# 47th legislature - STATE OF NEW MEXICO - FIRST SESSION, 2005 INTRODUCED BY

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HOUSE BILL 721

### AN ACT

RELATING TO NUTRITION; CREATING A NUTRITION COUNCIL; PROVIDING DUTIES; CREATING A FUND; REQUIRING NUTRITION AND HEALTH COURSES IN PUBLIC SCHOOLS; REQUIRING NUTRITION EDUCATION FOR CERTAIN LICENSED PRACTITIONERS; REQUIRING STUDIES; MAKING APPROPRIATIONS.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF NEW MEXICO:

Section 1. [NEW MATERIAL] SHORT TITLE.--Sections 1 through 7 of this act may be cited as the "Nutrition Council Act".

Section 2. [NEW MATERIAL] FINDINGS AND PURPOSE .--

A. The legislature finds that federal authorities have not intended to or expressed an intention to occupy and preempt the areas of nutrition addressed in the Nutrition Council Act and, therefore, the legislature may create a .155182.1

1	nutrition council to make recommendations to protect and ensure
2	public health and safety for all New Mexicans.
3	B. The purpose of the Nutrition Council Act is to
4	improve the quality of food grown in, produced in or imported
5	into New Mexico or exported from New Mexico and to educate New
6	Mexico citizens in good nutritional choices.
7	Section 3. [NEW MATERIAL] DEFINITIONSAs used in the
8	Nutrition Council Act:
9	A. "council" means the nutrition council; and
10	B. "director" means the director of the council.
11	Section 4. [NEW MATERIAL] NUTRITION COUNCILCREATED
12	MEMBERSHIP
13	A. The "nutrition council" is created, composed of
14	the following members:
15	(1) the assistant attorney general for
16	consumer protection or the assistant attorney general's
17	designee;
18	(2) the secretary of public education or the
19	secretary's designee;
20	(3) the secretary of health or the secretary's
21	designee; and
22	(4) the following members appointed by the
23	governor, who serves at the pleasure of the governor:
24	(a) one pediatrician;
25	(b) one internist or family
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practitioner;

2	(c) one cardiologist;
3	(d) one toxicologist;
4	(e) one doctorate-level biochemist;
5	(f) one licensed nutritionist;
6	(g) one farmer;
7	(h) one rancher;
8	(i) one faculty member of the university
9	of New Mexico school of medicine;
10	(j) one dentist; and
11	(k) one public member who is appointed
12	on the basis of active involvement in the area of nutrition.
13	B. Members of the council who are not paid by
14	taxpayer funds may receive per diem and mileage expenses
15	pursuant to the Per Diem and Mileage Act, but shall receive no
16	other compensation, perquisite or allowance.
17	C. The council shall annually elect a chair and
18	vice chair. The council shall meet at the call of the chair, a
19	majority of the members or the director. The director shall
20	serve as staff to the council.
21	D. The council is administratively attached to the
22	department of health.
23	Section 5. [NEW MATERIAL] COUNCILDUTIESThe council
24	shall:
25	A. study ways to improve the operations of state

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government relating to nutrition programs and to the provision of nutrition services to the residents of the state;

- recommend courses of instruction and practical training for employees of departments and other persons involved in the administration of state nutrition programs with the objective of improving the operations and efficiency of the administration;
- develop nutrition education programs for food stamp recipients;
- in consultation with nutrition experts and the appropriate state agencies, recommend nutrition programs, public education programs and campaigns on health, nutrition and ideal weight maintenance for all state institutions and public schools, colleges and universities;
- consult with the university of New Mexico school of medicine to ensure that its nutrition curricula train medical students in basic nutrition and how to prevent and treat nutritional diseases;
- recommend the development and implementation of nutrition and food safety programs to ensure the nutritional health of New Mexico residents and the safety of their food;
- advise the appropriate departments, including G. the office of the attorney general, on areas of concern such as:
- the effect of food additives, specifically .155182.1

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carcinogens and neurotoxins, on the health of all New Mexicans, particularly on pregnant women, neonates and preschool-age children;

- (2) the incidence of diabetes on Indian pueblos and reservations;
- (3) the effects of food-induced hyperactivity and attention deficit disorders in children resulting from their ingestion of monosodium glutamate and excitotoxins;
  - (4) obesity in all age groups; and
- (5) other areas deemed important by the council;
- H. make recommendations on ways to improve nutrition in New Mexico;
- I. assist the appropriate agencies in developing educational materials on nutrition and on toxic or potentially toxic additives to foods and processes that result in food toxicity;
- J. through the public education department, advise public school districts on the development of nutrition courses that are grade specific and that use texts in the field of nutrition, preventive cardiology, preventive oncology and preventive toxicology for New Mexico secondary school students;
- K. develop a nutrition questionnaire to be sent to every student in New Mexico that will be used to build a statewide nutrition database;

L	review the quality of public school lunch	
programs and	make recommendation to the secretary of public	
education to	improve the sources of food for the school lune	ch
program; and		

- M. within available appropriations, hire an executive director and such other employees as are necessary to carry out the provisions of the Nutrition Council Act.
  - Section 6. [NEW MATERIAL] DIRECTOR OF COUNCIL--DUTIES.--
- A. The director shall, at the direction of the council:
- (1) review and report on state agency efforts to improve nutrition and food safety; and
- (2) serve as a liaison with other state agencies, including the department of health, the children, youth and families department and the public education department, in recommending the development and implementation of nutrition and food safety programs.
- B. The director shall recommend to the council a list of foods, food additives or food processes that the council should consider to determine if additional labeling should be required because of carcinogens, neurotoxins or other deleterious compounds. If the council determines additional labeling should be required, it shall recommend the appropriate labeling and recommend that such labeling be reflected in the nutrition and food safety standards.

C. The director shall recommend to the council the appointment and compensation of such employees as may be necessary to carry out the provisions of the Nutrition Council Act within the appropriations made by the legislature.

Section 7. [NEW MATERIAL] FUND CREATED.--The "nutrition"

fund" is created in the state treasury. The fund shall consist of appropriations, gifts, grants, donations and bequests.

Money in the fund shall not be transferred to any other fund at the end of a fiscal year. Money in the fund is appropriated to the board of regents of the university of New Mexico for the school of medicine for nutrition and health-related research and education. Expenditures shall be made on warrant of the secretary of finance and administration on vouchers signed by the dean of the university of New Mexico school of medicine.

Section 8. A new section of the Public School Code is enacted to read:

"[NEW MATERIAL] NUTRITION AND HEALTH COURSES.--The secretary shall adopt and promulgate minimum standards and benchmarks for grade-specific nutrition and health courses."

Section 9. Section 22-13-1 NMSA 1978 (being Laws 2003, Chapter 153, Section 57) is amended to read:

"22-13-1. SUBJECT AREAS--MINIMUM INSTRUCTIONAL AREAS REQUIRED--ACCREDITATION.--

A. The [state board] department shall require public schools to address [state board-approved] department-.155182.1

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approved academic content and performance standards when instructing in specific [state board-required] departmentrequired subject areas as provided in this section. A public school or school district failing to meet these minimum requirements shall not be accredited by the [state board] department.

- All first, second and third grade classes shall provide daily instruction in reading and language arts skills, including phonemic awareness, phonics and comprehension, and in mathematics.
- All first, second and third grade classes shall provide instruction in art, music and a language other than English.
- D. In fourth through eighth grades, instruction that meets academic content and performance standards shall be provided in the following subject areas:
- reading and language arts skills, with an (1) emphasis on writing and editing for at least one year and an emphasis on grammar and writing for at least one year;
  - (2) mathematics;
  - language other than English; (3)
  - communication skills; (4)
  - (5) science;
  - (6) art;
  - (7) music;

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- (8) social studies;
- (9) New Mexico history;
- (10) United States history;
- (11) geography; [and]
- (12) physical fitness; and
- (13) nutrition and health.
- E. In fourth through eighth grades, school districts shall offer electives that contribute to academic growth and skill development and provide career and technical education."

Section 10. Section 22-13-1.1 NMSA 1978 (being Laws 1986, Chapter 33, Section 5, as amended) is amended to read:

## "22-13-1.1. GRADUATION REQUIREMENTS.--

A. At the end of grades eight through eleven, each student shall prepare an interim next-step plan that sets forth the coursework for the grades remaining until high school graduation. Each year's plan shall explain any differences from previous interim next-step plans, shall be filed with the principal of the student's high school and shall be signed by the student, the student's parent [or guardian] and the student's guidance counselor or other school official charged with coursework planning for the student.

B. Each student must complete a final next-step plan during the senior year and prior to graduation. The plan shall be filed with the principal of the student's high school .155182.1

and shall be signed by the student, the student's parent [or guardian] and the student's guidance counselor or other school official charged with coursework planning for the student.

- C. An individualized education program that meets the requirements of Subsections A and B of this section and that meets all applicable transition and procedural requirements of the federal Individuals with Disabilities Education Act for a student with a disability shall satisfy the next-step plan requirements of this section for that student.
- D. A local school board shall ensure that each high school student has the opportunity to develop a next-step plan and is reasonably informed about:
  - (1) curricular and course options;
- (2) opportunities available that lead to different post-high-school options; and
- (3) alternative opportunities available if the student does not finish a planned curriculum.
  - E. The secretary [of public education] shall:
- (1) establish specific accountability standards for administrators, counselors, teachers and school district staff to ensure that every student has the opportunity to develop a next-step plan;
- (2) promulgate rules for accredited private schools in order to ensure substantial compliance with the provisions of this section;

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- monitor compliance with the requirements (3) of this section: and
- compile such information as is necessary (4) to evaluate the success of next-step plans and report annually, by December 15, to the legislative education study committee and the governor.
- Successful completion of a minimum of [twentythree] twenty-four units aligned to the state academic content and performance standards shall be required for graduation. These units shall be as follows:
- four units in English, with major emphasis (1) on grammar and literature;
- three units in mathematics, at least one of which is equivalent to the algebra I level or higher;
- (3) two units in science, one of which shall have a laboratory component; provided, however, that with students entering the ninth grade beginning in the 2005-2006 school year, three units in science shall be required, one of which shall have a laboratory component;
- three units in social science, which shall include United States history and geography, world history and geography and government and economics;
- one unit in physical education or other (5) physical activity;
- one unit in communication skills or .155182.1

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business education, with a major emphasis on writing and speaking and that may include a language other than English; [and]

(7) one unit in nutrition and health; and  $[\frac{7}{1}]$  (8) nine elective units and eight elective units for students entering the ninth grade in the 2005-2006 school year that meet [state board] department content and performance standards. Student service learning shall be offered as an elective.

- The department shall establish a procedure for students to be awarded credit through completion of specified career technical education courses for certain graduation requirements.
- Η. Final examinations shall be administered to all students in all classes offered for credit.
- I. A student shall not receive a high school diploma who has not passed a state graduation examination in the subject areas of reading, English, [math] mathematics, writing, science and social science. The state graduation examination on social science shall include a section on the constitution of the United States and the constitution of New If a student exits from the school system at the end Mexico. of grade twelve without having passed a state graduation examination, [he] the student shall receive an appropriate state certificate indicating the number of credits earned and .155182.1

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the grade completed. If within five years after a student exits from the school system [he] the student takes and passes the state graduation examination, [he] the student may receive a high school diploma.

#### J. As used in this section:

- (1) "final next-step plan" means a next-step plan that shows that the student has committed or intends to commit in the near future to a four-year college or university, a two-year college, a trade or vocational program, an internship or apprenticeship, military service or a job;
- "interim next-step plan" means an annual next-step plan in which the student specifies post-high-school goals and sets forth the coursework that will allow the student to achieve those goals; and
- "next-step plan" means an annual personal (3) written plan of studies developed by a student in a public school or other state-supported school or institution in consultation with the student's parent [or guardian] and school counselor or other school official charged with coursework planning for the student.
- The secretary [of public education] may Κ. establish a policy to provide for administrative interpretations to clarify curricular and testing provisions of the Public School Code."

Section 11. A new section of the Nursing Practice Act is .155182.1

# enacted to read:

"[NEW MATERIAL] NUTRITION EDUCATION MANDATORY.--The board shall establish by rule requirements for mandatory nutrition education for certified nurse practitioners and clinical nurse specialists."

Section 12. A new section of the Dental Health Care Act is enacted to read:

"[NEW MATERIAL] NUTRITION EDUCATION MANDATORY.--The board shall establish by rule requirements for mandatory nutrition education for dentists."

Section 13. A new section of the Medical Practice Act is enacted to read:

"[NEW MATERIAL] NUTRITION EDUCATION MANDATORY.--The board shall establish by rule requirements for mandatory nutrition education for physicians and physician assistants."

Section 14. A new section of the Professional Psychologist Act is enacted to read:

"[NEW MATERIAL] NUTRITION EDUCATION MANDATORY.--The board shall establish by rule requirements for mandatory nutrition education for psychologists."

Section 15. A new section of the Counseling and Therapy Practice Act is enacted to read:

"[NEW MATERIAL] NUTRITION EDUCATION MANDATORY.--The board shall establish by rule requirements for mandatory nutrition education for counselors and therapists."

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Section 16. A new section of Chapter 61, Article 10 NMSA 1978 is enacted to read:

"[NEW MATERIAL] NUTRITION EDUCATION MANDATORY. -- The board of osteopathic medical examiners shall establish by rule requirements for mandatory nutrition education for osteopathic physicians."

Section 17. TEMPORARY PROVISION--UNIVERSITY OF NEW MEXICO SCHOOL OF MEDICINE FOOD ADDITIVES AND PESTICIDES STUDIES .-- The obstetrics, neonatology and pediatrics departments of the university of New Mexico school of medicine shall conduct a study on the precise medical effects of food additives on pregnant women, fetuses and children under the age of five and a study on the medical effects of living near or working in fields of farms spraying pesticides, herbicides and insecticides.

#### Section 18. APPROPRIATIONS. --

Two hundred fifty thousand dollars (\$250,000) is appropriated from the general fund to the nutrition council for expenditure in fiscal year 2006 for staff, equipment, furnishings and other expenses to implement the Nutrition Council Act. Any unexpended or unencumbered balance remaining at the end of fiscal year 2006 shall revert to the nutrition fund.

Three hundred thousand dollars (\$300,000) is appropriated from the general fund to the public education .155182.1

department for expenditure in fiscal years 2006 and 2007 to employ nutritionists to assist school districts in the public schools and to carry out the provisions of this act. Any unexpended or unencumbered balance remaining at the end of fiscal year 2007 shall revert to the nutrition fund.

C. Two hundred thousand dollars (\$200,000) is appropriated from the general fund to the board of regents of the university of New Mexico for expenditure in fiscal years 2006 through 2008 to perform the studies provided for in Section 17 of this act. Any unexpended or unencumbered balance remaining at the end of fiscal year 2008 shall revert to the nutrition fund.

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