

DAWN APODACA
SUPERINTENDENT

MOUNTAINAIR PUBLIC SCHOOLS

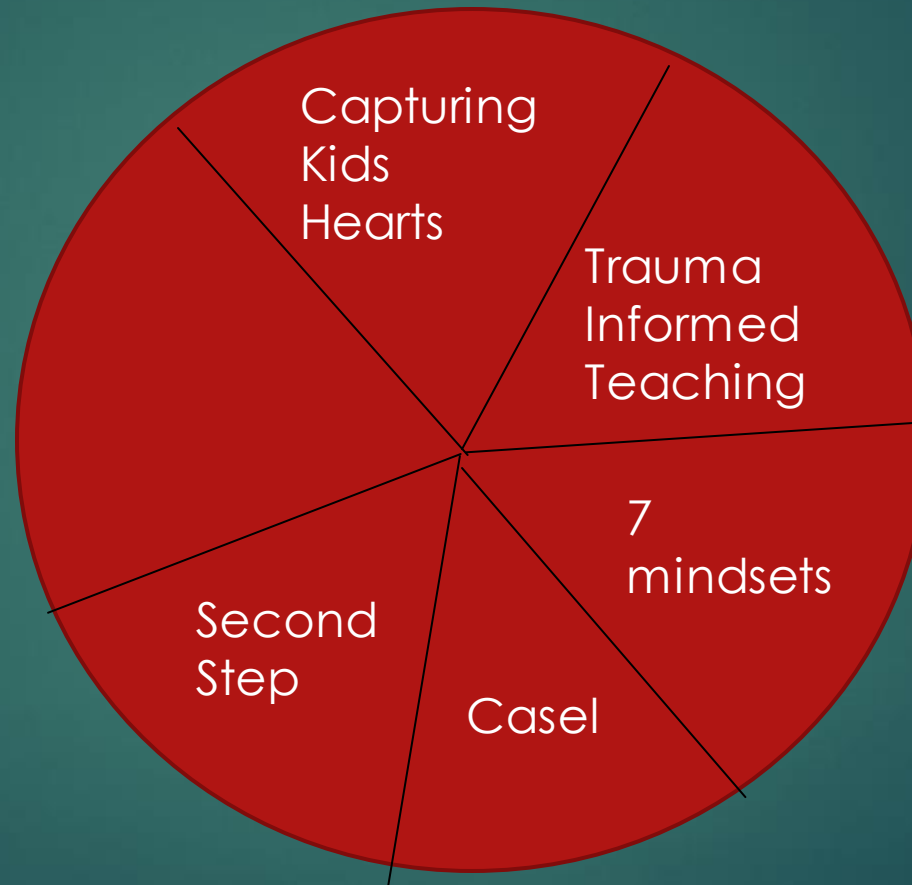
Agenda

- ▶ Introduction
- ▶ Healthy Classroom Initiatives
- ▶ Something's missing?
- ▶ District Demographics
- ▶ What's missing?
- ▶ What's next
- ▶ Benefits
- ▶ Results
- ▶ Sustainability

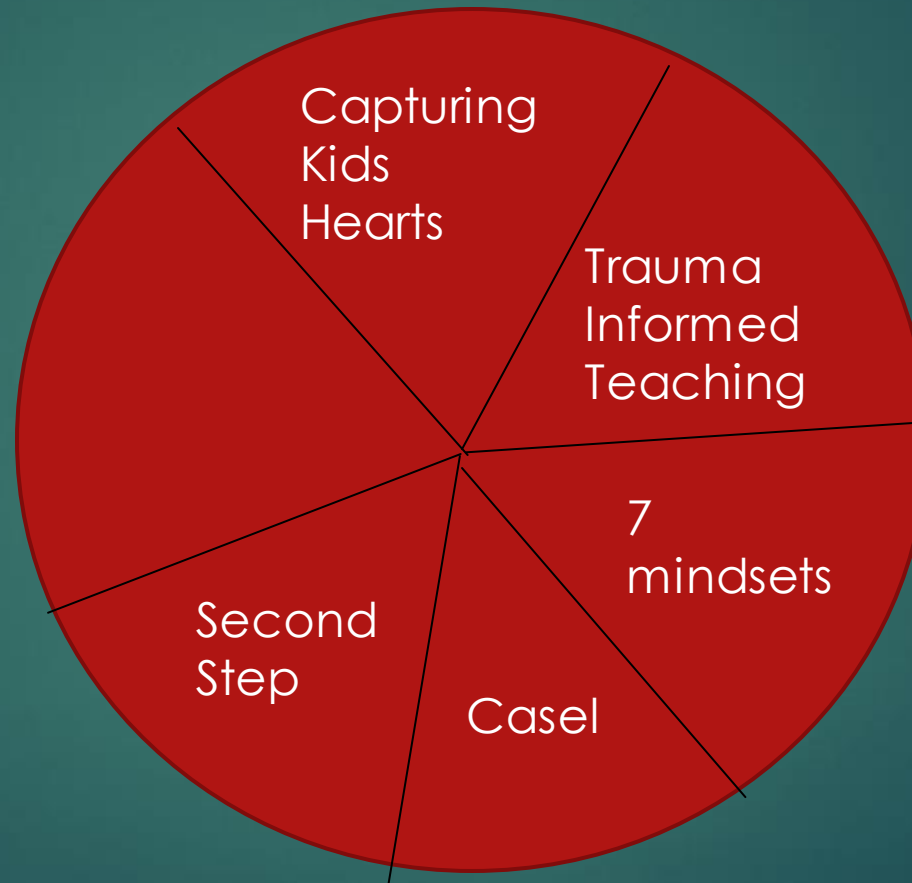
Mountainair Public Schools

- ❖ PK-12 ENROLLMENT IS 214
- ❖ 100% FREE LUNCH
- ❖ TITLE I DISTRICT
- ❖ 20% SWD
- ❖ ONE TEACHER PER GRADE LEVEL ES, ONE TEACHER PER SUBJECT MS/HS
- ❖ 1 SCHOOL COUNSELOR FOR THE DISTRICT
- ❖ 1 SOCIAL WORKER FOR SWD ONLY
- ❖ 1 HEALTH ASSISTANT FOR THE DISTRICT

Healthy Classroom Initiatives



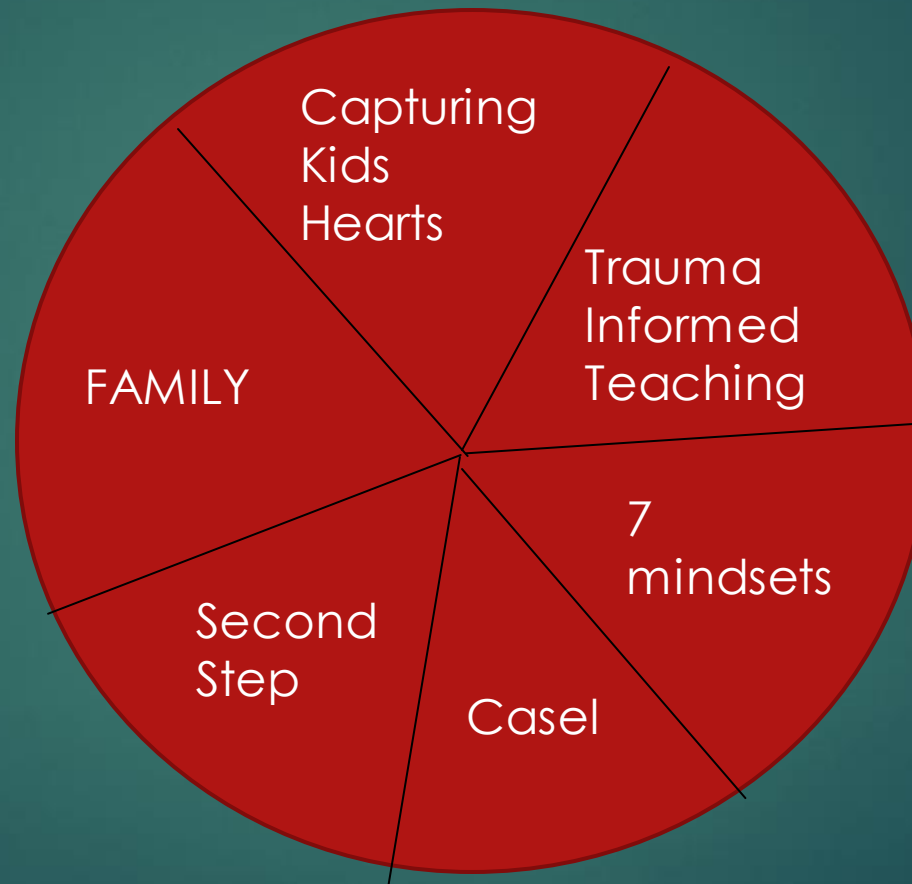
Something's Missing?



Demographics

- ❖ Population as of 2021: 883 (Mountainair)
- ❖ Population as of 2021: 1585 (District boundary)
- ❖ Medium income: \$35,743
- ❖ Medium age: 57.9 years old in District boundary
- ❖ Approx. 114 households receive SNAP
- ❖ 47% of children under 18 live in poverty
- ❖ 20.4% of all persons in my boundary live below the poverty line (10% higher than NM)
- ❖ MPS boundary covers 950.7 square miles

What's missing?





What's next?

- ❖ CONVERSATIONS BEGAN
- ❖ WE COULDN'T FIND WHAT WE NEEDED
- ❖ THEN WE FOUND OUR ANSWER

❖ COOK CENTER

BENEFITS OF COOK CENTER

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- ❖ ZOOM TRAINING ONCE A MONTH
- ❖ ANONYMOUS
- ❖ MONTHLY MH NEWSLETTERS
- ❖ 24/7 TEXT SUPPORT
- ❖ VIDEO LIBRARY
- ❖ [PARENTGUIDANCE.ORG](https://parentguidance.org)
- ❖ [MYLIFEISWORTHLIVING.ORG](https://mylifeisworthliving.org)

RESULTS

- ❖ POSITIVE PARENT FEEDBACK
- ❖ COUNTY PARTICIPATION
- ❖ INCREASED ENGAGEMENT
- ❖ SCHOOL COUNSELOR UTILIZING AND TRAINING

SUSTAINABILITY

- ❖ ESSER \$
- ❖ STATE BUY-IN
- ❖ MEDICAID \$

THANK YOU