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HOUSE BILL 571

43RD LEGISLATURE - STATE OF NEW MEXICO - FIRST SESSION, 1997

INTRODUCED BY

EDWARD C. SANDOVAL

AN ACT

RELATING TO HEALTH INSURANCE; REQUIRING COVERAGE FOR INDIVIDUALS WITH DIABETES; AMENDING AND ENACTING SECTIONS OF THE NMSA 1978.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF NEW MEXICO:

A new section of the New Mexico Insurance Code. Section 1. Section 59A-22-41 NMSA 1978, is enacted to read:

"59A-22-41. [NEW MATERIAL] COVERAGE FOR INDIVIDUALS WITH DI ABETES. --

Each individual and group health insurance A. policy, health care plan, certificate of health insurance and managed health care plan delivered or issued for delivery in this state shall provide coverage for individuals with insulin-using diabetes, with non-insulin-using diabetes and with elevated blood glucose levels induced by pregnancy. Thi s coverage shall be a basic health care benefit and shall entitle

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each individual to the medically accepted standard of medical care for diabetes and benefits for diabetes treatment as well as diabetes supplies, and this coverage shall not be reduced or el i mi nated.

- Coverage for individuals with diabetes may be subject to deductibles and coinsurance consistent with those imposed on other benefits under the same policy, plan or certificate, as long as the annual deductibles or coinsurance for benefits are no greater than the annual deductibles or coinsurance established for similar benefits within a given policy.
- When prescribed or diagnosed by a health care practitioner with prescribing authority, all individuals with diabetes as described in Subsection A of this section enrolled in health policies described in that subsection shall be entitled to the following equipment, supplies and appliances to treat diabetes:
- (1) blood glucose monitors, including those for the legally blind;
 - (2) test strips for blood glucose monitors;
 - (3) visual reading urine and ketone strips;
 - lancets and lancet devices: **(4)**
 - insulin; **(5)**
- injection aids, including those adaptable **(6)** to meet the needs of the legally blind;

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- (7) syringes;
- (8) prescriptive oral agents for controlling blood sugar levels;
- (9) podiatric appliances for prevention of feet complications associated with diabetes, including therapeutic molded or depth-inlay shoes, functional orthotics, custom molded inserts, replacement inserts, preventive devices and shoe modifications for prevention and treatment; and
 - (10) glucagon emergency kits.
- D. When prescribed or diagnosed by a health care practitioner with prescribing authority, all individuals with diabetes as described in Subsection A of this section enrolled in health policies described in that subsection shall be entitled to the following basic health care benefits:
- (1) diabetes self-management training that shall be provided by a certified, registered or licensed health care professional with recent education in diabetes management, which shall be limited to:
- $\hbox{ (a)} \quad \mbox{medically necessary visits upon the} \\$ $\mbox{diagnosis of diabetes;}$
- (b) visits following a physician diagnosis that represents a significant change in the patient's symptoms or condition that warrants changes in the patient's self-management; and
 - (c) visits when re-education or refresher

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training is prescribed by a health care practitioner with prescribing authority; and

- (2) medical nutrition therapy related to diabetes management.
- E. When new or improved equipment, appliances, prescription drugs for the treatment of diabetes, insulin or supplies for the treatment of diabetes are approved by the food and drug administration, all individual or group health insurance policies as described in Subsection A of this section shall:
- (1) maintain an adequate formulary to provide these resources to individuals with diabetes; and
- (2) guarantee reimbursement or coverage for the equipment, appliances, prescription drug, insulin or supplies described in this subsection within the limits of the health care plan, policy or certificate.
- F. The provisions of Subsections A through E of this section shall be enforced by the superintendent.
- G. The provisions of this section shall not apply to short-term travel, accident-only or limited or specified disease policies.
 - H. For purposes of this section:
 - (1) "basic health care benefits":
- (a) means benefits for medically necessary services consisting of preventive care, emergency

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care, inpatient and outpatient hospital and physician care, diagnostic laboratory and diagnostic and therapeutic radiological services; and

- does not include mental health (b) services or services for alcohol or drug abuse, dental or vision services or long-term rehabilitation treatment; and
- "managed health care plan" means a health (2)benefit plan offered by a health care insurer that provides for the delivery of comprehensive basic health care services and medically necessary services to individuals enrolled in the plan through its own employed health care providers or by contracting with selected or participating health care providers. A managed health care plan includes only those plans that provide comprehensive basic health care services to enrollees on a prepaid, capitated basis, including the following:
 - health maintenance organizations; (a)
 - (b) preferred provider organizations;
 - (c) individual practice associations;
 - (d) competitive medical plans;
 - (e) exclusive provider organizations;
 - (f) integrated delivery systems;
 - (g) i ndependent physi ci an- provi der

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Section 2. Section 59A-23-4 NMSA 1978 (being Laws 1984, Chapter 127, Section 463, as amended) is amended to read:

"59A-23-4. OTHER PROVISIONS APPLICABLE. --

A. No blanket or group health insurance policy or contract shall contain any provision relative to notice or proof of loss or the time for paying benefits or the time within which suit may be brought upon the policy that in the superintendent's opinion is less favorable to the insured than would be permitted in the required or optional provisions for individual health insurance policies as set forth in Chapter 59A, Article 22 NMSA 1978.

- B. The following provisions of Chapter 59A, Article 22 NMSA 1978 shall also apply as to Chapter 59A, Article 23 NMSA 1978 and blanket and group health insurance contracts:
- (1) Section 59A-22-1 NMSA 1978, except Subsection C [thereof] of that section; and
 - (2) Section 59A-22-32 NMSA 1978.
- C. The following provisions of Chapter 59A, Article 22 NMSA 1978 shall also apply as to group health insurance contracts:
 - (1) Section 59A-22-33 NMSA 1978;
 - (2) Section 59A-22-34 NMSA 1978;
 - (3) Section 59A-22-34.1 NMSA 1978;
 - (4) Section 59A-22-35 NMSA 1978;

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- **(5)** Section 59A-22-36 NMSA 1978;
- Section 59A-22-39 NMSA 1978; [and] (6)
- Section 59A-22-40 NMSA 1978; and (7)
- (8) Section 59A-22-41 NMSA 1978."

Section 3. A new section of the Health Maintenance Organization Law, Section 59A-46-43 NMSA 1978, is enacted to read:

[NEW MATERIAL] COVERAGE FOR INDIVIDUALS WITH "59A-46-43. DI ABETES. --

Each individual and group health maintenance organization contract delivered or issued for delivery in this state shall provide coverage for individuals with insulin-using diabetes, with non-insulin-using diabetes and with elevated blood glucose levels induced by pregnancy. This coverage shall be a basic health care service and shall entitle each individual to the medically accepted standard of medical care for diabetes and benefits for diabetes treatment as well as diabetes supplies, and this coverage shall not be reduced or eliminated.

- В. Coverage for individuals with diabetes may be subject to deductibles and coinsurance consistent with those imposed on other benefits under the same contract, as long as the annual deductibles or coinsurance for benefits are no greater than the annual deductibles or coinsurance established for similar benefits within a given contract.
 - C. When prescribed or diagnosed by a health care

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practitioner with prescribing authority, all individuals with diabetes as described in Subsection A of this section enrolled under an individual or group health maintenance organization contract shall be entitled to the following equipment, supplies and appliances to treat diabetes:

- (1) blood glucose monitors, including those for the legally blind;
 - (2) test strips for blood glucose monitors;
 - (3) visual reading urine and ketone strips;
 - (4) lancets and lancet devices:
 - (5) insulin;
- (6) injection aids, including those adaptable to meet the needs of the legally blind;
 - (7) syringes;
- (8) prescriptive oral agents for controlling blood sugar levels;
- (9) podiatric appliances for prevention of feet complications associated with diabetes, including therapeutic molded or depth-inlay shoes, functional orthotics, custom molded inserts, replacement inserts, preventive devices and shoe modifications for prevention and treatment; and
 - (10) glucagon emergency kits.
- D. When prescribed or diagnosed by a health care practitioner with prescribing authority, all individuals with diabetes as described in Subsection A of this section enrolled

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under an individual or group health maintenance contract shall be entitled to the following basic health care services:

- (1) diabetes self-management training that shall be provided by a certified, registered or licensed health care professional with recent education in diabetes management, which shall be limited to:
- (a) medically necessary visits upon the diagnosis of diabetes;
- (b) visits following a physician diagnosis that represents a significant change in the patient's symptoms or condition that warrants changes in the patient's self-management; and
- (c) visits when re-education or refresher training is prescribed by a health care practitioner with prescribing authority; and
- $\mbox{(2)} \quad \mbox{medical nutrition therapy related to} \\ \mbox{diabetes management.}$
- E. When new or improved equipment, appliances, prescription drugs for the treatment of diabetes, insulin or supplies for the treatment of diabetes are approved by the food and drug administration, each individual or group health maintenance organization contract shall:
- (1) maintain an adequate formulary to provide these resources to individuals with diabetes; and
 - (2) guarantee reimbursement or coverage for the

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equipment, appliances, prescription drug, insulin or supplies described in this subsection within the limits of the health care plan, policy or certificate.

- The provisions of Subsections A through E of this section shall be enforced by the superintendent.
- The provisions of this section shall not apply to short-term travel, accident-only or limited or specified disease policies. "

Section 4. Section 59A-47-33 NMSA 1978 (being Laws 1984, Chapter 127, Section 879.32, as amended by Laws 1994, Chapter 64, Section 10 and also by Laws 1994, Chapter 75, Section 34) is amended to read:

OTHER PROVISIONS APPLICABLE. -- The provisions "59A-47-33. of the Insurance Code other than Chapter 59A, Article 47 NMSA 1978 shall not apply to health care plans except as expressly provided in the Insurance Code and that article. To the extent reasonable and not inconsistent with the provisions of that article, the following articles and provisions of the Insurance Code shall also apply to health care plans, their promoters, sponsors, directors, officers, employees, agents, solicitors and other representatives; and, for the purposes of such applicability, a health care plan may therein be referred to as an "insurer":

- Chapter 59A, Article 1 NMSA 1978; A.
- B. Chapter 59A, Article 2 NMSA 1978;

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State of New Mexico House of Representatives

FORTY-THIRD LEGISLATURE FIRST SESSION, 1997

February 20, 1997

Mr. Speaker:

Your **CONSUMER AND PUBLIC AFFAIRS COMMITTEE**, to whom has been referred

HOUSE BILL 571

has had it under consideration and reports same with recommendation that it **DO PASS**, amended as follows:

- 1. On page 3, line 4, after "(9)" insert "medically necessary".
- 2. On page 8, line 17, after "(9)" insert "medically necessary".,

and thence referred to the **APPROPRIATIONS AND FINANCE COMMITTEE.**

FORTY-THIRD LEGISLATURE FIRST SESSION, 1997

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