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HOUSE MEMORIAL 62

53RD LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2017

INTRODUCED BY

Deborah A. Armstrong

A MEMORIAL

DECLARING MARCH 8, 2017 "REGISTERED DIETITIAN NUTRITIONIST DAY"
IN THE HOUSE OF REPRESENTATIVES AND PROCLAIMING MARCH 5 THROUGH
MARCH 11, 2017 "NEW MEXICO ACADEMY OF NUTRITION AND DIETETICS
WEEK".

WHEREAS, registered dietitian nutritionists are food and
nutrition experts, translating the science of nutrition into
practical solutions for healthy living; and

WHEREAS, New Mexico registered dietitian nutritionists are
licensed by the state as licensed dietitians in addition to
having a national registration; and

WHEREAS, registered dietitian nutritionists have degrees
in nutrition, dietetics, public health or a related field from
well-respected, accredited colleges and universities, have
completed an internship and have passed a national examination;

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1 and

2 WHEREAS, registered dietitian nutritionists use their
3 nutritional expertise to help individuals make unique, positive
4 lifestyle changes; and

5 WHEREAS, registered dietitian nutritionists are advocates
6 for advancing the nutritional status of New Mexicans; and

7 WHEREAS, registered dietitian nutritionists work
8 throughout the community in hospitals, schools, public health
9 clinics, nursing homes, fitness centers, food management, the
10 food industry, universities, research and private practice; and

11 WHEREAS, registered dietitian nutritionists serve high-
12 risk populations, including women, infants and children program
13 participants; supplemental nutrition assistance program
14 participants; group-home residents; children in early care and
15 education settings, such as head start and pre-kindergarten;
16 and senior program participants at congregate dining centers
17 and meals on wheels; and

18 WHEREAS, registered dietitian nutritionists play a key
19 role in preventing and managing nutrition-related chronic
20 diseases, such as diabetes, obesity, heart disease and
21 hypertension; and

22 WHEREAS, registered dietitian nutritionists provide
23 medical nutrition therapy, which involves in-depth
24 individualized nutrition assessments, diagnosis and
25 interventions designed to meet a person's nutritional needs and

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1 goals of prevention, wellness and disease management; and

2 WHEREAS, medical nutritional therapy provided by
3 registered dietitian nutritionists is linked to improved
4 clinical outcomes and reduced health costs related to physician
5 time, medication use and hospital admissions for people with
6 obesity, diabetes and other chronic diseases; and

7 WHEREAS, the New Mexico academy of nutrition and
8 dietetics, the state affiliate for the academy of nutrition and
9 dietetics, has as its mission to promote optimal nutrition and
10 well-being for all New Mexicans by advocating for its members;
11 and

12 WHEREAS, the majority of New Mexico academy of nutrition
13 and dietetics members are registered dietitian nutritionists
14 and dietetic technicians; and

15 WHEREAS, registered dietitian nutritionist day and the New
16 Mexico academy of nutrition and dietetics week promote the New
17 Mexico academy of nutrition and dietetics members and
18 registered dietitian nutritionists to the public as the most
19 valuable and credible source of timely, scientifically based
20 food and nutrition information;

21 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF
22 REPRESENTATIVES OF THE STATE OF NEW MEXICO that March 8, 2017
23 be declared "Registered Dietitian Nutritionist Day" in the
24 house of representatives and that March 5 through March 11,
25 2017 be declared "New Mexico Academy of Nutrition and Dietetics

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Week"; and

BE IT FURTHER RESOLVED that copies of this memorial be transmitted to the governor and the New Mexico academy of nutrition and dietetics.

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