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SENATE MEMORIAL 75

50TH LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2011

INTRODUCED BY

William E. Sharer

A MEMORIAL

DECLARING MARCH 10, 2011 "WORLD KIDNEY DAY" IN THE SENATE.

WHEREAS, March 10, 2011 marks the sixth anniversary of world kidney day, an event jointly sponsored by the joint international society of nephrology and the international federation of kidney foundations; and

WHEREAS, in 2011, the celebration of this day will be focused on the often overlooked role that kidney dysfunction plays in premature heart disease; and

WHEREAS, the main functions of kidneys are to filter toxins and wastes out of the blood, maintain body fluid and composition and secrete hormones to assist in red blood cell production; and

WHEREAS, kidneys play a central role in regulating blood pressure by balancing important electrolytes that help maintain

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1 the heart's rhythm; and

2 WHEREAS, properly functioning kidneys are essential to
3 life; and

4 WHEREAS, chronic kidney disease is becoming more common,
5 with a thirty percent increase in its prevalence in the United
6 States over the last ten years, resulting in one in ten people
7 suffering from chronic kidney disease; and

8 WHEREAS, individuals with kidney disease are three times
9 more likely to suffer from heart disease, heart attack or
10 stroke as a result of a buildup of waste products leading to
11 uncontrolled high blood pressure; and

12 WHEREAS, many people suffer a heart attack or stroke
13 before they become aware that they have kidney disease; and

14 WHEREAS, healthy lifestyle choices, including not smoking
15 or the cessation of smoking, maintaining blood pressure,
16 cholesterol and blood sugar at appropriate levels, maintaining
17 a healthy weight through diet and exercise and drinking plenty
18 of water and fluids, help to reduce the risk of kidney disease;
19 and

20 WHEREAS, with early detection and treatment, kidney
21 disease can be slowed down before it progresses to kidney
22 failure or heart disease; and

23 WHEREAS, the department of health currently has no
24 programmatic effort dedicated to the prevention of chronic
25 kidney disease or to promoting public awareness of the dangers

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1 of kidney disease and its relationship to heart disease; and
2 WHEREAS, recognition and support of world kidney day will
3 help raise awareness among the general public and government
4 health officials about the dangers of kidney disease,
5 especially chronic kidney disease;
6 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE
7 OF NEW MEXICO that March 10, 2011 be declared "World Kidney
8 Day" in the senate; and
9 BE IT FURTHER RESOLVED that a copy of this memorial be
10 transmitted to the secretary of health.