

1 A MEMORIAL

2 DECLARING JANUARY 30, 2018 AS "WEAR RED DAY" IN THE SENATE  
3 AND URGING ALL CITIZENS TO SHOW THEIR SUPPORT FOR WOMEN AND  
4 THE FIGHT AGAINST HEART DISEASE BY WEARING THE COLOR RED.

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6 WHEREAS, according to American heart association  
7 statistics, cardiovascular disease is the number-one killer  
8 of women in the United States; and

9 WHEREAS, cardiovascular disease kills approximately one  
10 woman every eighty seconds in the United States; and

11 WHEREAS, some risk factors, such as blood pressure,  
12 smoking, cholesterol and lack of regular physical activity,  
13 can be controlled; and

14 WHEREAS, the American heart association's go red for  
15 women movement motivates women to learn their family  
16 histories and to meet with a health care provider to  
17 determine their risks for cardiovascular disease and stroke;  
18 and

19 WHEREAS, go red for women encourages women to take  
20 control of their heart health by knowing and managing these  
21 five numbers that can be life-changing: total cholesterol,  
22 high-density lipoprotein (hdl) good cholesterol, blood  
23 pressure, blood sugar and body mass index;

24 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE  
25 STATE OF NEW MEXICO that January 30, 2018 be declared

1 "Wear Red Day" in the senate in recognition of the importance  
2 of the ongoing fight against heart disease and stroke; and

3 BE IT FURTHER RESOLVED that all New Mexicans be urged to  
4 show their support for women and the fight against heart  
5 disease by commemorating this day by wearing the color red;  
6 and

7 BE IT FURTHER RESOLVED that by increasing awareness,  
8 speaking about heart disease and empowering women to reduce  
9 their risks for cardiovascular disease, thousands of lives  
10 can be saved each year; and

11 BE IT FURTHER RESOLVED that a copy of this memorial be  
12 transmitted to the secretary of health. \_\_\_\_\_

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