

Aging and Long-Term Services Department presentation to the

Legislative Finance Committee

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Myles Copeland

Cabinet Secretary



Partners in Lifelong Independence and Healthy Aging

Introductions

- Deputy Secretary
Kyky Knowles
- General Counsel
Leslie Schaar
- Director, Aging Network Division
Lynne Anker-Unnever
- Director, Adult Protective Services Division
Peggy Lucero-Gutierrez
- Director, Consumer and Elder Rights Division
Carlos Moya
- Acting Director, Administrative Services Division
Reese Chavarria-Quam
- Chief Information Officer
Diego Velarde

FY18 Request

- FY18 General Fund request is \$44,409.0
 - \$2,584.6 decrease in General Fund from Operating Budget at the start of FY17
- FY17 Supplemental request of \$230.0 for Adult Protective Services
 - Address shortfall in Personal Services and Employee Benefits

Vision

Lifelong independence and healthy aging

Facts About the New Mexico Elder Population

A growing elder population – By 2030 in New Mexico:

- 32.5% of the population will be 60 and older (Proximity, 2013)
- Our 60+ population will be the 3rd largest in the nation by percentage (Pew Research Center, 2010)
- There will be more people 65+ than under 18 (Administration on Aging, 2011)
- The 85+ population of New Mexico will have more than tripled from 23,306 in 2000 to 75,629 in 2030 (U.S. Census Bureau)

Strategic Priorities

- ✓ Safeguard Vulnerable Adults and Elders
- ✓ Encourage Healthy and Independent Aging
- ✓ Combat Senior Hunger
- ✓ Support Caregivers

Safeguard Vulnerable Adults and Elders

Strategic Priority

Challenges

➤ *Self-neglect*

- Most commonly-substantiated allegation reported to APS; 70% in FY16

➤ *Isolation*

- Only 4% of victims ask for help themselves
- Occurs primarily in the adult's own home
- Perpetrators may be
 - family
 - caregivers
 - trusted advisers
 - strangers

➤ *Abuse is underreported*

It is estimated that only *1 in 25 cases* are reported (National Center on Elder Abuse)

Safeguard Vulnerable Adults and Elders

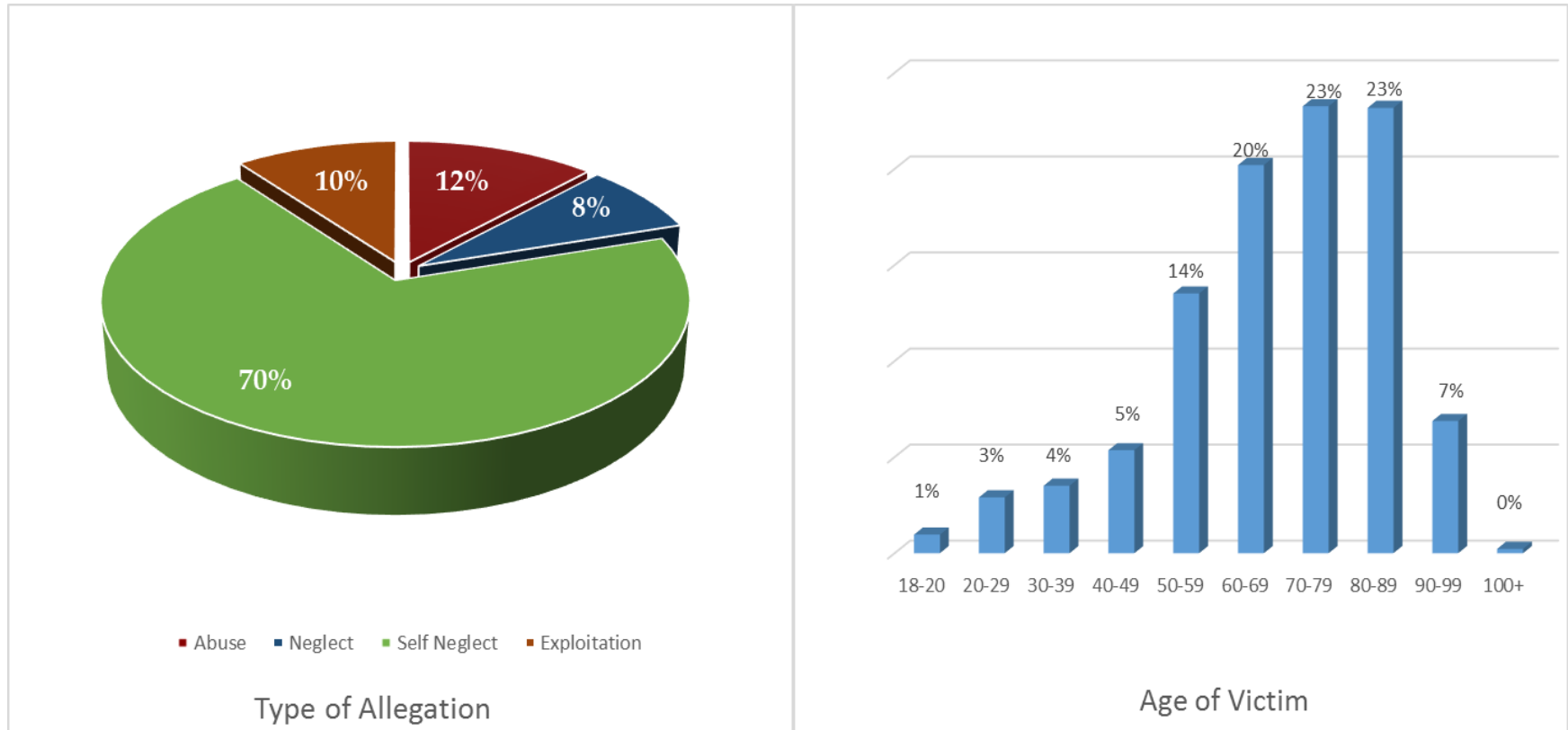
What are we doing about it?

Programs

- *Adult Protective Services (APS)*
 - New Mexico Adult Protective Services Act; Duty to report
 - Conducted 6,315 investigations of abuse, neglect, or exploitation in FY16
 - Provided training on recognizing and reporting suspected abuse, neglect, and exploitation
 - Conducted statewide Quality Improvement review on 100% of cases open within review time frame (1,278 cases in all)
- *Long-Term Care Ombudsman*
 - Resolved more than 3,600 complaints in FY16
 - Ensured that all long-term care facility residents have contact with support in all counties
 - Collaborated in fostering the development of Music and Memory activities
- *Senior Medicare Patrol (SMP)*
- *Legal Services*

Adult Protective Services FY16

Substantiated Allegations



The most frequently-encountered problem is self-neglect, making up 70% of substantiated cases.

73% of Adult Protective Service victims are over the age of 60 (FY16)

Encourage Healthy and Independent Aging

Strategic Priority

Challenges

- *Elder population growth* - between 2000-2030, the 65+ population in New Mexico will *more than double*, growing from 11.7% to 26.4% of the overall population
- *Chronic disease and conditions account for 75% of the \$2.7 trillion in annual healthcare costs in the U.S.*
 - Cardiovascular disease
 - Diabetes
 - Alzheimer's and related dementias

Costs are reduced by keeping people living independent, productive, high-quality lives

Encourage Healthy and Independent Aging

What are we doing about it?

Programs

- *Health Promotion*
 - Evidence-based health promotion
 - New Mexico Senior Olympics
- *Transportation*
- *Volunteer Programs*
 - 6,723 volunteers with over 1.38 million hours in FY16 through Senior Services Bureau
- *Senior Employment Programs*
 - 50+ Older Worker Connection = 957 people served
 - State and Federal Senior Employment = 198 people and 120,000 hours
- *Aging and Disability Resource Center (ADRC)*
- *Veteran-directed Home- and Community-based Services Program*
- *Care Transition Program*
 - 764 nursing home residents assisted in FY16
 - Increased by 165 or 32% more residents than FY15
- *State Health Insurance Assistance Program (SHIP)*

Combat Senior Hunger

Strategic Priority

Challenges

- *More than 58,000 New Mexicans 60 and older are food insecure (Ziliak, 2016)*
- *17% live at 125% of the federal poverty level (U.S. Census Bureau)*
- Lack of adequate physical, social, or economic access to sufficient, safe, nutritious food can lead to:
 - High blood pressure
 - Cardiovascular disease
 - Diabetes
 - Aggression and anxiety
 - Depression

Combat Senior Hunger

What are we doing about it?

Programs

➤ *Congregate and Home-delivered meals*

In FY16 the New Mexico Aging Network served

- 54,888 people
- Over 1.8 million congregate meals
- Over 2.2 million home-delivered meals
- Totaling **over 4 million meals** served through the network

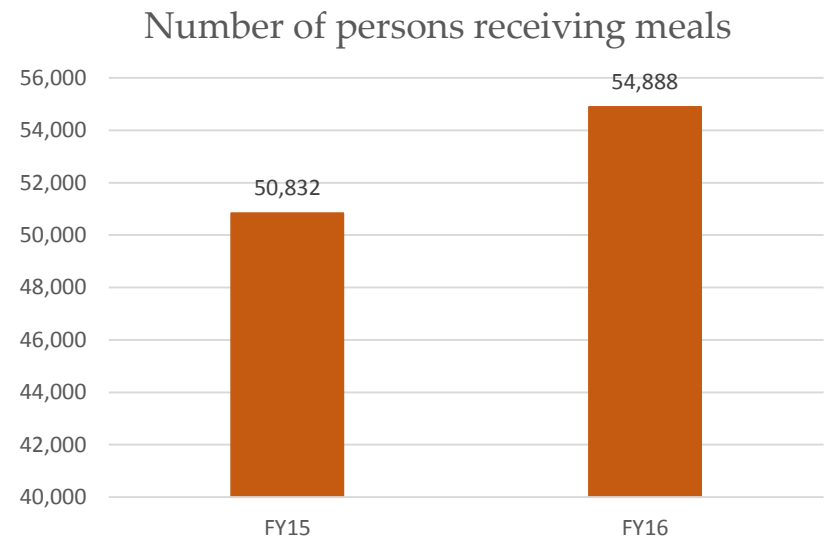
➤ *The Home-delivered meal program*

- 69% of individuals served by this program are 75 years or older
- The average age of a participant is 79 years old
- More than 60% of participants indicate that the single home-delivered meal provides one-half or more of their total food for the day
- 91% of participants indicate that the Home-delivered nutrition program helps them to stay in their own home
- More than half of all participants live alone

➤ *Annual End Hunger in New Mexico Summit*

Combat Senior Hunger

What are we doing about it?



Aging Network FY16 service totals

Support Caregivers

Strategic Priority

Challenges

- *Growing family caregiver population*
 - 419,000 New Mexicans - 20.8% of the population - served as family caregivers in 2009
 - Family caregivers provide 80% of all long-term care
- *Economic burden*
 - New Mexico's family caregiver provide 18.4 hours of unpaid care per week, valued at \$3.1 billion annually (Feinberg, 2011)
 - 74% of adults with eldercare responsibilities have also worked at some point during their caregiving experience
 - Most family caregivers who work report having to alter their work schedule or take time off to accommodate their caregiving
- *Health - caregivers are at higher risk for (American Psychological Association):*
 - Depression
 - Stroke
 - Heart Disease
 - Stress
 - Death

Support Caregivers

What are we doing about it?

Programs

- *New Mexico State Plan for Family Caregivers*
- *Aging and Disability Resource Center (ADRC) - Options Counseling*
- *Care Transitions Bureau*
- *Senior Services - Meals, Transportation, Respite, Caregiver Services*
 - 429,612 hours of caregiver support in FY16
 - 124,638 people received Aging Network Community Services in FY16
- *The Office of Alzheimer's and Dementia Care*
 - New Mexico State Plan for Alzheimer's Disease and Related Dementias
 - Savvy Caregiver Training – 841 people received this free training; 681 in English, 160 in Spanish
- *Legal Services*
 - Grandparents raising grandchildren
- In the fall of 2015, “Otra Vez: Grandparents Raising Grandchildren 2015 Statewide Conference” was held in Santa Fe

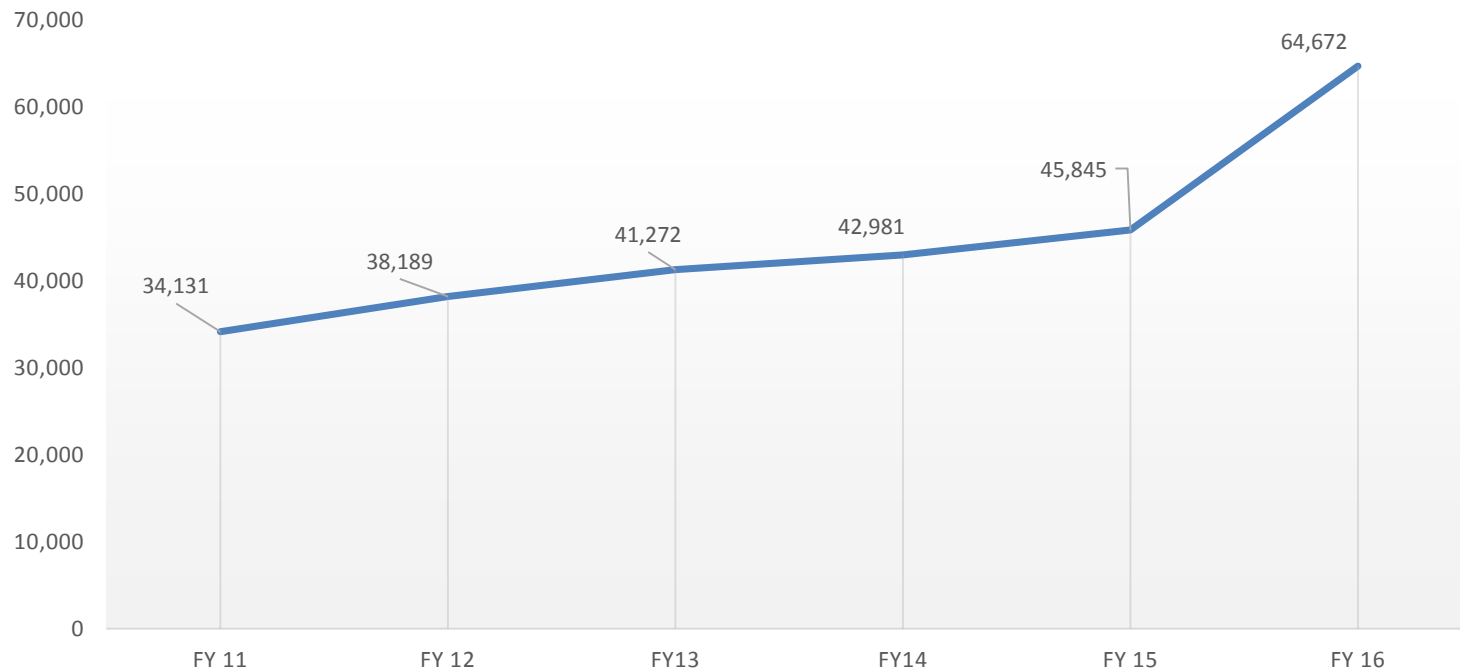
ADRC Clients Served

Assisted 64,672 consumers through its telephonic, web-based, and community-based point of entry system, an all-time high for the ADRC in FY16

Launched a web chat option for New Mexico residents

- 1,228 web chats with a live ADRC operator since launch in January

Clients Served by CERD



Adult Protective Services Division

- The FY18 General Fund request is \$10,634.7
- Appropriation at the beginning of FY16 was \$11,248.4
- Following the 2016 special session, funding was reduced to \$10,525.3 a reduction of \$723.1 compared to the beginning of FY16
- FY17 Supplemental request of \$230.0
 - Address shortfall in Personal Services and Employee Benefits

Consumer and Elder Rights Division

- The FY18 General Fund request is \$1,811.9
- Appropriation at the beginning of FY16 was \$2,082.7
- Following the 2016 special session, funding was reduced to \$1,809.8 a reduction of \$272.9 compared to the beginning of FY16

Aging Network Division

- The FY18 General Fund request is \$28,322.2
- Appropriation at the beginning of FY16 was \$30,347.8
- Following the 2016 special session, funding was reduced to \$28,529.2 a reduction of \$1,818.6 compared to the beginning of FY16

Program Support

- The FY18 General Fund request is \$3,640.2
- Appropriation at the beginning of FY16 was \$3,913.8
- Following the 2016 special session, funding was reduced to \$3,544.7 a reduction of \$369.1 compared to the beginning of FY16

Request Summary

- ALTSD's FY18 General Fund request is \$44,409.0
- FY17 Supplemental request of \$230.0 for Adult Protective Services
 - Address shortfall in Personal Services and Employee Benefits