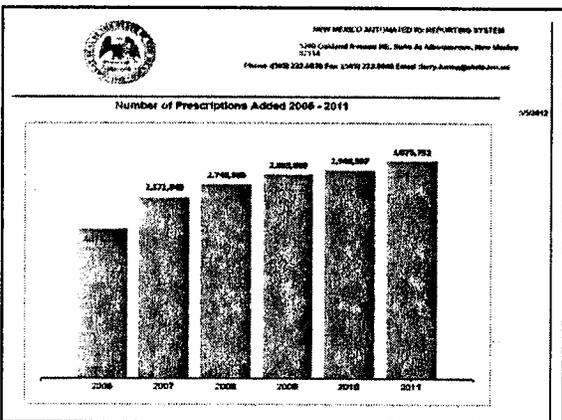
PRESCRIPTION MONITORING PROGRAM

- **HISTORY:**
 - Upgrade to automated, real-time reporting of patient requests May of 2012
 - \$73,000 donation from Health Insight New Mexico (NMMRA)
 - Upgrade to interstate data sharing capability in August of 2012
 - \$48,000 donation from NABP

PRESCRIPTION MONITORING PROGRAM

- **HISTORY:**
 - No reporting to the PMP by IHS, DOD, or VA
 - MOU's signed between IHS and the Board of Pharmacy summer of 2012.
 - IHS is testing uploads to PMP now.

- ### Prescribing of Controlled Substances
- Annual increase of prescriptions
 - Annual increase in quantity of controlled substances prescribed
 - Top 5 controlled substances prescribed
 - Prescriptions by county
 - Report requests



QUANTITY OF NARCOTICS DISPENSED BY YEAR

YEAR	2005	2007	2008	2009	2010	2011	2012 (Jan-June)
SCHEDULE II PAIN PILLS	15,931,500	30,076,170	34,896,300	38,866,750	43,843,700	47,658,800	21,067,800
SCHEDULE III PAIN PILLS	28,815,300	36,491,850	40,531,500	44,302,850	47,654,300	48,971,600	23,101,900
% CHANGE		77.6	13.4	10.2	13.6	1.8	-3.4 (vs. 2011)

PHARMACY BOARD RULE CHANGES

- **BOARD HEARING JUNE 21, 2012**
 - 16.19.4 Pharmacist
 - 16.19.20 Controlled Substances
 - 19.1929 Prescription Monitoring Program
 - Published in New Mexico Register August 15, 2012

16.19.4 Pharmacist

- **Mandatory prospective Drug Utilization Review (DUR) by pharmacist for the purpose of identifying:**
 - (a) clinical abuse/misuse;
 - (b) therapeutic duplication;
 - (c) drug-disease contraindications;
 - (d) drug-drug interactions;
 - (e) incorrect drug dosage;
 - (f) incorrect duration of drug treatment;
 - (g) drug-allergy interactions;
 - (h) appropriate medication indication.

16.19.4 Pharmacist

- **Pharmacist shall take appropriate steps to avoid or resolve the potential problem, including PMP review.**

16.19.20 Controlled Substances

- **16.19.20.42 PRESCRIPTION REQUIREMENTS:**
 - A new telephone prescription for any schedule III or IV opiate shall not exceed a ten day supply based on the directions for use and cannot be refilled.

16.19.20 Controlled Substances

- **16.19.20.45 PRESCRIPTION REFILL REQUIREMENTS:**
 - Controlled substance prescriptions dispensed directly to a patient shall not be refilled before 75% of the prescription days supply has passed, unless the practitioner authorizes the early refill, which must be documented by the pharmacist.

16.19.29 Prescription Monitoring Program

- **16.19.29.8 REQUIREMENTS FOR THE PRESCRIPTION MONITORING PROGRAM:**
 - Pharmacies upload data no less than every 7 days.
 - Dispensing practitioners now required to upload data every 7 days.
 - Schedule V added to reporting requirement
 - Prescription payment type now captured

16.19.29 Prescription Monitoring Program

- **16.19.29.9 ACCESS TO PRESCRIPTION INFORMATION:**
 - Practitioners registered with the program may designate one delegate per practice site to register with the program for the purpose of requesting and receiving reports for the practitioner.
 - Pharmacists with active licenses who are practicing in the state may register with the program to request reports on patients the pharmacist dispenses controlled substances to.

16.19.29 Prescription Monitoring Program

- **16.19.29.9 ACCESS TO PRESCRIPTION INFORMATION:**
 - The board shall use de-identified data obtained from the prescription drug monitoring database to identify and report to state and local public health authorities the geographic areas of the state where anomalous prescribing, dispensing or use of controlled substances is occurring.

16.19.29 Prescription Monitoring Program

- **16.19.29.9 ACCESS TO PRESCRIPTION INFORMATION:**
 - The board shall share prescription drug monitoring database data with the department of health for the purposes of tracking inappropriate prescribing and misuse of controlled substances, including drug overdose.

16.19.29 Prescription Monitoring Program

• 16.19.29.12 REGISTRATION FOR ACCESS TO PRESCRIPTION INFORMATION:

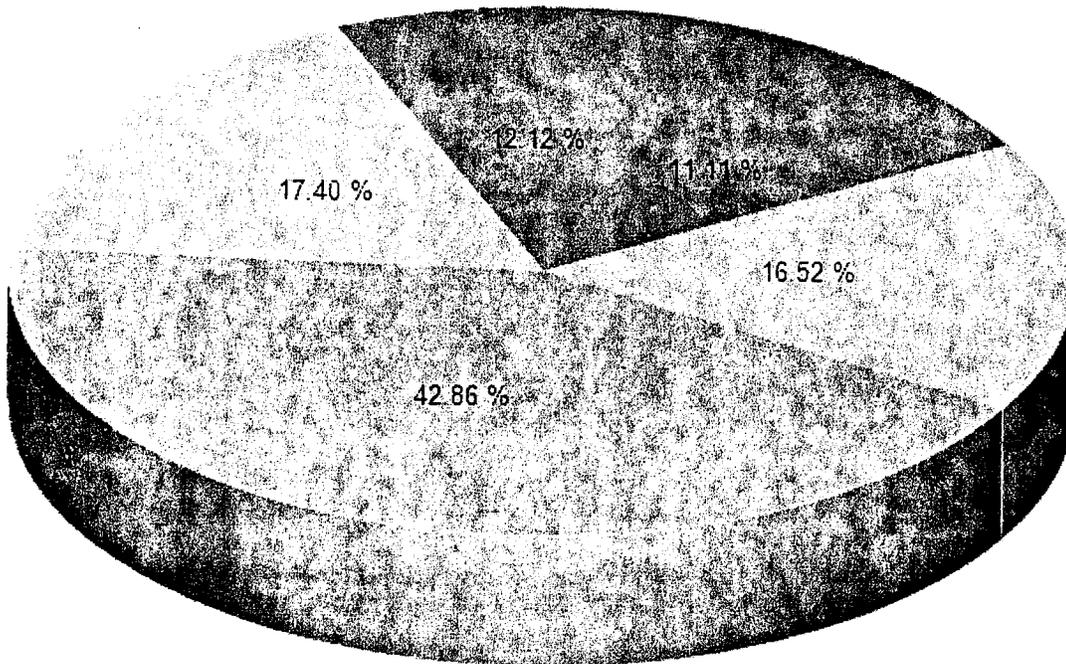
—All new registrants to the prescription monitoring program will complete a web based training program approved by the board.

- In testing September 5, 2012
- Go live on or before September 15, 2012



Controlled Substances Prescription Trend (by Doses) - 1/1/2012 - 8/31/2012

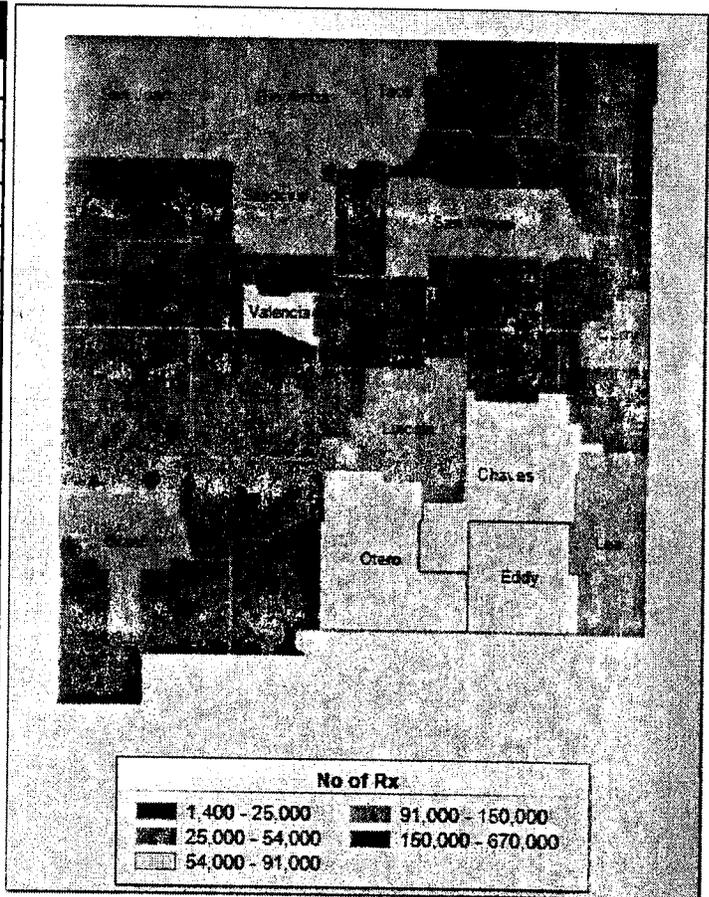
- HYDROCODONE BITARTR. ACETAMINOPHEN
- OXYCODONE AND ACETAM
- OXYCODONE HYDROCHLOR
- TRAMADOL HYDROCHLOR
- ZOLPIDEM TARTRATE



No of Prescriptions by Patient County

Search Criteria: Request period '1/1/2012' To '8/31/2012'

<u>County</u>	<u>No of Prescriptions</u>
Bernalillo	667,553
Catron	2,053
Chaves	77,250
Cibola	16,848
Colfax	18,133
Curry	41,219
De Baca	3,192
Doña Ana	160,529
Eddy	69,030
Grant	35,529
Guadalupe	4,618
Harding	1,465
Hidalgo	4,268
Lea	48,507
Lincoln	26,879
Los Alamos	20,657
Luna	24,897
McKinley	21,219
Mora	5,469
Otero	55,020
Quay	6,261
Rio Arriba	53,922
Roosevelt	12,333
Sandoval	130,603
San Juan	100,230
San Miguel	38,077
Santa Fe	158,952
Sierra	21,739
Socorro	21,872
Taos	37,050
Torrance	16,266
Union	2,972
Valencia	82,462
Totals	1,987,074





NEW MEXICO AUTOMATED Rx REPORTING SYSTEM

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Number of Prescriptions Added 2006 - 2011

9/5/2012

