

SENATE PUBLIC AFFAIRS COMMITTEE SUBSTITUTE FOR  
SENATE BILL 159

50TH LEGISLATURE - STATE OF NEW MEXICO - SECOND SESSION, 2012

AN ACT

RELATING TO HEALTH CARE; MANDATING PROCEDURES RELATING TO THE  
PRESCRIBING AND DISPENSING OF CERTAIN PRESCRIPTIONS FOR OPIOID  
MEDICATIONS.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF NEW MEXICO:

SECTION 1. A new section of the New Mexico Drug, Device  
and Cosmetic Act is enacted to read:

"~~[NEW MATERIAL]~~ OPIOID MEDICATION--CONSENT REQUIRED--  
PATIENT EDUCATION--SUPPLY LIMITS--LABELING--PROTOCOLS FOR  
DISPENSING CERTAIN PRESCRIBED OPIOID MEDICATIONS.--

A. Before writing a prescription for any opioid  
medication for the first time to a patient, a practitioner  
shall obtain written consent from:

(1) the patient for whom the practitioner  
wishes to prescribe the opioid medication, if the patient is an

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underscored material = new  
[bracketed material] = delete

1 adult;

2 (2) the patient's parent, guardian or legal  
3 representative, if the patient is a minor;

4 (3) the patient's guardian or legal  
5 representative, if the patient is an adult who has been judged  
6 to be incompetent to provide informed consent; or

7 (4) the patient's surrogate appointed pursuant  
8 to Section 24-7A-5 NMSA 1978.

9 B. In the process of obtaining written consent  
10 pursuant to Subsection A of this section, a practitioner shall  
11 discuss with the patient or the patient's parent, legal  
12 guardian or legal representative the risks and benefits of  
13 using opioid medication and shall ensure that the patient or  
14 the patient's parent, legal guardian or legal representative is  
15 provided with written materials containing current, factual  
16 information on the risks associated with using opioids and on  
17 the safe use of opioids.

18 C. If a practitioner subsequently writes a  
19 prescription for a different opioid medication for the same  
20 patient, the practitioner shall obtain written consent for the  
21 new opioid medication as set forth in Subsections A and B of  
22 this section. A practitioner is not required to obtain written  
23 consent from a patient if the practitioner writes a  
24 prescription for an opioid medication that the practitioner has  
25 previously prescribed to that patient.

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1           D. Notwithstanding any other provision of law,  
2 consent and counseling are not required pursuant to Subsections  
3 A, B and C of this section when health care decisions are made  
4 pursuant to the provisions of Sections 24-10-1 through 24-10-4  
5 NMSA 1978.

6           E. A prescription for an opioid medication shall  
7 not be refilled.

8           F. For an opioid medication prescription issued by  
9 a practitioner licensed under the Dental Health Care Act,  
10 excluding an opioid medication prescription issued for oral or  
11 maxillofacial surgery, a prescriber shall not prescribe and a  
12 dispenser shall not fill the prescription in an amount that  
13 exceeds a three-day supply. A practitioner issuing an opioid  
14 medication prescription for oral or maxillofacial surgery shall  
15 adhere to the opioid medication prescribing limits set forth in  
16 Subsection G of this section.

17           G. For an opioid medication prescription issued by  
18 a practitioner, including a prescription for oral or  
19 maxillofacial surgery and otherwise excluding a practitioner  
20 licensed under the Dental Health Care Act, a prescriber shall  
21 indicate dosage instructions on the prescription. A prescriber  
22 shall not prescribe and a dispenser shall not fill the  
23 prescription in an amount that exceeds the limits set forth in  
24 this subsection:

25           (1) a thirty-day supply, where the patient has

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1 been diagnosed with cancer pain, chronic pain or is a hospice  
2 patient, except in the following circumstance, which relates  
3 only to opioid medications that are Schedule II controlled  
4 substances that are prescribed by an individual practitioner:

5 (a) the practitioner may issue multiple  
6 prescriptions for the same opioid medication at one time;

7 (b) no single prescription may exceed a  
8 thirty-day supply;

9 (c) the total days of medication from  
10 multiple prescriptions issued at one time shall not exceed  
11 ninety days; and

12 (d) the prescriptions may only be filled  
13 one at a time, with no less than a twenty-one-day interval  
14 between fills for the same opioid medication;

15 (2) a seven-day supply, where the patient has  
16 been diagnosed with acute pain or cough, except as provided in  
17 Paragraph (3) of this subsection; and

18 (3) a thirty-day supply, where the patient has  
19 not been diagnosed with cancer pain or chronic pain and:

20 (a) twenty-eight days have passed after  
21 the prescriber has issued an initial prescription for opioid  
22 medication to treat a specified indication or indications; and

23 (b) the prescriber reasonably believes  
24 that the patient's pain situation will become chronic. In this  
25 case, the prescriber shall specify the underlying diagnosis

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1 believed to be the cause of the pain.

2 H. A practitioner when issuing a prescription for  
3 an opioid medication shall include in the prescription whether  
4 the indication for which it has been prescribed is for acute  
5 pain, chronic pain, cancer pain, cough, diarrhea, opioid  
6 replacement therapy or hospice care. When the indication is  
7 chronic pain, the underlying diagnosis believed to be the cause  
8 of the chronic pain shall be specified.

9 I. A dispenser of an opioid medication shall  
10 include the indication for which the opioid medication was  
11 prescribed with the medication's directions for use on the  
12 dispensing container label as required pursuant to Subsection B  
13 of Section 26-1-16 NMSA 1978. The indication shall state  
14 whether the opioid medication has been prescribed for acute  
15 pain, chronic pain, cancer pain, cough, diarrhea, opioid  
16 replacement therapy or hospice care. When the indication is  
17 chronic pain, the underlying diagnosis believed to be the cause  
18 of the chronic pain shall be specified.

19 J. When a patient who is a minor seeks to fill a  
20 prescription for an opioid medication by presenting the  
21 prescription to a dispenser, or when that patient seeks to  
22 obtain a filled opioid medication prescription from a  
23 dispenser, the minor patient shall be accompanied by the  
24 patient's parent, guardian or legal representative.

25 K. A practitioner shall retain a copy of the

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1 written consent obtained pursuant to Subsection A of this  
2 section for a period of time that the board shall designate by  
3 rule.

4 L. A practitioner who treats a patient with an  
5 opioid medication for at least one month shall review a board  
6 of pharmacy prescription drug monitoring report for that  
7 patient as defined by the licensing board with authority over  
8 the practitioner. The practitioner's licensing board operating  
9 pursuant to Chapter 61 NMSA 1978 shall enforce the provisions  
10 of this subsection.

11 M. For the purposes of this section:

12 (1) "acute pain" means the normal, predicted  
13 physiological and generally time-limited response to a noxious  
14 chemical, thermal or mechanical stimulus, typically associated  
15 with invasive procedures, trauma or disease;

16 (2) "adequate directions for use" means  
17 directions pursuant to which a layperson can use a drug or  
18 device safely and for the purposes for which it is intended;

19 (3) "adult" means an individual who is:

20 (a) over eighteen years of age; or

21 (b) under eighteen and emancipated;

22 (4) "chronic pain" means pain that persists  
23 after reasonable medical efforts have been made to relieve the  
24 pain or its cause that continues, either continuously or  
25 episodically, for longer than three consecutive months.

1 "Chronic pain" does not include pain associated with a terminal  
2 condition or with a progressive disease that, in the normal  
3 course of progression, may reasonably be expected to result in  
4 a terminal condition;

5 (5) "dispenser" means a person who delivers an  
6 opioid medication to the opioid medication's ultimate user, but  
7 "dispenser" does not mean:

8 (a) a licensed hospital pharmacy that  
9 distributes opioid medications for the purpose of inpatient  
10 hospital care;

11 (b) a practitioner or other authorized  
12 person who directly administers an opioid medication to a  
13 patient;

14 (c) a wholesale distributor of a  
15 Schedule II, III, IV or V controlled substance; or

16 (d) a health facility that the  
17 department of health licenses as a clinic, urgent care or  
18 emergency facility that dispenses no more than four dosage  
19 units to an individual patient within a twenty-four-hour  
20 period;

21 (6) "emancipated" means the status of being  
22 between sixteen years of age and eighteen years of age and:

23 (a) married;

24 (b) on active duty in the armed forces;

25 or

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1 (c) having been declared by court order  
2 to be emancipated;

3 (7) "minor" means an individual under the age  
4 of eighteen who is not emancipated;

5 (8) "opioid medication" means a substance  
6 that:

7 (a) binds to and stimulates the opioid  
8 receptors on the surface of the cell;

9 (b) is specifically indicated to treat  
10 acute pain, chronic pain or cancer pain, cough suppression or  
11 diarrhea, or for opioid replacement therapy or hospice care;

12 (c) is a dangerous drug; and

13 (d) is a Schedule II, III, IV or V  
14 controlled substance included in the Controlled Substances Act;  
15 and

16 (9) "Schedule II controlled substance" means a  
17 controlled substance listed in Schedule II of the Controlled  
18 Substances Act."