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HOUSE MEMORIAL 47

53RD LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2017

INTRODUCED BY

Antonio "Moe" Maestas

A MEMORIAL

RECOGNIZING THE VIRTUES OF EMOTIONAL INTELLIGENCE.

WHEREAS, emotional intelligence is the capability of individuals to recognize their own and other people's emotions, to discriminate between different feelings and label them appropriately and to use emotional information to guide thinking and behavior; and

WHEREAS, the concept of emotional intelligence first appeared outside of academia in 1995 and served as the missing link to a finding that people with average intelligence quotients, or IQs, combined with high emotional intelligence outperform those with the highest intelligence quotients seventy percent of the time; and

WHEREAS, prior to this finding, many people assumed that the sole source of success was a person's intelligence

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1 quotient; and

2 WHEREAS, decades of research now point to emotional
3 intelligence as the critical factor that sets star performers
4 apart from the rest of the pack; and

5 WHEREAS, Howard Gardner, an influential Harvard theorist,
6 believes that for most people emotional intelligence is more
7 important than intelligence quotient in attaining success in
8 their lives and careers; and

9 WHEREAS, an individual's success and success in the
10 individual's profession depends on the ability to read other
11 people's signals and to react appropriately to them; and

12 WHEREAS, there are five major categories of emotional
13 intelligence skills that are recognized by researchers in this
14 field:

15 A. self-awareness, the ability to recognize an
16 emotion as it happens by tuning in to true feelings;

17 B. self-regulation, the ability to use techniques
18 to alleviate negative emotions such as anger, anxiety or
19 depression;

20 C. motivation, which requires clear goals and a
21 positive attitude, which individuals can, with effort and
22 practice, learn how to think more positively;

23 D. empathy, the ability to recognize how people
24 feel; and

25 E. social skills, including the effective use of

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1 interpersonal skills; and

2 WHEREAS, the concept of emotional intelligence has also
3 been embraced by educators in the form of programs in social
4 and emotional learning; and

5 WHEREAS, in the United States, many school districts and
6 even entire states currently make social and emotional learning
7 a curriculum requirement, mandating that, just as students must
8 attain a certain level of competence in math and language, they
9 should also master essential skills for living; and

10 WHEREAS, in some states and nations, social and emotional
11 learning has become the organizing umbrella for programs in
12 character education, violence prevention, anti-bullying, drug
13 prevention and school discipline; and

14 WHEREAS, emotional intelligence has also had an impact in
15 the world of business, particularly in the areas of leadership
16 and employee development; and

17 WHEREAS, *The Harvard Business Review* has hailed emotional
18 intelligence as "a ground-breaking, paradigm-shattering idea",
19 and one of the most influential business ideas of the decade;
20 and

21 WHEREAS, in the complex world today of messages coming
22 from many different sources, emotional intelligence
23 competencies provide valuable tools for understanding those
24 messages;

25 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF

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1 REPRESENTATIVES OF THE STATE OF NEW MEXICO that the virtues of
2 emotional intelligence be recognized and embraced.

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