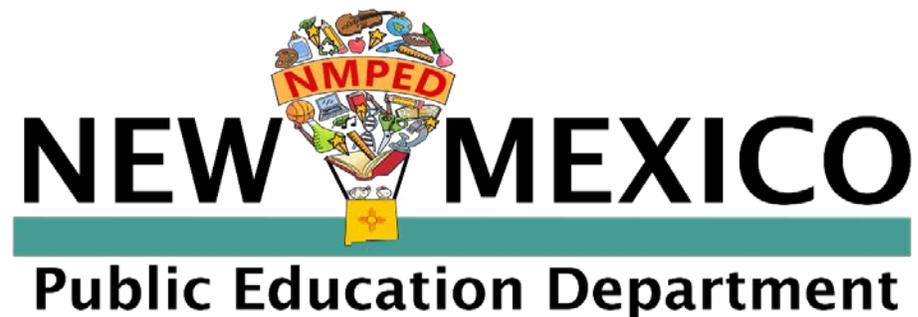


Supporting Student Health

New Mexico Public Education Department (NMPED)
Safe and Healthy Schools Bureau

Ashley Garcia & Gregory Frostad
October 25, 2019



NMPED Role in Supporting Student Health

- Data collection and reporting
 - Health Risks and Resiliency Factors (YRRS/ASHSR data)
- Medicaid School Based Services (MSBS)
- Grants Management
 - CDC Healthy Schools Project
 - Mission to Support Young Parents for Success
 - Student Support and Academic Enrichment (Title IV – Part A)
 - Title I – Part A
- Integrated Student Supports (Community Schools)
- Training and Technical Assistance

New Mexico Youth Risk and Resiliency Survey (YRRS)

- Assesses health risk behaviors and resiliency (protective) factors of New Mexico high school and middle school students since 2001.
- Part of the national Center for Disease Control's (CDC's) Youth Risk Behavior Surveillance System (YRBSS).
- Voluntary student survey conducted with sample of students in every NM district in fall of each "odd" year (e.g., 2017, 2019, etc.).
- In 2017, approximately 22,000 middle schools students and 18,000 high school students participated.
- Department of Health (DOH) project with NMPED supportive role.

New Mexico Youth Risk and Resiliency Survey (YRRS)

- Encouraging trends in 2017 data:
 - Declining rates of alcohol use, tobacco use, and drug use
 - Declining rates of behaviors associated with violence, including physical fights at school and carrying a weapon at school
 - Increased use of effective birth control
 - Increased rates of daily physical activity
- Concerning trends in 2017 data:
 - Increasing use of e-cigarettes threatens the overall trend of declining tobacco use
 - Increasing rate of skipping school because of safety concerns
 - Increasing percentage of students who use computers three or more hours a day
 - Increasing rate of students who have feelings of persistent sadness or hopelessness

Note: Governor and her cabinets are invested in increasing access and supports for behavioral health and teen suicide prevention.

Annual School Health Services Report

**Annual School Health Services
SUMMARY REPORT
2017–2018**



Silver Consolidated School District nurse, Jeanette Medran, RN, provides care to Myles Miller, a student at G.W. Stout Elementary.

**School Nurses in New Mexico:
Supporting Student Health
and Academic Success**



**Annual School Health Services
SUMMARY REPORT
2016–2017**

*“I would like to thank all the nurses for being there for my daughter Ebenezer...for taking care of her Diabetes 1. You all are awesome. Thank you for your love for our kids.”
— Pedro Rios, father of Ebenezer*



Gadsden school nurse, Sandra Perez, RN, assists Gadsden student, Ebenezer “Eben” Rios, with her diabetes care.

**School Nursing in New Mexico:
Healthy Students Make Better Learners**



**Annual School Health Services
SUMMARY REPORT
2015–2016**

**School Nurses in New Mexico:
Keeping Students in School
and Ready to Learn**



**School Nurses in New Mexico:
Keeping Students Healthy,
Safe, and Ready to Learn**



**Annual School Health Services
SUMMARY REPORT
2014–2015**

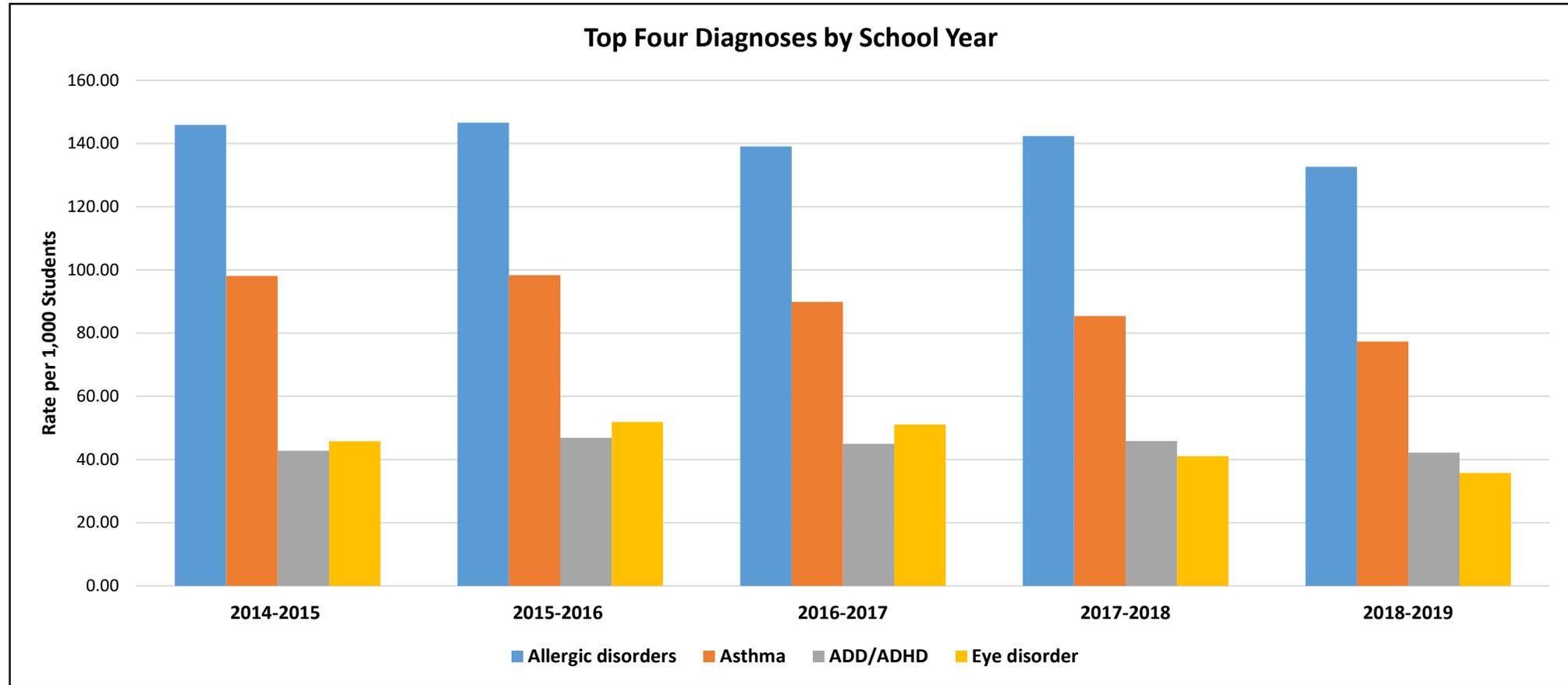


Annual School Health Services Report

2018-19 Annual School Health Services Data (88 of 89 districts submitted the report):

- More than **1.9 million** student visits occurred at district school health offices.
- **Top 3** reasons for visits were: acute illness (**36%**), chronic conditions (**23%**), and injury (**21%**).
- **6,979** students required a medically complex procedure.
- **10,383** emergency medications were administered to students.
- **87,721** students were referred to outside providers for follow up care.
- **3,796** students were referred directly to a School-Based Health Center for care.
- **91% of** all students visiting the health office returned to class with their health needs met.

Annual School Health Services Report

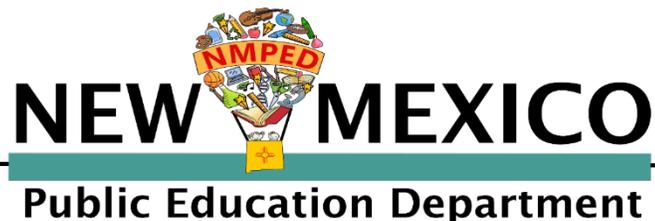


Medicaid School-Based Services Program

Managed by the New Mexico Human Services Department (HSD)



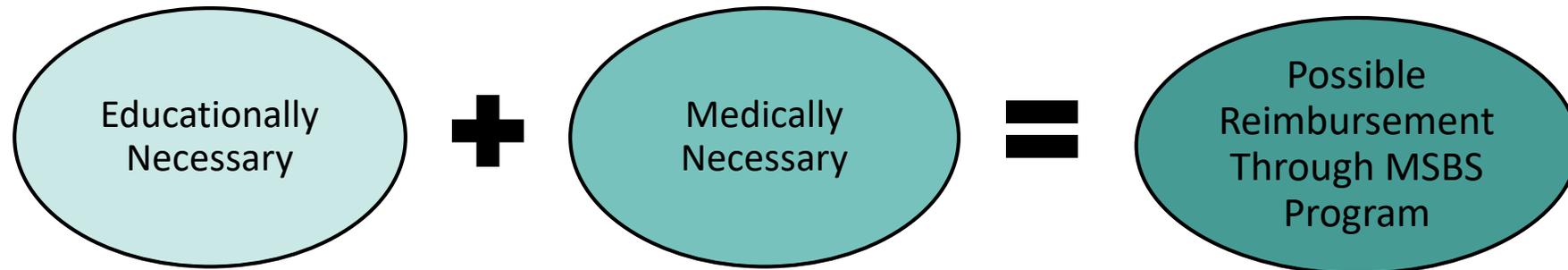
The MSBS program provides participating New Mexico schools with reimbursement funding for Medicaid-eligible students who are in special education programs and require assistance to have their health care needs met during the school day.



Medicaid School-Based Services Program

Interaction of MSBS and Individuals with Disabilities Education Act (IDEA)

- Medicaid is a medical program; services must be medically necessary
- IDEA is an educational law; services are educationally necessary
- When services are both medically and educationally necessary, services are provided and reimbursement may be sought through the MSBS program



Medicaid School-Based Services Program

There are two types of reimbursement

1. Direct Services

- Services provided by a qualified practitioner
- Billed by the school district
 - Example – Medication administration by a school nurse (RN or LPN)

FY18 Direct Services (Including Cost Report) - \$33,732,773.67

2. Administrative Claiming

- Activities that support the Medicaid program, such as outreach and enrollment, program planning, medical/Medicaid training
- Random Moment Time Study (RMTS) process
 - What were you doing?
 - Why were you doing it?
 - Who was with you?

FY18 Admin Claiming - \$10,178,082.53

MSBS Covered Direct Services

- Initial evaluations that result in the inclusion of those services in the Individualized Education Plan (IEP) or Individualized Family Service Plan (IFSP)
- Subsequent re-evaluations, as indicated in the IEP
- Occupational, physical, and speech and language therapies
- Audiology services
- Behavioral health services (psychology and social work)
- Nutritional assessments and counseling
- Transportation services
- Nursing services
- Emergency services
- Home visits, make-up/compensatory and Extended School Year (ESY) services are included as well

Medicaid and SBHCs

- Billing infrastructure for the SBHCs is very different from the MSBS program
- Medically necessary services, not educationally necessary
 - Student does not need to qualify for Special Education services nor have an IEP
- May bill private insurance as well as Medicaid
- HSD has a SBHC liaison for Medicaid billing

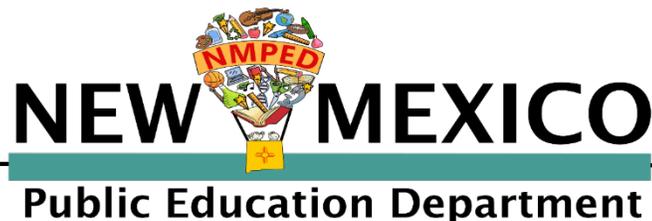
Grants Management – NM Healthy Schools Project

The five-year (2018-2023) NMPED project funded with a CDC grant supports select districts and charter schools along with statewide partners to prevent chronic disease and promote the health and well-being of children and adolescents in schools.

The purpose of the grant is to increase the number of students who:

- 1) consume nutritious food and beverages
- 2) participate in daily physical education and physical activity
- 3) can effectively manage their chronic health conditions

<https://webnew.ped.state.nm.us/bureaus/safe-healthy-schools/new-mexico-healthy-schools-project/>



Grants Management – MSYPS

Mission to Support Young Parents for Success

- Two-year US Health and Human Services, Office of Adolescent Health grant
 - Provides services for expectant and parenting youth
 - Case management and referral to SBHCs and other service providers
 - Access to health services
 - Sexual health services
 - Services for students and their children
 - Contract with the NM Alliance for School-Based Health Centers
 - to increase access to health services for Expectant and Parenting Youth
- Grant ends 6/30/2019 and has not been reauthorized

Grants Management – Title IV Part A

Student Support and Academic Enrichment Grant

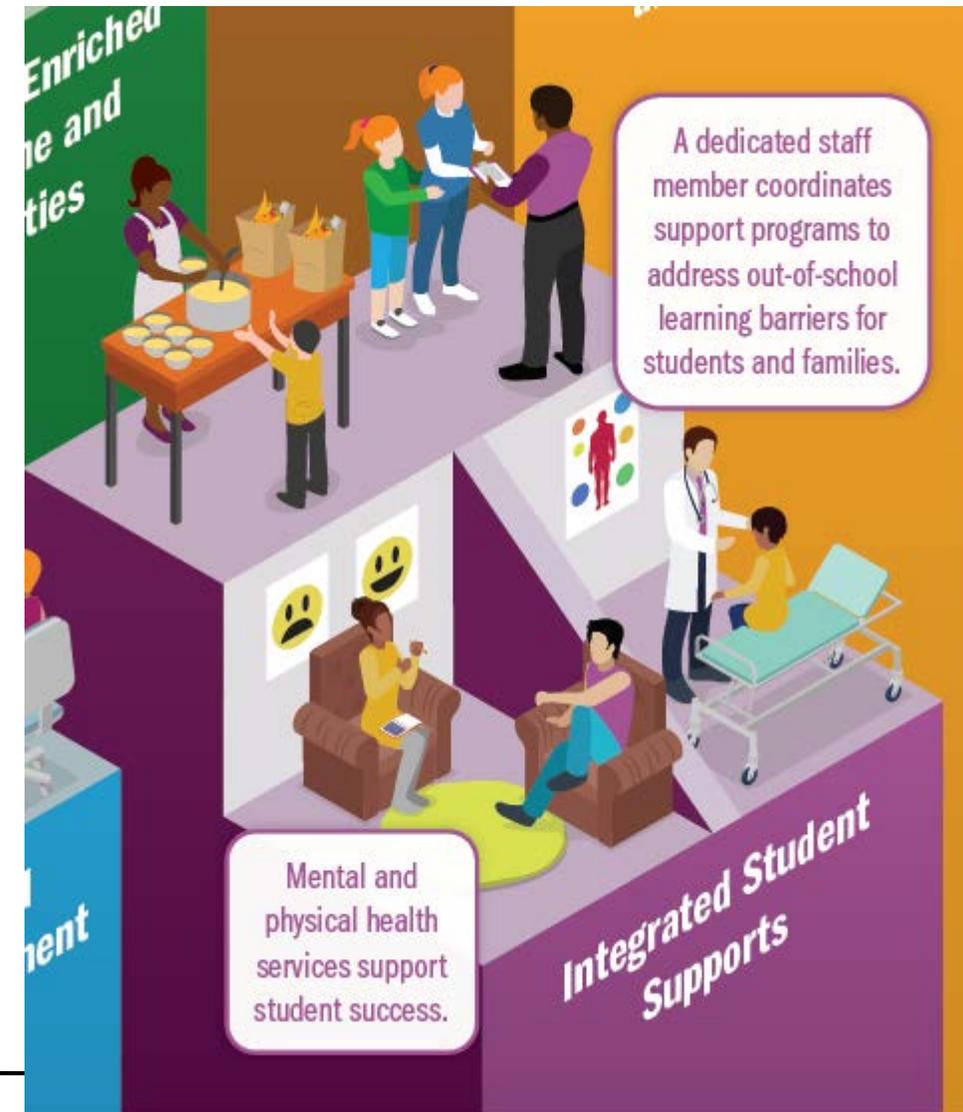
- Formula based Every Student Succeeds Act grant (approx. \$9 million for FY20)
- Requirement for subgrantees with \$30,000 or more to spend funds on safe and healthy students including expenses such as:
 - Counselors
 - Social workers
 - School nurses
 - Access to health services
 - Drug and alcohol prevention programs
 - Contracted services with school-based health clinics

Grants Management – Title I Part A

- Formula based Every Student Succeeds Act grant (approx. \$130 million for FY20)
- Flexible grant with wide latitude of eligible uses including:
 - School nurses
 - Counselors
 - Social workers
 - Drug and alcohol prevention
 - Optional medical screenings (i.e. hearing screenings)
 - Contracted services with school-based health clinics

Community Schools – Integrated Student Supports

- Integrated Student Supports
 - One of four pillars of community schools model
 - Includes emphasis on mental and physical health
 - Provides supports for families to overcome out-of-school learning barriers
 - Competitive planning/implementation awards for FY20
 - Funds could support SBHCs



Training and Technical Assistance

- Annual School Health Education Institute (SHEI)
 - November 18/19
 - 300 participants (nurses, social workers, health education teachers, administrators and others)
 - Emphasis on social and emotional learning
 - Sessions include vaping prevention, community schools, transgender 101, ACEs, healthy relationships, etc...
- Social and Emotional Learning (SEL) Symposium
 - Spring 2020
 - Focus on implementation of successful SEL strategies for SY 2020-2021
 - Superintendents and key decision-makers across the state

Developing Projects/Partnerships

- NMPED is partnering with the DOH to apply for participation in the Leadership Exchange for Adolescent Health Promotion (LEAHP).
 - A focus of LEAHP is to increase adolescent access to sexual health services.
- NMPED has advertised a new behavioral health coordinator position in the Safe and Healthy Schools Bureau to:
 - Increase access to behavioral health services in schools,
 - Support SBHCs in the provision of mental health services, and
 - Coordinate with DOH's behavioral health coordinators to support NM students.