RELATING TO HEALTH EDUCATION; AMENDING SECTIONS OF THE PUBLIC SCHOOL CODE TO REQUIRE THE PUBLIC EDUCATION DEPARTMENT TO ADD LIFESAVING SKILLS TRAINING TO HEALTH EDUCATION COURSES.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF NEW MEXICO:

SECTION 1. Section 22-13-1 NMSA 1978 (being Laws 2003, Chapter 153, Section 57, as amended) is amended to read:

"22-13-1. SUBJECT AREAS--MINIMUM INSTRUCTIONAL AREAS REQUIRED--ACCREDITATION.--

A. The department shall require public schools to address department-approved academic content and performance standards when instructing in specific department-required subject areas as provided in this section. A public school or school district failing to meet these minimum requirements shall not be accredited by the department.

- B. All kindergarten through third grade classes shall provide daily instruction in reading and language arts skills, including phonemic awareness, phonics and comprehension, and in mathematics. Students in kindergarten and first grades shall be screened and monitored for progress in reading and language arts skills, and students in second grade shall take diagnostic tests on reading and language arts skills.
  - C. All first, second and third grade classes shall SEC/SB 1
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1	provide instruction in art, music and a language other than
2	English, and instruction that meets content and performance
3	standards shall be provided in science, social studies,
4	physical education and health education.
5	D. In fourth through eighth grades, instruction
6	that meets academic content and performance standards shall
7	be provided in the following subject areas:
8	(1) reading and language arts skills, with
9	an emphasis on writing and editing for at least one year and
10	an emphasis on grammar and writing for at least one year;
11	(2) mathematics;
12	(3) language other than English;
13	(4) communication skills;
14	(5) science;
15	(6) art;
16	(7) music;
17	(8) social studies;
18	(9) New Mexico history;
19	(10) United States history;
20	(11) geography;
21	(12) physical education; and
22	(13) health education.
23	E. Beginning with the 2008-2009 school year, in
24	eighth grade, algebra l shall be offered in regular classroom
25	settings or through online courses or agreements with high $_{ m SE}$

schools.

- F. In fourth through eighth grades, school districts shall offer electives that contribute to academic growth and skill development and provide career and technical education. In sixth through eighth grades, media literacy may be offered as an elective.
- G. In ninth through twelfth grades, instruction that meets academic content and performance standards shall be provided in health education.
  - H. All health education courses shall include:
- (1) age-appropriate sexual abuse and assault awareness and prevention training that meets department standards developed in consultation with the federal centers for disease control and prevention that are based on evidence-based methods that have proven to be effective; and
- (2) lifesaving skills training that follows nationally recognized guidelines for hands-on psychomotor skills cardiopulmonary resuscitation training. Students shall be trained to recognize the signs of a heart attack, use an automated external defibrillator and perform the Heimlich maneuver for choking victims. The secretary shall promulgate rules to provide for the:
- (a) use of the following instructorsfor the training provided pursuant to this paragraph:1) school nurses, health teachers and athletic department

personnel as instructors; and 2) any qualified persons volunteering to provide training at no cost to the school district that the school district determines to be eligible to offer instruction pursuant to this paragraph; and

(b) approval of training and instructional materials related to the training established pursuant to this paragraph in both English and Spanish."

SECTION 2. Section 22-13-1.1 NMSA 1978 (being Laws 1986, Chapter 33, Section 5, as amended) is amended to read:
"22-13-1.1. GRADUATION REQUIREMENTS.--

A. At the end of grades eight through eleven, each student shall prepare an interim next-step plan that sets forth the coursework for the grades remaining until high school graduation. Each year's plan shall explain any differences from previous interim next-step plans, shall be filed with the principal of the student's high school and shall be signed by the student, the student's parent and the student's guidance counselor or other school official charged with coursework planning for the student.

B. Each student must complete a final next-step plan during the senior year and prior to graduation. The plan shall be filed with the principal of the student's high school and shall be signed by the student, the student's parent and the student's guidance counselor or other school official charged with coursework planning for the student.

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- (1) curricular and course options, including honors or advanced placement courses, dual-credit courses, distance learning courses, career clusters and career pathways, pre-apprenticeship programs or remediation programs that the college and workplace readiness assessments indicate to be appropriate;
- (2) opportunities available that lead to different post-high-school options; and
- (3) alternative opportunities available if the student does not finish a planned curriculum.
  - E. The secretary shall:
- (1) establish specific accountability standards for administrators, counselors, teachers and school

1	district stail to ensure that every student has the	
2	opportunity to develop a next-step plan;	
3	(2) promulgate rules for accredited private	
4	schools in order to ensure substantial compliance with the	
5	provisions of this section;	
6	(3) monitor compliance with the requirements	
7	of this section; and	
8	(4) compile such information as is necessary	
9	to evaluate the success of next-step plans and report	
10	annually, by December 15, to the legislative education study	
11	committee and the governor.	
12	F. Once a student has entered ninth grade, the	
13	graduation requirements shall not be changed for that student	
14	from the requirements specified in the law at the time the	
15	student entered ninth grade.	
16	G. Successful completion of a minimum of	
17	twenty-three units aligned to the state academic content and	
18	performance standards shall be required for graduation.	
19	These units shall be as follows:	
20	(1) four units in English, with major	
21	emphasis on grammar and literature;	
22	(2) three units in mathematics, at least one	
23	of which is equivalent to the algebra l level or higher;	
24	(3) two units in science, one of which shall	
25	have a laboratory component; provided, however, that with	SEC/SB Page 6

students entering the ninth grade beginning in the 2005-2006 school year, three units in science shall be required, one of which shall have a laboratory component;

- (4) three units in social science, which shall include United States history and geography, world history and geography and government and economics;
  - (5) one unit in physical education;
- (6) one unit in communication skills or business education, with a major emphasis on writing and speaking and that may include a language other than English;
- (7) one-half unit in New Mexico history for students entering the ninth grade beginning in the 2005-2006 school year; and
- (8) nine elective units and seven and one-half elective units for students entering the ninth grade in the 2005-2006 school year that meet department content and performance standards. Student service learning shall be offered as an elective. Financial literacy shall be offered as an elective. Pre-apprenticeship programs may be offered as electives. Media literacy may be offered as an elective.
- H. For students entering the ninth grade beginning in the 2009-2010 school year, at least one of the units required for graduation shall be earned as an advanced placement or honors course, a dual-credit course offered in cooperation with an institution of higher education or a

distance learning course.

- I. The department shall establish a procedure for students to be awarded credit through completion of specified career technical education courses for certain graduation requirements, and districts may choose to allow students who successfully complete an industry-recognized credential, certificate or degree to receive additional weight in the calculation of the student's grade point average.
- J. Successful completion of the requirements of the New Mexico diploma of excellence shall be required for graduation for students entering the ninth grade beginning in the 2009-2010 school year. Successful completion of a minimum of twenty-four units aligned to the state academic content and performance standards shall be required to earn a New Mexico diploma of excellence. These units shall be as follows:
- (1) four units in English, with major emphasis on grammar, nonfiction writing and literature;
- (2) four units in mathematics, of which one shall be the equivalent to or higher than the level of algebra 2, unless the parent submitted written, signed permission for the student to complete a lesser mathematics unit; and provided that a financial literacy course that meets state mathematics academic content and performance standards shall qualify as one of the four required

- (3) three units in science, two of which shall have a laboratory component;
- (4) three and one-half units in social science, which shall include United States history and geography, world history and geography, government and economics and one-half unit of New Mexico history;
- (5) one unit in physical education, as determined by each school district, which may include a physical education program that meets state content and performance standards or participation in marching band, junior reserve officers' training corps or interscholastic sports sanctioned by the New Mexico activities association or any other co-curricular physical activity;
- (6) one unit in one of the following: a career cluster course, workplace readiness or a language other than English; and
- (7) seven and one-half elective units that meet department content and performance standards. Career and technical education courses shall be offered as an elective. Student service learning shall be offered as an elective. Financial literacy shall be offered as an elective. Pre-apprenticeship programs may be offered as electives. Media literacy may be offered as an elective.
  - K. For students entering the eighth grade in the

1 2012-2013 school year, a course in health education is 2 3 4 5 6 7 8 9 10 11

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required prior to graduation. Health education may be required in either middle school or high school, as determined by the school district. Each school district shall submit to the department by the beginning of the 2011-2012 school year a health education implementation plan for the 2012-2013 and subsequent school years, including in which grade health education will be required and how the course aligns with department content and performance standards. Health education courses shall include:

age-appropriate sexual abuse and assault awareness and prevention training that meets department standards developed in consultation with the federal centers for disease control and prevention that are based on evidence-based methods that have proven to be effective; and

lifesaving skills training that follows nationally recognized guidelines for hands-on psychomotor skills cardiopulmonary resuscitation training. Students shall be trained to recognize the signs of a heart attack, use an automated external defibrillator and perform the Heimlich maneuver for choking victims. The secretary shall promulgate rules to provide for the:

(a) use of the following instructors for the training provided pursuant to this paragraph: 1) school nurses, health teachers and athletic department

personnel as instructors; and 2) any qualified persons volunteering to provide training at no cost to the school district that the school district determines to be eligible to offer instruction pursuant to this paragraph; and

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- (b) approval of training and instructional materials related to the training established pursuant to this paragraph in both English and Spanish.
- L. Final examinations shall be administered to all students in all classes offered for credit.
- Until July 1, 2010, a student who has not Μ. passed a state graduation examination in the subject areas of reading, English, mathematics, writing, science and social science shall not receive a high school diploma. graduation examination on social science shall include a section on the constitution of the United States and the constitution of New Mexico. If a student exits from the school system at the end of grade twelve without having passed a state graduation examination, the student shall receive an appropriate state certificate indicating the number of credits earned and the grade completed. If within five years after a student exits from the school system the student takes and passes the state graduation examination, the student may receive a high school diploma. Any student passing the state graduation examination and completing all other requirements within five years of entering ninth grade,

including a final summer session if completed by August 1, may be counted by the school system in which the student is enrolled as a high school graduate for the year in which completion and examination occur.

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Beginning with the 2010-2011 school year, a student shall not receive a New Mexico diploma of excellence if the student has not demonstrated competence in the subject areas of mathematics, reading and language arts, writing, social studies and science, including a section on the constitution of the United States and the constitution of New Mexico, based on a standards-based assessment or assessments or a portfolio of standards-based indicators established by the department by rule. The standards-based assessments required in Section 22-2C-4 NMSA 1978 may also serve as the assessment required for high school graduation. If a student exits from the school system at the end of grade twelve without having satisfied the requirements of this subsection, the student shall receive an appropriate state certificate indicating the number of credits earned and the grade completed. If within five years after a student exits from the school system the student satisfies the requirements of this subsection, the student may receive a New Mexico diploma of excellence. Any student satisfying the requirements of this subsection and completing all other requirements within five years of entering ninth grade,

including a final summer session if completed by August 1, may be counted by the school system in which the student is enrolled as a high school graduate for the year in which all requirements are satisfied.

## O. As used in this section:

- (1) "career and technical education", sometimes referred to as "vocational education", means organized programs offering a sequence of courses, including technical education and applied technology education, that are directly related to the preparation of individuals for paid or unpaid employment in current or emerging occupations requiring an industry-recognized credential, certificate or degree;
- (2) "career and technical education course" means a course with content that provides technical knowledge, skills and competency-based applied learning and that aligns with educational standards and expectations as defined in rule;
- (3) "career cluster" means a grouping of occupations in industry sectors based on recognized commonalities that provide an organizing tool for developing instruction within the educational system;
- (4) "career pathways" means a sub-grouping used as an organizing tool for curriculum design and instruction of occupations and career specialities that share

1	a set of common knowledge and skills for career success;
2	(5) "final next-step plan" means a next-step
3	plan that shows that the student has committed or intends to
4	commit in the near future to a four-year college or
5	university, a two-year college, a trade or vocational
6	program, an internship or apprenticeship, military service or
7	a job;
8	(6) "interim next-step plan" means an annual
9	next-step plan in which the student specifies
10	post-high-school goals and sets forth the coursework that
11	will allow the student to achieve those goals; and
12	(7) "next-step plan" means an annual
13	personal written plan of studies developed by a student in a
14	public school or other state-supported school or institution
15	in consultation with the student's parent and school
16	counselor or other school official charged with coursework
17	planning for the student that includes one or more of the
18	following:
19	(a) advanced placement or honors
20	courses;
21	(b) dual-credit courses offered in
22	cooperation with an institution of higher education;
23	(c) distance learning courses;
24	(d) career-technical courses; and
25	(e) pre-apprenticeship programs.

1	P. The secretary may establish a policy to provide	
2	for administrative interpretations to clarify curricular and	
3	testing provisions of the Public School Code."	
4	SECTION 3. TEMPORARY PROVISIONPSYCHOMOTOR	
5	CARDIOPULMONARY SKILLS TRAININGRULEMAKINGBy December 31,	
6	2016, the secretary of public education shall adopt and	
7	promulgate rules to implement the provisions of Sections 1	
8	and 2 of this act.	
9	SECTION 4. APPLICABILITYLifesaving skills training	
10	pursuant to Paragraph (2) of Subsection H of Section 22-13-1	
11	NMSA 1978 and Paragraph (2) of Subsection K of	
12	Section 22-13-1.1 NMSA 1978 shall not be required for students	
13	in grades nine through twelve who are enrolled in a virtual	
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