A MEMORIAL

DECLARING FEBRUARY 25, 2019 "WEAR RED DAY" IN THE SENATE.

WHEREAS, according to American heart association statistics, cardiovascular disease is the number-one killer of women in the United States; and

WHEREAS, cardiovascular disease kills approximately one woman every eighty seconds in the United States; and

WHEREAS, about eighty percent of cardiovascular disease may be prevented; and

WHEREAS, some risk factors for heart disease, such as blood pressure, smoking and cholesterol, can be controlled; and

WHEREAS, women are encouraged to commit to making physical activity and healthy eating a priority to improve heart health; and

WHEREAS, the American heart association's go red for women movement motivates women to learn their family histories and to meet with a health care provider to determine their risks for cardiovascular disease and stroke; and

WHEREAS, go red for women encourages women to take control of their heart health by knowing their total cholesterol, high-density lipoprotein (hdl) good cholesterol, blood pressure, blood sugar and body mass index;

1	NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE	
2	STATE OF NEW MEXICO that February 25, 2019 be declared	
3	"Wear Red Day" in the senate in recognition of the importance	
4	of the ongoing fight against heart disease and stroke; and	
5	BE IT FURTHER RESOLVED that a copy of this memorial be	
6	transmitted to the secretary of health	SM 34
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