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SENATE MEMORIAL 20

**48TH LEGISLATURE - STATE OF NEW MEXICO - SECOND SESSION, 2008**

INTRODUCED BY

Linda M. Lopez

A MEMORIAL

PROCLAIMING FEBRUARY 1, 2008 AS "WEAR RED DAY" AT THE SENATE.

WHEREAS, diseases of the heart are the nation's leading cause of death and stroke is the nation's third-leading cause of death; and

WHEREAS, cardiovascular diseases claim the lives of over four hundred sixty thousand American women each year, which is an estimated one death per minute; and

WHEREAS, each year, fifty-three percent of all cardiovascular-disease deaths occur in women as compared to forty-seven percent in men; and

WHEREAS, each year, approximately thirty-two thousand eight hundred more women than men die from a stroke; and

WHEREAS, the estimated costs, both direct and indirect, of cardiovascular diseases and stroke in New Mexico in 2008 are

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1 nine hundred million dollars (\$900,000,000); and

2 WHEREAS, more women die of cardiovascular disease than the  
3 next five leading causes of death combined, including all  
4 cancers; and

5 WHEREAS, only twenty-one percent of women consider  
6 cardiovascular disease their greatest health risk; and

7 WHEREAS, February is designated as "American Heart Month";  
8 and

9 WHEREAS, "go red for women" is the American heart  
10 association's national call to increase awareness about heart  
11 disease, the leading cause of death for women, and to inspire  
12 women to take charge of their heart health; and

13 WHEREAS, all women should learn their own personal risk  
14 for heart disease, using tools such as the American heart  
15 association's "go red for women" heart checkup and by talking  
16 to their health care providers;

17 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE  
18 OF NEW MEXICO that, in recognition of the importance of the  
19 ongoing fight against heart disease and stroke, Friday,  
20 February 1, 2008, be proclaimed "Wear Red Day" at the senate;  
21 and

22 BE IT FURTHER RESOLVED that all New Mexicans be encouraged  
23 to show their support for women and the fight against heart  
24 disease by commemorating this day by wearing the color red.