## SENATE MEMORIAL 32

# 52ND LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2015

### INTRODUCED BY

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 A MEMORIAL

DECLARING JANUARY 28, 2015 "SCHOOL NUTRITION DAY" IN THE SENATE.

WHEREAS, school nutrition programs provided through the national school lunch program and school breakfast program have provided millions of healthy and nutritious meals to schoolchildren throughout New Mexico for more than sixty years; and

WHEREAS, school nutrition programs serve healthy meals, free or at low cost, to students in New Mexico schools; and

WHEREAS, school nutrition programs not only feed hungry children and support family well-being, they also act as "economic stabilizers" during economic downturns; and

WHEREAS, many children consume at least one-half of their daily calories at school, and for many children, food served at .199266.1

school may be the only nutritious food they regularly eat; and

WHEREAS, school nutrition programs play an important role in helping to ensure that every student in New Mexico starts school ready to learn, since studies show that a well-fed and well-nourished child is a more eager and attentive student; and

WHEREAS, school nutrition programs have demonstrated a commitment in New Mexico to promote children's health, well-being and educational excellence as primary goals for student success; and

WHEREAS, New Mexico has ranked first or second nationally in students participating in school breakfast programs in recent years and has been among the top ten states in numbers of students participating in school breakfast programs in the last ten years; and

WHEREAS, nearly two hundred twelve thousand students across New Mexico are eligible to participate in school meal programs; and

WHEREAS, the public education department's fresh fruits and vegetables program brings healthy, farm-grown food to tens of thousands of schoolchildren in the state, a measure that contributes to a healthy diet and mitigates childhood obesity; and

WHEREAS, as recently as 2011, nearly one-third of New Mexico children were overweight or obese, and experts project that a healthier population could save the state more than one .199266.1

billion five hundred million dollars (\$1,500,000,000) annually in health care expenses related to obesity and diabetes;

NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE OF NEW MEXICO that the state recognize that funding for school nutrition programs to promote healthier lifestyles and academic achievement is a wise investment in the health of its people and its future work force; and

BE IT FURTHER RESOLVED that Wednesday, January 28, 2015, be declared "School Nutrition Day" in the senate.

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