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SENATE MEMORIAL 34

54TH LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 2019

INTRODUCED BY

Linda M. Lopez

A MEMORIAL

DECLARING FEBRUARY 25, 2019 "WEAR RED DAY" IN THE SENATE.

WHEREAS, according to American heart association statistics, cardiovascular disease is the number-one killer of women in the United States; and

WHEREAS, cardiovascular disease kills approximately one woman every eighty seconds in the United States; and

WHEREAS, about eighty percent of cardiovascular disease may be prevented; and

WHEREAS, some risk factors for heart disease, such as blood pressure, smoking and cholesterol, can be controlled; and

WHEREAS, women are encouraged to commit to making physical activity and healthy eating a priority to improve heart health; and

WHEREAS, the American heart association's go red for women

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1 movement motivates women to learn their family histories and to
2 meet with a health care provider to determine their risks for
3 cardiovascular disease and stroke; and

4 WHEREAS, go red for women encourages women to take control
5 of their heart health by knowing their total cholesterol, high-
6 density lipoprotein (hdl) good cholesterol, blood pressure,
7 blood sugar and body mass index;

8 NOW, THEREFORE, BE IT RESOLVED BY THE SENATE OF THE STATE
9 OF NEW MEXICO that February 25, 2019 be declared "Wear Red Day"
10 in the senate in recognition of the importance of the ongoing
11 fight against heart disease and stroke; and

12 BE IT FURTHER RESOLVED that a copy of this memorial be
13 transmitted to the secretary of health.