

The Children, Youth, and Families Department's 2023 – 24 Performance Goal

Building Children's Behavioral Health Services

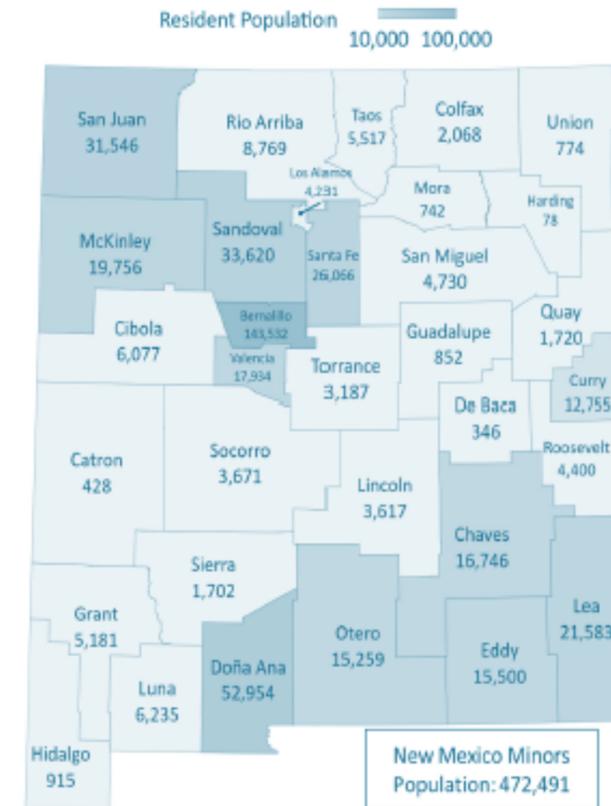


AUGUST 2022

Serving Children's Behavioral Health Needs

CYFD Behavioral Health Division serves children and youth in three ways:

- Supporting access to behavioral health services for children who touch CYFD's sphere – 23,000+ annually;
- Licensing providers who provide specialty behavioral health services for children in New Mexico; and
- Facilitating and expanding service array through federal funding resources.



Source: U.S. Census Bureau, Population Estimates Program (PEP), Vintage 2020. 2022 Data Book – New Mexico Health and Human Services

Strategy – Creating a Continuum of Care to Provide Least- Restrictive, In-State Services

A robust continuum of care will keep children in the least-restrictive, in-state level of care necessary to address their developmental, mental health, and trauma-related behavioral health needs—encouraging them to thrive.

The overall goal is to promote youth living in their communities with natural supports.

Our eight Performance Measures in this area are designed to determine our effectiveness in this overall goal.

We specifically focus on two measures:

6. Number of community-based behavioral health services that support children and youth to remain in their communities.

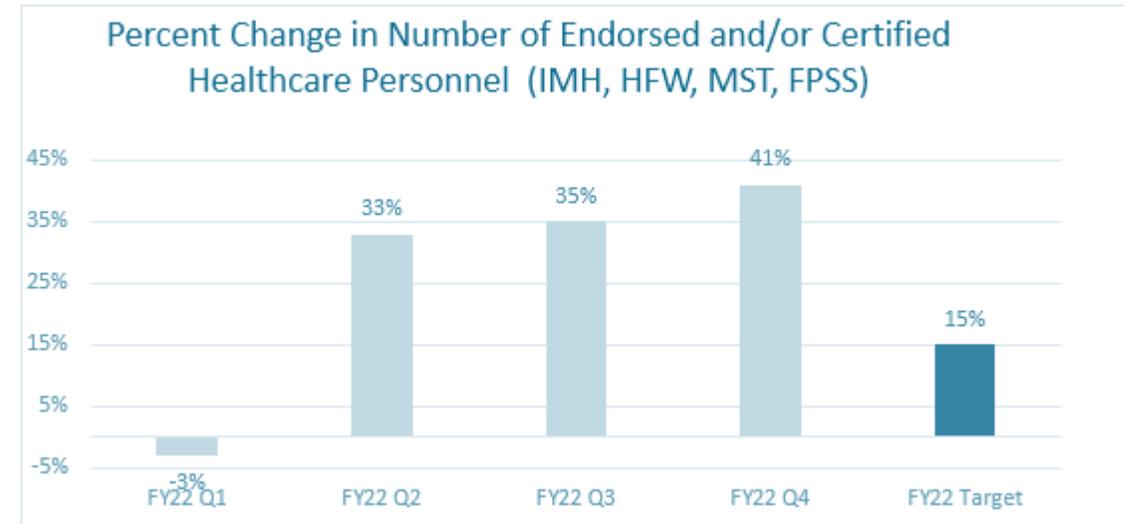
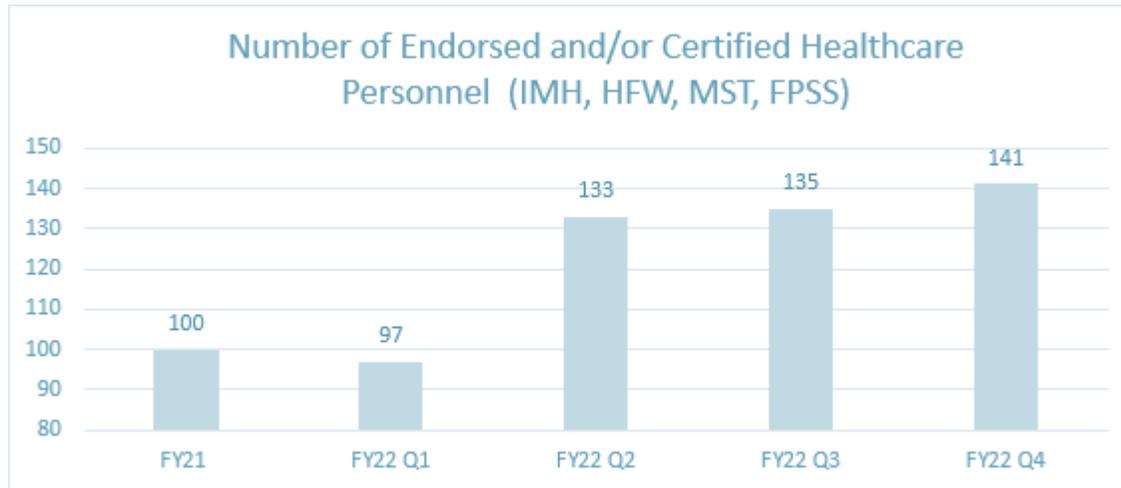
8. Percent of department-involve youth in the estimated target population who are receiving services from community behavioral health clinicians.

Performance Measure #6

Number of behavioral health services that support children and youth to remain in their communities.

Results FY22 Q4

FY22 Q1	FY22 Q2	FY22 Q3	FY22 Q4	FY22 Target
-3%	+33%	+35%	+41%	15%

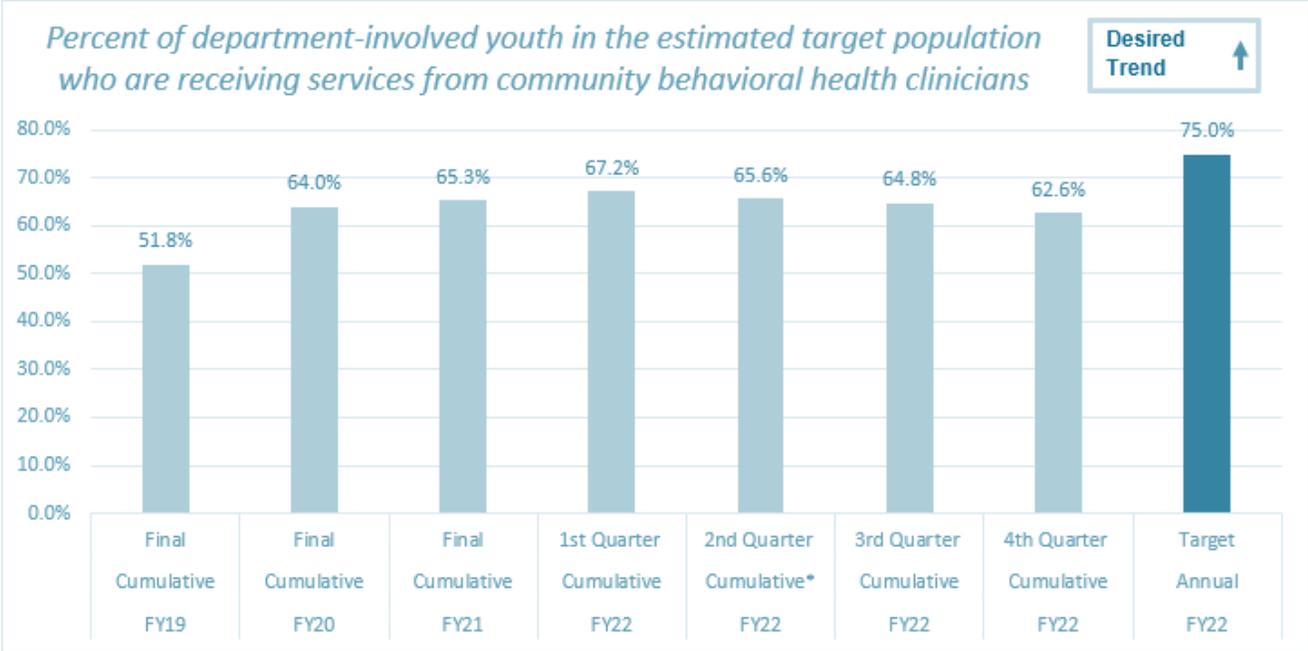


Performance Measure #8

Percent of department-involve youth in the estimated target population who are receiving services from community behavioral health clinicians.

Results FY22 Q4

FY19	FY20	FY21	FY22 Q1	FY22 Q2	FY22 Q3	FY22 Q4	FY22 Total	FY20 Target
51.8%	64.0%	65.3%	67.2%	65.6%	64.8%	62.6%	65.1%	75.0%



Strategy – Community-Based Services

Within communities, we are building specialized services that are evidence-based best practices, including



- High Fidelity Wraparound
- Multi-Systemic Therapy
- Functional Family Therapy
- Infant Mental Health Child-Parent Psychotherapy
- Certified Family and Youth Peers
- Treatment Foster Care
- Day Treatment Program
- Partial Hospitalization

Strategy – Making the Connections

Making the Connections to:

- Provide an array of services
- Foster relationships
- Expand community-based services

Goals:

- Minimizing repeat maltreatment
- Improving the lives of children and families in New Mexico



Focus Areas

- Children's Mobile Response and Stabilization Services
- Evidence-Based Practices
- Specialized Training



Strategy – Building Sustainability and Expertise

Specialized Trainings

- Trauma-Responsive Care
- Intellectual and Developmental Disability
- Complex Trauma Response
- Sexual Development
- Substance Use

Specialized Foster Care Programming

Capital Outlay Projects

- Youth Intermediate Care Home
- Specialty Group Home
- Subacute Hospital

Strategy – Expanding Community-Based, Child- and Youth-Specific Services

Community Based, Specialized Services, Evidence-Based, Best Practice

- Children's Mobile Response and Stabilization Services (MRSS)
- Behavioral Health Services in Schools
- Infant Mental Health Consultation
- Specialized Parent. Foster/Resource Parent. Kinship Parent Trainings
- Behavioral Health Respite

Residential Intervention for Stabilization When Necessary

- Therapeutic Group Homes with Specialization
- Youth Intermediate Care Facilities
- Subacute Residential Treatment

Accessibility of Services and Workforce Development

Children's Behavioral Health Services' goals are to:

- Demonstrate improved availability and access in all communities; and
- Demonstrate quality in provision of services.

CYFD is developing its Children's Behavioral Health Workforce to:

- Demonstrate improved expertise among workforce;
- Collaborate with all Behavioral Health Collaborative members.